

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	463	BRUNO GONÇALO LOURENÇO	M	25		00:50:54	00:50:51	FIT 2 RUN - HOLMES PLACE ALGÉS
2	1484	JOEL MARTINS	M	36		00:51:09	00:51:06	CUA BENAVENTENSE
3	240	Pedro Arsenio	M	31		00:51:43	00:51:41	ODIMARQ
4	1181	BENEK MORAIS	M	37		00:53:12	00:53:09	TOYOTA
5	1162	RICARDO FERNANDES	M	22		00:53:28	00:53:28	GD CIMPOR & AMIGOS
6	1212	JOÃO FERREIRA	M	38		00:54:24	00:54:21	GARMIN/CO OEIRAS
7	1487	RAUL CAETANO	M	42		00:54:34	00:54:32	CUA BENAVENTENSE
8	1041	VALDO NEVES	M	35		00:55:25	00:55:22	
9	1182	BERNARD OLIVEIRA	M	26		00:55:42	00:55:39	TOYOTA
10	1180	RICARDO LANCEIRO	M	36		00:55:51	00:55:47	TOYOTA
11	1242	PAULO MOREIRA	M	44		00:56:08	00:56:05	GDR REBOLEIRA
12	1486	PEDRO RIBEIRO	M	25		00:56:45	00:56:45	CUA BENAVENTENSE
13	579	PAULO ALVES	M	36		00:57:04	00:57:00	
14	146	JOSÉ DIAS DA SÍLVA	M	44		00:57:07	00:57:04	CLUBE ATLÉTICO DAS PATAMEIRAS
15	213	Jose Lopes	M	47		00:57:18	00:57:15	ODIMARQ
16	1485	HENRIQUE SANTOS	M	33		00:57:32	00:57:32	CUA BENAVENTENSE
17	940	NUNO RIBEIRO	M	21		00:57:42	00:57:40	ALHANDRA SPORTING CLUB - TRI
18	1074	RICARDO MORGADO	M	33		00:58:02	00:57:59	
19	432	ANDRÉ JESUS	M	27		00:58:10	00:58:01	
20	404	RODRIGO NOIVO	M	31		00:58:11	00:58:02	
21	107	RUI CHAVES	M	37		00:58:23	00:58:19	NAPA
22	885	MARCO SANTOS	M	39		00:58:31	00:58:20	CRD ARRUDENSE
23	1437	JOSÉ BORGES	M	53		00:58:37	00:58:34	INDIVIDUAL
24	342	NUNO VAZ	M	31		00:58:43	00:58:37	FALCÕES SELVAGENS
25	901	PAULO POVOA	M	50		00:58:49	00:58:45	A VALE SILENCIO
26	774	ANTÓNIO SIMÕES	M	44		00:58:54	00:58:49	G D C BANCO DE PORTUGAL
27	644	JOAQUIM RODRIGUES	M	44		00:59:00	00:58:57	OSCARREGUEIRENSES
28	215	Tiago Martins	M	23		00:59:03	00:58:59	ODIMARQ
29	214	Antonio Henriques	M	56		00:59:08	00:59:06	ODIMARQ
30	822	PEDRO CAPELA	M	33		00:59:08	00:59:00	GRUPO ALEGRE UNIDO BAJOUCA
31	61	FERNANDO ANTÓNIO GRÁCIO BAPTISTA	M	42		00:59:20	00:59:15	ARRASTADEIRAS
32	112	RUI HENRIQUES	M	34		00:59:34	00:59:29	SERVIÇOS SOCIAIS MONTEPIO
33	332	NUNO SOARES	M	32		00:59:51	00:59:44	
34	779	LUÍS RIO	M	42		00:59:56	00:59:51	G D C BANCO DE PORTUGAL
35	527	SÉRGIO TOMÁS	M	36		01:00:08	01:00:03	CA BARREIRA
36	768	HUGO MIGUEL	M	28		01:00:18	01:00:16	
37	879	AMBROSIO PEREIRA	M	40		01:00:23	01:00:18	CRD ARRUDENSE
38	747	EMANUEL BANDEIRA	M	38		01:00:25	01:00:09	ATLETAS FAROLIM PENICHE

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
39	664	JOÃO FILIPE FERREIRA	M	35		01:00:32	01:00:24	
40	1530	ANTONIO LEMOS	M	55		01:00:59	01:00:51	WIKABOO
41	651	CARLOS LOPES	M	41		01:01:07	01:01:00	
42	543	JOÃO LOPES	M	48		01:01:12	01:01:03	CAPENAFIRME
43	970	RICARDO SILVA	M	32		01:01:16	01:01:13	
44	148	JOSÉ GEADA	M	43		01:01:22	01:01:18	CLUBE ATLÉTICO DAS PATAMEIRAS
45	1488	JOAO MARTINS	M	51		01:01:26	01:01:10	CUA BENAVENTENSE
46	334	RUI MIGUEL MARTINS	M	28		01:01:43	01:01:40	CLUBE ATLÉTICO DAS PATAMEIRAS
47	300	ORLANDO CORREIA	M	42		01:01:45	01:01:31	CLUBE ATLÉTICO DAS PATAMEIRAS
48	1124	JOAQUIM CAPELA	M	42		01:01:48	01:01:44	CASA BENFICA EM ALHANDRA
49	135	NUNO PITA	M	38		01:01:48	01:01:43	CCDTMETROLX
50	1436	NELSON FONSECA	M	35		01:01:51	01:01:43	GA OS PATRICIOS
51	1154	ANTÓNIO J A G LOUREIRO	M	32		01:01:53	01:01:48	TZS RUNNING
52	1479	PAULO FIALHO	M	45		01:01:57	01:01:52	BUCELAS AVENTURA
53	512	FILIPE EMANUEL DIAS ALMEIDA	M	32		01:01:59	01:01:34	G.D.PEDREIRAS
54	906	ORLANDO RAMOS	M	37		01:02:05	01:01:54	A VALE SILENCIO
55	1438	ANASTÁCIO VALADAS	M	60		01:02:10	01:02:06	GD SANTANDER TOTTA
56	824	JORGE SILVA	M	46		01:02:16	01:02:10	GRUPO ALEGRE UNIDO BAJOUCA
57	1039	PAULO NOLASCO RODRIGUES	M	37		01:02:17	01:02:12	ACAVENTURA
58	1425	RAUL QUARESMA	M	33		01:02:17	01:02:14	GAA VILA FRANCA XIRA
59	1302	RUI OLIVEIRA	M	43		01:02:19	01:02:16	AÇOREANA C BANIF
60	1177	LILIANA ALEXANDRE	F	23		01:02:22	01:02:16	TOYOTA
61	1533	MIGUEL TEIXEIRA	M	40		01:02:23	01:02:14	WIKABOO
62	832	VASCO RAFAEL	M	24		01:02:24	01:02:17	
63	202	GIL XAVIER ALVES	M	37		01:02:25	01:02:22	UNIDOS DA MANUTENÇÃO
64	49	NÉLIO RODRIGO DE ALMEIDA CARVALHO	M	33		01:02:33	01:02:20	SCALABIS NIGHT RUNNERS
65	900	CARLOS MIGUEL BARROSO	M	36		01:02:44	01:02:38	BOM RETIRO TRAIL RUNNERS
66	1040	PAULO ROSA CARVALHO	M	38		01:02:49	01:02:49	ACAVENTURA
67	740	GERMANO SILVA	M	55		01:02:53	01:02:47	AD REAL ACADEMIA
68	744	ANTÓNIO VITORINO	M	45		01:02:54	01:02:38	ATLETAS FAROLIM PENICHE
69	1419	CLÁUDIO MIRA	M	48		01:02:56	01:02:52	GAA VILA FRANCA XIRA
70	229	JORGE MELO	M	35		01:02:59	01:02:43	CLUBE BOLINHA
71	1418	VITOR NOGUEIRA	M	49		01:03:01	01:02:58	GAA VILA FRANCA XIRA
72	959	FRANCISCO PAIS	M	44		01:03:04	01:02:42	O MUNDO DA CORRIDA
73	942	LUÍS MERCA	M	26		01:03:07	01:02:53	ALHANDRA SPORTING CLUB - TRI
74	886	PAULO ARRENEGA	M	47		01:03:08	01:03:03	CRD ARRUDENSE
75	1213	CARLOS LOPES	M	39		01:03:08	01:02:54	AMINHACORRIDA.COM
76	788	JOÃO PASTOR	M	41		01:03:09	01:03:05	

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77	1441	ANTÓNIO LOURO	M	40		01:03:09	01:03:05	GD SANTANDER TOTTA
78	196	MANUEL SOARES	M	49		01:03:10	01:03:06	UNIDOS DA MANUTENÇÃO
79	1178	KATARINA LARSSON	F	29		01:03:12	01:03:05	TOYOTA
80	323	FERNANDO GOMES	M	40		01:03:18	01:03:14	UNIDOS DA MANUTENÇÃO
81	596	PAULO CRUZ	M	43		01:03:24	01:03:19	CA BARREIRA
82	656	RUI MANUEL VIEIRA DIAS	M	31		01:03:31	01:03:26	
83	297	FERNANDO FIGUEIREDO	M	47		01:03:34	01:03:29	FALCÕES SELVAGENS
84	266	CARLOS DUARTE	M	48		01:03:41	01:03:31	C.C.R.D. BURINHOSA
85	218	FERNANDO VICENTE	M	48		01:03:44	01:03:37	
86	219	DAVID ROSADO	M	37		01:03:47	01:03:38	LE DROSPORTIFF
87	705	JOAQUIM FIGUEIREDO	M	56		01:03:52	01:03:49	
88	424	ANTONIO MANUEL TEIXEIRA DE CASTRO SOUSA	M	45		01:03:54	01:03:40	KANINOS
89	830	CARLOS PINTO	M	45		01:03:55	01:03:50	INDUSTRIAL DESPORTIVO VIEIRENS
90	695	PAULO ALEXANDRE CORREIA	M	48		01:03:55	01:03:50	U. VETERANOS RIBEIRA SANTARÉM
91	546	DIOGO BARBOSA	M	36		01:03:56	01:03:49	CAPENAFIRME
92	1221	LICINIO FIDALGO	M	54		01:03:56	01:03:52	APOGMA
93	1289	LUÍS ALBUQUERQUE	M	43		01:03:57	01:03:33	AÇOREANA C BANIF
94	1108	LUIS VALENTE	M	41		01:03:58	01:03:45	CLUBE ANA LISBOA
95	720	LUCIANO MATOS CORREIA	M	41		01:03:59	01:03:59	
96	1183	HUGO BASTOS	M	37		01:04:03	01:03:56	TOYOTA
97	354	LUIS MIGUEL ANDRADE MIRANDA	M	42		01:04:04	01:03:56	
98	904	FERNANDO RODRIGUES	M	46		01:04:10	01:04:05	A VALE SILENCIO
99	530	CONSTANTINO ARAÚJO	M	47		01:04:11	01:03:39	S. C: REBOLEIRA E DAMAIA
100	693	MÁRIO COUTO	M	36		01:04:15	01:03:48	
101	1088	JOÃO PAULO SANTOS	M	35		01:04:17	01:04:01	
102	1422	PAULO TELES	M	43		01:04:23	01:04:07	GAA VILA FRANCA XIRA
103	1128	TEOTÓNIO XAVIER NETO	M	50		01:04:25	01:04:15	
104	511	EMANUEL MONIZ	M	33		01:04:29	01:04:08	G.D.PEDREIRAS
105	1477	JOSE FERNANDES	M	44		01:04:36	01:04:01	A 20 KM ALMEIRIM
106	841	HUGO SILVA	M	27		01:04:37	01:04:28	
107	63	NUNO GONÇALVES	M	34		01:04:40	01:04:33	
108	26	JOSE ESTEVES	M	48		01:04:41	01:04:34	
109	116	ANTÓNIO PEREIRA	M	49		01:04:43	01:04:35	CCDTMETROLX
110	105	MANUEL BARROS COSTA	M	57		01:04:43	01:04:35	CCDTMETROLX
111	1184	ANTONIO SOARES	M	44		01:04:45	01:04:33	TOYOTA
112	201	RUI CARDOSO	M	43		01:04:48	01:04:44	UNIDOS DA MANUTENÇÃO
113	298	JOAQUIM SANTOS	M	55		01:04:54	01:04:31	FALCOES SELVAGENS
114	373	LUÍS MONTEIRO	M	42		01:04:55	01:04:48	CLUBE GRUPO BES

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CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
115	321	RUI LOPES	M	61		01:04:57	01:04:49	CLUBE GRUPO BES
116	1252	FILIPE MARTINS	M	29		01:04:59	01:04:54	INDIVIDUAL
117	87	ORLANDO SILVA	M	56		01:05:00	01:04:57	CCDTMETROLX
118	608	MARCOS ANTONIO PEREIRA	M	58		01:05:09	01:04:28	
119	1326	FERNANDO CANDEIAS	M	42		01:05:09	01:04:52	SS CGD
120	1307	ANTÓNIO SANTOS	M	55		01:05:20	01:04:59	GD INE
121	517	CARLOS OLIVEIRA	M	40		01:05:23	01:04:37	
122	1529	LUIS GRAÇA	M	39		01:05:23	01:05:14	WIKABOO
123	1527	PEDRO CASTRO	M	39		01:05:23	01:05:15	WIKABOO
124	520	ANTÓNIO JOÃO MOREIRA	M	41		01:05:28	01:05:22	
125	687	GUILHERME DAVID	M	53		01:05:29	01:04:53	ZATOPEQUES
126	1548	VASCO RODRIGUES	M	34		01:05:31	01:05:13	INDIVIDUAL
127	932	PAULO MATA	M	49		01:05:32	01:05:26	JUST FOR FAN
128	645	ANTONIO INACIO	M	58		01:05:32	01:05:26	OSCARREGUEIRENSES
129	1073	TIAGO SOUSA	M	31		01:05:33	01:05:00	
130	752	ANTÓNIO OLIVEIRA	M	45		01:05:36	01:05:28	R BIKES
131	1495	PEDRO A G FERREIRA	M	36		01:05:38	01:05:33	INDIVIDUAL
132	986	FERNANDO ANDRADE	M	34		01:05:45	01:05:19	OS PERIGOSOS
133	1301	RICARDO ALVES	M	31		01:05:45	01:05:39	AÇOREANA C BANIF
134	764	DIOGO FERREIRA	M	32		01:05:49	01:05:26	
135	1295	NUNO SABINO	M	36		01:05:50	01:05:39	AÇOREANA C BANIF
136	1296	NUNO SILVA	M	37		01:05:51	01:05:20	AÇOREANA C BANIF
137	637	NUNO LOPES	M	37		01:05:55	01:05:49	
138	83	JOAO CALDAS	M	48		01:05:58	01:05:49	NUCLEO DESPORTIVO AUTOCOOPE
139	1273	ALEXANDRA ALVES	F	31		01:05:58	01:05:53	AÇOREANA C BANIF
140	440	GONÇALO FERREIRA	M	40		01:06:04	01:05:58	
141	376	JOSÉ MOREIRA	M	37		01:06:07	01:06:04	MIRANTENSE F.C.
142	1186	JOAO P G GOMES	M	45		01:06:08	01:05:57	TOYOTA
143	1528	GONÇALO CARDOSO	M	41		01:06:11	01:05:49	WIKABOO
144	368	BRUNO GONÇALVES	M	35		01:06:13	01:05:41	
145	58	RAFAEL CANIVARI FERREIRA LUÍS	M	39		01:06:14	01:06:06	ARRASTADEIRAS
146	539	HELDER MARQUES	M	38		01:06:16	01:06:03	S R CAMARNAL
147	1137	NUNO MANUEL S. F. ALVES	M	37		01:06:17	01:06:02	
148	742	ELISA BARRA	F	41		01:06:19	01:06:19	AD REAL ACADEMIA
149	798	JOSUÉ FRANCISCO	M	42		01:06:19	01:06:19	S R CAMARNAL
150	535	HELDER GONÇALVES	M	38		01:06:25	01:06:01	GD CIMPOR & AMIGOS
151	1373	ANTÓNIO MASSANO	M	31		01:06:27	01:06:11	C MILLENNIUM BCP
152	911	MANUEL CHINITA	M	49		01:06:35	01:06:24	A VALE SILENCIO

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
153	1281	FRANCISCO CALÇADA	M	49		01:06:36	01:06:29	AÇOREANA C BANIF
154	199	RICARDO PEDROSO	M	25		01:06:41	01:06:03	NO LIMITS
155	391	CARLOS FORTUNATO	M	53		01:06:45	01:06:36	
156	887	PEDRO JORGE PEREIRA	M	27		01:06:48	01:06:22	CRD ARRUDENSE
157	179	ANGELO SILVA	M	30		01:06:50	01:06:26	CCDTMETROLX
158	1173	PAULO CALIXTO	M	41		01:06:52	01:06:33	TOYOTA
159	205	ANTÓNIO CARDOSO	M	46		01:06:55	01:06:43	
160	447	MARCO LOURENÇO	M	35		01:06:58	01:06:44	
161	1071	MARCIO JOSE OLIVEIRA SANTOS	M	35		01:07:00	01:06:54	
162	907	PEDRO M. A. LUCAS	M	41		01:07:04	01:06:49	
163	1367	TIAGO MENDES	M	40		01:07:14	01:07:10	C MILLENNIUM BCP
164	1179	CARLOS PACHECO	M	17		01:07:17	01:07:02	TOYOTA
165	624	ANTÓNIO MERUJO	M	54		01:07:18	01:07:06	
166	1512	CARLOS ANTUNES	M	39		01:07:19	01:06:55	SS CGD
167	253	CARLOS ISAAC	M	30		01:07:20	01:07:04	
168	501	PEDRO TEODÓSIO	M	33		01:07:21	01:07:10	
169	339	VIRGÍNIO PATEIRO	M	42		01:07:22	01:06:55	
170	760	HUGO RICARDO ALEXANDRE CALDEIRA	M	33		01:07:24	01:07:11	
171	1421	PAULO HENRIQUE	M	45		01:07:27	01:07:27	GAA VILA FRANCA XIRA
172	784	HELDER TOMÁS	M	39		01:07:27	01:06:26	
173	176	CARLOS NELSON DIAS	M	53		01:07:28	01:06:47	CCDTMETROLX
174	1343	PEDRO RAMOS	M	38		01:07:30	01:07:01	C FERROV PORTUGAL
175	1423	VITOR NOVAIS	M	38		01:07:31	01:07:03	GAA VILA FRANCA XIRA
176	73	CARLOS M M S PEDRO	M	42		01:07:34	01:07:02	CLUBE TAP PORTUGAL I
177	328	RICARDO MARQUES	M	33		01:07:39	01:07:28	FALCÕES SELVAGENS
178	903	PAULO DUARTE	M	47		01:07:40	01:07:28	A VALE SILENCIO
179	335	ANTÓNIO ELISIO GONÇALVES	M	49		01:07:41	01:07:17	CCDTMETROLX
180	1508	FABIO PEREIRA	M	21		01:07:44	01:07:28	SC CASAINHOS
181	982	FERNANDO PAULINO	M	37		01:07:45	01:07:05	ASAS NOS PÉS
182	609	PAULO FONSECA	M	44		01:07:45	01:07:33	
183	1139	JOÃO BONITO	M	39		01:07:46	01:07:32	
184	525	ANDRÉ DE ALMEIDA CAMPOS	M	33		01:07:47	01:07:35	
185	1095	VICTOR CARAPELHO	M	50		01:07:50	01:07:44	BOM RETIRO TRAIL RUNNERS
186	347	LUÍS GRAÇA	M	43		01:07:50	01:07:35	FALCÕES SELVAGENS
187	772	ADELINO SEMEDO	M	60		01:07:51	01:07:46	G D C BANCO DE PORTUGAL
188	1037	JOSÉ CARLOS AREDE	M	41		01:07:53	01:07:46	CLUBE EDP - LISBOA
189	174	SADIQ KASSAMO	M	40		01:07:54	01:07:42	
190	627	JOÃO PEREIRA	M	33		01:07:54	01:07:54	

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191	1230	BRUNO FRANCISCO	M	30		01:07:57	01:07:38	A PONTE FAJÃO
192	894	JOÃO AFONSO	M	56		01:07:58	01:07:41	
193	765	RICARDO MONTEIRO	M	38		01:08:00	01:07:56	
194	412	JOSÉ JORGE MOTA	M	26		01:08:00	01:07:00	METRALHA BROTHER'S
195	1439	ANTÓNIO CRUZ	M	66		01:08:00	01:07:53	GD SANTANDER TOTTA
196	952	PEDRO SANTOS VICENTE	M	36		01:08:03	01:07:46	
197	367	ANTONIO RICO	M	41		01:08:06	01:07:54	NAPA
198	110	JOÃO PAIXÃO	M	42		01:08:06	01:07:54	NAPA
199	642	MIGUEL PAULINO	M	21		01:08:09	01:07:26	AMIGOS DE PENICHE
200	540	FÁBIO FIDALGO	M	23		01:08:12	01:07:50	CLUBE BAIRRO DO AREAL PONTÉVEL
201	349	MÁRIO LOURENÇO	M	48		01:08:13	01:08:04	CLUBE DE PRAÇAS DA ARMADA
202	786	VICTOR MANSO	M	51		01:08:14	01:07:59	ATLETAS FAROLIM PENICHE
203	318	PEDRO GABRIEL	M	39		01:08:16	01:08:07	CLUBE GRUPO BES
204	793	LOSE LUIS NOBRE	M	50		01:08:17	01:08:08	SFUAP
205	248	EDUARDO MANUEL COELHO LUÍS	M	36		01:08:17	01:08:01	
206	1176	BRUNO B SILVA	M	41		01:08:19	01:08:08	TOYOTA
207	420	RUI OLIVEIRA	M	37		01:08:20	01:08:16	
208	350	SANDRA CONCEIÇÃO	F	34		01:08:21	01:08:13	CLUBE DE PRAÇAS DA ARMADA
209	516	VITOR MARQUES	M	44		01:08:22	01:07:36	
210	1136	PAULO ALVES	M	43		01:08:26	01:08:12	
211	421	JOSÉ DUARTE RIBEIRO	M	46		01:08:28	01:08:13	BOM RETIRO TRAIL RUNNERS
212	109	LUIS MENDES	M	40		01:08:31	01:08:18	NAPA
213	682	PAULO BASÍLIO	M	46		01:08:33	01:08:01	OS ZATOPEQUES
214	783	LUIS ALVES	M	33		01:08:33	01:07:33	
215	1424	MAURO PIMENTA	M	37		01:08:35	01:08:05	GAA VILA FRANCA XIRA
216	1248	NELSON T PEREIRA	M	37		01:08:41	01:08:16	INDIVIDUAL
217	303	RUI CONCEIÇÃO	M	37		01:08:42	01:08:33	CLUBE GRUPO BES
218	172	JOÃO GONÇALVES	M	37		01:08:45	01:08:45	
219	305	HUGO CARAGO	M	40		01:08:48	01:08:38	CLUBE GRUPO BES
220	1535	LUIS GRILO	M	46		01:08:49	01:08:38	WIKABOO
221	559	PEDRO ALEXANDRE AGOSTINHO SANTOS	M	35		01:08:50	01:07:57	
222	521	VITOR LEBRE	M	39		01:08:54	01:08:38	
223	235	AUGUSTO FERREIRA	M	43		01:08:54	01:08:15	
224	1427	MANUEL MATOS	M	42		01:08:57	01:08:07	CCD O ALVITEJO
225	724	FERNANDO ANACLETO	M	62		01:08:58	01:08:50	
226	1187	LUIS NOVO	M	40		01:09:00	01:08:48	TOYOTA
227	767	JOSE GABRIEL	M	64		01:09:01	01:08:58	
228	1404	JOAQUIM FIDALGO	M	53		01:09:02	01:08:55	TEJAVISTA

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
229	743	MIGUEL MARTINS DA SILVA	M	42		01:09:03	01:08:56	
230	1110	RUI P L P SOEIRO	M	33		01:09:05	01:08:44	CLUBE TAP PORTUGAL I
231	1467	PAULO ALVES	M	36		01:09:07	01:09:07	GD SANTANDER TOTTA
232	1069	LUÍS MARQUES	M	38		01:09:09	01:09:02	
233	640	BRUNO MARTINS	M	36		01:09:09	01:09:01	
234	531	JOSÉ REIS	M	60		01:09:12	01:08:41	S. C: REBOLEIRA E DAMAIA
235	1275	ANDRÉ QUARENTA	M	43		01:09:18	01:09:13	AÇOREANA C BANIF
236	504	DANIEL A C NUNES	M	54		01:09:24	01:09:14	AD REAL ACADEMIA
237	643	PEDRO ANTUNES	M	39		01:09:27	01:09:21	OSCARREGUEIRENSES
238	1228	ANTÓNIO CASACA	M	52		01:09:27	01:08:53	INDIVIDUAL
239	144	ALEXANDRE LEAL	M	38		01:09:29	01:09:10	CARAPPAUS DE CORRIDA
240	1138	TIAGO ALVES	M	31		01:09:30	01:09:22	
241	1264	TIAGO INÁCIO	M	31		01:09:32	01:09:17	INDIVIDUAL
242	839	PEDRO GUEDES	M	39		01:09:32	01:08:53	
243	992	HELDER VALADAS	M	33		01:09:33	01:09:06	OS PERIGOSOS
244	1294	NUNO GAMEIRO	M	33		01:09:34	01:09:26	AÇOREANA C BANIF
245	831	RICARDO VICENTE	M	41		01:09:35	01:09:25	INDUSTRIAL DESPORTIVO VIEIRENS
246	745	SÉRGIO MECA	M	35		01:09:37	01:09:21	ATLETAS FAROLIM PENICHE
247	694	FERNANDO COSTA CAMPOS ALVES	M	48		01:09:38	01:09:32	U. VETERANOS RIBEIRA SANTARÉM
248	1546	SEBA JAFFAR	F	41		01:09:39	01:09:28	VILLEJUIF
249	902	JOSÉ MARTINS	M	51		01:09:39	01:09:34	TOUGH TRAILS
250	1507	MANUEL BENTO	M	37		01:09:40	01:09:23	SC CASAINHOS
251	1506	CARLOS BAPTISTA	M	53		01:09:40	01:09:24	SC CASAINHOS
252	1502	ARMANDO CORREIA	M	31		01:09:40	01:09:23	SC CASAINHOS
253	1440	ANTÓNIO FERREIRA	M	43		01:09:41	01:09:14	GD SANTANDER TOTTA
254	430	ATLETA NÃO CADASTRADO	M	0		01:09:42	01:09:17	
255	555	NUNO SERRAO	M	31		01:09:43	01:08:44	DREAM TEAM
256	1480	LUIS FERREIRA	M	47		01:09:44	01:09:23	URD ARRANHO
257	182	HUMBERTO BRITO	M	39		01:09:44	01:09:24	CCDTMETROLX
258	1053	RICARDO TAVARES	M	32		01:09:46	01:09:13	
259	883	FÁBIO FERREIRA	M	27		01:09:47	01:09:42	CRD ARRUDENSE
260	399	JOÃO PEDRO CANIÇO MARQUES ABRANTES DA SILVA	M	33		01:09:48	01:09:05	
261	443	EDUARDO MANUEL ALVES DA SILVA	M	50		01:09:48	01:09:22	
262	190	PAULO GAMBOA	M	43		01:09:50	01:09:47	CLUBE ATLÉTICO DAS PATAMEIRAS
263	427	JOAO CLAUDIO ALVES	M	31		01:09:52	01:09:38	KANINOS
264	139	PEDRO MARIA CUNHA NAZARETH BARBOSA	M	37		01:09:53	01:09:05	SCALABIS NIGHT RUNNERS
265	362	JOAO PEREIRA	M	27		01:09:53	01:09:33	INDIVIDUAL
266	918	HERNANI MONTEIRO	M	53		01:09:54	01:09:43	A VALE SILENCIO

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
267	557	BRUNO LOUREIRO	M	39		01:09:55	01:08:56	DREAM TEAM
268	1417	ANTÓNIO RIBEIRO	M	52		01:09:56	01:09:27	GAA VILA FRANCA XIRA
269	738	ALVARO PINTO	M	57		01:09:57	01:09:45	AD REAL ACADEMIA
270	1236	FRANCISCO GOMES	M	31		01:09:58	01:09:15	INDIVIDUAL
271	366	NUNO FILIPE BAPTISTA MENDÃO	M	40		01:09:58	01:09:44	SCALABIS NIGHT RUNNERS
272	442	STEVAN PAVLOVIC	M	44		01:09:59	01:09:42	
273	523	HUGO SILVA	M	36		01:09:59	01:09:40	X3M TEAM
274	972	MARCO MORGADO	M	35		01:10:01	01:09:53	
275	1429	JOAQUIM MARTINS	M	54		01:10:02	01:09:12	CCD O ALVITEJO
276	195	ANTÓNIO MORAIS	M	61		01:10:03	01:09:59	CLUBE ATLÉTICO DAS PATAMEIRAS
277	216	ISRAEL GUARDA	M	36		01:10:03	01:09:52	LE DROPSORTIFF
278	600	FERNANDO COSTA	M	44		01:10:03	01:09:31	PETER PAN SINTRA
279	186	JOSÉ OLIVEIRA	M	40		01:10:04	01:09:55	ASS. ATLETISMO LEBRES DO SADO
280	1339	ISIDRO DUARTE	M	46		01:10:04	01:09:55	RB RUNNING
281	1156	JORGE GONÇALVES	M	45		01:10:06	01:09:46	
282	1231	LUÍS GAMA	M	50		01:10:09	01:09:50	A PONTE FAJÃO
283	542	LICINIO MATOS	M	31		01:10:10	01:09:56	
284	97	ANTONIO ALMEIDA	M	50		01:10:12	01:10:07	NUCLEO DESPORTIVO AUTOCOOPE
285	733	FILIPE BRANCO	M	44		01:10:16	01:09:57	U.R.D.ARRANHÔ
286	223	NUNO RIBEIRO	M	44		01:10:19	01:10:01	CLUBE BOLINHA
287	620	ARMANDO CORREIA	M	62		01:10:22	01:10:07	LESMAS ALOPRADAS
288	898	PAULO NEVES	M	34		01:10:22	01:09:55	PERNAS DE GAFANHOTO
289	1191	PAULO NOVO	M	36		01:10:24	01:10:11	TOYOTA
290	536	ORLANDO FERREIRA	M	57		01:10:28	01:09:49	GD CIMPOR & AMIGOS
291	1050	ANTÓNIO MANUEL DOS SANTOS ALVES	M	44		01:10:30	01:09:57	
292	1114	MARIO MARTINS	M	40		01:10:30	01:09:30	
293	754	JOSE ALBERTO FERREIRA	M	46		01:10:32	01:10:12	
294	890	HUGO MENDES	M	35		01:10:32	01:09:59	
295	1415	AIRES PEDRO	F	59		01:10:36	01:10:28	GAA VILA FRANCA XIRA
296	163	LUIS ÁLVARO	M	46		01:10:37	01:10:27	GD BPI
297	672	LEANDRO REIS	M	44		01:10:38	01:10:24	AMIGOS ATLETISMO MAFRA
298	1261	CARLOS JACINTO	M	45		01:10:39	01:10:29	INDIVIDUAL
299	108	LUIS MATOS	M	47		01:10:39	01:09:28	NAPA
300	829	ALBERTO VINAGRE	M	52		01:10:41	01:10:37	INDUSTRIAL DESPORTIVO VIEIRENS
301	192	RUI ARAUJO	M	55		01:10:45	01:10:35	CCDTMETROLX
302	938	ALEXANDRU STATIUC	M	21		01:10:50	01:10:37	ALHANDRA SPORTING CLUB - TRI
303	679	JOSÉ MORAIS	M	52		01:10:52	01:09:42	OS ZATOPEQUES
304	282	JOSÉ AUGUSTO FERREIRA	M	42		01:10:53	01:10:48	TRILHOS E CORRIDAS DE TERCENA

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
305	696	DINIS PRUDENCIO	M	42		01:10:55	01:10:45	
306	611	MANUEL FONSECA	M	50		01:10:56	01:10:52	ASSOCIAÇÃO DE ATLETISMO LEBRES
307	610	ANTÓNIO TORRES	M	54		01:11:00	01:10:48	
308	741	ERCLANO SILVA	M	48		01:11:00	01:10:56	AD REAL ACADEMIA
309	57	CARLOS MANUEL CAIOLA MENDES	M	47		01:11:05	01:10:58	
310	302	FERNANDO ROSETE	M	43		01:11:08	01:10:51	
311	119	PEDRO RIO	M	31		01:11:09	01:11:01	CLUBE ROBBIALAC
312	880	CIDALIA MARTINS	F	49		01:11:09	01:11:03	CRD ARRUDENSE
313	1305	VIRGÍLIO MADEIRA	M	54		01:11:10	01:10:34	AÇOREANA C BANIF
314	1292	NUNO E SANTO	M	43		01:11:10	01:10:34	AÇOREANA C BANIF
315	577	JUAN COSTA	M	38		01:11:16	01:11:07	
316	1083	LUIS MARTINS	M	50		01:11:18	01:11:08	OS PINHEIROS
317	912	JULIO ROQUE	M	48		01:11:20	01:11:07	A VALE SILENCIO
318	837	RICARDO CUNHA	M	27		01:11:21	01:10:43	
319	1520	SOFIA ARGENTINA	F	34		01:11:21	01:11:02	SS CGD
320	775	BRUNO PIRES	M	32		01:11:23	01:10:39	G D C BANCO DE PORTUGAL
321	1328	JOAQUIM FRADE	M	58		01:11:24	01:11:18	SS CGD
322	1318	ANTONIO TABORDA	M	63		01:11:25	01:11:05	SS CGD
323	136	HELDER GIL BORGES	M	38		01:11:26	01:10:50	
324	746	JOSÉ LUÍS GONÇALVES	M	38		01:11:28	01:11:13	ATLETAS FAROLIM PENICHE
325	1446	CARLOS TEIXEIRA	M	41		01:11:29	01:11:05	GD SANTANDER TOTTA
326	187	JOAQUIM AFONSO LOPES	M	50		01:11:31	01:11:26	TRILHOS E CORRIDAS DE TERCENA
327	941	SOFIA HIPÓLITO	F	21		01:11:33	01:11:20	ALHANDRA SPORTING CLUB - TRI
328	317	PAULO SILVA	M	46		01:11:37	01:11:26	CLUBE GRUPO BES
329	776	JOÃO BATISTA	M	56		01:11:39	01:10:55	G D C BANCO DE PORTUGAL
330	450	DAVID AZELHA	M	30		01:11:43	01:11:34	CLUBE DE PRAÇAS DA ARMADA
331	1309	CARLOS ALBERTO	M	55		01:11:45	01:11:24	GD INE
332	510	MIGUEL GINETO	M	39		01:11:46	01:11:22	G.D.PEDREIRAS
333	1532	JOSE MOTA	M	54		01:11:49	01:11:37	WIKABOO
334	493	JOÃO BELTRÃO	M	34		01:11:50	01:11:12	PERNAS DE GAFANHOTO
335	30	HELDER BEXIGA	M	45		01:11:51	01:11:41	FRIENDS2RUN
336	1469	SALVADOR AFONSO	M	60		01:11:52	01:11:36	GD SANTANDER TOTTA
337	405	PEDRO MARIA	M	49		01:11:53	01:11:03	SCALABIS NIGHT RUNNERS
338	1150	DAVID ALFEIRÃO RODRIGUES	M	26		01:11:53	01:11:01	ESMTC
339	684	ANTÓNIO JACINTO	M	54		01:11:55	01:11:18	ZATOPEQUES
340	249	ANTÓNIO COSTA	M	46		01:11:55	01:11:28	GEORUNNERS
341	686	EDGAR JACINTO	M	27		01:11:55	01:11:18	ZATOPEQUES
342	1385	MATIAS SOMMER	M	14		01:11:56	01:11:43	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
343	224	PAULO CALDEIRA	M	45		01:11:59	01:11:49	CLUBE BOLINHA
344	309	JULIO FERREIRA	M	59		01:11:59	01:11:51	CLUBE GRUPO BES
345	231	JOSÉ PEDRO COSTA	M	46		01:12:00	01:11:41	CLUBE BOLINHA
346	170	RUI MORAIS	M	36		01:12:00	01:11:42	
347	100	L MIGUEL M ALVES	M	46		01:12:02	01:11:58	
348	1458	JOSÉ VIEGAS	M	36		01:12:04	01:11:27	GD SANTANDER TOTTA
349	1473	FERNANDO MARQUES	M	59		01:12:05	01:11:29	GD SANTANDER TOTTA
350	612	MÁRIO JORGE COELHO	M	48		01:12:05	01:11:50	
351	280	DARIO CABETE	M	40		01:12:07	01:11:17	C.C.R.D. BURINHOSA
352	419	RICARDO JORGE LOPES PEREIRA	M	37		01:12:08	01:12:01	
353	393	PEDRO SANTOS TRABUCO	M	49		01:12:09	01:11:59	GD BPI
354	15	ALBINO CARLOS PEREIRA LOPES	M	35		01:12:09	01:11:39	
355	1359	LUIS GONÇALVES	M	36		01:12:10	01:11:50	C MILLENNIUM BCP
356	498	JORGE PORTIJO	M	32		01:12:13	01:11:51	ASSOCIAÇÃO GD ACADEMIA KORPO
357	295	VITOR RODRIGUES	M	47		01:12:23	01:12:02	C.C.R.D. BURINHOSA
358	55	ANTONIO FERNANDO CAIOLA MENDES	M	57		01:12:25	01:12:17	
359	1118	NUNO ANTÓNIO	M	39		01:12:27	01:11:48	
360	68	JORGE C V GONÇALVES	M	28		01:12:29	01:11:00	CLUBE TAP PORTUGAL I
361	104	PEDRO EMANUEL BEAUMONT	M	52		01:12:30	01:12:19	LINDA-A-PASTORA SPORTING CLUBE
362	661	NUNO MIGUEL ANTUNES	M	44		01:12:31	01:12:05	
363	635	RICARDO FERREIRA ALVES	M	31		01:12:37	01:12:13	CLUBE COLABORADORES AXA
364	425	BRUNO RIBEIRO	M	33		01:12:41	01:11:40	KANINOS
365	1523	DAVID PALMEIRO	M	48		01:12:43	01:12:34	SL CAMPOLIDE
366	1526	RICARDO ALVES	M	27		01:12:47	01:12:14	SL CAMPOLIDE
367	964	BRUNO MASSANO	M	32		01:12:48	01:12:29	CLUBE MARGINAL
368	950	SONIA ALEXANDRA FERRINHO DE ALMEIDA	F	36		01:12:49	01:12:06	
369	1538	HENRIQUE PEREIRA	M	38		01:12:50	01:12:36	INDIVIDUAL
370	820	ANTÓNIO FERNANDES	M	53		01:12:50	01:12:20	GRUPO ALEGRE UNIDO BAJOUCA
371	1214	CARMEN S S HENRIQUES	F	36		01:12:54	01:12:54	AMINHACORRIDA.COM
372	286	PAULO BRANCO	M	46		01:12:58	01:12:25	
373	924	FILIPE MARQUES	M	37		01:12:59	01:12:03	
374	434	GONÇALO PAIS	M	36		01:12:59	01:12:40	LA SURENA
375	1151	ROSA VASSINDULA	F	40		01:13:01	01:12:55	CRD ARRUDENSE
376	234	JOÃO PEDRO LOUREIRO	M	40		01:13:05	01:12:24	
377	438	FRANCISCO MADEIRA	M	51		01:13:06	01:12:38	
378	1126	TIAGO NUNES ANTUNES	M	33		01:13:07	01:12:58	
379	617	DOMINGOS NETO	M	55		01:13:09	01:12:45	CLUBE DESPORTIVO DE MAFRA
380	817	JOAQUIM MONTEIRO	M	42		01:13:09	01:12:46	AMIGOS ATLETISMO MAFRA

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
381	106	CÉLIA CECILIO	F	41		01:13:12	01:13:00	NAPA
382	725	IDALÉCIO BARROS	M	59		01:13:12	01:13:01	
383	1123	RUI PAULO	M	48		01:13:15	01:12:35	
384	1271	FERNANDO CELESTINO	M	55		01:13:15	01:13:06	AÇOREANA C BANIF
385	818	HUGO BARQUEIRO	M	31		01:13:16	01:12:51	
386	697	MIGUEL MARQUES	M	53		01:13:16	01:12:58	
387	565	NELSON FIRMINO	M	37		01:13:17	01:12:34	OS TURISTAS
388	844	JOSÉ FERRAZ	M	51		01:13:19	01:13:00	
389	916	FERNANDO AVELINO	M	54		01:13:20	01:12:38	A VALE SILENCIO
390	899	RUI ALMEIDA	M	37		01:13:20	01:12:37	A VALE SILENCIO
391	914	JOAQUIM GOMES	M	66		01:13:21	01:13:21	A VALE SILENCIO
392	578	HUGO MARREIROS	M	32		01:13:22	01:12:56	
393	981	NUNO MARQUES	M	40		01:13:23	01:12:44	ASAS NOS PÉS
394	778	JOSÉ MONTEIRO	M	57		01:13:25	01:11:41	G D C BANCO DE PORTUGAL
395	413	CARLOS NABIÇA	M	50		01:13:26	01:12:57	CLUBE GRUPO BES
396	126	DANIEL RODRIGUES	M	33		01:13:28	01:13:20	CLUBE ROBBIALAC
397	278	OCTAVIO MARIANO	M	42		01:13:29	01:13:08	C.C.R.D. BURINHOSA
398	847	FERNANDO JORGE PAIS C. POLÓNIO	M	44		01:13:30	01:12:23	LEBRES DA PORCALHOTA
399	1534	MILTON MELO	M	34		01:13:33	01:13:02	WIKABOO
400	795	MARCO BAPTISTA	M	32		01:13:35	01:12:26	ACD BOCAL
401	345	JOSÉ MATOS	M	45		01:13:37	01:13:28	CLUBE DE PRAÇAS DA ARMADA
402	662	JORGE FERREIRA	M	55		01:13:37	01:13:33	
403	666	ANTÓNIO CARLOS TEIXEIRA	M	44		01:13:38	01:13:18	
404	621	JOÃO REVÉS	M	42		01:13:38	01:13:22	LESMAS ALOPRADAS
405	730	PEDRO NUNES	M	41		01:13:42	01:13:04	INDIVIDUAL
406	769	MARCELO DIAS	M	38		01:13:45	01:13:11	
407	1032	MIGUEL RAMALHO	M	32		01:13:47	01:13:21	VALADARES
408	988	CARLOS SOUSA	M	56		01:13:48	01:13:22	OS PERIGOSOS
409	290	JOÃO VERÍSSIMO	M	56		01:13:49	01:13:32	TOKANDAR
410	692	ANDRÉ VAZ	M	25		01:13:50	01:12:41	ACD BOCAL
411	322	SILVIO PAIVA	M	62		01:13:54	01:13:46	CLUBE GRUPO BES
412	777	JOAQUIM FERRÃO	M	53		01:13:54	01:12:10	G D C BANCO DE PORTUGAL
413	1351	PAULO PAIS	M	49		01:13:55	01:13:35	C MILLENNIUM BCP
414	545	LEONEL LUCAS	M	39		01:13:56	01:13:46	CAPENAFIRME
415	1300	PEDRO BURQUETTE	M	38		01:13:59	01:13:26	AÇOREANA C BANIF
416	169	RUI NEVES	M	44		01:14:00	01:12:57	
417	797	ANTONIO GONCALVES	M	29		01:14:01	01:13:20	
418	1217	ANDRE CID	M	40		01:14:02	01:13:34	REVISTA SPORT LIFE

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
419	991	MÁRIO LOPES	M	45		01:14:05	01:13:37	OS PERIGOSOS
420	370	ALBERTO BOTAS	M	48		01:14:05	01:13:22	RUN CREW TRAIL MONTIJO
421	623	ANTÓNIO AGOSTINHO	M	59		01:14:09	01:13:44	CA BARREIRA
422	1189	EMILIO FIALHO	M	38		01:14:10	01:13:14	TOYOTA
423	1129	INÊS PARENTE	F	38		01:14:13	01:14:06	
424	337	RUI VIEIRA	M	44		01:14:13	01:14:04	
425	636	CARLOS MANUEL GUEDES MARQUES	M	43		01:14:14	01:13:52	
426	1334	PEDRO TORRINHA	M	37		01:14:15	01:13:48	SS CGD
427	1511	ALVARO FURTADO	M	55		01:14:15	01:14:08	SS CGD
428	16	RAFAEL LAVOURAS	M	48		01:14:16	01:14:00	
429	398	RUI M S MARTINS	M	40		01:14:17	01:13:25	INDIVIDUAL
430	1489	JOAQUIM CARMO	M	47		01:14:20	01:13:48	CUA BENAVENTENSE
431	654	LUIS DUARTE	M	43		01:14:20	01:13:50	
432	184	MARIO BRUNO PIMENTEL CUNHA	M	35		01:14:21	01:13:53	
433	718	LUIS AMARAL	M	47		01:14:22	01:13:47	
434	293	RUI CARVALHO SANTOS	M	43		01:14:22	01:14:04	
435	1361	ANTONIO SEIXAS	M	50		01:14:22	01:14:02	C MILLENNIUM BCP
436	271	SERGIO NUNES	M	37		01:14:23	01:14:11	
437	1432	FERNANDO AZEVEDO	M	61		01:14:24	01:14:18	GA OS PATRICIOS
438	748	VITOR PIRES	M	44		01:14:24	01:14:01	CASA DO POVO DE ALCANENA
439	35	JOÃO CARLOS PEREIRA RODRIGUES	M	45		01:14:24	01:13:30	SCALABIS NIGHT RUNNERS
440	177	LUIS DIAD	M	28		01:14:25	01:13:58	
441	277	ANTÓNIO MANUEL FIGUEIREDO PEREIRA	M	53		01:14:25	01:13:58	
442	1450	GABRIEL CHARRUA	M	35		01:14:26	01:13:47	GD SANTANDER TOTTA
443	333	RUI VENTURA	M	53		01:14:27	01:14:19	C.C.R.D. BURINHOSA
444	167	ELÁDIO MANUEL	M	40		01:14:27	01:13:53	GD BPI
445	719	JOSÉ FERNANDES	M	45		01:14:28	01:13:52	
446	232	PEDRO LUCAS	M	36		01:14:28	01:14:11	CLUBE BOLINHA
447	845	ANTONIO VARELA	M	48		01:14:30	01:14:20	INDIVIDUAL
448	618	DOUGLAS FRY	M	57		01:14:32	01:14:08	CLUBE DESPORTIVO DE MAFRA
449	852	VICTOR MANUEL BATISTA E SILVA	M	48		01:14:33	01:13:30	
450	766	VITOR ANTUNES	M	58		01:14:35	01:14:09	
451	1516	JOSE ALVES	M	64		01:14:36	01:14:05	SS CGD
452	449	HENRIQUE BELMAR	M	55		01:14:36	01:14:27	
453	274	PAULO RAINHO	M	39		01:14:36	01:14:15	C.C.R.D. BURINHOSA
454	1038	CARLOS RANGEL	M	60		01:14:37	01:13:51	
455	1127	LUÍS MIGUEL SANTOS	M	43		01:14:42	01:14:32	
456	544	PAULO PEREIRA	M	40		01:14:43	01:14:21	CAPENAFIRME

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
457	1515	JOAO SILVA	M	45		01:14:45	01:14:17	SS CGD
458	974	RUI MIGUEL PRAZERES HENRIQUES	M	38		01:14:46	01:13:48	
459	749	VITOR FERREIRA	M	49		01:14:48	01:14:25	CASA DO POVO DE ALCANENA
460	1125	RAMIRO INÁCIO	M	62		01:14:49	01:14:33	CASA BENFICA EM ALHANDRA
461	59	MARCO CORREIA	M	33		01:14:53	01:14:30	SMAS SINTRA RUN
462	429	MARCO CACHINHO	M	34		01:14:53	01:13:51	KANINOS
463	1505	SARA LOUREIRO	F	25		01:14:53	01:14:22	SC CASAINHOS
464	1311	NUNO ROMÃO	M	46		01:14:55	01:13:52	GD INE
465	984	JOSE MIRANDA	M	48		01:14:56	01:14:30	
466	1293	NUNO FORTE	M	40		01:14:59	01:14:22	AÇOREANA C BANIF
467	1542	MARCO RIBEIRO	M	44		01:15:01	01:14:38	INDIVIDUAL
468	1278	CARLA CALÇADA	F	44		01:15:03	01:14:56	AÇOREANA C BANIF
469	1284	ISABEL MATIAS	F	32		01:15:03	01:14:56	AÇOREANA C BANIF
470	1120	TELMO PEDRO	M	36		01:15:03	01:14:09	
471	242	FRANCISCO DIAS	M	42		01:15:03	01:14:47	
472	42	MIGUEL SAN-PAYO	M	51		01:15:04	01:14:45	
473	1299	PAULO TORRÃO	M	42		01:15:07	01:14:33	AÇOREANA C BANIF
474	856	RICARDO MADRINHA	M	32		01:15:09	01:14:16	AERO RUNNERS
475	1346	PEDRO SA	M	41		01:15:11	01:14:29	C MILLENNIUM BCP
476	1540	PEDRO SESOES	M	47		01:15:15	01:14:29	INDIVIDUAL
477	849	VITOR RODRIGUES LOPES	M	45		01:15:17	01:14:10	LEBRES DA PORCALHOTA
478	848	HELDER MANUEL B. HENRIQUES	M	44		01:15:18	01:14:11	LEBRES DA PORCALHOTA
479	131	HERBERT DELANE BEAUMONT	M	55		01:15:20	01:15:11	LINDA-A-PASTORA SPORTING CLUB
480	763	AMERICO SANTOS	M	60		01:15:21	01:14:57	
481	689	RUI PAULO	M	39		01:15:21	01:14:08	ZATOPEQUES
482	1388	CARLOS RAMOS	M	47		01:15:23	01:15:08	C MILLENNIUM BCP
483	1291	NÉLSON MOTA	M	43		01:15:24	01:15:11	AÇOREANA C BANIF
484	1490	JOAO RAQUEL	M	36		01:15:24	01:14:52	CUA BENAVENTENSE
485	1077	JOAQUIM CRISPIM	M	57		01:15:26	01:14:38	UDCA
486	735	JORGE LEITÃO	M	49		01:15:27	01:14:54	OS ZATOPEQUES
487	1410	JOSÉ V M FRANCO	M	55		01:15:30	01:15:19	INDIVIDUAL
488	200	RENATO MIGUEL	M	29		01:15:30	01:14:54	NO LIMITS
489	352	PAULO PRATA	M	46		01:15:30	01:15:02	
490	821	PEDRO CABECINHAS	M	36		01:15:31	01:14:37	GRUPO ALEGRE UNIDO BAJOUCA
491	272	PAULO ALEXANDRE CAETANO MARQUES	M	49		01:15:32	01:15:32	
492	93	HENRIQUE RUIVO	M	52		01:15:33	01:15:05	
493	825	FILIPE CARVALHEIRO	M	50		01:15:36	01:14:56	GRUPO ALEGRE UNIDO BAJOUCA
494	365	FILIPE DUARTE LEÃO	M	35		01:15:39	01:15:20	

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
495	826	ANTÓNIO CARREIRA	M	53		01:15:39	01:15:34	GRUPO ALEGRE UNIDO BAJOUCA
496	1380	PEDRO MARTINS	M	34		01:15:39	01:15:26	C MILLENNIUM BCP
497	1188	LUIS TAVARES	M	43		01:15:40	01:15:26	TOYOTA
498	582	ALEXANDRE ANDRADE	M	37		01:15:42	01:15:13	
499	917	PAULO SANTOS	M	46		01:15:42	01:15:13	
500	670	ANTONIO REIS	M	59		01:15:42	01:15:19	AMIGOS ATLETISMO MAFRA
501	275	RUI PAÇO	M	45		01:15:42	01:14:39	MULTIRUNNERS
502	320	RUI GAMEIRO	M	40		01:15:43	01:15:27	CLUBE GRUPO BES
503	1241	CARLOS MACHADO	M	37		01:15:43	01:15:14	AMIGOS TACHO
504	1092	DANIEL FARINHA	M	29		01:15:44	01:14:33	SERVIÇOS SOCIAIS MONTEPIO
505	132	JOÃO MIRANDA	M	55		01:15:45	01:15:31	CCDTMETROLX
506	625	JOÃO ANTUNES	M	44		01:15:51	01:15:39	
507	727	CARLOS TEIXEIRA	M	53		01:15:53	01:15:17	LEBRES E TARTARUGAS
508	731	HELIO SANTOS	M	29		01:15:53	01:15:00	BUERAPIDOS
509	680	JOSÉ TORRES	M	49		01:15:55	01:15:55	OS ZATOPEQUES
510	513	ANGELO RICARDO TAVARES VAZÃO	M	29		01:15:59	01:15:13	G.D.PEDREIRAS
511	806	RUI MADALENO	M	34		01:16:02	01:15:28	
512	155	PAULO VILA LUZ	M	47		01:16:03	01:15:52	GD BPI
513	1481	LUIS M R A MARQUES	M	44		01:16:05	01:15:29	INDIVIDUAL
514	931	JOÃO SILVEIRA	M	45		01:16:06	01:15:36	
515	428	JOAO PAULO ALMEIDA	M	46		01:16:07	01:15:53	KANINOS
516	990	ALCIDES NUNES	M	55		01:16:10	01:15:43	OS PERIGOSOS
517	573	PEDRO FIGUEIREDO	M	30		01:16:11	01:15:35	
518	1426	PEDRO DINIS	M	20		01:16:13	01:15:51	GAA VILA FRANCA XIRA
519	751	JUSTINO SILVA	M	37		01:16:14	01:15:53	INDIVIDUAL
520	819	RAMIRO RODRIGUES	M	56		01:16:15	01:16:07	GRUPO ALEGRE UNIDO BAJOUCA
521	1270	MIGUEL FIGUEIREDO	M	40		01:16:17	01:15:52	CLUBE ANACOM
522	1434	FERNANDO MOURA	M	53		01:16:17	01:16:06	GA OS PATRICIOS
523	263	ANIBAL SILVA	M	50		01:16:18	01:15:57	C.C.R.D. BURINHOSA
524	1386	CARLOS DINIS	M	49		01:16:18	01:16:13	C MILLENNIUM BCP
525	1541	ATLETA NÃO CADASTRADO	M	0		01:16:19	01:15:06	
526	1390	ANTONIO CORREIA	M	58		01:16:22	01:15:49	C MILLENNIUM BCP
527	930	HELDER MENDES	M	38		01:16:23	01:15:53	
528	641	JORGE PAULINO	M	51		01:16:24	01:16:09	AMIGOS DE PENICHE
529	1414	JOSÉ TEIXEIRA	M	60		01:16:25	01:15:34	GAA VILA FRANCA XIRA
530	1355	PEDRO FONTES	M	48		01:16:26	01:15:29	C MILLENNIUM BCP
531	834	MARIO RAMOS	M	54		01:16:26	01:15:57	
532	1060	NUNO SÁ	M	32		01:16:27	01:15:54	

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
533	840	MILTON RODRIGUES	M	27		01:16:29	01:16:01	
534	923	LUÍS FERREIRA	M	31		01:16:30	01:15:34	
535	1227	JOÃO OLIVAL	M	45		01:16:31	01:15:28	INDIVIDUAL
536	178	LUIS PAULO	M	47		01:16:31	01:15:57	MULTIRUNNERS
537	294	KARIN PELLEZ	F	49		01:16:31	01:15:54	MULTIRUNNERS
538	509	LUIS VAZÃO	M	39		01:16:32	01:15:48	G.D.PEDREIRAS
539	589	BRUNO VITORINO	M	37		01:16:33	01:15:46	
540	423	ALBERTINO MOTA	M	34		01:16:33	01:15:31	KANINOS
541	1013	GASPAR LANEIRO	M	54		01:16:34	01:16:31	MULTIFLOW
542	667	VITOR CARDEIRA	M	48		01:16:36	01:16:20	
543	252	NUNO ALEXANDRE MIGUEL	M	41		01:16:38	01:16:21	
544	149	CLÁUDIO RODRIGUES	M	48		01:16:39	01:16:16	CARAPUS DE CORRIDA
545	1024	JOSÉ COSTA	M	44		01:16:39	01:15:35	
546	1094	RICARDO ARRAIAS	M	41		01:16:40	01:16:07	
547	1550	JOAO P MARTINS	M	33		01:16:42	01:16:37	INDIVIDUAL
548	905	RUI CARVALHO	M	30		01:16:42	01:16:17	
549	987	JOSÉ HENRIQUES	M	59		01:16:42	01:16:36	OS PERIGOSOS
550	406	REGINA FERNADES	F	39		01:16:42	01:15:53	SCALABIS NIGHT RUNNERS
551	835	VITOR MORAIS	M	55		01:16:45	01:16:01	
552	688	NUNO CORDEIRO	M	45		01:16:49	01:16:49	ZATOPEQUES
553	164	JOSÉ GAMA	M	47		01:16:52	01:16:18	GD BPI
554	908	RICARDO PÁSCOA	M	33		01:16:55	01:16:08	GRUPO RECREATIVO JANZ E ASS.
555	967	ANTÓNIO RODRIGUES	M	33		01:16:56	01:16:09	GRUPO RECREATIVO JANZ E ASS.
556	1066	RUI ROSENDO	M	42		01:16:56	01:16:25	
557	973	NELSON FERNANDES	M	34		01:16:56	01:16:09	GRUPO RECREATIVO JANZ E ASS.
558	1085	SÉRGIO VINHAS	M	40		01:16:57	01:15:42	
559	1086	CRISTOVÃO MARCOS	M	29		01:16:58	01:15:43	
560	1226	HERDER GANDARINHO	M	45		01:17:02	01:16:28	APOGMA
561	799	FERNANDO COSTA	M	37		01:17:04	01:16:05	
562	892	JORGE RODRIGUES	M	35		01:17:05	01:16:16	PT
563	436	JOÃO MATIAS	M	30		01:17:07	01:16:49	LA SURENA
564	279	JOSÉ RATO	M	55		01:17:09	01:16:46	C.C.R.D. BURINHOSA
565	1389	MARCOS NORITAKE	M	47		01:17:11	01:16:36	C MILLENNIUM BCP
566	678	JOSÉ CUNHA	M	49		01:17:14	01:16:00	OS ZATOPEQUES
567	304	EDUARDO FGUEIREDO	M	42		01:17:15	01:17:05	CLUBE GRUPO BES
568	876	NUNO PEREIRA	M	37		01:17:16	01:16:53	
569	1457	JOSÉ PEREIRA	M	44		01:17:19	01:16:48	GD SANTANDER TOTTA
570	781	PEDRO PINTO	M	28		01:17:22	01:17:17	G D C BANCO DE PORTUGAL

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
571	371	JOÃO NEVES	M	50		01:17:22	01:17:10	RUN CREW TRAIL MONTIJO
572	1400	CLAUDIO FIGUEIRA	M	28		01:17:24	01:16:21	TEJAVISTA
573	145	MIGUEL RIBEIRO DA SILVA	M	44		01:17:27	01:16:59	OS CARACÓIS FURIOSOS
574	193	CARLOS GONÇALVES	M	40		01:17:27	01:16:57	OS CARACÓIS FURIOSOS
575	595	ABÍLIO GOMES	M	49		01:17:29	01:17:00	
576	888	CARLOS MANUEL DINIS CARRANCA	M	48		01:17:29	01:17:08	
577	874	ANDRÉ MIGUEL BARBOSA	M	30		01:17:33	01:16:26	NBUBB
578	875	HUGO FILIPE BARBOSA	M	33		01:17:33	01:16:27	NBUBB
579	1286	JOAQUIM OLÍMPIO	M	63		01:17:35	01:17:22	AÇOREANA C BANIF
580	209	AUGUSTO SANTOS	M	59		01:17:35	01:17:18	
581	211	NUNO BAIXINHO	M	39		01:17:36	01:17:18	
582	502	MARCO SILVA	M	38		01:17:37	01:17:17	
583	547	HENRIQUE DELGADO	M	30		01:17:39	01:16:58	CAPENAFIRME
584	152	MIGUEL CASTELA	M	43		01:17:43	01:16:41	ASS. ATLETISMO LEBRES DO SADO
585	758	PEDRO FERREIRA	M	38		01:17:46	01:16:38	
586	1398	ORLANDO MARTINS	M	58		01:17:46	01:17:14	INDIVIDUAL
587	796	TELMO COELHO	M	38		01:17:50	01:16:40	ACD BOCAL
588	464	LUÍS PIRES	M	41		01:17:50	01:16:58	FIT 2 RUN - HOLMES PLACE ALGÉS
589	173	ANTONIO MANUEL DOMINGUES	M	58		01:17:51	01:17:17	
590	1056	NUNO SANTOS	M	40		01:17:52	01:17:34	FORA D'ARENA
591	1054	MARCO SANTOS	M	38		01:17:52	01:17:33	FORA D'ARENA
592	194	SUSANA CLIMAS	F	26		01:17:52	01:17:24	OS CARACÓIS FURIOSOS
593	757	JOSE PEDRO FERREIRA	M	53		01:17:54	01:16:48	
594	338	MAURÍCIO PEREIRA RODRIGUES	M	34		01:17:55	01:17:34	
595	843	SERGIO CASTRO	M	34		01:17:56	01:17:17	
596	1223	FERNANDO FERNANDES	M	52		01:17:58	01:17:24	APOGMA
597	717	NELIO MACEDO	M	47		01:17:58	01:17:47	
598	759	TÂNIA RAQUEL FRANCISCO CUNHA	F	33		01:18:00	01:17:48	
599	713	PAULO ALVES	M	50		01:18:01	01:17:49	SOBEIDESCE
600	598	NUNO MIGUEL GODINHO	M	33		01:18:02	01:17:41	OS PAPAFIGOS
601	597	JOSÉ ANTÓNIO GODINHO	M	54		01:18:02	01:17:41	OS PAPAFIGOS
602	951	PAULO VIEIRA	M	41		01:18:04	01:17:25	
603	1117	ARTUR ALMEIDA	M	32		01:18:07	01:17:28	
604	944	JOAQUIM SECO	M	44		01:18:10	01:17:37	
605	13	NUNO VEIGA	M	48		01:18:11	01:18:03	FRANGO 1966
606	78	RICARDO PAÇO	M	39		01:18:12	01:17:12	
607	1544	MARCO COSTA	M	34		01:18:18	01:17:10	CCD H VFXIRA
608	1001	OLEKSANDR PASTUKH	M	34		01:18:19	01:18:19	OS PERIGOSOS

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
609	316	PAULO GONÇALVES	M	46		01:18:19	01:17:41	CLUBE GRUPO BES
610	891	MARCO NUNES	M	30		01:18:23	01:17:32	PT
611	1030	DANIEL FEITEIRONA	M	31		01:18:23	01:18:09	VALADARES
612	655	JOSE CAVACO	M	53		01:18:24	01:18:15	
613	1447	DANIEL SIMÕES	M	40		01:18:25	01:17:14	GD SANTANDER TOTTA
614	1153	ZULMIRA BELO	F	47		01:18:26	01:18:19	CRD ARRUDENSE
615	1323	EDUARDO RODRIGUES	M	33		01:18:26	01:17:59	SS CGD
616	85	JOÃO AFONSO	M	42		01:18:26	01:17:51	
617	607	CARLOS FERNANDES	M	49		01:18:27	01:17:17	
618	750	RUI PANCADARES	M	40		01:18:28	01:17:56	R BIKES
619	1058	RICARDO CACHUCHO	M	36		01:18:29	01:17:57	
620	17	JOSÉ F COELHO	M	48		01:18:30	01:18:01	CLUBE TAP PORTUGAL I
621	72	CARLOS M B T SILVA	M	48		01:18:30	01:18:02	CLUBE TAP PORTUGAL I
622	191	JOÃO PEREIRA	M	46		01:18:31	01:17:57	MULTIRUNNERS
623	203	CARLOS ALBERTO MARQUES	M	52		01:18:32	01:18:28	TRILHOS E CORRIDAS DE TERCENA
624	1455	JORGE ALVES	M	36		01:18:33	01:18:00	GD SANTANDER TOTTA
625	564	JOÃO CORDEIRO	M	27		01:18:34	01:18:15	
626	1330	LUIS QUENTAL	M	47		01:18:34	01:17:53	SS CGD
627	411	BRUNO GARCIA	M	33		01:18:35	01:18:35	METRALHA BROTHER'S
628	127	RAÚL COSTA	M	53		01:18:37	01:18:31	CLUBE ROBBIALAC
629	581	GONÇALO PALMA	M	30		01:18:38	01:17:52	
630	846	JORGE MANUEL C. ROMÃO	M	45		01:18:39	01:17:32	LEBRES DA PORCALHOTA
631	771	MIGUEL BERMONTE	M	37		01:18:41	01:18:06	
632	554	PEDRO BORGES	M	27		01:18:42	01:17:43	DREAM TEAM
633	267	JOAO RODRIGUES REIS	M	62		01:18:42	01:18:28	
634	396	PEDRO BARRELA	M	41		01:18:42	01:18:32	GD BPI
635	895	RUI GUERREIRO	M	48		01:18:43	01:18:01	
636	896	LUIS CASTRO	M	31		01:18:43	01:18:01	
637	1468	RUI CUNHA	M	47		01:18:46	01:17:41	GD SANTANDER TOTTA
638	550	PEDRO ALMEIDA	M	55		01:18:47	01:18:04	
639	761	JULIO LOPES	M	39		01:18:48	01:18:03	
640	341	PAULA TEIXEIRA	F	36		01:18:49	01:18:25	FALCÕES SELVAGENS
641	1461	LÚCIO SILVA	M	47		01:18:50	01:17:44	GD SANTANDER TOTTA
642	677	ELISIO COSTA	M	58		01:18:52	01:18:20	OS ZATOPEQUES
643	1460	LINO OLIVEIRA	M	68		01:18:54	01:18:50	GD SANTANDER TOTTA
644	685	CARLOS PEREIRA	M	32		01:18:56	01:17:43	ZATOPEQUES
645	945	JOÃO PEREIRA	M	41		01:18:57	01:18:17	CCD CRÉDITO AGRÍCOLA MÚTUO
646	915	JOAQUIM DAMAS	M	60		01:18:59	01:18:33	A VALE SILENCIO

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
647	1492	BEATRIZ FERNANDES	F	44		01:19:02	01:18:21	INDIVIDUAL
648	541	RODRIGO SILVA	M	34		01:19:02	01:18:32	CLUBE BAIRRO DO AREAL PONTÉVEL
649	978	JOSÉ FÉLIX ESTEVES MARTINS	M	39		01:19:03	01:18:55	
650	1345	NEVES SILVA	M	61		01:19:04	01:18:32	C FERROV PORTUGAL
651	980	JORGE CARREIRAS	M	47		01:19:04	01:18:03	
652	1433	VITOR ROCHA	M	54		01:19:04	01:18:02	GA OS PATRICIOS
653	1190	NUNO FERREIRA	M	42		01:19:06	01:18:53	TOYOTA
654	1078	BRUNO PALMA	M	30		01:19:06	01:18:22	
655	534	RUI MATOS	M	36		01:19:10	01:18:27	BE2RUN
656	99	PEDRO CAETANO	M	46		01:19:10	01:18:49	SMAS SINTRA RUN
657	691	CARLOS FILIPE MONTEIRO	M	53		01:19:12	01:17:58	
658	850	NUNO ALEXANDRE SANTOS TRINDADE	M	43		01:19:13	01:18:05	LEBRES DA PORCALHOTA
659	807	RUI BENTO	M	36		01:19:18	01:18:45	
660	491	NUNO LUCAS	M	34		01:19:19	01:18:40	PERNAS DE GAFANHOTO
661	492	DANIEL VILABRIL	M	34		01:19:20	01:18:43	PERNAS DE GAFANHOTO
662	1171	CARLOS RODRIGUES	M	39		01:19:20	01:18:42	TOYOTA
663	441	PETE RAMOS	M	45		01:19:21	01:19:11	
664	519	SERGIO SANTOS	M	41		01:19:22	01:19:12	
665	1052	JOSÉ ESCUDERO	M	32		01:19:27	01:19:06	
666	415	ANTONIO GAMEIRO	M	40		01:19:28	01:18:27	METRALHA BROTHER'S
667	739	MANUEL RODRIGUES	M	52		01:19:30	01:19:20	AD REAL ACADEMIA
668	1240	RUI MORGADO	M	38		01:19:30	01:19:03	INDIVIDUAL
669	1268	JOSÉ VAZ	M	55		01:19:30	01:19:06	CLUBE ANACOM
670	88	RUI BARBOSA	M	43		01:19:31	01:18:52	CLUBE VODAFONE
671	1211	RAQUEL ESCULCAS	F	22		01:19:33	01:18:44	FIT 2 RUN - HP ALGÉS
672	588	JOAO SILVA	M	45		01:19:33	01:18:47	
673	462	RUI GUERREIRO	M	41		01:19:34	01:18:43	FIT 2 RUN - HOLMES PLACE ALGÉS
674	111	PAULO ALEXANDRE BRITO ANTÓNIO SILVA	M	49		01:19:40	01:19:18	CLUBE BBVA
675	794	JOÃO CARVALHO	M	40		01:19:40	01:18:30	ACD BOCAL
676	340	PAULO SIMÕES	M	47		01:19:42	01:18:59	FALCÕES SELVAGENS
677	1524	RUI RODRIGUES	M	48		01:19:45	01:19:36	SL CAMPOLIDE
678	1098	PEDRO CORREIA	M	36		01:19:47	01:19:33	
679	1304	TAM AFONSO	M	61		01:19:48	01:19:42	AÇOREANA C BANIF
680	1279	DIOGO FERREIRA	M	41		01:19:49	01:19:13	AÇOREANA C BANIF
681	1044	JOÃO VALENTE	M	42		01:19:49	01:18:31	
682	1320	BRUNO COSTA	M	40		01:19:50	01:19:10	SS CGD
683	153	LÚIS OLIVEIRA	M	44		01:19:51	01:18:52	ASS. ATLETISMO LEBRES DO SADO
684	241	JOAO ADEGAS	M	43		01:19:56	01:18:55	

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
685	269	MANUEL JOAQUIM DA SILVA DIAS	M	47		01:19:57	01:18:59	
686	233	TIAGO DOMINGUES	M	36		01:19:57	01:19:33	
687	782	MÁRIO DUARTE	M	40		01:19:58	01:19:30	
688	1277	ARMANDO PARREIRA	M	45		01:20:03	01:18:57	AÇOREANA C BANIF
689	1435	ANDRE APARICIO	M	37		01:20:05	01:19:50	GA OS PATRICIOS
690	1144	LUIS NEVES	M	55		01:20:07	01:19:54	
691	1416	JOSÉ SARAFIM	M	58		01:20:07	01:19:21	GAA VILA FRANCA XIRA
692	161	MIGUEL BARBOSA	M	59		01:20:09	01:20:04	UNIDOS DA MANUTENÇÃO
693	1142	JOSE MORAIS	M	57		01:20:10	01:19:40	
694	494	FRANCISCO SIMÃO	M	31		01:20:13	01:19:35	PERNAS DE GAFANHOTO
695	81	PAULO PIRES	M	35		01:20:13	01:20:06	
696	1172	NUNO MARQUES	M	40		01:20:16	01:19:38	TOYOTA
697	842	RUI COSTA	M	27		01:20:19	01:19:50	
698	1317	ANTONIO NEGRINHO	M	50		01:20:20	01:19:35	SS CGD
699	953	RENATO SANTOS	M	34		01:20:21	01:19:01	
700	417	TELMO VAZ	M	28		01:20:21	01:20:21	
701	956	FILIPE ARCADINHO	M	33		01:20:22	01:19:30	ARCA
702	1452	HUGO MONTEIRO	M	31		01:20:23	01:19:14	GD SANTANDER TOTTA
703	1329	JOSE MARTINS	M	39		01:20:24	01:19:57	SS CGD
704	265	LUIS CONCEIÇÃO	M	53		01:20:27	01:20:04	C.C.R.D. BURINHOSA
705	995	JOSÉ BELCHIOR	M	62		01:20:29	01:20:02	OS PERIGOSOS
706	601	MANUEL SARAIVA	M	52		01:20:30	01:19:59	PETER PAN SINTRA
707	1504	ELISABETH LOUREIRO	F	57		01:20:31	01:19:45	SC CASINHOS
708	44	MIGUEL MATOS	M	43		01:20:33	01:20:11	CCD TRANQUILIDADE
709	410	LUIS FILIPE BAPTISTA ISIDORO	M	30		01:20:36	01:20:16	
710	408	ANGELO FERREIRA	M	49		01:20:37	01:19:54	
711	369	ANA SOFIA COELHO	F	36		01:20:37	01:20:24	RUN CREW TRAIL MONTIJO
712	583	TIAGO RAIMUNDO	M	34		01:20:39	01:20:22	
713	646	FERNANDO GONÇALVES	M	45		01:20:40	01:19:56	
714	1014	PAULO QUARESMA	M	64		01:20:40	01:19:49	MULTIFLOW
715	571	PEDRO GOMES	M	30		01:20:43	01:19:46	OS COXOS DA CORRIDA
716	1146	NUNO PINTO	M	36		01:20:43	01:19:30	
717	790	JOÃO PINTO	M	53		01:20:44	01:19:54	GA MONSANTO GASCAN
718	1402	CARLOS RODRIGUES	M	45		01:20:47	01:19:45	TEJAVISTA
719	993	BENTO VALENTE	M	48		01:20:50	01:20:22	OS PERIGOSOS
720	1121	HUGO SANTOS	M	36		01:20:52	01:20:21	
721	243	CARLOS CRAVEIRA	M	42		01:20:53	01:20:37	AC TEAM
722	1218	NUNO M SANTOS	M	46		01:20:54	01:19:49	REVISTA SPORT LIFE

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
723	409	DAVID PRATA	M	29		01:20:54	01:20:00	FDS RUNNERS
724	851	PAULO MIGUEL GASPAR	M	38		01:20:56	01:19:50	LEBRES DA PORCALHOTA
725	91	JOÃO GERMANO	M	46		01:21:01	01:19:56	
726	622	PAULO ANTUNES	M	46		01:21:04	01:20:49	LESMAS ALOPRADAS
727	96	CARLOS FERREIRA	M	57		01:21:06	01:20:46	NUCLEO DESPORTIVO AUTOCOOPE
728	602	JAIME VEIGA	M	50		01:21:06	01:20:11	
729	1374	JOSE RODRIGUES	M	63		01:21:07	01:20:09	C MILLENNIUM BCP
730	154	CARLOS GONÇALVES	M	65		01:21:10	01:21:00	
731	101	JOAO RICARDO DUARTE	M	38		01:21:10	01:21:00	
732	663	JOÃO SANCHES	M	51		01:21:11	01:20:38	
733	90	LUÍS BASTOS COSTA	M	48		01:21:12	01:20:29	
734	1459	LINO MARCOS	M	38		01:21:13	01:20:01	GD SANTANDER TOTTA
735	33	GONÇALO MIGUEL DOS REIS OLIVEIRA	M	30		01:21:13	01:20:24	SCALABIS NIGHT RUNNERS
736	515	PAULO GONÇALVES	M	41		01:21:16	01:20:40	
737	586	SAMUEL BRANCO	M	32		01:21:16	01:20:13	
738	1034	MIGUEL OLIVEIRA	M	41		01:21:18	01:20:53	VALADARES
739	52	PEDRO MANUEL RIOS DE OLIVEIRA CAMÕES GOUVEIA	M	42		01:21:19	01:20:30	SCALABIS NIGHT RUNNERS
740	1097	TIAGO VENTURA CORREIA	M	25		01:21:19	01:20:30	
741	117	HONORATO MOURA	M	33		01:21:19	01:20:39	CCDTMETROLX
742	283	VITOR SANTOS	M	42		01:21:20	01:20:57	CARAP AUS DE CORRIDA
743	236	ADELAIDE PEREIRA	F	42		01:21:20	01:20:34	
744	122	JORGE PINTO	M	43		01:21:22	01:21:14	CLUBE ROBBIALAC
745	1372	EDUARDO LOPES	M	42		01:21:24	01:21:06	C MILLENNIUM BCP
746	69	MILTON FERNANDES	M	29		01:21:26	01:20:33	CLUBE TAP PORTUGAL
747	1185	RUI FORTUNATO	M	37		01:21:27	01:20:31	TOYOTA
748	1263	CARLOS CONCEIÇÃO	M	50		01:21:27	01:20:30	A SACAVENENSE
749	1454	JOÃO ROCHA	M	62		01:21:28	01:21:16	GD SANTANDER TOTTA
750	268	MARCOS FAUSTINO	M	56		01:21:29	01:21:10	C.A. AMIGOS PARQUE DA PAZ
751	919	LUIS GONÇALVES	M	34		01:21:29	01:20:22	OS PERIGOSOS
752	210	LUIS MIRA	M	49		01:21:31	01:21:25	H2H
753	1340	MÁRIO MELO	M	62		01:21:32	01:20:33	C FERROV PORTUGAL
754	558	ARMINDO LOUREIRO	M	65		01:21:32	01:20:32	DREAM TEAM
755	217	DULCE VARZEA	F	47		01:21:32	01:21:27	H2H
756	402	JATIN RAMGI	M	29		01:21:33	01:20:39	FDS RUNNERS
757	431	ANDRÉ ALEXANDRE MARQUES MARTINS	M	29		01:21:42	01:20:33	
758	422	PAULO HENRIQUE COSTA	M	34		01:21:43	01:20:42	
759	1333	PEDRO LOPES	M	34		01:21:46	01:21:03	SS CGD
760	1017	RICARDO DIAS	M	40		01:21:48	01:20:27	SERVIÇOS SOCIAIS MONTEPIO

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
761	1076	JORGE SOUSA	M	40		01:21:48	01:20:30	SERVIÇOS SOCIAIS MONTEPIO
762	11	VASCO ALPALHAO	M	44		01:21:50	01:20:57	ALPALHAO
763	1383	HUMBERTO CABRAL	M	41		01:21:53	01:21:38	C MILLENNIUM BCP
764	1382	LUIS COSTA	M	44		01:21:53	01:21:39	C MILLENNIUM BCP
765	1472	VITOR TEIXEIRA	M	54		01:22:00	01:20:58	GD SANTANDER TOTTA
766	1174	JORGE RODRIGUES	M	49		01:22:02	01:22:02	TOYOTA
767	134	RAFAEL SANTOS	M	46		01:22:03	01:21:23	CCDTMETROLX
768	495	DANIEL RAPOSO	M	33		01:22:08	01:21:01	MULTIRUNNERS
769	792	MARIO ALVES	M	58		01:22:09	01:21:06	SFUAP
770	726	CARLOS GONÇALVES	M	57		01:22:10	01:21:34	LEBRES E TARTARUGAS
771	538	ADRIANO CAPINHA FERNANDES	M	50		01:22:11	01:21:29	
772	593	PAULO CORREIA	M	29		01:22:13	01:21:32	PANASKINHAS
773	1503	NUNO PEREIRA	M	42		01:22:14	01:21:58	SC CASAINHOS
774	1155	MANUEL CRISPIM	M	62		01:22:14	01:21:13	UDCA
775	1113	CARLOS HILARIO	M	48		01:22:16	01:21:17	
776	314	NUNO MALCATA	M	34		01:22:17	01:21:39	CLUBE GRUPO BES
777	683	ORLANDO SILVA	M	54		01:22:18	01:21:46	OS ZATOPEQUES
778	1043	JOAQUIM BEXIGA	M	45		01:22:21	01:21:46	CLUBE OGMA
779	653	MAFALDA NUNES	F	44		01:22:23	01:21:44	SPEEDRUS
780	1420	PAULO LEOTE	M	46		01:22:23	01:21:32	GAA VILA FRANCA XIRA
781	257	RUI EDUARDO HORTA	M	48		01:22:28	01:21:40	
782	95	JOSE DIAS	M	56		01:22:32	01:21:40	NUCLEO DESPORTIVO AUTOCOOPE
783	791	RUI ALVES	M	41		01:22:34	01:21:44	GA MONSANTO GASCAN
784	459	FRANCISCO PRATES	M	66		01:22:34	01:22:08	ASSOCIAÇÃO DE ATLETISMO LEBRES
785	1513	EGIDIO SILVA	M	50		01:22:36	01:21:54	SS CGD
786	1004	PAULO PORTUGAL	M	48		01:22:37	01:22:15	A VALE SILENCIO
787	113	DANIEL GUERREIRO	M	39		01:22:37	01:21:38	
788	387	FERNANDO ABÍLIO VERGAMOTA	M	58		01:22:37	01:22:15	C.A. AMIGOS PARQUE DA PAZ
789	1267	ISAAC CARRÊLO	M	53		01:22:39	01:22:15	CLUBE ANACOM
790	1269	MANUEL BARROS	M	57		01:22:40	01:22:14	CLUBE ANACOM
791	574	JORGE FERRO	M	37		01:22:40	01:21:45	AERO RUNNERS
792	1466	Mª ORLETE MENDES	F	62		01:22:41	01:22:37	CA GALINHEIRAS
793	160	FERNANDO CARRILHO	M	56		01:22:42	01:22:20	SMAS SINTRA RUN
794	649	RICARDO FIGUEIREDO	M	31		01:22:43	01:21:25	PANELA MAGICA
795	647	LUIS LOPES	M	46		01:22:43	01:21:24	PANELA MAGICA
796	650	RICARDO SARDINHEIRO	M	40		01:22:44	01:21:25	PANELA MAGICA
797	648	MARCO JACINTO	M	38		01:22:44	01:21:25	PANELA MAGICA
798	928	HÉLIO MARTINS	M	37		01:22:44	01:22:30	

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
799	1280	FAUSTO ISAAC	M	44		01:22:44	01:22:09	AÇOREANA C BANIF
800	878	JOÃO MIGUEL RODRIGUES ANDRÉ	M	42		01:22:46	01:22:07	TRILHOS & TRETAS
801	360	ORLANDO COUTO	M	59		01:22:48	01:22:34	4 AO KM
802	669	PAULO SANTOS	M	39		01:22:51	01:21:56	
803	1462	LUIS GATINHO	M	46		01:22:52	01:22:14	GD SANTANDER TOTTA
804	1057	ANTÓNIO SANTOS	M	39		01:22:53	01:22:36	FORA D'ARENA
805	226	FRANCISCO AFONSO	M	53		01:22:55	01:22:35	CLUBE BOLINHA
806	1224	JOSÉ LOUREIRO	M	49		01:22:56	01:22:12	APOGMA
807	1000	RUI SANTOS	M	42		01:22:57	01:21:51	OS PERIGOSOS
808	998	JOSÉ PEREIRA	M	57		01:22:57	01:21:52	OS PERIGOSOS
809	259	LUIS JOSÉ NUNES ANDRADE	M	40		01:23:01	01:22:28	
810	1055	MARCO GUERRA	M	35		01:23:02	01:22:44	FORA D'ARENA
811	575	PEDRO MONTEIRO	M	51		01:23:04	01:22:35	
812	576	CARLOS COSTA	M	48		01:23:05	01:22:35	
813	46	JOÃO RODRIGUES SILVA	M	53		01:23:06	01:22:44	CCD TRANQUILIDADE
814	1408	JOSÉ AZURARA	M	55		01:23:09	01:22:04	TEJAVISTA
815	567	JOSÉ PACHECO	M	47		01:23:11	01:22:30	
816	1091	NUNO RODRIGUES	M	38		01:23:13	01:22:02	SERVIÇOS SOCIAIS MONTEPIO
817	1089	PEDRO CARRASCO	M	42		01:23:13	01:22:01	SERVIÇOS SOCIAIS MONTEPIO
818	1090	PAULO RAINHO	M	47		01:23:13	01:22:01	SERVIÇOS SOCIAIS MONTEPIO
819	394	RENATO CRUZ	M	45		01:23:16	01:22:43	GD BPI
820	1525	ANTONIO LIMA	M	51		01:23:21	01:22:45	SL CAMPOLIDE
821	1096	EDGAR JORGE DOS SANTOS ANASTACIO	M	49		01:23:23	01:23:23	
822	1003	NUNO SIMÕES	M	38		01:23:25	01:23:12	
823	1321	CATARINA MARTINS	F	41		01:23:26	01:22:37	SS CGD
824	1031	RUI ARAÚJO	M	32		01:23:26	01:23:13	VALADARES
825	619	HORÁCIO GOMES VIEIRA	M	63		01:23:27	01:23:11	
826	948	INES HENRIQUES	F	33		01:23:28	01:22:45	
827	445	CARLOS CIPRIANO	M	33		01:23:28	01:22:22	KLENTOS
828	1409	LUIS MIRANDA	M	54		01:23:29	01:22:26	TEJAVISTA
829	1010	MANUEL AZEVEDO	M	57		01:23:31	01:23:20	MULTIFLOW
830	1247	MANUEL SEQUEIRA	M	63		01:23:31	01:23:18	GDCT REPSOL
831	570	HUGO RODRIGUES	M	39		01:23:33	01:22:35	OS COXOS DA CORRIDA
832	197	AMANDIO BUSCA	M	46		01:23:34	01:22:57	NO LIMITS
833	979	MANUEL BATISTA	M	48		01:23:36	01:23:08	
834	244	ANDREIA OLIVEIRA	F	30		01:23:36	01:23:21	AC TEAM
835	1319	AURÉLIO CALADO	M	64		01:23:37	01:22:15	SS CGD
836	639	JORGE MANUEL LOPES	M	41		01:23:37	01:22:55	

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
837	51	OSVALDO MANUEL MEIRELES CIPRIANO	M	32		01:23:38	01:22:49	SCALABIS NIGHT RUNNERS
838	414	BRUNO AMARAL	M	32		01:23:40	01:22:39	CLUBE DE PRAÇAS DA ARMADA
839	1308	CARLA A LOPES	F	41		01:23:40	01:22:42	GD INE
840	566	PEDRO ANTUNES	M	30		01:23:40	01:22:58	OS TURISTAS
841	1116	CARLOS FILIPE LOPES FERNANDES CORREIA	M	28		01:23:41	01:23:23	
842	634	VITOR JOSÉ RAMOS	M	42		01:23:42	01:22:56	CLUBE COLABORADORES AXA
843	47	PEDRO MORGADO	M	43		01:23:43	01:23:21	CCD TRANQUILIDADE
844	261	RUI SA	M	32		01:23:44	01:22:36	
845	1229	ALVARO QUITERIO	M	48		01:23:45	01:23:28	INDIVIDUAL
846	584	PAULO CRAVEIRO	M	37		01:23:47	01:23:29	
847	1364	CARLO P ABRU	M	46		01:23:48	01:23:48	C MILLENNIUM BCP
848	977	MÁRCIO CASTRO	M	33		01:23:52	01:22:35	NEOMÁQUINAS
849	657	CLARA FARO	F	53		01:23:52	01:23:31	
850	1549	SUSANA OLIVEIRA	F	34		01:23:52	01:23:33	INDIVIDUAL
851	319	PEDRO VITOR	M	43		01:23:54	01:22:54	CLUBE GRUPO BES
852	1499	FILIPE A C MARQUES	M	26		01:23:57	01:22:49	INDIVIDUAL
853	983	CARLOS IPE	M	38		01:24:01	01:23:20	ASAS NOS PÉS
854	1075	JORGE PACHECO	M	41		01:24:01	01:23:18	
855	1042	SUSANA PACHECO FRAZÃO	F	32		01:24:03	01:23:24	
856	836	ANA PATRÍCIA SILVA	F	31		01:24:03	01:23:44	
857	809	PAULO BORGES	M	45		01:24:08	01:22:59	
858	1337	SABIR KANJI	M	34		01:24:09	01:23:18	SS CGD
859	1027	ANTÓNIO FERNANDES	M	27		01:24:11	01:23:29	A VALE SILENCIO
860	913	JOSÉ MOGA	M	55		01:24:11	01:23:30	A VALE SILENCIO
861	1147	SÍLVIA DE OLIVEIRA	F	36		01:24:11	01:22:59	
862	947	PAULO LOURENÇO	M	31		01:24:14	01:23:07	
863	734	GABRIEL ANTONIO	M	50		01:24:15	01:23:09	U.R.D.ARRANHÔ
864	729	ANTÓNIO FERREIRA	M	42		01:24:16	01:23:24	BUERAPIDOS
865	961	MIGUEL BERTOLO	M	32		01:24:19	01:24:19	LEBRES DO ALTO CONCELHO
866	954	CRISTINA MOURATO	F	37		01:24:20	01:23:00	
867	1344	JOSÉ VALENTIM	M	60		01:24:21	01:23:26	C FERROV PORTUGAL
868	703	MANEL LINO	M	63		01:24:21	01:23:14	CARACOIS DE SANTA IRIA
869	344	LUIS REIS	M	51		01:24:23	01:23:23	FALCÕES SELVAGENS
870	508	BRUNO CONCEIÇÃO	M	36		01:24:24	01:24:00	
871	70	TÂNIA A OLIVEIRA	F	38		01:24:24	01:23:31	CLUBE TAP PORTUGAL I
872	715	LUIS MORENO	M	40		01:24:26	01:23:47	KENIANNUS ALBINNUS
873	716	JOAQUIM DIAS	M	39		01:24:26	01:23:47	KENIANNUS ALBINNUS
874	920	ANTONIO SELADAS	M	48		01:24:27	01:23:13	CENTRO SOCIAL DA OTA

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CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
875	1022	JOSE CARLOS	M	54		01:24:28	01:24:28	
876	1282	FRANCISCO PEREIRA	M	46		01:24:30	01:23:54	AÇOREANA C BANIF
877	673	LUIS ALMEIDA	M	40		01:24:32	01:23:25	
878	158	RUI XAVIER	M	47		01:24:34	01:24:25	CLUBE EDP - LISBOA
879	969	AMADEU MORGADO	M	39		01:24:35	01:23:44	
880	461	PAULO AH QUIN	M	35		01:24:37	01:23:45	FIT 2 RUN - HOLMES PLACE ALGÉS
881	1332	PAULO BAILÃO	M	43		01:24:41	01:23:55	SS CGD
882	355	DOMINGOS MATOS	M	52		01:24:41	01:24:04	FALCÕES SELVAGENS
883	1476	JEREMIAS RIBEIRO	M	70		01:24:42	01:24:08	INDIVIDUAL
884	1237	AMÉRICO CARVALHO	M	40		01:24:42	01:24:03	INDIVIDUAL
885	1363	ANTÓNIO SANTOS	M	54		01:24:45	01:24:31	C MILLENNIUM BCP
886	1210	PEDRO C REIS	M	49		01:24:48	01:23:56	FIT 2 RUN - HP ALGÉS
887	1397	PEDRO OLIVEIRA	M	43		01:24:48	01:23:44	INDIVIDUAL
888	702	LUIS GOMES	M	59		01:24:49	01:23:43	CARACOIS DE SANTA IRIA
889	1072	PAULO MONIZ	M	41		01:24:54	01:23:35	
890	256	FERNANDO ALGARVIO	M	40		01:24:54	01:24:31	SMAS SINTRA RUN
891	1315	ANDRÉ NORONHA	M	49		01:24:55	01:23:48	SS CGD
892	156	MIGUEL NUNO CHAVES	M	43		01:24:59	01:24:48	GD BPI
893	737	JOÃO BAPTISTA	M	37		01:25:00	01:23:49	ACD BOCAL
894	631	FERNANDO JORGE MATIAS	M	57		01:25:01	01:24:15	CLUBE COLABORADORES AXA
895	198	PEDRO SEQUEIRA	M	34		01:25:01	01:24:24	NO LIMITS
896	1509	JORGE LOURENÇO	M	20		01:25:05	01:24:00	SC CASAINHOS
897	1238	JOSÉ NASCIMENTO	M	49		01:25:05	01:23:59	INDIVIDUAL
898	237	SUSANA FREITAS	F	36		01:25:06	01:24:22	
899	1161	ALEXANDRE BRAS	M	33		01:25:06	01:23:44	INDIVIDUAL
900	89	DANIEL XAREPE	M	49		01:25:09	01:24:30	NAPA
901	395	JOSÉ MESTRE	M	56		01:25:12	01:24:28	GD BPI
902	289	MARÍLIA RIBEIRO	F	30		01:25:12	01:24:17	TOKANDAR
903	1413	ALEXANDRE JORGE	M	61		01:25:14	01:24:23	GAA VILA FRANCA XIRA
904	606	HELDER MARTINHO	M	30		01:25:14	01:24:32	BE2RUN
905	264	CARLOS HENRIQUE	M	46		01:25:15	01:24:43	
906	712	SANDRA ALMEIDA	F	43		01:25:15	01:24:17	PATATI PATATA BORA LÁ
907	711	SARAH MUSGRAVE	F	42		01:25:15	01:24:17	PATATI PATATA BORA LÁ
908	524	GONÇALO NETO	M	47		01:25:16	01:24:19	
909	1239	ALBERTO SOARES	M	52		01:25:16	01:24:11	INDIVIDUAL
910	392	CECÍLIA NICOLAU	F	47		01:25:16	01:24:19	ASS. ATLETISMO LEBRES DO SADO
911	251	ANDREIA OLIVEIRA	F	35		01:25:22	01:24:45	GEORUNNERS
912	681	LUIS GRAVE	M	56		01:25:24	01:24:54	OS ZATOPEQUES

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CLASSIFICAÇÃO PROVISÓRIA

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913	955	PEDRO JORGE	M	38		01:25:26	01:24:07	
914	220	LORENZO ABREU	M	45		01:25:27	01:25:07	CLUBE BOLINHA
915	276	MÁRIO RUI MENDONÇA SANTOS	M	48		01:25:29	01:24:34	
916	45	GUILHERME HENRIQUES	M	40		01:25:31	01:25:08	CCD TRANQUILIDADE
917	74	DAVID DA COSTA AFONSO	M	48		01:25:32	01:25:10	CLUBE TAP PORTUGAL I
918	1262	CARLOS PEREIRA	M	62		01:25:32	01:24:53	A SACAVENENSE
919	976	BRUNO EUGÉNIO DELGADO FIALHO	M	31		01:25:32	01:24:15	NEOMÁQUINAS
920	497	PEDRO NUNES	M	38		01:25:35	01:25:12	ASSOCIAÇÃO GD ACADEMIA KORPO
921	1325	EURICO SEMEDO	M	65		01:25:37	01:24:30	SS CGD
922	1047	FERNANDA FRANÇA	F	40		01:25:41	01:25:07	CLUBE OGMA
923	659	ANTÓNIO AUGUSTO MACHADO MOREIRA	M	50		01:25:41	01:24:40	
924	310	JOSÉ GONÇALVES	M	48		01:25:49	01:25:40	CLUBE GRUPO BES
925	1234	PEDRO F TRINDADE	M	36		01:25:49	01:24:36	INDIVIDUAL
926	518	VITOR AFONSO LOURENÇO	M	45		01:25:49	01:25:19	
927	968	VÍTOR GAMEIRO	M	48		01:25:50	01:24:58	
928	433	LUÍS MIGUEL FERNANDES ALVES	M	35		01:25:50	01:24:45	
929	401	CESAR DOMINGOS DIOGO SILVESTRE	M	37		01:25:51	01:25:01	
930	1235	NUNO CASTRO	M	33		01:25:52	01:24:39	INDIVIDUAL
931	397	JORGE POMBO	M	50		01:25:53	01:24:33	
932	1164	LINO SILVA	M	41		01:25:56	01:25:14	GD CIMPOR & AMIGOS
933	1084	SERGIO PAULO	M	37		01:25:58	01:25:49	OS PINHEIROS
934	1354	FERNANDO ALMEIDA	M	45		01:25:58	01:25:33	C MILLENNIUM BCP
935	943	JOÃO MIGUEL TEIXEIRA	M	34		01:25:58	01:25:02	
936	1352	ANTONIO ALMEIDA	M	47		01:25:58	01:25:16	C MILLENNIUM BCP
937	258	DANIEL REIS	M	40		01:25:59	01:25:23	
938	706	VASCO COELHO	M	39		01:26:00	01:24:59	
939	1365	LUIS CAMPOS	M	45		01:26:00	01:25:37	C MILLENNIUM BCP
940	1243	CARLOS SANTOS	M	60		01:26:01	01:26:01	INDIVIDUAL
941	151	TIAGO PIRES	M	32		01:26:01	01:25:30	
942	142	NUNO TALAIA DA COSTA	M	32		01:26:01	01:25:31	
943	1016	ALEXANDRE CAPUCHA	M	43		01:26:02	01:25:30	
944	1009	HELENA TAUBE	F	40		01:26:03	01:25:16	TOUGH TRAILS
945	324	LUIS MACEDO	M	43		01:26:03	01:25:42	SMAS SINTRA RUN
946	188	LUIS GARÇÃO	M	46		01:26:08	01:25:31	NO LIMITS
947	1510	FERNANDO CASTANHEIRA	M	63		01:26:10	01:25:16	CORR RESINEIROS CORGAS
948	613	LUÍS GIL CALDEIRA	M	42		01:26:11	01:25:18	
949	1002	ALEXANDRE BEIJINHA	M	45		01:26:12	01:24:58	CENTRO SOCIAL DA OTA
950	403	HELDER MENDES	M	38		01:26:14	01:25:26	SCALABIS NIGHT RUNNERS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
951	346	ANTONIO VILLACAMPA	M	41		01:26:15	01:25:24	
952	1018	PAULO ALEXANDRE DIAS DE OLIVEIRA	M	40		01:26:16	01:25:25	ESMTC
953	1406	LUÍS MOURA	M	56		01:26:17	01:25:13	TEJAVISTA
954	1063	TERESA CARDOSO	F	34		01:26:20	01:25:08	SERVIÇOS SOCIAIS MONTEPIO
955	897	JÚLIO RODRIGUES	M	34		01:26:30	01:26:02	PERNAS DE GAFANHOTO
956	587	MARCO ALEXANDRE RESENDE LOPES	M	41		01:26:30	01:26:25	
957	1087	LUIS MANUEL MOTA FERREIRA	M	59		01:26:31	01:25:45	
958	590	FRANCISCO VITORINO	M	63		01:26:32	01:25:45	
959	652	ANTONIO LUIS MARTINS	M	56		01:26:38	01:26:17	
960	499	NUNO PAISANA	M	41		01:26:45	01:26:22	ASSOCIAÇÃO GD ACADEMIA KORPO
961	168	ANA PAULA FÓRNEAS	F	46		01:26:45	01:26:38	GD BPI
962	496	HORST LAUW	M	43		01:26:45	01:26:22	ASSOCIAÇÃO GD ACADEMIA KORPO
963	1521	RICARDO GOMES	M	31		01:26:46	01:25:56	SS CGD
964	123	JOSÉ VILELA	M	49		01:26:46	01:26:39	CLUBE ROBBIALAC
965	1403	JOSÉ POTES	M	56		01:26:47	01:25:42	TEJAVISTA
966	308	ALBERTO MARTINHO	M	50		01:26:47	01:26:07	CCDTMETROLX
967	1061	SÉRGIO FILIPE SOUSA SUZANO	M	22		01:26:47	01:25:27	
968	1134	HUGO BEXIGA	M	40		01:26:47	01:25:35	
969	1204	JOSÉ CASTRO	M	55		01:26:49	01:25:34	CAA BELEM
970	1225	CARLOS SOUSA	M	46		01:26:49	01:26:06	APOGMA
971	1222	JOSÉ AMDRÉ	M	58		01:26:49	01:26:06	APOGMA
972	1202	GILBERTO GONÇALVES	M	65		01:26:50	01:25:37	CAA BELEM
973	79	NUNO BORGES PEREIRA	M	38		01:26:54	01:26:23	
974	1442	ANTÓNIO CASTRO	M	44		01:26:54	01:26:23	GD SANTANDER TOTTA
975	569	CAETANO CALÇADA	M	30		01:26:55	01:25:58	OS COXOS DA CORRIDA
976	1070	FERNANDO SÉRGIO L. SUZANO	M	46		01:27:02	01:25:42	
977	1059	AMADEU CARVALHO	M	46		01:27:03	01:25:43	
978	514	ANTONIO MARTINS	M	52		01:27:03	01:26:02	
979	552	CATARINA SANTOS	F	29		01:27:09	01:26:34	OS PES VOADORES
980	714	SILVANO MONTEIRO	M	62		01:27:10	01:26:59	SOBEIDESCE
981	965	ALEXANDRE FERNANDES	M	38		01:27:11	01:26:07	
982	1336	RUI SANTOS	M	46		01:27:12	01:25:50	SS CGD
983	1338	SEVERINO ROSA	M	58		01:27:12	01:26:10	SS CGD
984	1167	MICAELA ARAUJO	F	41		01:27:14	01:26:12	GD CIMPOR & AMIGOS
985	660	RICARDO TRINCHEIRAS	M	34		01:27:20	01:26:53	INDIVIDUAL
986	1141	MARTA ANDRADE	F	39		01:27:21	01:26:44	
987	287	FERNANDO LUÍS	M	51		01:27:22	01:26:13	
988	1140	DANIEL RAMOS	M	37		01:27:22	01:26:45	

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CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
989	1011	JOÃO SANTOS	M	64		01:27:23	01:26:47	MULTIFLOW
990	284	ANTONIO LOPES	M	59		01:27:27	01:27:02	
991	353	FRANCISCO SILVA	M	53		01:27:29	01:27:09	FALCÕES SELVAGENS
992	935	LUÍS MORENO	M	33		01:27:29	01:26:30	JUST FOR FAN
993	1170	NUNO LANDEIRO	M	40		01:27:29	01:26:52	TOYOTA
994	1080	JOSÉ BAIXINHO	M	56		01:27:30	01:26:42	SANTIAGO FUTEBOL CLUBE
995	118	JOÃO SEQUEIRA	M	51		01:27:31	01:26:22	CCDTMETROLX
996	141	LUÍS FILIPE	M	38		01:27:34	01:26:39	COLINAS BIKE TOUR
997	561	FÁTIMA SANTOS	F	34		01:27:37	01:27:09	
998	1522	RICARDO PEREIRA	M	34		01:27:37	01:27:04	SL CAMPOLIDE
999	1475	LUIS PAIVA	M	46		01:27:38	01:27:07	GD SANTANDER TOTTA
1000	1474	LUIS COITO	M	43		01:27:38	01:27:06	GD SANTANDER TOTTA
1001	1464	NÍDIA FERREIRA	F	34		01:27:41	01:27:11	GD SANTANDER TOTTA
1002	1115	LUIS MIGUEL CARDOSO	M	41		01:27:43	01:26:44	
1003	1272	ALBANO ALVES	M	59		01:27:49	01:27:43	AÇOREANA C BANIF
1004	364	VITOR CANTO	M	43		01:27:53	01:27:03	
1005	437	RITA BÁRBORA	F	33		01:27:53	01:27:34	LA SURENA
1006	102	ANTÓNIO COSTA	M	21		01:27:54	01:26:48	
1007	1093	PEDRO COSTA ALVES	M	38		01:27:57	01:26:37	SERVIÇOS SOCIAIS MONTEPIO
1008	629	ANA PAULA MATIAS	F	48		01:27:58	01:27:13	CLUBE COLABORADORES AXA
1009	1514	ESMERALDO PEREIRA	M	67		01:27:58	01:27:15	SS CGD
1010	1501	MARINA MARTINS	F	18		01:28:00	01:26:56	SC CASAINHOS
1011	1064	NUNO RAMOS	M	31		01:28:00	01:26:42	
1012	762	JOSE CORDEIRO	M	60		01:28:00	01:27:36	
1013	1298	PAULA SIMÕES	F	34		01:28:02	01:27:50	AÇOREANA C BANIF
1014	1203	LUÍS R ROSA	M	60		01:28:11	01:26:59	CAA BELEM
1015	329	JOSÉ MARTINS	M	54		01:28:11	01:27:41	
1016	1205	JÚLIO CASTRO	M	54		01:28:12	01:27:00	CAA BELEM
1017	1206	JOSÉ GORDILHO	M	50		01:28:12	01:26:59	CAA BELEM
1018	996	ANTÓNIO PICA	M	65		01:28:13	01:27:20	OS PERIGOSOS
1019	299	RICARDO JOSÉ CASIMIRO RAMOS PIMENTA	M	38		01:28:22	01:27:31	
1020	1498	FRANCISCO A PAULINO	M	20		01:28:25	01:27:13	INDIVIDUAL
1021	801	ANDRÉ LOURENÇO	M	32		01:28:25	01:25:46	BOM PETISCO 2
1022	1493	ANTONIO M J SOUSA	M	42		01:28:28	01:27:51	INDIVIDUAL
1023	704	ANA MARTINS	F	46		01:28:30	01:27:23	
1024	14	JORGE GARRADAS	M	39		01:28:33	01:27:15	
1025	1377	NELSON GUIMARAES	M	66		01:28:36	01:28:11	C MILLENNIUM BCP
1026	356	ISADORA BARATA BRAZ DE ASSUNÇÃO COSTA	F	26		01:28:38	01:28:03	4 AO KM

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CLASSIFICAÇÃO PROVISÓRIA

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1027	62	ANTONIO GABRIEL	M	69		01:28:38	01:28:03	
1028	361	VÍTOR MANUEL PEREIRA GONÇALVES	M	44		01:28:38	01:28:02	4 AO KM
1029	1020	PAULO SILVA	M	53		01:28:39	01:27:27	INDIVIDUAL
1030	1216	EUGÉNIA CID	F	42		01:28:39	01:28:10	REVISTA SPORT LIFE
1031	1135	RODOLFO BRÁS	M	35		01:28:42	01:27:31	
1032	925	JOSÉ AMARAL	M	49		01:28:42	01:28:06	ISTO CANSA
1033	84	JORGE MONTEIRO	M	46		01:28:44	01:27:59	
1034	313	MANUEL ANASTÁCIO	M	45		01:28:44	01:27:58	CLUBE GRUPO BES
1035	1517	LUIS BILAU	M	61		01:28:44	01:27:32	SS CGD
1036	1366	JORGE SOARES	M	48		01:28:45	01:28:18	C MILLENNIUM BCP
1037	1518	LUIA LANDEIRO	F	43		01:28:47	01:27:58	SS CGD
1038	1313	ALBERTINO SEMEDO	M	55		01:28:48	01:28:00	SS CGD
1039	585	NELSON SIMÕES DA SILVA	M	31		01:28:50	01:28:32	
1040	1371	JOSÉ MARQUES	M	46		01:28:55	01:28:10	C MILLENNIUM BCP
1041	580	MILTON PEREIRA	M	27		01:28:55	01:28:10	MECEF-T
1042	363	PAULA CARDOSO	F	41		01:28:56	01:28:28	
1043	789	LUIS ANTUNES	M	52		01:28:57	01:28:09	GA MONSANTO GASCAN
1044	975	ISABEL MARIA CARREIRA DA CUNHA MARTINS	F	45		01:29:02	01:28:54	
1045	114	JOÃO CARLOS FERRÃO LEAL PAULO BARATA	M	53		01:29:13	01:28:50	CLUBE BBVA
1046	949	MONICA ALEXANDRA DA CUNHA DOS SANTOS	F	36		01:29:16	01:28:33	
1047	1166	MARIA GORETI FERNANDES	F	50		01:29:17	01:28:37	GD CIMPOR & AMIGOS
1048	1163	JOAO FERREIRA	M	41		01:29:17	01:28:34	GD CIMPOR & AMIGOS
1049	325	ANA LUCIA DUARTE	F	43		01:29:19	01:28:23	FALCOES SELVAGENS
1050	378	ÉLIO COELHO	M	38		01:29:21	01:28:17	DUO MARAVILHA
1051	732	NUNO PEREIRA	M	43		01:29:21	01:28:34	
1052	1033	JOAQUIM VALADARES	M	51		01:29:22	01:28:57	VALADARES
1053	522	DINA COSTA	F	30		01:29:26	01:29:07	X3M TEAM
1054	460	JOANA ALBUQUERQUE	F	40		01:29:28	01:28:36	FIT 2 RUN - HOLMES PLACE ALGÉS
1055	1381	LUIS GASPAR	M	47		01:29:30	01:29:07	C MILLENNIUM BCP
1056	1276	ANTÓNIO JORGE	M	59		01:29:33	01:28:58	AÇOREANA C BANIF
1057	1285	JOÃO SERRA	M	41		01:29:33	01:28:59	AÇOREANA C BANIF
1058	1412	EGLANTINO CHARNECA	M	75		01:29:35	01:29:25	GAA VILA FRANCA XIRA
1059	1316	ANGELA CRUZ	F	43		01:29:39	01:28:54	SS CGD
1060	32	JOSÉ LAMEGO	M	62		01:29:44	01:28:37	
1061	910	PEDRO NUNES	M	34		01:29:46	01:28:55	
1062	884	INÊS ARRENEGA	F	38		01:29:48	01:29:36	CRD ARRUDENSE
1063	698	ANTÓNIO MARTINHO SILVA	M	61		01:30:01	01:28:55	
1064	1463	LUIZ PEREIRA	M	33		01:30:03	01:28:48	GD SANTANDER TOTTA

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1065	189	RICARDO FERNANDES	M	54		01:30:08	01:30:08	CLUBE GRUPO BES
1066	1407	JOÃO BORGES	M	46		01:30:14	01:29:11	TEJAVISTA
1067	1399	PEDRO DELGADO	M	65		01:30:14	01:30:14	TEJAVISTA
1068	1347	ANTONIO SOUSA	M	67		01:30:16	01:28:58	C MILLENNIUM BCP
1069	927	NUNO MORENO	M	39		01:30:22	01:29:01	
1070	185	ARTUR SANTOS	M	36		01:30:22	01:29:57	
1071	1283	HELENA SANTOS	F	51		01:30:23	01:29:27	AÇOREANA C BANIF
1072	1021	NUNO ALMEIDA	M	31		01:30:24	01:29:29	
1073	1356	EDUARDO PINTO	M	46		01:30:24	01:29:58	C MILLENNIUM BCP
1074	115	ANDRÉ FILIPE FILIPE NASCIMENTO DOS SANTOS QUINTANS	M	31		01:30:26	01:30:03	CLUBE BBVA
1075	633	MÓNICA TRUNINGER SOUSA	F	41		01:30:27	01:29:40	CLUBE COLABORADORES AXA
1076	377	FILIPE JORGE SILVA	M	53		01:30:29	01:29:53	C.A. AMIGOS PARQUE DA PAZ
1077	1471	TIAGO VEIGA	M	30		01:30:32	01:29:53	GD SANTANDER TOTTA
1078	1232	ALFREDO TAVARES	M	63		01:30:35	01:29:23	INDIVIDUAL
1079	1233	LUÍS CASTRO	M	59		01:30:36	01:29:22	INDIVIDUAL
1080	10	NUNO MIGUEL MONTEIRO MENDES	M	40		01:30:36	01:29:45	OS PRIMOS
1081	128	RUI MANUEL CANOTILHO RIBEIRO	M	40		01:30:36	01:29:46	OS PRIMOS
1082	1288	LÚCIA SILVA	F	33		01:30:42	01:30:14	AÇOREANA C BANIF
1083	615	JOSE J C SANTOS	M	48		01:30:47	01:29:44	
1084	614	JOAQUIM M C SANTOS	M	62		01:30:48	01:29:44	
1085	1119	JOSE RUIVO	M	43		01:30:48	01:29:48	
1086	877	PAULO ALEXANDRE DE OLIVEIRA LOPES	M	33		01:30:53	01:30:45	
1087	254	HÉLDER DE OLIVEIRA PIRES	M	40		01:30:53	01:30:03	
1088	247	VITOR LEMOS	M	33		01:30:54	01:30:00	
1089	999	RUI PEDRO	M	32		01:30:54	01:29:47	OS PERIGOSOS
1090	1353	LEONEL BRANDÃO	M	46		01:30:57	01:30:31	C MILLENNIUM BCP
1091	699	ANTÓNIO MANUEL ALMEIDA	M	48		01:30:57	01:29:49	
1092	1387	DULCE RAMOS	F	44		01:30:57	01:30:43	C MILLENNIUM BCP
1093	1444	CARINA VEIGA	F	28		01:30:57	01:30:19	GD SANTANDER TOTTA
1094	1370	FILIPA VILAR	F	28		01:30:58	01:30:30	C MILLENNIUM BCP
1095	1266	FERNANDO VARELA	M	39		01:30:58	01:30:34	CLUBE ANACOM
1096	1081	JUDITE BAIXINHO	F	27		01:30:58	01:30:09	SANTIAGO FUTEBOL CLUBE
1097	291	TIAGO HENRIQUES MARTINHO	M	25		01:30:58	01:30:03	
1098	292	MÁRIO ANTÓNIO LIMEDE	M	25		01:30:59	01:30:04	
1099	138	RICARDO SOUSA	M	42		01:31:00	01:30:29	
1100	708	GORETI CABELEIRA	F	46		01:31:01	01:30:03	
1101	1028	HERMINIO COSTA	M	52		01:31:01	01:30:27	
1102	549	CATARINA SIMÃO BENTO PINHEIRO	F	35		01:31:06	01:29:50	

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CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1103	833	ANTONIO AUGUSTO MOURA	M	57		01:31:07	01:29:57	
1104	1244	JOÃO LANDEIRO	M	67		01:31:08	01:30:01	INDIVIDUAL
1105	262	NUNO CLEMENTE	M	41		01:31:13	01:30:49	CARAPUS DE CORRIDA
1106	1496	JOAO GAMEIRO	M	46		01:31:13	01:30:22	INDIVIDUAL
1107	1067	MANUEL CARLOS SANTOS	M	39		01:31:13	01:29:37	SERVIÇOS SOCIAIS MONTEPIO
1108	603	CRISTIANA ALMEIDA	F	49		01:31:14	01:30:07	
1109	805	SÉRGIO RODELO	M	44		01:31:14	01:30:14	A MINHA CORRIDA . COM
1110	810	NUNO ALMEIDA	M	46		01:31:14	01:29:58	INDIVIDUAL
1111	604	BRUNO NEVES	M	30		01:31:14	01:30:06	
1112	736	ERNESTO GUIA	M	40		01:31:16	01:30:08	ACD BOCAL
1113	533	MARIA QUITÉRIA	F	40		01:31:20	01:30:21	
1114	503	HELDER PEREIRA	M	35		01:31:24	01:31:04	
1115	985	MARCO CASEIRO	M	35		01:31:25	01:30:57	OS PERIGOSOS
1116	933	PAULO VIANA	M	45		01:31:28	01:30:30	JUST FOR FAN
1117	1109	SÉRGIO VIÇOSO	M	32		01:31:29	01:30:16	
1118	1099	EDMUNDO CARDEIRA	M	67		01:31:30	01:30:23	
1119	934	JOÃO BRITO	M	33		01:31:30	01:30:32	JUST FOR FAN
1120	1157	RUI SALVADOR	M	38		01:31:32	01:30:10	INDIVIDUAL
1121	1324	ELISEU PINTO	M	63		01:31:38	01:30:37	SS CGD
1122	770	ORLANDO RODRIGUES	M	48		01:31:39	01:30:44	
1123	882	DEOLINDA URBANO	F	58		01:31:42	01:31:31	CRD ARRUDENSE
1124	1079	MONICA ABREU	F	34		01:31:46	01:30:30	SERVIÇOS SOCIAIS MONTEPIO
1125	1008	PEDRO MIGUEL LUÍS TEIXEIRA	M	34		01:31:51	01:31:03	TOUGH TRAILS
1126	36	CARLA BRAZINHA	F	40		01:31:56	01:30:55	
1127	327	ROSA VIVEIROS	F	31		01:31:56	01:30:53	FALCÕES SELVAGENS
1128	893	LUIS VARANDAS	M	49		01:31:57	01:31:07	
1129	889	RITA GONÇALVES	F	38		01:32:03	01:30:27	SERVIÇOS SOCIAIS MONTEPIO
1130	326	VANDA JESUS	F	42		01:32:04	01:31:03	FALCÕES SELVAGENS
1131	71	JOAO ALMEIDA	M	49		01:32:09	01:30:56	
1132	946	SÉRGIO TAVARES	M	31		01:32:10	01:31:29	CCD CRÉDITO AGRÍCOLA MÚTUO
1133	958	LILIANA MONTEIRO	F	36		01:32:12	01:30:51	
1134	238	VIRGINIA FONSECA	F	39		01:32:15	01:31:35	
1135	239	LUIS ROMANEIRO	M	53		01:32:15	01:31:35	
1136	909	SILVINA GAMEIRO	F	45		01:32:17	01:31:28	
1137	881	DÁLIA LEITE	F	51		01:32:18	01:32:06	CRD ARRUDENSE
1138	129	NUNO PAULO REI CARRÔLO	M	44		01:32:21	01:31:29	OS PRIMOS
1139	1012	RUTE SILVA	F	35		01:32:21	01:31:33	TOUGH TRAILS
1140	121	INÊS CUNHA	F	27		01:32:23	01:32:08	CLUBE ROBBIALAC

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1141	937	NATERCIA DIAS	F	45		01:32:26	01:31:30	JUST FOR FAN
1142	936	ADRIANO DIAS	M	47		01:32:27	01:31:31	JUST FOR FAN
1143	728	FERNANDO CARVALHO	M	42		01:32:35	01:31:43	BUERAPIDOS
1144	1341	MARTINS BARATA	M	70		01:32:35	01:32:10	C FERROV PORTUGAL
1145	710	ELIANE HADERGJONAJ	F	21		01:32:40	01:31:43	
1146	1327	FRANCISCO CLERIGO	M	60		01:32:40	01:31:56	SS CGD
1147	957	LUIS ARCADINHO	M	61		01:32:45	01:31:52	ARCA
1148	41	MARTA SOFIA PRATES COELHO NAZARETH BARBOSA	F	36		01:32:55	01:32:05	SCALABIS NIGHT RUNNERS
1149	407	VANDA FERNANDES	F	38		01:32:56	01:32:06	SCALABIS NIGHT RUNNERS
1150	787	RAUL CORREIA	M	49		01:32:57	01:31:55	ATLETAS FAROLIM PENICHE
1151	773	ANTÓNIO PEREIRA	M	72		01:32:57	01:32:23	G D C BANCO DE PORTUGAL
1152	921	RUI VIEITAS	M	38		01:32:58	01:32:00	MITCH TEAM - SANTA CRUZ
1153	94	JOSÉ VEIGA	M	53		01:33:01	01:31:50	
1154	446	CATARINA LOURENÇO	F	35		01:33:01	01:29:16	INDIVIDUAL
1155	260	SUSANA MARQUES	F	41		01:33:02	01:31:51	
1156	175	BEATRIZ RUTE FIGUEIREDO	F	37		01:33:06	01:32:09	
1157	416	VITOR AGUILAR	M	63		01:33:08	01:32:50	RUN4FUN
1158	380	ILIDIO MONTEIRO	M	64		01:33:32	01:33:11	
1159	1007	JOSÉ MORGADO	M	42		01:33:36	01:32:44	PT
1160	591	JOSÉ ARTUR BARREIROS	M	43		01:33:41	01:32:39	
1161	1500	LUIS CAPAO	M	34		01:33:42	01:32:28	INDIVIDUAL
1162	1494	JOAO CAPÃO	M	42		01:33:42	01:32:28	INDIVIDUAL
1163	922	JORGE VIEIRA	M	34		01:33:55	01:32:57	MITCH TEAM - SANTA CRUZ
1164	1169	HELENA MARTINS SILVA	F	51		01:33:56	01:33:17	GD CIMPOR & AMIGOS
1165	971	GONÇALO BEATO PRATA	M	35		01:33:58	01:32:47	
1166	67	SOFIA SANTOS	F	39		01:34:01	01:33:14	CLUBE TAP PORTUGAL
1167	756	LUIS MILHEIRO	M	53		01:34:05	01:32:51	
1168	1160	PEDRO ALVES	M	35		01:34:08	01:32:46	INDIVIDUAL
1169	383	LUIS LEE	M	53		01:34:13	01:33:03	
1170	20	ANA ALPALHÃO	F	40		01:34:14	01:33:22	ALPALHAO
1171	1547	CARLOS MORAIS	M	34		01:34:20	01:34:16	INDIVIDUAL
1172	348	SARA FULGÊNCIO	F	37		01:34:21	01:33:06	
1173	351	LUÍS CATITA	M	46		01:34:21	01:33:06	
1174	1393	RICARDO MACHADO	M	39		01:34:29	01:33:08	INDIVIDUAL
1175	301	PATRICIA SANTOS	F	42		01:34:32	01:33:33	CLUBE GRUPO BES
1176	288	MÁRIO RODRIGO PINTO VALÉRIO	M	48		01:34:32	01:33:32	
1177	103	CATARINA DABELL DE MESQUITA	F	50		01:34:34	01:34:10	CLUBE BBVA
1178	382	PAULO ALEXANDRE MARQUES MIGUEL PANCADARES ROQUE	M	44		01:34:34	01:33:24	

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CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1179	92	EMANUEL FERNANDO BARBOSA PEREIRA	M	45		01:34:34	01:33:24	
1180	722	PEDRO ROCHA	M	33		01:34:34	01:34:34	
1181	537	FATIMA FERNANDES	F	52		01:34:35	01:33:55	GD CIMPOR & AMIGOS
1182	505	ANTÓNIO NEVES	M	29		01:34:35	01:33:53	
1183	19	PEDRO N SANTOS	M	40		01:34:40	01:33:53	CLUBE TAP PORTUGAL I
1184	296	JÚLIA ROCHA	F	42		01:34:40	01:33:39	FALCÕES SELVAGENS
1185	1451	HAMILTON DIAS	M	38		01:34:40	01:34:08	GD SANTANDER TOTTA
1186	962	FRANCISCO COITO	M	62		01:34:41	01:34:21	CLUBE MARGINAL
1187	800	ANA JOSEFINA ALVES GOMES	F	38		01:34:42	01:33:50	ESMTC
1188	1023	JOAQUIM CASQUINHA	M	48		01:34:47	01:33:41	
1189	343	NUNO LOUREIRO	M	47		01:34:48	01:33:47	FALCÕES SELVAGENS
1190	1246	JOSÉ CONCEIÇÃO	M	68		01:34:49	01:34:23	INDIVIDUAL
1191	1391	ANTONIO TORNADA	M	62		01:34:51	01:34:28	C MILLENNIUM BCP
1192	1360	JOÃO CUNHA	M	56		01:34:51	01:34:30	C MILLENNIUM BCP
1193	273	JOSÉ FINURAS	M	43		01:34:55	01:34:20	MULTIRUNNERS
1194	1392	PEDRO NUNES	M	33		01:35:00	01:33:38	INDIVIDUAL
1195	385	ALEXANDRE FONSECA	M	28		01:35:06	01:33:57	FRIENDS RUNNER
1196	506	SÉRGIO FILIPE BAIÃO CORREIA	M	26		01:35:08	01:34:27	
1197	137	MARIA MARQUES	F	51		01:35:12	01:34:40	
1198	1378	RODOLFO LIMA	M	46		01:35:24	01:34:58	C MILLENNIUM BCP
1199	1025	GIL FERREIRA	M	28		01:35:28	01:34:34	VALADARES
1200	1029	SARA LOPES	F	28		01:35:28	01:34:34	VALADARES
1201	439	SERGIO RODRIGUES	M	28		01:35:28	01:34:34	
1202	1209	LURDES SILVA	F	45		01:35:28	01:34:36	FIT 2 RUN - HP ALGÉS
1203	281	CAROLINA MELO DUARTE	F	28		01:35:28	01:34:30	
1204	1019	EDUARDO AMORIM	M	42		01:35:29	01:34:44	
1205	331	LUCILIA CASANOVA	F	58		01:35:38	01:35:08	
1206	147	CARLOS CAPELO	M	39		01:35:44	01:35:15	OS CARACÓIS FURIOSOS
1207	1048	JOÃO SIMÕES	M	50		01:35:58	01:35:17	CLUBE OGMA
1208	1049	JOAQUIM VENÂNCIO	M	59		01:35:58	01:35:17	CLUBE OGMA
1209	133	PAULO ALVES	M	49		01:36:01	01:35:05	
1210	1130	ANA GONÇALVES	F	46		01:36:05	01:35:12	AERO RUNNERS
1211	628	LURDES HENRIQUES	F	56		01:36:17	01:35:31	
1212	803	RICARDO FIGUEIRA	M	38		01:36:29	01:33:18	BOM PETISCO 2
1213	255	TATIANA REIS	F	37		01:36:31	01:35:55	
1214	1456	JOSÉ MONTEIRO	M	64		01:36:32	01:36:29	GD SANTANDER TOTTA
1215	560	PEDRO CONCEIÇÃO	M	23		01:36:36	01:33:25	
1216	563	JOSÉ DOMINGOS	M	23		01:36:36	01:33:25	

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CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1217	204	PEDRO MIGUEL LOPES DE OLIVEIRA COSTA	M	40		01:36:52	01:35:43	
1218	507	LUIS OLIVEIRA	M	29		01:37:00	01:36:19	
1219	1165	PAULO ASCENÇÃO	M	42		01:37:00	01:36:20	GD CIMPOR & AMIGOS
1220	1375	AUGUSTO LOURENÇO	M	51		01:37:03	01:36:19	C MILLENNIUM BCP
1221	1376	CRISTINA LOURENÇO	F	48		01:37:03	01:36:20	C MILLENNIUM BCP
1222	358	EBERHARD AXEL WILHELM	M	66		01:37:06	01:36:32	4 AO KM
1223	312	XANA FILIPE	F	42		01:37:09	01:36:45	CLUBE GRUPO BES
1224	1100	RUI ALMEIDA	M	37		01:37:13	01:36:10	JAQUINZINHOS DE CORRIDA
1225	1026	RICARDO GOMES	M	35		01:37:18	01:36:13	JAQUINZINHOS DE CORRIDA
1226	1005	LÍLIA NEVES	F	27		01:37:18	01:36:14	JAQUINZINHOS DE CORRIDA
1227	336	ALEXANDRA CARDÃO	F	52		01:37:26	01:36:39	
1228	1143	ISABEL NEVES	F	52		01:37:29	01:37:10	
1229	815	ESMERALDA ALVES	F	37		01:37:31	01:36:29	MUNDO DA CORRIDA
1230	816	ANTONIO PEREIRA	M	49		01:37:31	01:36:27	MUNDO DA CORRIDA
1231	1133	SÓNIA DOMINGOS	F	36		01:37:32	01:36:39	AERO RUNNERS
1232	802	FERNANDO LOURENÇO	M	63		01:37:40	01:34:29	BOM PETISCO 2
1233	285	NUNO JORGE PEREIRA PAULO DE OLIVEIRA	M	45		01:37:41	01:36:31	
1234	374	HENRIQUE DOS SANTOS VILHENA	M	57		01:37:44	01:36:28	
1235	599	CLAUDIA TAM	F	32		01:37:55	01:37:22	
1236	448	BERNARDO FERRAO	M	34		01:37:56	01:37:56	
1237	171	JACINTO GODINHO	M	50		01:38:02	01:36:45	GODINHO
1238	1342	MIGUEL BARATA	M	41		01:38:04	01:37:35	C FERROV PORTUGAL
1239	1132	ALEXANDRA PIRES	F	46		01:38:07	01:37:17	AERO RUNNERS
1240	1445	CARLOS PEREIRA	M	43		01:38:09	01:37:53	GD SANTANDER TOTTA
1241	1411	PAULA SAPINA	F	43		01:38:09	01:37:53	GD SANTANDER TOTTA
1242	780	JOSE RIBEIRO	M	69		01:38:10	01:36:57	GD SANTANDER TOTTA
1243	1497	PAULO J VIEGAS	M	58		01:38:12	01:37:00	INDIVIDUAL
1244	315	ANTÓNIO CASAS NOVAS	M	35		01:38:13	01:36:56	GODINHO
1245	532	ARTUR DINIS	M	56		01:38:26	01:37:27	
1246	246	LÉNIO FERNANDO NOGUEIRA MARINHO	M	59		01:38:32	01:38:04	
1247	1405	DANIELA MOURA	F	53		01:38:37	01:37:33	TEJAVISTA
1248	1201	THIERRY LABEL	M	49		01:38:50	01:37:57	VILLEJUIF
1249	838	TELMA MOREIRA	F	28		01:38:57	01:38:18	
1250	755	FRANCISCO CASACA	M	74		01:39:03	01:37:52	
1251	1348	FERNANDO FERREIRA	M	67		01:39:04	01:38:18	C MILLENNIUM BCP
1252	638	ALEXANDRA SÁ FORTE	F	43		01:39:06	01:38:09	
1253	707	ANTÓNIO COELHO	M	41		01:39:06	01:38:06	
1254	1539	MILENE LOURENÇO	F	39		01:39:09	01:38:08	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1255	381	MANUEL GARCIA	M	31		01:39:21	01:38:03	MONSANTO RT
1256	159	MANUEL GARCIA VAZQUEZ	M	58		01:39:22	01:38:05	
1257	140	LUÍS GONÇALVES	M	37		01:39:25	01:38:33	COLINAS BIKE TOUR
1258	1168	PAULO FERREIRA	M	36		01:39:38	01:38:43	INDIVIDUAL
1259	444	JORGE CEREJEIRA	M	46		01:39:41	01:38:36	KLENTOS
1260	526	JORGE NARCISO	M	53		01:39:45	01:38:30	
1261	1215	ELINA MATONSE	F	30		01:39:45	01:38:45	AMINHACORRIDA.COM
1262	250	JOSÉ MANUEL SIMÕES	M	58		01:39:54	01:39:16	GEORUNNERS
1263	375	MARIANA PEREIRA	F	57		01:39:59	01:38:40	MIRANTENSE F.C.
1264	1519	PATRICIA MORAIS	F	37		01:40:00	01:39:11	SS CGD
1265	1131	ANA SEABRA	F	48		01:40:04	01:39:09	AERO RUNNERS
1266	157	GABRIEL NUNES	M	30		01:40:08	01:38:58	FRIENDS RUNNER
1267	120	SILVIA RODRIGUES	F	26		01:40:15	01:40:00	CLUBE ROBBIALAC
1268	1543	ELIA GRANJA	F	42		01:40:16	01:39:40	WIKABOO
1269	723	ANTÓNIO NARCISO	M	45		01:40:37	01:39:53	
1270	50	NUNO MIGUEL MAIA MARIQUITOS	M	36		01:41:12	01:40:24	SCALABIS NIGHT RUNNERS
1271	400	RUBEN NOGUEIRA MENDES	M	34		01:41:22	01:39:49	MOVET
1272	228	JOAQUIM BOTELHO	M	55		01:41:26	01:41:05	CLUBE BOLINHA
1273	54	NUNO MARQUES	M	43		01:41:43	01:40:49	
1274	1107	CLAUDIA LOPES	F	41		01:41:59	01:41:42	CLUBE ANA LISBOA
1275	632	MIGUEL TRUNINGER SOUSA	M	38		01:42:01	01:41:35	CLUBE COLABORADORES AXA
1276	311	FERNANDO FILIPE	M	45		01:42:13	01:41:48	CLUBE GRUPO BES
1277	926	MARIA JOSÉ GOLINELLI	F	41		01:42:21	01:41:46	ISTO CANSA
1278	804	ROGÉRIO DIAS	M	42		01:42:54	01:40:13	BOM PETISCO 2
1279	1062	JEREMIAS JOAQUIM FERRUGENTO CARDOSO	M	49		01:42:58	01:42:41	
1280	1065	CARLA MARIA SILVA CONCEIÇÃO CARDOSO	F	47		01:42:59	01:42:41	
1281	1051	ANABELA ANTUNES GOMES TACO MATIAS	F	44		01:43:04	01:42:16	
1282	1015	JOÃO PEDRO GAMEIRO	M	43		01:43:16	01:42:24	
1283	1265	MANUEL GOMES	M	68		01:43:30	01:43:02	INDIVIDUAL
1284	989	JOSÉ SILVA	M	60		01:43:37	01:43:37	OS PERIGOSOS
1285	994	PEDRO EUGÉNIO	M	41		01:43:38	01:43:38	OS PERIGOSOS
1286	490	HERLANDER CORDEIRO	M	50		01:43:45	01:42:33	
1287	626	JOÃO VEIGA	M	64		01:43:53	01:42:54	
1288	379	JOÃO MANUEL MERUJE DIAS	M	59		01:44:03	01:42:46	
1289	465	RICARDO ROSA	M	29		01:44:34	01:43:22	INDIVIDUAL
1290	1322	CLAUDIA LOURENÇO	F	42		01:44:44	01:43:56	SS CGD
1291	1314	ANA AZEVEDO	F	35		01:44:44	01:43:56	SS CGD
1292	1175	RUI CARTAXO	M	37		01:44:54	01:44:15	TOYOTA

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1293	207	MARINA MORAES	F	50		01:44:56	01:43:48	
1294	701	ELISABETE PELEJA	F	42		01:44:56	01:44:08	
1295	605	JOAO DIAS	M	44		01:45:30	01:44:38	
1296	665	JOÃO MARTINS	M	44		01:45:39	01:44:54	O MUNDO DA CORRIDA
1297	529	ISABEL SEQUEIRA	F	49		01:45:40	01:44:55	O MUNDO DA CORRIDA
1298	528	CARLOS PINTO COELHO	M	52		01:45:40	01:44:55	O MUNDO DA CORRIDA
1299	386	FILIPE MESTRE	M	33		01:45:44	01:44:35	
1300	124	MÁRIO RUI	M	56		01:46:14	01:46:00	CLUBE ROBBIALAC
1301	1401	ISAURA ATANÁSIO	F	61		01:46:32	01:45:29	TEJAVISTA
1302	630	CATARINA MORGADO FIGUEIRA	F	35		01:46:34	01:46:04	CLUBE COLABORADORES AXA
1303	1036	MANUEL MAGALHÃES	M	47		01:46:34	01:46:03	VALADARES
1304	130	JOÃO CUNHA BARBOSA	M	53		01:47:24	01:46:08	CCDTMETROLX
1305	180	FERNANDO FERNANDES	M	61		01:47:24	01:46:09	CCDTMETROLX
1306	828	JOSÉ GABRIEL QUARESMA	M	44		01:47:27	01:46:08	
1307	709	CRISTINA BARATA	F	36		01:47:50	01:46:52	
1308	1545	Mª TERESA PAIS	F	42		01:47:53	01:47:28	INDIVIDUAL
1309	206	MARGARIDA TRAÇA	F	25		01:47:53	01:46:44	
1310	1470	SOLANGE FIGUEIRA	F	36		01:48:06	01:47:36	GD SANTANDER TOTTA
1311	1465	NUNO CARVALHO	M	38		01:48:07	01:47:37	GD SANTANDER TOTTA
1312	853	SÓNIA SANTOS	F	37		01:48:56	01:48:08	
1313	359	JOÃO PAULO SANTOS LIMA	M	53		01:49:18	01:48:43	4 AO KM
1314	357	MARTA SOFIA RIBEIRO DA SILVA FEIO	F	24		01:49:18	01:48:43	4 AO KM
1315	426	EDUARDO PESTANA	M	34		01:49:18	01:48:17	KANINOS
1316	150	JOAQUIM PEREIRA	M	74		01:49:37	01:49:31	ASS. ATLETISMO LEBRES DO SADO
1317	658	NATÁLIA LIMA	F	65		01:49:38	01:48:23	
1318	929	PAULA CRISTINA DUARTE PONTINHA	F	40		01:50:22	01:49:39	
1319	1491	ANTONIO GARCIA	M	51		01:50:23	01:50:23	CUA BENAVENTENSE
1320	1068	ANA PAULA SARAMAGO	F	38		01:50:31	01:49:15	SERVIÇOS SOCIAIS MONTEPIO
1321	1394	PAULO CAEIRO	M	32		01:50:31	01:49:09	INDIVIDUAL
1322	1287	LÚCIA OLIVEIRA	F	34		01:50:34	01:50:03	AÇOREANA C BANIF
1323	86	PEDRO GIL	M	36		01:50:35	01:49:40	COLINAS BIKE TOUR
1324	854	ALEXANDRA FONTE	F	36		01:50:45	01:49:56	
1325	855	ATLETA NÃO CADASTRADO	M	0		01:50:45	01:49:56	
1326	1149	BRUNO GONÇALO PEREIRA CARVALHO CONCEIÇÃO	M	39		01:51:03	01:50:09	ESMTC
1327	1045	JOSÉ OLIVEIRA	M	50		01:51:10	01:50:28	CLUBE OGMA
1328	227	CARLA PALMEIRO	F	39		01:51:41	01:51:04	
1329	208	MEG GARCIA	F	39		01:51:42	01:51:05	
1330	1159	CIDALIA ALVES	F	35		01:51:55	01:50:34	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO PROVISÓRIA

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1331	1335	RICARDO MATEUS	M	35		01:52:00	01:51:10	SS CGD
1332	1331	MANUEL BRÁS	M	46		01:52:00	01:51:19	SS CGD
1333	384	MARTA RODRIGUES	F	41		01:52:39	01:51:35	DUO MARAVILHA
1334	306	JOANA MALCATA	F	34		01:52:42	01:51:38	CLUBE GRUPO BES
1335	183	ORLANDO SOUSA	M	51		01:53:08	01:51:52	CCDTMETROLX
1336	1207	Mª CARMO ANJOS	F	67		01:53:25	01:52:53	JF PORTELA
1337	674	DANIEL PRATES	M	37		01:53:51	01:52:46	
1338	1158	SOFIA SALVADOR	F	36		01:53:56	01:52:31	INDIVIDUAL
1339	562	LUÍS JOÃO	M	29		01:54:30	01:53:30	
1340	568	ROMANA GOMES	F	28		01:54:31	01:53:31	
1341	700	NÍDEA PIRES	F	37		01:55:08	01:54:20	
1342	270	ANTONIO MARQUES	M	67		01:56:06	01:55:24	
1343	1035	ANA SAOBENTO	F	54		01:56:32	01:56:05	VALADARES
1344	1290	MA FEE HUNG	F	63		01:57:45	01:57:14	AÇOREANA C BANIF
1345	1443	ANTÓNIO PEREIRA	M	48		02:02:58	02:01:44	GD SANTANDER TOTTA
1346	1368	FOCK CHIU	F	63		02:04:19	02:03:32	C MILLENNIUM BCP
1347	1369	JOSÉ ARRUDA	M	64		02:04:19	02:03:30	C MILLENNIUM BCP
1348	1102	ATLETA NÃO CADASTRADO	M	0		02:04:41	02:04:41	
1349	1103	ATLETA NÃO CADASTRADO	M	0		02:04:41	02:04:41	
1350	372	LUÍS CAETANO	M	49		02:05:23	02:04:21	CLUBE GRUPO BES
1351	1350	FERNANDO RODRIGUES	M	49		02:06:13	02:06:13	C MILLENNIUM BCP
1352	1358	NUNO ALMEIDA	M	42		02:06:54	02:06:54	C MILLENNIUM BCP
1353	1430	FERNANDO CARDOSO	M	79		02:10:30	02:09:55	CCD O ALVITEJO
1354	390	CLARA JULIO	F	49		02:10:39	02:09:32	
1355	1395	ANA MACHADO	F	32		02:12:03	02:10:46	INDIVIDUAL
1356	1396	ANA CIDRA	F	39		02:12:05	02:10:47	INDIVIDUAL

Total de registros: 1356

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Relatório por Faixas Etárias

class. Provisória Escalões**F0034**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1177	LILIANA ALEXANDRE	F	23	01:02:22	01:02:16	TOYOTA
2	1178	KATARINA LARSSON	F	29	01:03:12	01:03:05	TOYOTA
3	1273	ALEXANDRA ALVES	F	31	01:05:58	01:05:53	AÇOREANA C BANIF
4	350	SANDRA CONCEIÇÃO	F	34	01:08:21	01:08:13	CLUBE DE PRAÇAS DA ARMADA
5	1520	SOFIA ARGENTINA	F	34	01:11:21	01:11:02	SS CGD
6	941	SOFIA HIPÓLITO	F	21	01:11:33	01:11:20	ALHANDRA SPORTING CLUB - TRI
7	1505	SARA LOUREIRO	F	25	01:14:53	01:14:22	SC CASAINHOS
8	1284	ISABEL MATIAS	F	32	01:15:03	01:14:56	AÇOREANA C BANIF
9	194	SUSANA CLIMAS	F	26	01:17:52	01:17:24	OS CARACÓIS FURIOSOS
10	759	TÂNIA RAQUEL FRANCISCO CUNHA	F	33	01:18:00	01:17:48	
11	1211	RAQUEL ESCULCAS	F	22	01:19:33	01:18:44	FIT 2 RUN - HP ALGÉS
12	948	INES HENRIQUES	F	33	01:23:28	01:22:45	
13	244	ANDREIA OLIVEIRA	F	30	01:23:36	01:23:21	AC TEAM
14	1549	SUSANA OLIVEIRA	F	34	01:23:52	01:23:33	INDIVIDUAL
15	1042	SUSANA PACHECO FRAZÃO	F	32	01:24:03	01:23:24	
16	836	ANA PATRÍCIA SILVA	F	31	01:24:03	01:23:44	
17	289	MARÍLIA RIBEIRO	F	30	01:25:12	01:24:17	TOKANDAR
18	1063	TERESA CARDOSO	F	34	01:26:20	01:25:08	SERVIÇOS SOCIAIS MONTEPIO
19	552	CATARINA SANTOS	F	29	01:27:09	01:26:34	OS PES VOADORES
20	561	FÁTIMA SANTOS	F	34	01:27:37	01:27:09	
21	1464	NÍDIA FERREIRA	F	34	01:27:41	01:27:11	GD SANTANDER TOTTA
22	437	RITA BÁRBORA	F	33	01:27:53	01:27:34	LA SURENA
23	1501	MARINA MARTINS	F	18	01:28:00	01:26:56	SC CASAINHOS
24	1298	PAULA SIMÕES	F	34	01:28:02	01:27:50	AÇOREANA C BANIF
25	356	ISADORA BARATA BRAZ DE ASSUNÇÃO COSTA	F	26	01:28:38	01:28:03	4 AO KM
26	522	DINA COSTA	F	30	01:29:26	01:29:07	X3M TEAM
27	1288	LÚCIA SILVA	F	33	01:30:42	01:30:14	AÇOREANA C BANIF
28	1444	CARINA VEIGA	F	28	01:30:57	01:30:19	GD SANTANDER TOTTA
29	1370	FILIPA VILAR	F	28	01:30:58	01:30:30	C MILLENNIUM BCP
30	1081	JUDITE BAIXINHO	F	27	01:30:58	01:30:09	SANTIAGO FUTEBOL CLUBE
31	1079	MONICA ABREU	F	34	01:31:46	01:30:30	SERVIÇOS SOCIAIS MONTEPIO
32	327	ROSA VIVEIROS	F	31	01:31:56	01:30:53	FALCÕES SELVAGENS
33	121	INÊS CUNHA	F	27	01:32:23	01:32:08	CLUBE ROBBIALAC
34	710	ELIANE HADERGJONAJ	F	21	01:32:40	01:31:43	
35	1029	SARA LOPES	F	28	01:35:28	01:34:34	VALADARES
36	281	CAROLINA MELO DUARTE	F	28	01:35:28	01:34:30	
37	1005	LÍLIA NEVES	F	27	01:37:18	01:36:14	JAQUINZINHOS DE CORRIDA
38	599	CLAUDIA TAM	F	32	01:37:55	01:37:22	
39	838	TELMA MOREIRA	F	28	01:38:57	01:38:18	

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório por Faixas Etárias

class. Provisória Escalões

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1215	ELINA MATONSE	F	30	01:39:45	01:38:45	AMINHACORRIDA.COM
41	120	SILVIA RODRIGUES	F	26	01:40:15	01:40:00	CLUBE ROBBIALAC
42	206	MARGARIDA TRAÇA	F	25	01:47:53	01:46:44	
43	357	MARTA SOFIA RIBEIRO DA SILVA FEIO	F	24	01:49:18	01:48:43	4 AO KM
44	1287	LÚCIA OLIVEIRA	F	34	01:50:34	01:50:03	AÇOREANA C BANIF
45	306	JOANA MALCATA	F	34	01:52:42	01:51:38	CLUBE GRUPO BES
46	568	ROMANA GOMES	F	28	01:54:31	01:53:31	
47	1395	ANA MACHADO	F	32	02:12:03	02:10:46	INDIVIDUAL

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Relatório por Faixas Etárias

class. Provisória Escalões

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	742	ELISA BARRA	F	41	01:06:19	01:06:19	AD REAL ACADEMIA
2	1546	SEBA JAFFAR	F	41	01:09:39	01:09:28	VILLEJUIF
3	950	SONIA ALEXANDRA FERRINHO DE ALMEIDA	F	36	01:12:49	01:12:06	
4	1214	CARMEN S S HENRIQUES	F	36	01:12:54	01:12:54	AMINHACORRIDA.COM
5	1151	ROSA VASSINDULA	F	40	01:13:01	01:12:55	CRD ARRUDENSE
6	106	CÉLIA CECILIO	F	41	01:13:12	01:13:00	NAPA
7	1129	INÊS PARENTE	F	38	01:14:13	01:14:06	
8	1278	CARLA CALÇADA	F	44	01:15:03	01:14:56	AÇOREANA C BANIF
9	406	REGINA FERNADES	F	39	01:16:42	01:15:53	SCALABIS NIGHT RUNNERS
10	341	PAULA TEIXEIRA	F	36	01:18:49	01:18:25	FALCÕES SELVAGENS
11	1492	BEATRIZ FERNANDES	F	44	01:19:02	01:18:21	INDIVIDUAL
12	369	ANA SOFIA COELHO	F	36	01:20:37	01:20:24	RUN CREW TRAIL MONTIJO
13	236	ADELAIDE PEREIRA	F	42	01:21:20	01:20:34	
14	653	MAFALDA NUNES	F	44	01:22:23	01:21:44	SPEEDRUS
15	1321	CATARINA MARTINS	F	41	01:23:26	01:22:37	SS CGD
16	1308	CARLA A LOPES	F	41	01:23:40	01:22:42	GD INE
17	1147	SÍLVIA DE OLIVEIRA	F	36	01:24:11	01:22:59	
18	954	CRISTINA MOURATO	F	37	01:24:20	01:23:00	
19	70	TÂNIA A OLIVEIRA	F	38	01:24:24	01:23:31	CLUBE TAP PORTUGAL I
20	237	SUSANA FREITAS	F	36	01:25:06	01:24:22	
21	712	SANDRA ALMEIDA	F	43	01:25:15	01:24:17	PATATI PATATA BORA LÁ
22	711	SARAH MUSGRAVE	F	42	01:25:15	01:24:17	PATATI PATATA BORA LÁ
23	251	ANDREIA OLIVEIRA	F	35	01:25:22	01:24:45	GEORUNNERS
24	1047	FERNANDA FRANÇA	F	40	01:25:41	01:25:07	CLUBE OGMA
25	1009	HELENA TAUBE	F	40	01:26:03	01:25:16	TOUGH TRAILS
26	1167	MICAELA ARAUJO	F	41	01:27:14	01:26:12	GD CIMPOR & AMIGOS
27	1141	MARTA ANDRADE	F	39	01:27:21	01:26:44	
28	1216	EUGÉNIA CID	F	42	01:28:39	01:28:10	REVISTA SPORT LIFE
29	1518	LUISA LANDEIRO	F	43	01:28:47	01:27:58	SS CGD
30	363	PAULA CARDOSO	F	41	01:28:56	01:28:28	
31	949	MONICA ALEXANDRA DA CUNHA DOS SANTOS	F	36	01:29:16	01:28:33	
32	325	ANA LUCIA DUARTE	F	43	01:29:19	01:28:23	FALCOES SELVAGENS
33	460	JOANA ALBUQUERQUE	F	40	01:29:28	01:28:36	FIT 2 RUN - HOLMES PLACE ALGÉS
34	1316	ANGELA CRUZ	F	43	01:29:39	01:28:54	SS CGD
35	884	INÊS ARRENEGA	F	38	01:29:48	01:29:36	CRD ARRUDENSE
36	633	MÓNICA TRUNINGER SOUSA	F	41	01:30:27	01:29:40	CLUBE COLABORADORES AXA
37	1387	DULCE RAMOS	F	44	01:30:57	01:30:43	C MILLENNIUM BCP
38	549	CATARINA SIMÃO BENTO PINHEIRO	F	35	01:31:06	01:29:50	
39	533	MARIA QUITÉRIA	F	40	01:31:20	01:30:21	

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Relatório por Faixas Etárias

class. Provisória Escalões

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	36	CARLA BRAZINHA	F	40	01:31:56	01:30:55	
41	889	RITA GONÇALVES	F	38	01:32:03	01:30:27	SERVIÇOS SOCIAIS MONTEPIO
42	326	VANDA JESUS	F	42	01:32:04	01:31:03	FALCÕES SELVAGENS
43	958	LILIANA MONTEIRO	F	36	01:32:12	01:30:51	
44	238	VIRGINIA FONSECA	F	39	01:32:15	01:31:35	
45	1012	RUTE SILVA	F	35	01:32:21	01:31:33	TOUGH TRAILS
46	41	MARTA SOFIA PRATES COELHO NAZARETH BARBOSA	F	36	01:32:55	01:32:05	SCALABIS NIGHT RUNNERS
47	407	VANDA FERNANDES	F	38	01:32:56	01:32:06	SCALABIS NIGHT RUNNERS
48	446	CATARINA LOURENÇO	F	35	01:33:01	01:29:16	INDIVIDUAL
49	260	SUSANA MARQUES	F	41	01:33:02	01:31:51	
50	175	BEATRIZ RUTE FIGUEIREDO	F	37	01:33:06	01:32:09	
51	67	SOFIA SANTOS	F	39	01:34:01	01:33:14	CLUBE TAP PORTUGAL
52	20	ANA ALPALHÃO	F	40	01:34:14	01:33:22	ALPALHAO
53	348	SARA FULGÊNCIO	F	37	01:34:21	01:33:06	
54	301	PATRICIA SANTOS	F	42	01:34:32	01:33:33	CLUBE GRUPO BES
55	296	JÚLIA ROCHA	F	42	01:34:40	01:33:39	FALCÕES SELVAGENS
56	800	ANA JOSEFINA ALVES GOMES	F	38	01:34:42	01:33:50	ESMTC
57	255	TATIANA REIS	F	37	01:36:31	01:35:55	
58	312	XANA FILIPE	F	42	01:37:09	01:36:45	CLUBE GRUPO BES
59	815	ESMERALDA ALVES	F	37	01:37:31	01:36:29	MUNDO DA CORRIDA
60	1133	SÓNIA DOMINGOS	F	36	01:37:32	01:36:39	AERO RUNNERS
61	1411	PAULA SAPINA	F	43	01:38:09	01:37:53	GD SANTANDER TOTTA
62	638	ALEXANDRA SÁ FORTE	F	43	01:39:06	01:38:09	
63	1539	MILENE LOURENÇO	F	39	01:39:09	01:38:08	INDIVIDUAL
64	1519	PATRICIA MORAIS	F	37	01:40:00	01:39:11	SS CGD
65	1543	ELIA GRANJA	F	42	01:40:16	01:39:40	WIKABOO
66	1107	CLAUDIA LOPES	F	41	01:41:59	01:41:42	CLUBE ANA LISBOA
67	926	MARIA JOSÉ GOLINELLI	F	41	01:42:21	01:41:46	ISTO CANSA
68	1051	ANABELA ANTUNES GOMES TACO MATIAS	F	44	01:43:04	01:42:16	
69	1322	CLAUDIA LOURENÇO	F	42	01:44:44	01:43:56	SS CGD
70	1314	ANA AZEVEDO	F	35	01:44:44	01:43:56	SS CGD
71	701	ELISABETE PELEJA	F	42	01:44:56	01:44:08	
72	630	CATARINA MORGADO FIGUEIRA	F	35	01:46:34	01:46:04	CLUBE COLABORADORES AXA
73	709	CRISTINA BARATA	F	36	01:47:50	01:46:52	
74	1545	Mª TERESA PAIS	F	42	01:47:53	01:47:28	INDIVIDUAL
75	1470	SOLANGE FIGUEIRA	F	36	01:48:06	01:47:36	GD SANTANDER TOTTA
76	853	SÓNIA SANTOS	F	37	01:48:56	01:48:08	
77	929	PAULA CRISTINA DUARTE PONTINHA	F	40	01:50:22	01:49:39	
78	1068	ANA PAULA SARAMAGO	F	38	01:50:31	01:49:15	SERVIÇOS SOCIAIS MONTEPIO

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Relatório por Faixas Etárias

class. Provisória Escalões

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	854	ALEXANDRA FONTE	F	36	01:50:45	01:49:56	
80	227	CARLA PALMEIRO	F	39	01:51:41	01:51:04	
81	208	MEG GARCIA	F	39	01:51:42	01:51:05	
82	1159	CIDALIA ALVES	F	35	01:51:55	01:50:34	INDIVIDUAL
83	384	MARTA RODRIGUES	F	41	01:52:39	01:51:35	DUO MARAVILHA
84	1158	SOFIA SALVADOR	F	36	01:53:56	01:52:31	INDIVIDUAL
85	700	NÍDEA PIRES	F	37	01:55:08	01:54:20	
86	1396	ANA CIDRA	F	39	02:12:05	02:10:47	INDIVIDUAL

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Relatório por Faixas Etárias

class. Provisória Escalões**F4599**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1415	AIRES PEDRO	F	59	01:10:36	01:10:28	GAA VILA FRANCA XIRA
2	880	CIDALIA MARTINS	F	49	01:11:09	01:11:03	CRD ARRUDENSE
3	294	KARIN PELLEZ	F	49	01:16:31	01:15:54	MULTIRUNNERS
4	1153	ZULMIRA BELO	F	47	01:18:26	01:18:19	CRD ARRUDENSE
5	1504	ELISABETH LOUREIRO	F	57	01:20:31	01:19:45	SC CASAINHOS
6	217	DULCE VARZEA	F	47	01:21:32	01:21:27	H2H
7	1466	Mª ORLETE MENDES	F	62	01:22:41	01:22:37	CA GALINHEIRAS
8	657	CLARA FARO	F	53	01:23:52	01:23:31	
9	392	CECÍLIA NICOLAU	F	47	01:25:16	01:24:19	ASS. ATLETISMO LEBRES DO SADO
10	168	ANA PAULA FÓRNEAS	F	46	01:26:45	01:26:38	GD BPI
11	629	ANA PAULA MATIAS	F	48	01:27:58	01:27:13	CLUBE COLABORADORES AXA
12	704	ANA MARTINS	F	46	01:28:30	01:27:23	
13	975	ISABEL MARIA CARREIRA DA CUNHA MARTINS	F	45	01:29:02	01:28:54	
14	1166	MARIA GORETI FERNANDES	F	50	01:29:17	01:28:37	GD CIMPOR & AMIGOS
15	1283	HELENA SANTOS	F	51	01:30:23	01:29:27	AÇOREANA C BANIF
16	708	GORETI CABELEIRA	F	46	01:31:01	01:30:03	
17	603	CRISTIANA ALMEIDA	F	49	01:31:14	01:30:07	
18	882	DEOLINDA URBANO	F	58	01:31:42	01:31:31	CRD ARRUDENSE
19	909	SILVINA GAMEIRO	F	45	01:32:17	01:31:28	
20	881	DÁLIA LEITE	F	51	01:32:18	01:32:06	CRD ARRUDENSE
21	937	NATERCIA DIAS	F	45	01:32:26	01:31:30	JUST FOR FAN
22	1169	HELENA MARTINS SILVA	F	51	01:33:56	01:33:17	GD CIMPOR & AMIGOS
23	103	CATARINA DABELL DE MESQUITA	F	50	01:34:34	01:34:10	CLUBE BBVA
24	537	FATIMA FERNANDES	F	52	01:34:35	01:33:55	GD CIMPOR & AMIGOS
25	137	MARIA MARQUES	F	51	01:35:12	01:34:40	
26	1209	LURDES SILVA	F	45	01:35:28	01:34:36	FIT 2 RUN - HP ALGÉS
27	331	LUCILIA CASANOVA	F	58	01:35:38	01:35:08	
28	1130	ANA GONÇALVES	F	46	01:36:05	01:35:12	AERO RUNNERS
29	628	LURDES HENRIQUES	F	56	01:36:17	01:35:31	
30	1376	CRISTINA LOURENÇO	F	48	01:37:03	01:36:20	C MILLENNIUM BCP
31	336	ALEXANDRA CARDÃO	F	52	01:37:26	01:36:39	
32	1143	ISABEL NEVES	F	52	01:37:29	01:37:10	
33	1132	ALEXANDRA PIRES	F	46	01:38:07	01:37:17	AERO RUNNERS
34	1405	DANIELA MOURA	F	53	01:38:37	01:37:33	TEJAVISTA
35	375	MARIANA PEREIRA	F	57	01:39:59	01:38:40	MIRANTENSE F.C.
36	1131	ANA SEABRA	F	48	01:40:04	01:39:09	AERO RUNNERS
37	1065	CARLA MARIA SILVA CONCEIÇÃO CARDOSO	F	47	01:42:59	01:42:41	
38	207	MARINA MORAES	F	50	01:44:56	01:43:48	
39	529	ISABEL SEQUEIRA	F	49	01:45:40	01:44:55	O MUNDO DA CORRIDA

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório por Faixas Etárias

class. Provisória Escalões

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1401	ISAURA ATANÁSIO	F	61	01:46:32	01:45:29	TEJAVISTA
41	658	NATÁLIA LIMA	F	65	01:49:38	01:48:23	
42	1207	Mª CARMO ANJOS	F	67	01:53:25	01:52:53	JF PORTELA
43	1035	ANA SAOBENTO	F	54	01:56:32	01:56:05	VALADARES
44	1290	MA FEE HUNG	F	63	01:57:45	01:57:14	AÇOREANA C BANIF
45	1368	FOCK CHIU	F	63	02:04:19	02:03:32	C MILLENNIUM BCP
46	390	CLARA JULIO	F	49	02:10:39	02:09:32	

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Relatório por Faixas Etárias

class. Provisória Escalões

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	463	BRUNO GONÇALO LOURENÇO	M	25	00:50:54	00:50:51	FIT 2 RUN - HOLMES PLACE ALGÉS
2	240	Pedro Arsenio	M	31	00:51:43	00:51:41	ODIMARQ
3	1162	RICARDO FERNANDES	M	22	00:53:28	00:53:28	GD CIMPOR & AMIGOS
4	1182	BERNARD OLIVEIRA	M	26	00:55:42	00:55:39	TOYOTA
5	1486	PEDRO RIBEIRO	M	25	00:56:45	00:56:45	CUA BENAVENTENSE
6	1485	HENRIQUE SANTOS	M	33	00:57:32	00:57:32	CUA BENAVENTENSE
7	940	NUNO RIBEIRO	M	21	00:57:42	00:57:40	ALHANDRA SPORTING CLUB - TRI
8	1074	RICARDO MORGADO	M	33	00:58:02	00:57:59	
9	432	ANDRÉ JESUS	M	27	00:58:10	00:58:01	
10	404	RODRIGO NOIVO	M	31	00:58:11	00:58:02	
11	342	NUNO VAZ	M	31	00:58:43	00:58:37	FALCÕES SELVAGENS
12	215	Tiago Martins	M	23	00:59:03	00:58:59	ODIMARQ
13	822	PEDRO CAPELA	M	33	00:59:08	00:59:00	GRUPO ALEGRE UNIDO BAJOUCA
14	112	RUI HENRIQUES	M	34	00:59:34	00:59:29	SERVIÇOS SOCIAIS MONTEPIO
15	332	NUNO SOARES	M	32	00:59:51	00:59:44	
16	768	HUGO MIGUEL	M	28	01:00:18	01:00:16	
17	970	RICARDO SILVA	M	32	01:01:16	01:01:13	
18	334	RUI MIGUEL MARTINS	M	28	01:01:43	01:01:40	CLUBE ATLÉTICO DAS PATAMEIRAS
19	1154	ANTÓNIO J A G LOUREIRO	M	32	01:01:53	01:01:48	TZS RUNNING
20	512	FILIFE EMANUEL DIAS ALMEIDA	M	32	01:01:59	01:01:34	G.D.PEDREIRAS
21	1425	RAUL QUARESMA	M	33	01:02:17	01:02:14	GAA VILA FRANCA XIRA
22	832	VASCO RAFAEL	M	24	01:02:24	01:02:17	
23	49	NÉLIO RODRIGO DE ALMEIDA CARVALHO	M	33	01:02:33	01:02:20	SCALABIS NIGHT RUNNERS
24	942	LUÍS MERCA	M	26	01:03:07	01:02:53	ALHANDRA SPORTING CLUB - TRI
25	656	RUI MANUEL VIEIRA DIAS	M	31	01:03:31	01:03:26	
26	511	EMANUEL MONIZ	M	33	01:04:29	01:04:08	G.D.PEDREIRAS
27	841	HUGO SILVA	M	27	01:04:37	01:04:28	
28	63	NUNO GONÇALVES	M	34	01:04:40	01:04:33	
29	1252	FILIFE MARTINS	M	29	01:04:59	01:04:54	INDIVIDUAL
30	1548	VASCO RODRIGUES	M	34	01:05:31	01:05:13	INDIVIDUAL
31	1073	TIAGO SOUSA	M	31	01:05:33	01:05:00	
32	986	FERNANDO ANDRADE	M	34	01:05:45	01:05:19	OS PERIGOSOS
33	1301	RICARDO ALVES	M	31	01:05:45	01:05:39	AÇOREANA C BANIF
34	764	DIOGO FERREIRA	M	32	01:05:49	01:05:26	
35	1373	ANTÓNIO MASSANO	M	31	01:06:27	01:06:11	C MILLENNIUM BCP
36	199	RICARDO PEDROSO	M	25	01:06:41	01:06:03	NO LIMITS
37	887	PEDRO JORGE PEREIRA	M	27	01:06:48	01:06:22	CRD ARRUDENSE
38	179	ANGELO SILVA	M	30	01:06:50	01:06:26	CCDTMETROLX
39	1179	CARLOS PACHECO	M	17	01:07:17	01:07:02	TOYOTA

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Relatório por Faixas Etárias

class. Provisória Escalões

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	253	CARLOS ISAAC	M	30	01:07:20	01:07:04	
41	501	PEDRO TEODÓSIO	M	33	01:07:21	01:07:10	
42	760	HUGO RICARDO ALEXANDRE CALDEIRA	M	33	01:07:24	01:07:11	
43	328	RICARDO MARQUES	M	33	01:07:39	01:07:28	FALCÕES SELVAGENS
44	1508	FABIO PEREIRA	M	21	01:07:44	01:07:28	SC CASAINHOS
45	525	ANDRÉ DE ALMEIDA CAMPOS	M	33	01:07:47	01:07:35	
46	627	JOÃO PEREIRA	M	33	01:07:54	01:07:54	
47	1230	BRUNO FRANCISCO	M	30	01:07:57	01:07:38	A PONTE FAJÃO
48	412	JOSÉ JORGE MOTA	M	26	01:08:00	01:07:00	METRALHA BROTHER'S
49	642	MIGUEL PAULINO	M	21	01:08:09	01:07:26	AMIGOS DE PENICHE
50	540	FÁBIO FIDALGO	M	23	01:08:12	01:07:50	CLUBE BAIRRO DO AREAL PONTÉVEL
51	783	LUIS ALVES	M	33	01:08:33	01:07:33	
52	1110	RUI P L P SOEIRO	M	33	01:09:05	01:08:44	CLUBE TAP PORTUGAL I
53	1138	TIAGO ALVES	M	31	01:09:30	01:09:22	
54	1264	TIAGO INÁCIO	M	31	01:09:32	01:09:17	INDIVIDUAL
55	992	HELDER VALADAS	M	33	01:09:33	01:09:06	OS PERIGOSOS
56	1294	NUNO GAMEIRO	M	33	01:09:34	01:09:26	AÇOREANA C BANIF
57	1502	ARMANDO CORREIA	M	31	01:09:40	01:09:23	SC CASAINHOS
58	430	ATLETA NÃO CADASTRADO	M	0	01:09:42	01:09:17	
59	555	NUNO SERRAO	M	31	01:09:43	01:08:44	DREAM TEAM
60	1053	RICARDO TAVARES	M	32	01:09:46	01:09:13	
61	883	FÁBIO FERREIRA	M	27	01:09:47	01:09:42	CRD ARRUDENSE
62	399	JOÃO PEDRO CANIÇO MARQUES ABRANTES DA SILVA	M	33	01:09:48	01:09:05	
63	427	JOAO CLAUDIO ALVES	M	31	01:09:52	01:09:38	KANINOS
64	362	JOAO PEREIRA	M	27	01:09:53	01:09:33	INDIVIDUAL
65	1236	FRANCISCO GOMES	M	31	01:09:58	01:09:15	INDIVIDUAL
66	542	LICINIO MATOS	M	31	01:10:10	01:09:56	
67	898	PAULO NEVES	M	34	01:10:22	01:09:55	PERNAS DE GAFANHOTO
68	938	ALEXANDRU STATIUC	M	21	01:10:50	01:10:37	ALHANDRA SPORTING CLUB - TRI
69	119	PEDRO RIO	M	31	01:11:09	01:11:01	CLUBE ROBBIALAC
70	837	RICARDO CUNHA	M	27	01:11:21	01:10:43	
71	775	BRUNO PIRES	M	32	01:11:23	01:10:39	G D C BANCO DE PORTUGAL
72	450	DAVID AZELHA	M	30	01:11:43	01:11:34	CLUBE DE PRAÇAS DA ARMADA
73	493	JOÃO BELTRÃO	M	34	01:11:50	01:11:12	PERNAS DE GAFANHOTO
74	1150	DAVID ALFEIRÃO RODRIGUES	M	26	01:11:53	01:11:01	ESMTC
75	686	EDGAR JACINTO	M	27	01:11:55	01:11:18	ZATOPEQUES
76	1385	MATIAS SOMMER	M	14	01:11:56	01:11:43	C MILLENNIUM BCP
77	498	JORGE PORTIJO	M	32	01:12:13	01:11:51	ASSOCIAÇÃO GD ACADEMIA KORPO

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Relatório por Faixas Etárias

class. Provisória Escalões

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
78	68	JORGE C V GONÇALVES	M	28	01:12:29	01:11:00	CLUBE TAP PORTUGAL I
79	635	RICARDO FERREIRA ALVES	M	31	01:12:37	01:12:13	CLUBE COLABORADORES AXA
80	425	BRUNO RIBEIRO	M	33	01:12:41	01:11:40	KANINOS
81	1526	RICARDO ALVES	M	27	01:12:47	01:12:14	SL CAMPOLIDE
82	964	BRUNO MASSANO	M	32	01:12:48	01:12:29	CLUBE MARGINAL
83	1126	TIAGO NUNES ANTUNES	M	33	01:13:07	01:12:58	
84	818	HUGO BARQUEIRO	M	31	01:13:16	01:12:51	
85	578	HUGO MARREIROS	M	32	01:13:22	01:12:56	
86	126	DANIEL RODRIGUES	M	33	01:13:28	01:13:20	CLUBE ROBBIALAC
87	1534	MILTON MELO	M	34	01:13:33	01:13:02	WIKABOO
88	795	MARCO BAPTISTA	M	32	01:13:35	01:12:26	ACD BOCAL
89	1032	MIGUEL RAMALHO	M	32	01:13:47	01:13:21	VALADARES
90	692	ANDRÉ VAZ	M	25	01:13:50	01:12:41	ACD BOCAL
91	797	ANTONIO GONCALVES	M	29	01:14:01	01:13:20	
92	177	LUIS DIAD	M	28	01:14:25	01:13:58	
93	59	MARCO CORREIA	M	33	01:14:53	01:14:30	SMAS SINTRA RUN
94	429	MARCO CACHINHO	M	34	01:14:53	01:13:51	KANINOS
95	856	RICARDO MADRINHA	M	32	01:15:09	01:14:16	AERO RUNNERS
96	200	RENATO MIGUEL	M	29	01:15:30	01:14:54	NO LIMITS
97	1380	PEDRO MARTINS	M	34	01:15:39	01:15:26	C MILLENNIUM BCP
98	1092	DANIEL FARINHA	M	29	01:15:44	01:14:33	SERVIÇOS SOCIAIS MONTEPIO
99	731	HELIO SANTOS	M	29	01:15:53	01:15:00	BUERAPIDOS
100	513	ANGELO RICARDO TAVARES VAZÃO	M	29	01:15:59	01:15:13	G.D.PEDREIRAS
101	806	RUI MADALENO	M	34	01:16:02	01:15:28	
102	573	PEDRO FIGUEIREDO	M	30	01:16:11	01:15:35	
103	1426	PEDRO DINIS	M	20	01:16:13	01:15:51	GAA VILA FRANCA XIRA
104	1541	ATLETA NÃO CADASTRADO	M	0	01:16:19	01:15:06	
105	1060	NUNO SÁ	M	32	01:16:27	01:15:54	
106	840	MILTON RODRIGUES	M	27	01:16:29	01:16:01	
107	923	LUÍS FERREIRA	M	31	01:16:30	01:15:34	
108	423	ALBERTINO MOTA	M	34	01:16:33	01:15:31	KANINOS
109	1550	JOAO P MARTINS	M	33	01:16:42	01:16:37	INDIVIDUAL
110	905	RUI CARVALHO	M	30	01:16:42	01:16:17	
111	908	RICARDO PÁSCOA	M	33	01:16:55	01:16:08	GRUPO RECREATIVO JANZ E ASS.
112	967	ANTÓNIO RODRIGUES	M	33	01:16:56	01:16:09	GRUPO RECREATIVO JANZ E ASS.
113	973	NELSON FERNANDES	M	34	01:16:56	01:16:09	GRUPO RECREATIVO JANZ E ASS.
114	1086	CRISTOVÃO MARCOS	M	29	01:16:58	01:15:43	
115	436	JOÃO MATIAS	M	30	01:17:07	01:16:49	LA SURENA
116	781	PEDRO PINTO	M	28	01:17:22	01:17:17	G D C BANCO DE PORTUGAL

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Relatório por Faixas Etárias

class. Provisória Escalões

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
117	1400	CLAUDIO FIGUEIRA	M	28	01:17:24	01:16:21	TEJAVISTA
118	874	ANDRÉ MIGUEL BARBOSA	M	30	01:17:33	01:16:26	NBUBB
119	875	HUGO FILIPE BARBOSA	M	33	01:17:33	01:16:27	NBUBB
120	547	HENRIQUE DELGADO	M	30	01:17:39	01:16:58	CAPENAFIRME
121	338	MAURÍCIO PEREIRA RODRIGUES	M	34	01:17:55	01:17:34	
122	843	SERGIO CASTRO	M	34	01:17:56	01:17:17	
123	598	NUNO MGUEL GODINHO	M	33	01:18:02	01:17:41	OS PAPAFIGOS
124	1117	ARTUR ALMEIDA	M	32	01:18:07	01:17:28	
125	1544	MARCO COSTA	M	34	01:18:18	01:17:10	CCD H VFXIRA
126	1001	OLEKSANDR PASTUKH	M	34	01:18:19	01:18:19	OS PERIGOSOS
127	891	MARCO NUNES	M	30	01:18:23	01:17:32	PT
128	1030	DANIEL FEITEIRONA	M	31	01:18:23	01:18:09	VALADARES
129	1323	EDUARDO RODRIGUES	M	33	01:18:26	01:17:59	SS CGD
130	564	JOÃO CORDEIRO	M	27	01:18:34	01:18:15	
131	411	BRUNO GARCIA	M	33	01:18:35	01:18:35	METRALHA BROTHER'S
132	581	GONÇALO PALMA	M	30	01:18:38	01:17:52	
133	554	PEDRO BORGES	M	27	01:18:42	01:17:43	DREAM TEAM
134	896	LUIS CASTRO	M	31	01:18:43	01:18:01	
135	685	CARLOS PEREIRA	M	32	01:18:56	01:17:43	ZATOPEQUES
136	541	RODRIGO SILVA	M	34	01:19:02	01:18:32	CLUBE BAIRO DO AREAL PONTÉVEL
137	1078	BRUNO PALMA	M	30	01:19:06	01:18:22	
138	491	NUNO LUCAS	M	34	01:19:19	01:18:40	PERNAS DE GAFANHOTO
139	492	DANIEL VILABRIL	M	34	01:19:20	01:18:43	PERNAS DE GAFANHOTO
140	1052	JOSÉ ESCUDERO	M	32	01:19:27	01:19:06	
141	494	FRANCISCO SIMÃO	M	31	01:20:13	01:19:35	PERNAS DE GAFANHOTO
142	842	RUI COSTA	M	27	01:20:19	01:19:50	
143	953	RENATO SANTOS	M	34	01:20:21	01:19:01	
144	417	TELMO VAZ	M	28	01:20:21	01:20:21	
145	956	FILIPE ARCADINHO	M	33	01:20:22	01:19:30	ARCA
146	1452	HUGO MONTEIRO	M	31	01:20:23	01:19:14	GD SANTANDER TOTTA
147	410	LUIS FILIPE BAPTISTA ISIDORO	M	30	01:20:36	01:20:16	
148	583	TIAGO RAIMUNDO	M	34	01:20:39	01:20:22	
149	571	PEDRO GOMES	M	30	01:20:43	01:19:46	OS COXOS DA CORRIDA
150	409	DAVID PRATA	M	29	01:20:54	01:20:00	FDS RUNNERS
151	33	GONÇALO MIGUEL DOS REIS OLIVEIRA	M	30	01:21:13	01:20:24	SCALABIS NIGHT RUNNERS
152	586	SAMUEL BRANCO	M	32	01:21:16	01:20:13	
153	1097	TIAGO VENTURA CORREIA	M	25	01:21:19	01:20:30	
154	117	HONORATO MOURA	M	33	01:21:19	01:20:39	CCDTMETROLX
155	69	MILTON FERNANDES	M	29	01:21:26	01:20:33	CLUBE TAP PORTUGAL

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Relatório por Faixas Etárias

class. Provisória Escalões

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
156	919	LUIS GONÇALVES	M	34	01:21:29	01:20:22	OS PERIGOSOS
157	402	JATIN RAMGI	M	29	01:21:33	01:20:39	FDS RUNNERS
158	431	ANDRÉ ALEXANDRE MARQUES MARTINS	M	29	01:21:42	01:20:33	
159	422	PAULO HENRIQUE COSTA	M	34	01:21:43	01:20:42	
160	1333	PEDRO LOPES	M	34	01:21:46	01:21:03	SS CGD
161	495	DANIEL RAPOSO	M	33	01:22:08	01:21:01	MULTIRUNNERS
162	593	PAULO CORREIA	M	29	01:22:13	01:21:32	PANASKINHAS
163	314	NUNO MALCATA	M	34	01:22:17	01:21:39	CLUBE GRUPO BES
164	649	RICARDO FIGUEIREDO	M	31	01:22:43	01:21:25	PANELA MAGICA
165	1031	RUI ARAÚJO	M	32	01:23:26	01:23:13	VALADARES
166	445	CARLOS CIPRIANO	M	33	01:23:28	01:22:22	KLENTOS
167	51	OSVALDO MANUEL MEIRELES CIPRIANO	M	32	01:23:38	01:22:49	SCALABIS NIGHT RUNNERS
168	414	BRUNO AMARAL	M	32	01:23:40	01:22:39	CLUBE DE PRAÇAS DA ARMADA
169	566	PEDRO ANTUNES	M	30	01:23:40	01:22:58	OS TURISTAS
170	1116	CARLOS FILIPE LOPES FERNANDES CORREIA	M	28	01:23:41	01:23:23	
171	261	RUI SA	M	32	01:23:44	01:22:36	
172	977	MÁRCIO CASTRO	M	33	01:23:52	01:22:35	NEOMÁQUINAS
173	1499	FILIPE A C MARQUES	M	26	01:23:57	01:22:49	INDIVIDUAL
174	1337	SABIR KANJI	M	34	01:24:09	01:23:18	SS CGD
175	1027	ANTÓNIO FERNANDES	M	27	01:24:11	01:23:29	A VALE SILENCIO
176	947	PAULO LOURENÇO	M	31	01:24:14	01:23:07	
177	961	MIGUEL BERTOLO	M	32	01:24:19	01:24:19	LEBRES DO ALTO CONCELHO
178	198	PEDRO SEQUEIRA	M	34	01:25:01	01:24:24	NO LIMITS
179	1509	JORGE LOURENÇO	M	20	01:25:05	01:24:00	SC CASAINHOS
180	1161	ALEXANDRE BRAS	M	33	01:25:06	01:23:44	INDIVIDUAL
181	606	HELDER MARTINHO	M	30	01:25:14	01:24:32	BE2RUN
182	976	BRUNO EUGÉNIO DELGADO FIALHO	M	31	01:25:32	01:24:15	NEOMÁQUINAS
183	1235	NUNO CASTRO	M	33	01:25:52	01:24:39	INDIVIDUAL
184	943	JOÃO MIGUEL TEIXEIRA	M	34	01:25:58	01:25:02	
185	151	TIAGO PIRES	M	32	01:26:01	01:25:30	
186	142	NUNO TALAIA DA COSTA	M	32	01:26:01	01:25:31	
187	897	JÚLIO RODRIGUES	M	34	01:26:30	01:26:02	PERNAS DE GAFANHOTO
188	1521	RICARDO GOMES	M	31	01:26:46	01:25:56	SS CGD
189	1061	SÉRGIO FILIPE SOUSA SUZANO	M	22	01:26:47	01:25:27	
190	569	CAETANO CALÇADA	M	30	01:26:55	01:25:58	OS COXOS DA CORRIDA
191	660	RICARDO TRINCHEIRAS	M	34	01:27:20	01:26:53	INDIVIDUAL
192	935	LUÍS MORENO	M	33	01:27:29	01:26:30	JUST FOR FAN
193	1522	RICARDO PEREIRA	M	34	01:27:37	01:27:04	SL CAMPOLIDE
194	102	ANTÓNIO COSTA	M	21	01:27:54	01:26:48	

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Relatório por Faixas Etárias

class. Provisória Escalões

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
195	1064	NUNO RAMOS	M	31	01:28:00	01:26:42	
196	1498	FRANCISCO A PAULINO	M	20	01:28:25	01:27:13	INDIVIDUAL
197	801	ANDRÉ LOURENÇO	M	32	01:28:25	01:25:46	BOM PETISCO 2
198	585	NELSON SIMÕES DA SILVA	M	31	01:28:50	01:28:32	
199	580	MILTON PEREIRA	M	27	01:28:55	01:28:10	MECEF-T
200	910	PEDRO NUNES	M	34	01:29:46	01:28:55	
201	1463	LUIZ PEREIRA	M	33	01:30:03	01:28:48	GD SANTANDER TOTTA
202	1021	NUNO ALMEIDA	M	31	01:30:24	01:29:29	
203	115	ANDRÉ FILIPE FILIPE NASCIMENTO DOS SANTOS QUINTANS	M	31	01:30:26	01:30:03	CLUBE BBVA
204	1471	TIAGO VEIGA	M	30	01:30:32	01:29:53	GD SANTANDER TOTTA
205	877	PAULO ALEXANDRE DE OLIVEIRA LOPES	M	33	01:30:53	01:30:45	
206	247	VITOR LEMOS	M	33	01:30:54	01:30:00	
207	999	RUI PEDRO	M	32	01:30:54	01:29:47	OS PERIGOSOS
208	291	TIAGO HENRIQUES MARTINHO	M	25	01:30:58	01:30:03	
209	292	MÁRIO ANTÓNIO LIMEDE	M	25	01:30:59	01:30:04	
210	604	BRUNO NEVES	M	30	01:31:14	01:30:06	
211	1109	SÉRGIO VIÇOSO	M	32	01:31:29	01:30:16	
212	934	JOÃO BRITO	M	33	01:31:30	01:30:32	JUST FOR FAN
213	1008	PEDRO MIGUEL LUÍS TEIXEIRA	M	34	01:31:51	01:31:03	TOUGH TRAILS
214	946	SÉRGIO TAVARES	M	31	01:32:10	01:31:29	CCD CRÉDITO AGRÍCOLA MÚTUO
215	1500	LUIS CAPAO	M	34	01:33:42	01:32:28	INDIVIDUAL
216	922	JORGE VIEIRA	M	34	01:33:55	01:32:57	MITCH TEAM - SANTA CRUZ
217	1547	CARLOS MORAIS	M	34	01:34:20	01:34:16	INDIVIDUAL
218	722	PEDRO ROCHA	M	33	01:34:34	01:34:34	
219	505	ANTÓNIO NEVES	M	29	01:34:35	01:33:53	
220	1392	PEDRO NUNES	M	33	01:35:00	01:33:38	INDIVIDUAL
221	385	ALEXANDRE FONSECA	M	28	01:35:06	01:33:57	FRIENDS RUNNER
222	506	SÉRGIO FILIPE BAIÃO CORREIA	M	26	01:35:08	01:34:27	
223	1025	GIL FERREIRA	M	28	01:35:28	01:34:34	VALADARES
224	439	SERGIO RODRIGUES	M	28	01:35:28	01:34:34	
225	560	PEDRO CONCEIÇÃO	M	23	01:36:36	01:33:25	
226	563	JOSÉ DOMINGOS	M	23	01:36:36	01:33:25	
227	507	LUIS OLIVEIRA	M	29	01:37:00	01:36:19	
228	448	BERNARDO FERRAO	M	34	01:37:56	01:37:56	
229	381	MANUEL GARCIA	M	31	01:39:21	01:38:03	MONSANTO RT
230	157	GABRIEL NUNES	M	30	01:40:08	01:38:58	FRIENDS RUNNER
231	400	RUBEN NOGUEIRA MENDES	M	34	01:41:22	01:39:49	MOVET
232	465	RICARDO ROSA	M	29	01:44:34	01:43:22	INDIVIDUAL
233	386	FILIPE MESTRE	M	33	01:45:44	01:44:35	

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Relatório por Faixas Etárias

class. Provisória Escalões

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
234	426	EDUARDO PESTANA	M	34	01:49:18	01:48:17	KANINOS
235	1394	PAULO CAEIRO	M	32	01:50:31	01:49:09	INDIVIDUAL
236	855	ATLETA NÃO CADASTRADO	M	0	01:50:45	01:49:56	
237	562	LUÍS JOÃO	M	29	01:54:30	01:53:30	
238	1102	ATLETA NÃO CADASTRADO	M	0	02:04:41	02:04:41	
239	1103	ATLETA NÃO CADASTRADO	M	0	02:04:41	02:04:41	

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Relatório por Faixas Etárias

class. Provisória Escalões

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1484	JOEL MARTINS	M	36	00:51:09	00:51:06	CUA BENAVENTENSE
2	1181	BENEK MORAIS	M	37	00:53:12	00:53:09	TOYOTA
3	1212	JOÃO FERREIRA	M	38	00:54:24	00:54:21	GARMIN/CO OEIRAS
4	1041	VALDO NEVES	M	35	00:55:25	00:55:22	
5	1180	RICARDO LANCEIRO	M	36	00:55:51	00:55:47	TOYOTA
6	579	PAULO ALVES	M	36	00:57:04	00:57:00	
7	107	RUI CHAVES	M	37	00:58:23	00:58:19	NAPA
8	885	MARCO SANTOS	M	39	00:58:31	00:58:20	CRD ARRUDENSE
9	527	SÉRGIO TOMÁS	M	36	01:00:08	01:00:03	CA BARREIRA
10	747	EMANUEL BANDEIRA	M	38	01:00:25	01:00:09	ATLETAS FAROLIM PENICHE
11	664	JOÃO FILIPE FERREIRA	M	35	01:00:32	01:00:24	
12	135	NUNO PITA	M	38	01:01:48	01:01:43	CCDTMETROLX
13	1436	NELSON FONSECA	M	35	01:01:51	01:01:43	GA OS PATRICIOS
14	906	ORLANDO RAMOS	M	37	01:02:05	01:01:54	A VALE SILENCIO
15	1039	PAULO NOLASCO RODRIGUES	M	37	01:02:17	01:02:12	ACAVENTURA
16	202	GIL XAVIER ALVES	M	37	01:02:25	01:02:22	UNIDOS DA MANUTENÇÃO
17	900	CARLOS MIGUEL BARROSO	M	36	01:02:44	01:02:38	BOM RETIRO TRAIL RUNNERS
18	1040	PAULO ROSA CARVALHO	M	38	01:02:49	01:02:49	ACAVENTURA
19	229	JORGE MELO	M	35	01:02:59	01:02:43	CLUBE BOLINHA
20	1213	CARLOS LOPES	M	39	01:03:08	01:02:54	AMINHACORRIDA.COM
21	219	DAVID ROSADO	M	37	01:03:47	01:03:38	LE DROSPORTIFF
22	546	DIOGO BARBOSA	M	36	01:03:56	01:03:49	CAPENAFIRME
23	1183	HUGO BASTOS	M	37	01:04:03	01:03:56	TOYOTA
24	693	MÁRIO COUTO	M	36	01:04:15	01:03:48	
25	1088	JOÃO PAULO SANTOS	M	35	01:04:17	01:04:01	
26	1529	LUIS GRAÇA	M	39	01:05:23	01:05:14	WIKABOO
27	1527	PEDRO CASTRO	M	39	01:05:23	01:05:15	WIKABOO
28	1495	PEDRO A G FERREIRA	M	36	01:05:38	01:05:33	INDIVIDUAL
29	1295	NUNO SABINO	M	36	01:05:50	01:05:39	AÇOREANA C BANIF
30	1296	NUNO SILVA	M	37	01:05:51	01:05:20	AÇOREANA C BANIF
31	637	NUNO LOPES	M	37	01:05:55	01:05:49	
32	376	JOSÉ MOREIRA	M	37	01:06:07	01:06:04	MIRANTENSE F.C.
33	368	BRUNO GONÇALVES	M	35	01:06:13	01:05:41	
34	58	RAFAEL CANIVARI FERREIRA LUÍS	M	39	01:06:14	01:06:06	ARRASTADEIRAS
35	539	HELDER MARQUES	M	38	01:06:16	01:06:03	S R CAMARNAL
36	1137	NUNO MANUEL S. F. ALVES	M	37	01:06:17	01:06:02	
37	535	HELDER GONÇALVES	M	38	01:06:25	01:06:01	GD CIMPOR & AMIGOS
38	447	MARCO LOURENÇO	M	35	01:06:58	01:06:44	
39	1071	MARCIO JOSE OLIVEIRA SANTOS	M	35	01:07:00	01:06:54	

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Relatório por Faixas Etárias

class. Provisória Escalões

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1512	CARLOS ANTUNES	M	39	01:07:19	01:06:55	SS CGD
41	784	HELDER TOMÁS	M	39	01:07:27	01:06:26	
42	1343	PEDRO RAMOS	M	38	01:07:30	01:07:01	C FERROV PORTUGAL
43	1423	VITOR NOVAIS	M	38	01:07:31	01:07:03	GAA VILA FRANCA XIRA
44	982	FERNANDO PAULINO	M	37	01:07:45	01:07:05	ASAS NOS PÉS
45	1139	JOÃO BONITO	M	39	01:07:46	01:07:32	
46	765	RICARDO MONTEIRO	M	38	01:08:00	01:07:56	
47	952	PEDRO SANTOS VICENTE	M	36	01:08:03	01:07:46	
48	318	PEDRO GABRIEL	M	39	01:08:16	01:08:07	CLUBE GRUPO BES
49	248	EDUARDO MANUEL COELHO LUÍS	M	36	01:08:17	01:08:01	
50	420	RUI OLIVEIRA	M	37	01:08:20	01:08:16	
51	1424	MAURO PIMENTA	M	37	01:08:35	01:08:05	GAA VILA FRANCA XIRA
52	1248	NELSON T PEREIRA	M	37	01:08:41	01:08:16	INDIVIDUAL
53	303	RUI CONCEIÇÃO	M	37	01:08:42	01:08:33	CLUBE GRUPO BES
54	172	JOÃO GONÇALVES	M	37	01:08:45	01:08:45	
55	559	PEDRO ALEXANDRE AGOSTINHO SANTOS	M	35	01:08:50	01:07:57	
56	521	VITOR LEBRE	M	39	01:08:54	01:08:38	
57	1467	PAULO ALVES	M	36	01:09:07	01:09:07	GD SANTANDER TOTTA
58	1069	LUÍS MARQUES	M	38	01:09:09	01:09:02	
59	640	BRUNO MARTINS	M	36	01:09:09	01:09:01	
60	643	PEDRO ANTUNES	M	39	01:09:27	01:09:21	OSCARREGUEIRENSES
61	144	ALEXANDRE LEAL	M	38	01:09:29	01:09:10	CARAP AUS DE CORRIDA
62	839	PEDRO GUEDES	M	39	01:09:32	01:08:53	
63	745	SÉRGIO MECA	M	35	01:09:37	01:09:21	ATLETAS FAROLIM PENICHE
64	1507	MANUEL BENTO	M	37	01:09:40	01:09:23	SC CASAINHOS
65	182	HUMBERTO BRITO	M	39	01:09:44	01:09:24	CCDTMETROLX
66	139	PEDRO MARIA CUNHA NAZARETH BARBOSA	M	37	01:09:53	01:09:05	SCALABIS NIGHT RUNNERS
67	557	BRUNO LOUREIRO	M	39	01:09:55	01:08:56	DREAM TEAM
68	523	HUGO SILVA	M	36	01:09:59	01:09:40	X3M TEAM
69	972	MARCO MORGADO	M	35	01:10:01	01:09:53	
70	216	ISRAEL GUARDA	M	36	01:10:03	01:09:52	LE DROPSORTIFF
71	1191	PAULO NOVO	M	36	01:10:24	01:10:11	TOYOTA
72	890	HUGO MENDES	M	35	01:10:32	01:09:59	
73	577	JUAN COSTA	M	38	01:11:16	01:11:07	
74	136	HELDER GIL BORGES	M	38	01:11:26	01:10:50	
75	746	JOSÉ LUÍS GONÇALVES	M	38	01:11:28	01:11:13	ATLETAS FAROLIM PENICHE
76	510	MIGUEL GINETO	M	39	01:11:46	01:11:22	G.D.PEDREIRAS
77	170	RUI MORAIS	M	36	01:12:00	01:11:42	
78	1458	JOSÉ VIEGAS	M	36	01:12:04	01:11:27	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

class. Provisória Escalões

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	419	RICARDO JORGE LOPES PEREIRA	M	37	01:12:08	01:12:01	
80	15	ALBINO CARLOS PEREIRA LOPES	M	35	01:12:09	01:11:39	
81	1359	LUIS GONÇALVES	M	36	01:12:10	01:11:50	C MILLENNIUM BCP
82	1118	NUNO ANTÓNIO	M	39	01:12:27	01:11:48	
83	1538	HENRIQUE PEREIRA	M	38	01:12:50	01:12:36	INDIVIDUAL
84	924	FILIFE MARQUES	M	37	01:12:59	01:12:03	
85	434	GONÇALO PAIS	M	36	01:12:59	01:12:40	LA SURENA
86	565	NELSON FIRMINO	M	37	01:13:17	01:12:34	OS TURISTAS
87	899	RUI ALMEIDA	M	37	01:13:20	01:12:37	A VALE SILENCIO
88	769	MARCELO DIAS	M	38	01:13:45	01:13:11	
89	545	LEONEL LUCAS	M	39	01:13:56	01:13:46	CAPENAFIRME
90	1300	PEDRO BURGUETTE	M	38	01:13:59	01:13:26	AÇOREANA C BANIF
91	1189	EMILIO FIALHO	M	38	01:14:10	01:13:14	TOYOTA
92	1334	PEDRO TORRINHA	M	37	01:14:15	01:13:48	SS CGD
93	184	MARIO BRUNO PIMENTEL CUNHA	M	35	01:14:21	01:13:53	
94	271	SERGIO NUNES	M	37	01:14:23	01:14:11	
95	1450	GABRIEL CHARRUA	M	35	01:14:26	01:13:47	GD SANTANDER TOTTA
96	232	PEDRO LUCAS	M	36	01:14:28	01:14:11	CLUBE BOLINHA
97	274	PAULO RAINHO	M	39	01:14:36	01:14:15	C.C.R.D. BURINHOSA
98	974	RUI MIGUEL PRAZERES HENRIQUES	M	38	01:14:46	01:13:48	
99	1120	TELMO PEDRO	M	36	01:15:03	01:14:09	
100	689	RUI PAULO	M	39	01:15:21	01:14:08	ZATOPEQUES
101	1490	JOAO RAQUEL	M	36	01:15:24	01:14:52	CUA BENAVENTENSE
102	821	PEDRO CABECINHAS	M	36	01:15:31	01:14:37	GRUPO ALEGRE UNIDO BAJOUCA
103	365	FILIFE DUARTE LEÃO	M	35	01:15:39	01:15:20	
104	582	ALEXANDRE ANDRADE	M	37	01:15:42	01:15:13	
105	1241	CARLOS MACHADO	M	37	01:15:43	01:15:14	AMIGOS TACHO
106	751	JUSTINO SILVA	M	37	01:16:14	01:15:53	INDIVIDUAL
107	930	HELDER MENDES	M	38	01:16:23	01:15:53	
108	509	LUIS VAZÃO	M	39	01:16:32	01:15:48	G.D.PEDREIRAS
109	589	BRUNO VITORINO	M	37	01:16:33	01:15:46	
110	799	FERNANDO COSTA	M	37	01:17:04	01:16:05	
111	892	JORGE RODRIGUES	M	35	01:17:05	01:16:16	PT
112	876	NUNO PEREIRA	M	37	01:17:16	01:16:53	
113	211	NUNO BAIXINHO	M	39	01:17:36	01:17:18	
114	502	MARCO SILVA	M	38	01:17:37	01:17:17	
115	758	PEDRO FERREIRA	M	38	01:17:46	01:16:38	
116	796	TELMO COELHO	M	38	01:17:50	01:16:40	ACD BOCAL
117	1054	MARCO SANTOS	M	38	01:17:52	01:17:33	FORA D'ARENA

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	78	RICARDO PAÇO	M	39	01:18:12	01:17:12	
119	1058	RICARDO CACHUCHO	M	36	01:18:29	01:17:57	
120	1455	JORGE ALVES	M	36	01:18:33	01:18:00	GD SANTANDER TOTTA
121	771	MIGUEL BERMONTE	M	37	01:18:41	01:18:06	
122	761	JULIO LOPES	M	39	01:18:48	01:18:03	
123	978	JOSÉ FÉLIX ESTEVES MARTINS	M	39	01:19:03	01:18:55	
124	534	RUI MATOS	M	36	01:19:10	01:18:27	BE2RUN
125	807	RUI BENTO	M	36	01:19:18	01:18:45	
126	1171	CARLOS RODRIGUES	M	39	01:19:20	01:18:42	TOYOTA
127	1240	RUI MORGADO	M	38	01:19:30	01:19:03	INDIVIDUAL
128	1098	PEDRO CORREIA	M	36	01:19:47	01:19:33	
129	233	TIAGO DOMINGUES	M	36	01:19:57	01:19:33	
130	1435	ANDRE APARICIO	M	37	01:20:05	01:19:50	GA OS PATRICIOS
131	81	PAULO PIRES	M	35	01:20:13	01:20:06	
132	1329	JOSE MARTINS	M	39	01:20:24	01:19:57	SS CGD
133	1146	NUNO PINTO	M	36	01:20:43	01:19:30	
134	1121	HUGO SANTOS	M	36	01:20:52	01:20:21	
135	851	PAULO MIGUEL GASPAR	M	38	01:20:56	01:19:50	LEBRES DA PORCALHOTA
136	101	JOAO RICARDO DUARTE	M	38	01:21:10	01:21:00	
137	1459	LINO MARCOS	M	38	01:21:13	01:20:01	GD SANTANDER TOTTA
138	1185	RUI FORTUNATO	M	37	01:21:27	01:20:31	TOYOTA
139	113	DANIEL GUERREIRO	M	39	01:22:37	01:21:38	
140	574	JORGE FERRO	M	37	01:22:40	01:21:45	AERO RUNNERS
141	648	MARCO JACINTO	M	38	01:22:44	01:21:25	PANELA MAGICA
142	928	HÉLIO MARTINS	M	37	01:22:44	01:22:30	
143	669	PAULO SANTOS	M	39	01:22:51	01:21:56	
144	1057	ANTÓNIO SANTOS	M	39	01:22:53	01:22:36	FORA D'ARENA
145	1055	MARCO GUERRA	M	35	01:23:02	01:22:44	FORA D'ARENA
146	1091	NUNO RODRIGUES	M	38	01:23:13	01:22:02	SERVIÇOS SOCIAIS MONTEPIO
147	1003	NUNO SIMÕES	M	38	01:23:25	01:23:12	
148	570	HUGO RODRIGUES	M	39	01:23:33	01:22:35	OS COXOS DA CORRIDA
149	584	PAULO CRAVEIRO	M	37	01:23:47	01:23:29	
150	983	CARLOS IPE	M	38	01:24:01	01:23:20	ASAS NOS PÉS
151	508	BRUNO CONCEIÇÃO	M	36	01:24:24	01:24:00	
152	716	JOAQUIM DIAS	M	39	01:24:26	01:23:47	KENIANNUS ALBINNUS
153	969	AMADEU MORGADO	M	39	01:24:35	01:23:44	
154	461	PAULO AH QUIN	M	35	01:24:37	01:23:45	FIT 2 RUN - HOLMES PLACE ALGÉS
155	737	JOÃO BAPTISTA	M	37	01:25:00	01:23:49	ACD BOCAL
156	955	PEDRO JORGE	M	38	01:25:26	01:24:07	

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	497	PEDRO NUNES	M	38	01:25:35	01:25:12	ASSOCIAÇÃO GD ACADEMIA KORPO
158	1234	PEDRO F TRINDADE	M	36	01:25:49	01:24:36	INDIVIDUAL
159	433	LUÍS MIGUEL FERNANDES ALVES	M	35	01:25:50	01:24:45	
160	401	CESAR DOMINGOS DIOGO SILVESTRE	M	37	01:25:51	01:25:01	
161	1084	SERGIO PAULO	M	37	01:25:58	01:25:49	OS PINHEIROS
162	706	VASCO COELHO	M	39	01:26:00	01:24:59	
163	403	HELDER MENDES	M	38	01:26:14	01:25:26	SCALABIS NIGHT RUNNERS
164	79	NUNO BORGES PEREIRA	M	38	01:26:54	01:26:23	
165	965	ALEXANDRE FERNANDES	M	38	01:27:11	01:26:07	
166	1140	DANIEL RAMOS	M	37	01:27:22	01:26:45	
167	141	LUÍS FILIPE	M	38	01:27:34	01:26:39	COLINAS BIKE TOUR
168	1093	PEDRO COSTA ALVES	M	38	01:27:57	01:26:37	SERVIÇOS SOCIAIS MONTEPIO
169	299	RICARDO JOSÉ CASIMIRO RAMOS PIMENTA	M	38	01:28:22	01:27:31	
170	14	JORGE GARRADAS	M	39	01:28:33	01:27:15	
171	1135	RODOLFO BRÁS	M	35	01:28:42	01:27:31	
172	378	ÉLIO COELHO	M	38	01:29:21	01:28:17	DUO MARAVILHA
173	927	NUNO MORENO	M	39	01:30:22	01:29:01	
174	185	ARTUR SANTOS	M	36	01:30:22	01:29:57	
175	1266	FERNANDO VARELA	M	39	01:30:58	01:30:34	CLUBE ANACOM
176	1067	MANUEL CARLOS SANTOS	M	39	01:31:13	01:29:37	SERVIÇOS SOCIAIS MONTEPIO
177	503	HELDER PEREIRA	M	35	01:31:24	01:31:04	
178	985	MARCO CASEIRO	M	35	01:31:25	01:30:57	OS PERIGOSOS
179	1157	RUI SALVADOR	M	38	01:31:32	01:30:10	INDIVIDUAL
180	921	RUI VIEITAS	M	38	01:32:58	01:32:00	MITCH TEAM - SANTA CRUZ
181	971	GONÇALO BEATO PRATA	M	35	01:33:58	01:32:47	
182	1160	PEDRO ALVES	M	35	01:34:08	01:32:46	INDIVIDUAL
183	1393	RICARDO MACHADO	M	39	01:34:29	01:33:08	INDIVIDUAL
184	1451	HAMILTON DIAS	M	38	01:34:40	01:34:08	GD SANTANDER TOTTA
185	147	CARLOS CAPELO	M	39	01:35:44	01:35:15	OS CARACÓIS FURIOSOS
186	803	RICARDO FIGUEIRA	M	38	01:36:29	01:33:18	BOM PETISCO 2
187	1100	RUI ALMEIDA	M	37	01:37:13	01:36:10	JAQUINZINHOS DE CORRIDA
188	1026	RICARDO GOMES	M	35	01:37:18	01:36:13	JAQUINZINHOS DE CORRIDA
189	315	ANTÓNIO CASAS NOVAS	M	35	01:38:13	01:36:56	GODINHO
190	140	LUÍS GONÇALVES	M	37	01:39:25	01:38:33	COLINAS BIKE TOUR
191	1168	PAULO FERREIRA	M	36	01:39:38	01:38:43	INDIVIDUAL
192	50	NUNO MIGUEL MAIA MARIQUITOS	M	36	01:41:12	01:40:24	SCALABIS NIGHT RUNNERS
193	632	MIGUEL TRUNINGER SOUSA	M	38	01:42:01	01:41:35	CLUBE COLABORADORES AXA
194	1175	RUI CARTAXO	M	37	01:44:54	01:44:15	TOYOTA
195	1465	NUNO CARVALHO	M	38	01:48:07	01:47:37	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

class. Provisória Escalões

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
196	86	PEDRO GIL	M	36	01:50:35	01:49:40	COLINAS BIKE TOUR
197	1149	BRUNO GONÇALO PEREIRA CARVALHO CONCEIÇÃO	M	39	01:51:03	01:50:09	ESMTC
198	1335	RICARDO MATEUS	M	35	01:52:00	01:51:10	SS CGD
199	674	DANIEL PRATES	M	37	01:53:51	01:52:46	

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1487	RAUL CAETANO	M	42	00:54:34	00:54:32	CUA BENAVENTENSE
2	1242	PAULO MOREIRA	M	44	00:56:08	00:56:05	GDR REBOLEIRA
3	146	JOSÉ DIAS DA SÍLVA	M	44	00:57:07	00:57:04	CLUBE ATLÉTICO DAS PATAMEIRAS
4	774	ANTÓNIO SIMÕES	M	44	00:58:54	00:58:49	G D C BANCO DE PORTUGAL
5	644	JOAQUIM RODRIGUES	M	44	00:59:00	00:58:57	OSCARREGUEIRENSES
6	61	FERNANDO ANTÓNIO GRÁCIO BAPTISTA	M	42	00:59:20	00:59:15	ARRASTADEIRAS
7	779	LUÍS RIO	M	42	00:59:56	00:59:51	G D C BANCO DE PORTUGAL
8	879	AMBROSIO PEREIRA	M	40	01:00:23	01:00:18	CRD ARRUDENSE
9	651	CARLOS LOPES	M	41	01:01:07	01:01:00	
10	148	JOSÉ GEADA	M	43	01:01:22	01:01:18	CLUBE ATLÉTICO DAS PATAMEIRAS
11	300	ORLANDO CORREIA	M	42	01:01:45	01:01:31	CLUBE ATLÉTICO DAS PATAMEIRAS
12	1124	JOAQUIM CAPELA	M	42	01:01:48	01:01:44	CASA BENFICA EM ALHANDRA
13	1302	RUI OLIVEIRA	M	43	01:02:19	01:02:16	AÇOREANA C BANIF
14	1533	MIGUEL TEIXEIRA	M	40	01:02:23	01:02:14	WIKABOO
15	959	FRANCISCO PAIS	M	44	01:03:04	01:02:42	O MUNDO DA CORRIDA
16	788	JOÃO PASTOR	M	41	01:03:09	01:03:05	
17	1441	ANTÓNIO LOURO	M	40	01:03:09	01:03:05	GD SANTANDER TOTTA
18	323	FERNANDO GOMES	M	40	01:03:18	01:03:14	UNIDOS DA MANUTENÇÃO
19	596	PAULO CRUZ	M	43	01:03:24	01:03:19	CA BARREIRA
20	1289	LUÍS ALBUQUERQUE	M	43	01:03:57	01:03:33	AÇOREANA C BANIF
21	1108	LUIS VALENTE	M	41	01:03:58	01:03:45	CLUBE ANA LISBOA
22	720	LUCIANO MATOS CORREIA	M	41	01:03:59	01:03:59	
23	354	LUIS MIGUEL ANDRADE MIRANDA	M	42	01:04:04	01:03:56	
24	1422	PAULO TELES	M	43	01:04:23	01:04:07	GAA VILA FRANCA XIRA
25	1477	JOSE FERNANDES	M	44	01:04:36	01:04:01	A 20 KM ALMEIRIM
26	1184	ANTONIO SOARES	M	44	01:04:45	01:04:33	TOYOTA
27	201	RUI CARDOSO	M	43	01:04:48	01:04:44	UNIDOS DA MANUTENÇÃO
28	373	LUÍS MONTEIRO	M	42	01:04:55	01:04:48	CLUBE GRUPO BES
29	1326	FERNANDO CANDEIAS	M	42	01:05:09	01:04:52	SS CGD
30	517	CARLOS OLIVEIRA	M	40	01:05:23	01:04:37	
31	520	ANTÓNIO JOÃO MOREIRA	M	41	01:05:28	01:05:22	
32	440	GONÇALO FERREIRA	M	40	01:06:04	01:05:58	
33	1528	GONÇALO CARDOSO	M	41	01:06:11	01:05:49	WIKABOO
34	798	JOSUÉ FRANCISCO	M	42	01:06:19	01:06:19	S R CAMARNAL
35	1173	PAULO CALIXTO	M	41	01:06:52	01:06:33	TOYOTA
36	907	PEDRO M. A. LUCAS	M	41	01:07:04	01:06:49	
37	1367	TIAGO MENDES	M	40	01:07:14	01:07:10	C MILLENNIUM BCP
38	339	VIRGÍNIO PATEIRO	M	42	01:07:22	01:06:55	
39	73	CARLOS M M S PEDRO	M	42	01:07:34	01:07:02	CLUBE TAP PORTUGAL I

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Relatório por Faixas Etárias

class. Provisória Escalões**M4044**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	609	PAULO FONSECA	M	44	01:07:45	01:07:33	
41	347	LUÍS GRAÇA	M	43	01:07:50	01:07:35	FALCÕES SELVAGENS
42	1037	JOSÉ CARLOS AREDE	M	41	01:07:53	01:07:46	CLUBE EDP - LISBOA
43	174	SADIQ KASSAMO	M	40	01:07:54	01:07:42	
44	367	ANTONIO RICO	M	41	01:08:06	01:07:54	NAPA
45	110	JOÃO PAIXÃO	M	42	01:08:06	01:07:54	NAPA
46	1176	BRUNO B SILVA	M	41	01:08:19	01:08:08	TOYOTA
47	516	VITOR MARQUES	M	44	01:08:22	01:07:36	
48	1136	PAULO ALVES	M	43	01:08:26	01:08:12	
49	109	LUIS MENDES	M	40	01:08:31	01:08:18	NAPA
50	305	HUGO CARAGO	M	40	01:08:48	01:08:38	CLUBE GRUPO BES
51	235	AUGUSTO FERREIRA	M	43	01:08:54	01:08:15	
52	1427	MANUEL MATOS	M	42	01:08:57	01:08:07	CCD O ALVITEJO
53	1187	LUIS NOVO	M	40	01:09:00	01:08:48	TOYOTA
54	743	MIGUEL MARTINS DA SILVA	M	42	01:09:03	01:08:56	
55	1275	ANDRÉ QUARENTA	M	43	01:09:18	01:09:13	AÇOREANA C BANIF
56	831	RICARDO VICENTE	M	41	01:09:35	01:09:25	INDUSTRIAL DESPORTIVO VIEIRENS
57	1440	ANTÓNIO FERREIRA	M	43	01:09:41	01:09:14	GD SANTANDER TOTTA
58	190	PAULO GAMBOA	M	43	01:09:50	01:09:47	CLUBE ATLÉTICO DAS PATAMEIRAS
59	366	NUNO FILIPE BAPTISTA MENDÃO	M	40	01:09:58	01:09:44	SCALABIS NIGHT RUNNERS
60	442	STEVAN PAVLOVIC	M	44	01:09:59	01:09:42	
61	600	FERNANDO COSTA	M	44	01:10:03	01:09:31	PETER PAN SINTRA
62	186	JOSÉ OLIVEIRA	M	40	01:10:04	01:09:55	ASS. ATLETISMO LEBRES DO SADO
63	733	FILIPE BRANCO	M	44	01:10:16	01:09:57	U.R.D.ARRANHÔ
64	223	NUNO RIBEIRO	M	44	01:10:19	01:10:01	CLUBE BOLINHA
65	1050	ANTÓNIO MANUEL DOS SANTOS ALVES	M	44	01:10:30	01:09:57	
66	1114	MARIO MARTINS	M	40	01:10:30	01:09:30	
67	672	LEANDRO REIS	M	44	01:10:38	01:10:24	AMIGOS ATLETISMO MAFRA
68	282	JOSÉ AUGUSTO FERREIRA	M	42	01:10:53	01:10:48	TRILHOS E CORRIDAS DE TERCENA
69	696	DINIS PRUDENCIO	M	42	01:10:55	01:10:45	
70	302	FERNANDO ROSETE	M	43	01:11:08	01:10:51	
71	1292	NUNO E SANTO	M	43	01:11:10	01:10:34	AÇOREANA C BANIF
72	1446	CARLOS TEIXEIRA	M	41	01:11:29	01:11:05	GD SANTANDER TOTTA
73	280	DARIO CABETE	M	40	01:12:07	01:11:17	C.C.R.D. BURINHOSA
74	661	NUNO MIGUEL ANTUNES	M	44	01:12:31	01:12:05	
75	234	JOÃO PEDRO LOUREIRO	M	40	01:13:05	01:12:24	
76	817	JOAQUIM MONTEIRO	M	42	01:13:09	01:12:46	AMIGOS ATLETISMO MAFRA
77	981	NUNO MARQUES	M	40	01:13:23	01:12:44	ASAS NOS PÉS
78	278	OCTAVIO MARIANO	M	42	01:13:29	01:13:08	C.C.R.D. BURINHOSA

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Relatório por Faixas Etárias

class. Provisória Escalões**M4044**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	847	FERNANDO JORGE PAIS C. POLÓNIO	M	44	01:13:30	01:12:23	LEBRES DA PORCALHOTA
80	666	ANTÓNIO CARLOS TEIXEIRA	M	44	01:13:38	01:13:18	
81	621	JOÃO REVÉS	M	42	01:13:38	01:13:22	LESMAS ALOPRADAS
82	730	PEDRO NUNES	M	41	01:13:42	01:13:04	INDIVIDUAL
83	169	RUI NEVES	M	44	01:14:00	01:12:57	
84	1217	ANDRE CID	M	40	01:14:02	01:13:34	REVISTA SPORT LIFE
85	337	RUI VIEIRA	M	44	01:14:13	01:14:04	
86	636	CARLOS MANUEL GUEDES MARQUES	M	43	01:14:14	01:13:52	
87	398	RUI M S MARTINS	M	40	01:14:17	01:13:25	INDIVIDUAL
88	654	LUIS DUARTE	M	43	01:14:20	01:13:50	
89	293	RUI CARVALHO SANTOS	M	43	01:14:22	01:14:04	
90	748	VITOR PIRES	M	44	01:14:24	01:14:01	CASA DO POVO DE ALCANENA
91	167	ELÁDIO MANUEL	M	40	01:14:27	01:13:53	GD BPI
92	1127	LUÍS MIGUEL SANTOS	M	43	01:14:42	01:14:32	
93	544	PAULO PEREIRA	M	40	01:14:43	01:14:21	CAPENAFIRME
94	1293	NUNO FORTE	M	40	01:14:59	01:14:22	AÇOREANA C BANIF
95	1542	MARCO RIBEIRO	M	44	01:15:01	01:14:38	INDIVIDUAL
96	242	FRANCISCO DIAS	M	42	01:15:03	01:14:47	
97	1299	PAULO TORRÃO	M	42	01:15:07	01:14:33	AÇOREANA C BANIF
98	1346	PEDRO SA	M	41	01:15:11	01:14:29	C MILLENNIUM BCP
99	848	HELDER MANUEL B. HENRIQUES	M	44	01:15:18	01:14:11	LEBRES DA PORCALHOTA
100	1291	NÉLSON MOTA	M	43	01:15:24	01:15:11	AÇOREANA C BANIF
101	1188	LUIS TAVARES	M	43	01:15:40	01:15:26	TOYOTA
102	320	RUI GAMEIRO	M	40	01:15:43	01:15:27	CLUBE GRUPO BES
103	625	JOÃO ANTUNES	M	44	01:15:51	01:15:39	
104	1481	LUIS M R A MARQUES	M	44	01:16:05	01:15:29	INDIVIDUAL
105	1270	MIGUEL FIGUEIREDO	M	40	01:16:17	01:15:52	CLUBE ANACOM
106	252	NUNO ALEXANDRE MIGUEL	M	41	01:16:38	01:16:21	
107	1024	JOSÉ COSTA	M	44	01:16:39	01:15:35	
108	1094	RICARDO ARRAIAS	M	41	01:16:40	01:16:07	
109	1066	RUI ROSENDO	M	42	01:16:56	01:16:25	
110	1085	SÉRGIO VINHAS	M	40	01:16:57	01:15:42	
111	304	EDUARDO FGUEIREDO	M	42	01:17:15	01:17:05	CLUBE GRUPO BES
112	1457	JOSÉ PEREIRA	M	44	01:17:19	01:16:48	GD SANTANDER TOTTA
113	145	MIGUEL RIBEIRO DA SILVA	M	44	01:17:27	01:16:59	OS CARACÓIS FURIOSOS
114	193	CARLOS GONÇALVES	M	40	01:17:27	01:16:57	OS CARACÓIS FURIOSOS
115	152	MIGUEL CASTELA	M	43	01:17:43	01:16:41	ASS. ATLETISMO LEBRES DO SADO
116	464	LUÍS PIRES	M	41	01:17:50	01:16:58	FIT 2 RUN - HOLMES PLACE ALGÉS
117	1056	NUNO SANTOS	M	40	01:17:52	01:17:34	FORA D'ARENA

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Relatório por Faixas Etárias

class. Provisória Escalões

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	951	PAULO VIEIRA	M	41	01:18:04	01:17:25	
119	944	JOAQUIM SECO	M	44	01:18:10	01:17:37	
120	1447	DANIEL SIMÕES	M	40	01:18:25	01:17:14	GD SANTANDER TOTTA
121	85	JOÃO AFONSO	M	42	01:18:26	01:17:51	
122	750	RUI PANCADARES	M	40	01:18:28	01:17:56	R BIKES
123	396	PEDRO BARRELA	M	41	01:18:42	01:18:32	GD BPI
124	945	JOÃO PEREIRA	M	41	01:18:57	01:18:17	CCD CRÉDITO AGRÍCOLA MÚTUO
125	1190	NUNO FERREIRA	M	42	01:19:06	01:18:53	TOYOTA
126	850	NUNO ALEXANDRE SANTOS TRINDADE	M	43	01:19:13	01:18:05	LEBRES DA PORCALHOTA
127	519	SERGIO SANTOS	M	41	01:19:22	01:19:12	
128	415	ANTONIO GAMEIRO	M	40	01:19:28	01:18:27	METRALHA BROTHER'S
129	88	RUI BARBOSA	M	43	01:19:31	01:18:52	CLUBE VODAFONE
130	462	RUI GUERREIRO	M	41	01:19:34	01:18:43	FIT 2 RUN - HOLMES PLACE ALGÉS
131	794	JOÃO CARVALHO	M	40	01:19:40	01:18:30	ACD BOCAL
132	1279	DIOGO FERREIRA	M	41	01:19:49	01:19:13	AÇOREANA C BANIF
133	1044	JOÃO VALENTE	M	42	01:19:49	01:18:31	
134	1320	BRUNO COSTA	M	40	01:19:50	01:19:10	SS CGD
135	153	LÚIS OLIVEIRA	M	44	01:19:51	01:18:52	ASS. ATLETISMO LEBRES DO SADO
136	241	JOAO ADEGAS	M	43	01:19:56	01:18:55	
137	782	MÁRIO DUARTE	M	40	01:19:58	01:19:30	
138	1172	NUNO MARQUES	M	40	01:20:16	01:19:38	TOYOTA
139	44	MIGUEL MATOS	M	43	01:20:33	01:20:11	CCD TRANQUILIDADE
140	243	CARLOS CRAVEIRA	M	42	01:20:53	01:20:37	AC TEAM
141	515	PAULO GONÇALVES	M	41	01:21:16	01:20:40	
142	1034	MIGUEL OLIVEIRA	M	41	01:21:18	01:20:53	VALADARES
143	52	PEDRO MANUEL RIOS DE OLIVEIRA CAMÕES GOUVEIA	M	42	01:21:19	01:20:30	SCALABIS NIGHT RUNNERS
144	283	VITOR SANTOS	M	42	01:21:20	01:20:57	CARAP AUS DE CORRIDA
145	122	JORGE PINTO	M	43	01:21:22	01:21:14	CLUBE ROBBIALAC
146	1372	EDUARDO LOPES	M	42	01:21:24	01:21:06	C MILLENNIUM BCP
147	1017	RICARDO DIAS	M	40	01:21:48	01:20:27	SERVIÇOS SOCIAIS MONTEPIO
148	1076	JORGE SOUSA	M	40	01:21:48	01:20:30	SERVIÇOS SOCIAIS MONTEPIO
149	11	VASCO ALPALHAO	M	44	01:21:50	01:20:57	ALPALHAO
150	1383	HUMBERTO CABRAL	M	41	01:21:53	01:21:38	C MILLENNIUM BCP
151	1382	LUIS COSTA	M	44	01:21:53	01:21:39	C MILLENNIUM BCP
152	1503	NUNO PEREIRA	M	42	01:22:14	01:21:58	SC CASAINHOS
153	791	RUI ALVES	M	41	01:22:34	01:21:44	GA MONSANTO GASCAN
154	650	RICARDO SARDINHEIRO	M	40	01:22:44	01:21:25	PANELA MAGICA
155	1280	FAUSTO ISAAC	M	44	01:22:44	01:22:09	AÇOREANA C BANIF
156	878	JOÃO MIGUEL RODRIGUES ANDRÉ	M	42	01:22:46	01:22:07	TRILHOS & TRETAS

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	1000	RUI SANTOS	M	42	01:22:57	01:21:51	OS PERIGOSOS
158	259	LUIS JOSÉ NUNES ANDRADE	M	40	01:23:01	01:22:28	
159	1089	PEDRO CARRASCO	M	42	01:23:13	01:22:01	SERVIÇOS SOCIAIS MONTEPIO
160	639	JORGE MANUEL LOPES	M	41	01:23:37	01:22:55	
161	634	VITOR JOSÉ RAMOS	M	42	01:23:42	01:22:56	CLUBE COLABORADORES AXA
162	47	PEDRO MORGADO	M	43	01:23:43	01:23:21	CCD TRANQUILIDADE
163	319	PEDRO VITOR	M	43	01:23:54	01:22:54	CLUBE GRUPO BES
164	1075	JORGE PACHECO	M	41	01:24:01	01:23:18	
165	729	ANTÓNIO FERREIRA	M	42	01:24:16	01:23:24	BUERAPIDOS
166	715	LUIS MORENO	M	40	01:24:26	01:23:47	KENIANNUS ALBINNUS
167	673	LUIS ALMEIDA	M	40	01:24:32	01:23:25	
168	1332	PAULO BAILÃO	M	43	01:24:41	01:23:55	SS CGD
169	1237	AMÉRICO CARVALHO	M	40	01:24:42	01:24:03	INDIVIDUAL
170	1397	PEDRO OLIVEIRA	M	43	01:24:48	01:23:44	INDIVIDUAL
171	1072	PAULO MONIZ	M	41	01:24:54	01:23:35	
172	256	FERNANDO ALGARVIO	M	40	01:24:54	01:24:31	SMAS SINTRA RUN
173	156	MIGUEL NUNO CHAVES	M	43	01:24:59	01:24:48	GD BPI
174	45	GUILHERME HENRIQUES	M	40	01:25:31	01:25:08	CCD TRANQUILIDADE
175	1164	LINO SILVA	M	41	01:25:56	01:25:14	GD CIMPOR & AMIGOS
176	258	DANIEL REIS	M	40	01:25:59	01:25:23	
177	1016	ALEXANDRE CAPUCHA	M	43	01:26:02	01:25:30	
178	324	LUIS MACEDO	M	43	01:26:03	01:25:42	SMAS SINTRA RUN
179	613	LUÍS GIL CALDEIRA	M	42	01:26:11	01:25:18	
180	346	ANTONIO VILLACAMPA	M	41	01:26:15	01:25:24	
181	1018	PAULO ALEXANDRE DIAS DE OLIVEIRA	M	40	01:26:16	01:25:25	ESMTC
182	587	MARCO ALEXANDRE RESENDE LOPES	M	41	01:26:30	01:26:25	
183	499	NUNO PAISANA	M	41	01:26:45	01:26:22	ASSOCIAÇÃO GD ACADEMIA KORPO
184	496	HORST LAUW	M	43	01:26:45	01:26:22	ASSOCIAÇÃO GD ACADEMIA KORPO
185	1134	HUGO BEXIGA	M	40	01:26:47	01:25:35	
186	1442	ANTÓNIO CASTRO	M	44	01:26:54	01:26:23	GD SANTANDER TOTTA
187	1170	NUNO LANDEIRO	M	40	01:27:29	01:26:52	TOYOTA
188	1474	LUIS COITO	M	43	01:27:38	01:27:06	GD SANTANDER TOTTA
189	1115	LUIS MIGUEL CARDOSO	M	41	01:27:43	01:26:44	
190	364	VITOR CANTO	M	43	01:27:53	01:27:03	
191	1493	ANTONIO M J SOUSA	M	42	01:28:28	01:27:51	INDIVIDUAL
192	361	VÍTOR MANUEL PEREIRA GONÇALVES	M	44	01:28:38	01:28:02	4 AO KM
193	1163	JOAO FERREIRA	M	41	01:29:17	01:28:34	GD CIMPOR & AMIGOS
194	732	NUNO PEREIRA	M	43	01:29:21	01:28:34	
195	1285	JOÃO SERRA	M	41	01:29:33	01:28:59	AÇOREANA C BANIF

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
196	10	NUNO MIGUEL MONTEIRO MENDES	M	40	01:30:36	01:29:45	OS PRIMOS
197	128	RUI MANUEL CANOTILHO RIBEIRO	M	40	01:30:36	01:29:46	OS PRIMOS
198	1119	JOSE RUIVO	M	43	01:30:48	01:29:48	
199	254	HÉLDER DE OLIVEIRA PIRES	M	40	01:30:53	01:30:03	
200	138	RICARDO SOUSA	M	42	01:31:00	01:30:29	
201	262	NUNO CLEMENTE	M	41	01:31:13	01:30:49	CARAP AUS DE CORRIDA
202	805	SÉRGIO RODELO	M	44	01:31:14	01:30:14	A MINHA CORRIDA . COM
203	736	ERNESTO GUIA	M	40	01:31:16	01:30:08	ACD BOCAL
204	129	NUNO PAULO REI CARRÔLO	M	44	01:32:21	01:31:29	OS PRIMOS
205	728	FERNANDO CARVALHO	M	42	01:32:35	01:31:43	BUERAPIDOS
206	1007	JOSÉ MORGADO	M	42	01:33:36	01:32:44	PT
207	591	JOSÉ ARTUR BARREIROS	M	43	01:33:41	01:32:39	
208	1494	JOAO CAPÃO	M	42	01:33:42	01:32:28	INDIVIDUAL
209	382	PAULO ALEXANDRE MARQUES MIGUEL PANCADARES ROQUE	M	44	01:34:34	01:33:24	
210	19	PEDRO N SANTOS	M	40	01:34:40	01:33:53	CLUBE TAP PORTUGAL I
211	273	JOSÉ FINURAS	M	43	01:34:55	01:34:20	MULTIRUNNERS
212	1019	EDUARDO AMORIM	M	42	01:35:29	01:34:44	
213	204	PEDRO MIGUEL LOPES DE OLIVEIRA COSTA	M	40	01:36:52	01:35:43	
214	1165	PAULO ASCENÇÃO	M	42	01:37:00	01:36:20	GD CIMPOR & AMIGOS
215	1342	MIGUEL BARATA	M	41	01:38:04	01:37:35	C FERROV PORTUGAL
216	1445	CARLOS PEREIRA	M	43	01:38:09	01:37:53	GD SANTANDER TOTTA
217	707	ANTÓNIO COELHO	M	41	01:39:06	01:38:06	
218	54	NUNO MARQUES	M	43	01:41:43	01:40:49	
219	804	ROGÉRIO DIAS	M	42	01:42:54	01:40:13	BOM PETISCO 2
220	1015	JÓÃO PEDRO GAMEIRO	M	43	01:43:16	01:42:24	
221	994	PEDRO EUGÉNIO	M	41	01:43:38	01:43:38	OS PERIGOSOS
222	605	JOAO DIAS	M	44	01:45:30	01:44:38	
223	665	JÓÃO MARTINS	M	44	01:45:39	01:44:54	O MUNDO DA CORRIDA
224	828	JOSÉ GABRIEL QUARESMA	M	44	01:47:27	01:46:08	
225	1358	NUNO ALMEIDA	M	42	02:06:54	02:06:54	C MILLENNIUM BCP

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	213	Jose Lopes	M	47	00:57:18	00:57:15	ODIMARQ
2	543	JOÃO LOPES	M	48	01:01:12	01:01:03	CAPENAFIRME
3	1479	PAULO FIALHO	M	45	01:01:57	01:01:52	BUCELAS AVENTURA
4	824	JORGE SILVA	M	46	01:02:16	01:02:10	GRUPO ALEGRE UNIDO BAJOUCA
5	744	ANTÓNIO VITORINO	M	45	01:02:54	01:02:38	ATLETAS FAROLIM PENICHE
6	1419	CLÁUDIO MIRA	M	48	01:02:56	01:02:52	GAA VILA FRANCA XIRA
7	1418	VITOR NOGUEIRA	M	49	01:03:01	01:02:58	GAA VILA FRANCA XIRA
8	886	PAULO ARRENEGA	M	47	01:03:08	01:03:03	CRD ARRUDENSE
9	196	MANUEL SOARES	M	49	01:03:10	01:03:06	UNIDOS DA MANUTENÇÃO
10	297	FERNANDO FIGUEIREDO	M	47	01:03:34	01:03:29	FALCÕES SELVAGENS
11	266	CARLOS DUARTE	M	48	01:03:41	01:03:31	C.C.R.D. BURINHOSA
12	218	FERNANDO VICENTE	M	48	01:03:44	01:03:37	
13	424	ANTONIO MANUEL TEIXEIRA DE CASTRO SOUSA	M	45	01:03:54	01:03:40	KANINOS
14	830	CARLOS PINTO	M	45	01:03:55	01:03:50	INDUSTRIAL DESPORTIVO VIEIRENS
15	695	PAULO ALEXANDRE CORREIA	M	48	01:03:55	01:03:50	U. VETERANOS RIBEIRA SANTARÉM
16	904	FERNANDO RODRIGUES	M	46	01:04:10	01:04:05	A VALE SILENCIO
17	530	CONSTANTINO ARAÚJO	M	47	01:04:11	01:03:39	S. C: REBOLEIRA E DAMAIA
18	26	JOSE ESTEVES	M	48	01:04:41	01:04:34	
19	116	ANTÓNIO PEREIRA	M	49	01:04:43	01:04:35	CCDTMETROLX
20	932	PAULO MATA	M	49	01:05:32	01:05:26	JUST FOR FAN
21	752	ANTÓNIO OLIVEIRA	M	45	01:05:36	01:05:28	R BIKES
22	83	JOAO CALDAS	M	48	01:05:58	01:05:49	NUCLEO DESPORTIVO AUTOCOOPE
23	1186	JOAO P G GOMES	M	45	01:06:08	01:05:57	TOYOTA
24	911	MANUEL CHINITA	M	49	01:06:35	01:06:24	A VALE SILENCIO
25	1281	FRANCISCO CALÇADA	M	49	01:06:36	01:06:29	AÇOREANA C BANIF
26	205	ANTÓNIO CARDOSO	M	46	01:06:55	01:06:43	
27	1421	PAULO HENRIQUE	M	45	01:07:27	01:07:27	GAA VILA FRANCA XIRA
28	903	PAULO DUARTE	M	47	01:07:40	01:07:28	A VALE SILENCIO
29	335	ANTÓNIO ELISIO GONÇALVES	M	49	01:07:41	01:07:17	CCDTMETROLX
30	349	MÁRIO LOURENÇO	M	48	01:08:13	01:08:04	CLUBE DE PRAÇAS DA ARMADA
31	421	JOSÉ DUARTE RIBEIRO	M	46	01:08:28	01:08:13	BOM RETIRO TRAIL RUNNERS
32	682	PAULO BASÍLIO	M	46	01:08:33	01:08:01	OS ZATOPEQUES
33	1535	LUIS GRILO	M	46	01:08:49	01:08:38	WIKABOO
34	694	FERNANDO COSTA CAMPOS ALVES	M	48	01:09:38	01:09:32	U. VETERANOS RIBEIRA SANTARÉM
35	1480	LUIS FERREIRA	M	47	01:09:44	01:09:23	URD ARRANHO
36	1339	ISIDRO DUARTE	M	46	01:10:04	01:09:55	RB RUNNING
37	1156	JORGE GONÇALVES	M	45	01:10:06	01:09:46	
38	754	JOSE ALBERTO FERREIRA	M	46	01:10:32	01:10:12	
39	163	LUIS ÁLVARO	M	46	01:10:37	01:10:27	GD BPI

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1261	CARLOS JACINTO	M	45	01:10:39	01:10:29	INDIVIDUAL
41	108	LUIS MATOS	M	47	01:10:39	01:09:28	NAPA
42	741	ERCUANO SILVA	M	48	01:11:00	01:10:56	AD REAL ACADEMIA
43	57	CARLOS MANUEL CAIOLA MENDES	M	47	01:11:05	01:10:58	
44	912	JULIO ROQUE	M	48	01:11:20	01:11:07	A VALE SILENCIO
45	317	PAULO SILVA	M	46	01:11:37	01:11:26	CLUBE GRUPO BES
46	30	HELDER BEXIGA	M	45	01:11:51	01:11:41	FRIENDS2RUN
47	405	PEDRO MARIA	M	49	01:11:53	01:11:03	SCALABIS NIGHT RUNNERS
48	249	ANTÓNIO COSTA	M	46	01:11:55	01:11:28	GEORUNNERS
49	224	PAULO CALDEIRA	M	45	01:11:59	01:11:49	CLUBE BOLINHA
50	231	JOSÉ PEDRO COSTA	M	46	01:12:00	01:11:41	CLUBE BOLINHA
51	100	L MIGUEL M ALVES	M	46	01:12:02	01:11:58	
52	612	MÁRIO JORGE COELHO	M	48	01:12:05	01:11:50	
53	393	PEDRO SANTOS TRABUCO	M	49	01:12:09	01:11:59	GD BPI
54	295	VITOR RODRIGUES	M	47	01:12:23	01:12:02	C.C.R.D. BURINHOSA
55	1523	DAVID PALMEIRO	M	48	01:12:43	01:12:34	SL CAMPOLIDE
56	286	PAULO BRANCO	M	46	01:12:58	01:12:25	
57	1123	RUI PAULO	M	48	01:13:15	01:12:35	
58	345	JOSÉ MATOS	M	45	01:13:37	01:13:28	CLUBE DE PRAÇAS DA ARMADA
59	1351	PAULO PAIS	M	49	01:13:55	01:13:35	C MILLENNIUM BCP
60	991	MÁRIO LOPES	M	45	01:14:05	01:13:37	OS PERIGOSOS
61	370	ALBERTO BOTAS	M	48	01:14:05	01:13:22	RUN CREW TRAIL MONTIJO
62	16	RAFAEL LAVOURAS	M	48	01:14:16	01:14:00	
63	1489	JOAQUIM CARMO	M	47	01:14:20	01:13:48	CUA BENAVENTENSE
64	718	LUIS AMARAL	M	47	01:14:22	01:13:47	
65	35	JOÃO CARLOS PEREIRA RODRIGUES	M	45	01:14:24	01:13:30	SCALABIS NIGHT RUNNERS
66	719	JOSÉ FERNANDES	M	45	01:14:28	01:13:52	
67	845	ANTONIO VARELA	M	48	01:14:30	01:14:20	INDIVIDUAL
68	852	VICTOR MANUEL BATISTA E SILVA	M	48	01:14:33	01:13:30	
69	1515	JOAO SILVA	M	45	01:14:45	01:14:17	SS CGD
70	749	VITOR FERREIRA	M	49	01:14:48	01:14:25	CASA DO POVO DE ALCANENA
71	1311	NUNO ROMÃO	M	46	01:14:55	01:13:52	GD INE
72	984	JOSE MIRANDA	M	48	01:14:56	01:14:30	
73	1540	PEDRO SESOES	M	47	01:15:15	01:14:29	INDIVIDUAL
74	849	VITOR RODRIGUES LOPES	M	45	01:15:17	01:14:10	LEBRES DA PORCALHOTA
75	1388	CARLOS RAMOS	M	47	01:15:23	01:15:08	C MILLENNIUM BCP
76	735	JORGE LEITÃO	M	49	01:15:27	01:14:54	OS ZATOPEQUES
77	352	PAULO PRATA	M	46	01:15:30	01:15:02	
78	272	PAULO ALEXANDRE CAETANO MARQUES	M	49	01:15:32	01:15:32	

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class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	917	PAULO SANTOS	M	46	01:15:42	01:15:13	
80	275	RUI PAÇO	M	45	01:15:42	01:14:39	MULTIRUNNERS
81	680	JOSÉ TORRES	M	49	01:15:55	01:15:55	OS ZATOPEQUES
82	155	PAULO VILA LUZ	M	47	01:16:03	01:15:52	GD BPI
83	931	JOÃO SILVEIRA	M	45	01:16:06	01:15:36	
84	428	JOAO PAULO ALMEIDA	M	46	01:16:07	01:15:53	KANINOS
85	1386	CARLOS DINIS	M	49	01:16:18	01:16:13	C MILLENNIUM BCP
86	1355	PEDRO FONTES	M	48	01:16:26	01:15:29	C MILLENNIUM BCP
87	1227	JOÃO OLIVAL	M	45	01:16:31	01:15:28	INDIVIDUAL
88	178	LUIS PAULO	M	47	01:16:31	01:15:57	MULTIRUNNERS
89	667	VITOR CARDEIRA	M	48	01:16:36	01:16:20	
90	149	CLÁUDIO RODRIGUES	M	48	01:16:39	01:16:16	CARAP AUS DE CORRIDA
91	688	NUNO CORDEIRO	M	45	01:16:49	01:16:49	ZATOPEQUES
92	164	JOSÉ GAMA	M	47	01:16:52	01:16:18	GD BPI
93	1226	HERDER GANDARINHO	M	45	01:17:02	01:16:28	APOGMA
94	1389	MARCOS NORITAKE	M	47	01:17:11	01:16:36	C MILLENNIUM BCP
95	678	JOSÉ CUNHA	M	49	01:17:14	01:16:00	OS ZATOPEQUES
96	595	ABÍLIO GOMES	M	49	01:17:29	01:17:00	
97	888	CARLOS MANUEL DINIS CARRANCA	M	48	01:17:29	01:17:08	
98	717	NELIO MACEDO	M	47	01:17:58	01:17:47	
99	13	NUNO VEIGA	M	48	01:18:11	01:18:03	FRANGO 1966
100	316	PAULO GONÇALVES	M	46	01:18:19	01:17:41	CLUBE GRUPO BES
101	607	CARLOS FERNANDES	M	49	01:18:27	01:17:17	
102	17	JOSÉ F COELHO	M	48	01:18:30	01:18:01	CLUBE TAP PORTUGAL I
103	72	CARLOS M B T SILVA	M	48	01:18:30	01:18:02	CLUBE TAP PORTUGAL I
104	191	JOÃO PEREIRA	M	46	01:18:31	01:17:57	MULTIRUNNERS
105	1330	LUIS QUENTAL	M	47	01:18:34	01:17:53	SS CGD
106	846	JORGE MANUEL C. ROMÃO	M	45	01:18:39	01:17:32	LEBRES DA PORCALHOTA
107	895	RUI GUERREIRO	M	48	01:18:43	01:18:01	
108	1468	RUI CUNHA	M	47	01:18:46	01:17:41	GD SANTANDER TOTTA
109	1461	LÚCIO SILVA	M	47	01:18:50	01:17:44	GD SANTANDER TOTTA
110	980	JORGE CARREIRAS	M	47	01:19:04	01:18:03	
111	99	PEDRO CAETANO	M	46	01:19:10	01:18:49	SMAS SINTRA RUN
112	441	PETE RAMOS	M	45	01:19:21	01:19:11	
113	588	JOAO SILVA	M	45	01:19:33	01:18:47	
114	111	PAULO ALEXANDRE BRITO ANTÓNIO SILVA	M	49	01:19:40	01:19:18	CLUBE BBVA
115	340	PAULO SIMÕES	M	47	01:19:42	01:18:59	FALCÕES SELVAGENS
116	1524	RUI RODRIGUES	M	48	01:19:45	01:19:36	SL CAMPOLIDE
117	269	MANUEL JOAQUIM DA SILVA DIAS	M	47	01:19:57	01:18:59	

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	1277	ARMANDO PARREIRA	M	45	01:20:03	01:18:57	AÇOREANA C BANIF
119	408	ANGELO FERREIRA	M	49	01:20:37	01:19:54	
120	646	FERNANDO GONÇALVES	M	45	01:20:40	01:19:56	
121	1402	CARLOS RODRIGUES	M	45	01:20:47	01:19:45	TEJAVISTA
122	993	BENTO VALENTE	M	48	01:20:50	01:20:22	OS PERIGOSOS
123	1218	NUNO M SANTOS	M	46	01:20:54	01:19:49	REVISTA SPORT LIFE
124	91	JOÃO GERMANO	M	46	01:21:01	01:19:56	
125	622	PAULO ANTUNES	M	46	01:21:04	01:20:49	LESMAS ALOPRADAS
126	90	LUÍS BASTOS COSTA	M	48	01:21:12	01:20:29	
127	210	LUIS MIRA	M	49	01:21:31	01:21:25	H2H
128	1174	JORGE RODRIGUES	M	49	01:22:02	01:22:02	TOYOTA
129	134	RAFAEL SANTOS	M	46	01:22:03	01:21:23	CCDTMETROLX
130	1113	CARLOS HILARIO	M	48	01:22:16	01:21:17	
131	1043	JOAQUIM BEXIGA	M	45	01:22:21	01:21:46	CLUBE OGMA
132	1420	PAULO LEOTE	M	46	01:22:23	01:21:32	GAA VILA FRANCA XIRA
133	257	RUI EDUARDO HORTA	M	48	01:22:28	01:21:40	
134	1004	PAULO PORTUGAL	M	48	01:22:37	01:22:15	A VALE SILENCIO
135	647	LUIS LOPES	M	46	01:22:43	01:21:24	PANELA MAGICA
136	1462	LUIS GATINHO	M	46	01:22:52	01:22:14	GD SANTANDER TOTTA
137	1224	JOSÉ LOUREIRO	M	49	01:22:56	01:22:12	APOGMA
138	576	CARLOS COSTA	M	48	01:23:05	01:22:35	
139	567	JOSÉ PACHECO	M	47	01:23:11	01:22:30	
140	1090	PAULO RAINHO	M	47	01:23:13	01:22:01	SERVIÇOS SOCIAIS MONTEPIO
141	394	RENATO CRUZ	M	45	01:23:16	01:22:43	GD BPI
142	1096	EDGAR JORGE DOS SANTOS ANASTACIO	M	49	01:23:23	01:23:23	
143	197	AMANDIO BUSCA	M	46	01:23:34	01:22:57	NO LIMITS
144	979	MANUEL BATISTA	M	48	01:23:36	01:23:08	
145	1229	ALVARO QUITERIO	M	48	01:23:45	01:23:28	INDIVIDUAL
146	1364	CARLO P ABRU	M	46	01:23:48	01:23:48	C MILLENNIUM BCP
147	809	PAULO BORGES	M	45	01:24:08	01:22:59	
148	920	ANTONIO SELADAS	M	48	01:24:27	01:23:13	CENTRO SOCIAL DA OTA
149	1282	FRANCISCO PEREIRA	M	46	01:24:30	01:23:54	AÇOREANA C BANIF
150	158	RUI XAVIER	M	47	01:24:34	01:24:25	CLUBE EDP - LISBOA
151	1210	PEDRO C REIS	M	49	01:24:48	01:23:56	FIT 2 RUN - HP ALGÉS
152	1315	ANDRÉ NORONHA	M	49	01:24:55	01:23:48	SS CGD
153	1238	JOSÉ NASCIMENTO	M	49	01:25:05	01:23:59	INDIVIDUAL
154	89	DANIEL XAREPE	M	49	01:25:09	01:24:30	NAPA
155	264	CARLOS HENRIQUE	M	46	01:25:15	01:24:43	
156	524	GONÇALO NETO	M	47	01:25:16	01:24:19	

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	220	LORENZO ABREU	M	45	01:25:27	01:25:07	CLUBE BOLINHA
158	276	MÁRIO RUI MENDONÇA SANTOS	M	48	01:25:29	01:24:34	
159	74	DAVID DA COSTA AFONSO	M	48	01:25:32	01:25:10	CLUBE TAP PORTUGAL I
160	310	JOSÉ GONÇALVES	M	48	01:25:49	01:25:40	CLUBE GRUPO BES
161	518	VITOR AFONSO LOURENÇO	M	45	01:25:49	01:25:19	
162	968	VÍTOR GAMEIRO	M	48	01:25:50	01:24:58	
163	1354	FERNANDO ALMEIDA	M	45	01:25:58	01:25:33	C MILLENNIUM BCP
164	1352	ANTONIO ALMEIDA	M	47	01:25:58	01:25:16	C MILLENNIUM BCP
165	1365	LUIS CAMPOS	M	45	01:26:00	01:25:37	C MILLENNIUM BCP
166	188	LUIS GARÇÃO	M	46	01:26:08	01:25:31	NO LIMITS
167	1002	ALEXANDRE BEIJINHA	M	45	01:26:12	01:24:58	CENTRO SOCIAL DA OTA
168	123	JOSÉ VILELA	M	49	01:26:46	01:26:39	CLUBE ROBBIALAC
169	1225	CARLOS SOUSA	M	46	01:26:49	01:26:06	APOGMA
170	1070	FERNANDO SÉRGIO L. SUZANO	M	46	01:27:02	01:25:42	
171	1059	AMADEU CARVALHO	M	46	01:27:03	01:25:43	
172	1336	RUI SANTOS	M	46	01:27:12	01:25:50	SS CGD
173	1475	LUIS PAIVA	M	46	01:27:38	01:27:07	GD SANTANDER TOTTA
174	925	JOSÉ AMARAL	M	49	01:28:42	01:28:06	ISTO CANSA
175	84	JORGE MONTEIRO	M	46	01:28:44	01:27:59	
176	313	MANUEL ANASTÁCIO	M	45	01:28:44	01:27:58	CLUBE GRUPO BES
177	1366	JORGE SOARES	M	48	01:28:45	01:28:18	C MILLENNIUM BCP
178	1371	JOSÉ MARQUES	M	46	01:28:55	01:28:10	C MILLENNIUM BCP
179	1381	LUIS GASPAR	M	47	01:29:30	01:29:07	C MILLENNIUM BCP
180	1407	JOÃO BORGES	M	46	01:30:14	01:29:11	TEJAVISTA
181	1356	EDUARDO PINTO	M	46	01:30:24	01:29:58	C MILLENNIUM BCP
182	615	JOSE J C SANTOS	M	48	01:30:47	01:29:44	
183	1353	LEONEL BRANDÃO	M	46	01:30:57	01:30:31	C MILLENNIUM BCP
184	699	ANTÓNIO MANUEL ALMEIDA	M	48	01:30:57	01:29:49	
185	1496	JOAO GAMEIRO	M	46	01:31:13	01:30:22	INDIVIDUAL
186	810	NUNO ALMEIDA	M	46	01:31:14	01:29:58	INDIVIDUAL
187	933	PAULO VIANA	M	45	01:31:28	01:30:30	JUST FOR FAN
188	770	ORLANDO RODRIGUES	M	48	01:31:39	01:30:44	
189	893	LUIS VARANDAS	M	49	01:31:57	01:31:07	
190	71	JOAO ALMEIDA	M	49	01:32:09	01:30:56	
191	936	ADRIANO DIAS	M	47	01:32:27	01:31:31	JUST FOR FAN
192	787	RAUL CORREIA	M	49	01:32:57	01:31:55	ATLETAS FAROLIM PENICHE
193	351	LUÍS CATITA	M	46	01:34:21	01:33:06	
194	288	MÁRIO RODRIGO PINTO VALÉRIO	M	48	01:34:32	01:33:32	
195	92	EMANUEL FERNANDO BARBOSA PEREIRA	M	45	01:34:34	01:33:24	

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
196	1023	JOAQUIM CASQUINHA	M	48	01:34:47	01:33:41	
197	343	NUNO LOUREIRO	M	47	01:34:48	01:33:47	FALCÕES SELVAGENS
198	1378	RODOLFO LIMA	M	46	01:35:24	01:34:58	C MILLENNIUM BCP
199	133	PAULO ALVES	M	49	01:36:01	01:35:05	
200	816	ANTONIO PEREIRA	M	49	01:37:31	01:36:27	MUNDO DA CORRIDA
201	285	NUNO JORGE PEREIRA PAULO DE OLIVEIRA	M	45	01:37:41	01:36:31	
202	1201	THIERRY LABEL	M	49	01:38:50	01:37:57	VILLEJUIF
203	444	JORGE CEREJEIRA	M	46	01:39:41	01:38:36	KLENTOS
204	723	ANTÓNIO NARCISO	M	45	01:40:37	01:39:53	
205	311	FERNANDO FILIPE	M	45	01:42:13	01:41:48	CLUBE GRUPO BES
206	1062	JEREMIAS JOAQUIM FERRUGENTO CARDOSO	M	49	01:42:58	01:42:41	
207	1036	MANUEL MAGALHÃES	M	47	01:46:34	01:46:03	VALADARES
208	1331	MANUEL BRÁS	M	46	01:52:00	01:51:19	SS CGD
209	1443	ANTÓNIO PEREIRA	M	48	02:02:58	02:01:44	GD SANTANDER TOTTA
210	372	LUÍS CAETANO	M	49	02:05:23	02:04:21	CLUBE GRUPO BES
211	1350	FERNANDO RODRIGUES	M	49	02:06:13	02:06:13	C MILLENNIUM BCP

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1437	JOSÉ BORGES	M	53	00:58:37	00:58:34	INDIVIDUAL
2	901	PAULO POVOA	M	50	00:58:49	00:58:45	A VALE SILENCIO
3	1488	JOAO MARTINS	M	51	01:01:26	01:01:10	CUA BENAVENTENSE
4	1221	LICINIO FIDALGO	M	54	01:03:56	01:03:52	APOGMA
5	1128	TEOTÓNIO XAVIER NETO	M	50	01:04:25	01:04:15	
6	687	GUILHERME DAVID	M	53	01:05:29	01:04:53	ZATOPEQUES
7	391	CARLOS FORTUNATO	M	53	01:06:45	01:06:36	
8	624	ANTÓNIO MERUJO	M	54	01:07:18	01:07:06	
9	176	CARLOS NELSON DIAS	M	53	01:07:28	01:06:47	CCDTMETROLX
10	1095	VICTOR CARAPELHO	M	50	01:07:50	01:07:44	BOM RETIRO TRAIL RUNNERS
11	786	VICTOR MANSO	M	51	01:08:14	01:07:59	ATLETAS FAROLIM PENICHE
12	793	LOSE LUIS NOBRE	M	50	01:08:17	01:08:08	SFUAP
13	1404	JOAQUIM FIDALGO	M	53	01:09:02	01:08:55	TEJAVISTA
14	504	DANIEL A C NUNES	M	54	01:09:24	01:09:14	AD REAL ACADEMIA
15	1228	ANTÓNIO CASACA	M	52	01:09:27	01:08:53	INDIVIDUAL
16	902	JOSÉ MARTINS	M	51	01:09:39	01:09:34	TOUGH TRAILS
17	1506	CARLOS BAPTISTA	M	53	01:09:40	01:09:24	SC CASAINHOS
18	443	EDUARDO MANUEL ALVES DA SILVA	M	50	01:09:48	01:09:22	
19	918	HERNANI MONTEIRO	M	53	01:09:54	01:09:43	A VALE SILENCIO
20	1417	ANTÓNIO RIBEIRO	M	52	01:09:56	01:09:27	GAA VILA FRANCA XIRA
21	1429	JOAQUIM MARTINS	M	54	01:10:02	01:09:12	CCD O ALVITEJO
22	1231	LUÍS GAMA	M	50	01:10:09	01:09:50	A PONTE FAJÃO
23	97	ANTONIO ALMEIDA	M	50	01:10:12	01:10:07	NUCLEO DESPORTIVO AUTOCOOPE
24	829	ALBERTO VINAGRE	M	52	01:10:41	01:10:37	INDUSTRIAL DESPORTIVO VIEIRENS
25	679	JOSÉ MORAIS	M	52	01:10:52	01:09:42	OS ZATOPEQUES
26	611	MANUEL FONSECA	M	50	01:10:56	01:10:52	ASSOCIAÇÃO DE ATLETISMO LEBRES
27	610	ANTÓNIO TORRES	M	54	01:11:00	01:10:48	
28	1305	VIRGÍLIO MADEIRA	M	54	01:11:10	01:10:34	AÇOREANA C BANIF
29	1083	LUIS MARTINS	M	50	01:11:18	01:11:08	OS PINHEIROS
30	187	JOAQUIM AFONSO LOPES	M	50	01:11:31	01:11:26	TRILHOS E CORRIDAS DE TERCENA
31	1532	JOSE MOTA	M	54	01:11:49	01:11:37	WIKABOO
32	684	ANTÓNIO JACINTO	M	54	01:11:55	01:11:18	ZATOPEQUES
33	104	PEDRO EMANUEL BEAUMONT	M	52	01:12:30	01:12:19	LINDA-A-PASTORA SPORTING CLUBE
34	820	ANTÓNIO FERNANDES	M	53	01:12:50	01:12:20	GRUPO ALEGRE UNIDO BAJOUCA
35	438	FRANCISCO MADEIRA	M	51	01:13:06	01:12:38	
36	697	MIGUEL MARQUES	M	53	01:13:16	01:12:58	
37	844	JOSÉ FERRAZ	M	51	01:13:19	01:13:00	
38	916	FERNANDO AVELINO	M	54	01:13:20	01:12:38	A VALE SILENCIO

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Relatório por Faixas Etárias

class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
39	413	CARLOS NABIÇA	M	50	01:13:26	01:12:57	CLUBE GRUPO BES
40	777	JOAQUIM FERRÃO	M	53	01:13:54	01:12:10	G D C BANCO DE PORTUGAL
41	1361	ANTONIO SEIXAS	M	50	01:14:22	01:14:02	C MILLENNIUM BCP
42	277	ANTÓNIO MANUEL FIGUEIREDO PEREIRA	M	53	01:14:25	01:13:58	
43	333	RUI VENTURA	M	53	01:14:27	01:14:19	C.C.R.D. BURINHOSA
44	42	MIGUEL SAN-PAYO	M	51	01:15:04	01:14:45	
45	93	HENRIQUE RUIVO	M	52	01:15:33	01:15:05	
46	825	FILIFE CARVALHEIRO	M	50	01:15:36	01:14:56	GRUPO ALEGRE UNIDO BAJOUCA
47	826	ANTÓNIO CARREIRA	M	53	01:15:39	01:15:34	GRUPO ALEGRE UNIDO BAJOUCA
48	727	CARLOS TEIXEIRA	M	53	01:15:53	01:15:17	LEBRES E TARTARUGAS
49	1434	FERNANDO MOURA	M	53	01:16:17	01:16:06	GA OS PATRICIOS
50	263	ANIBAL SILVA	M	50	01:16:18	01:15:57	C.C.R.D. BURINHOSA
51	641	JORGE PAULINO	M	51	01:16:24	01:16:09	AMIGOS DE PENICHE
52	834	MARIO RAMOS	M	54	01:16:26	01:15:57	
53	1013	GASPAR LANEIRO	M	54	01:16:34	01:16:31	MULTIFLOW
54	371	JOÃO NEVES	M	50	01:17:22	01:17:10	RUN CREW TRAIL MONTIJO
55	757	JOSE PEDRO FERREIRA	M	53	01:17:54	01:16:48	
56	1223	FERNANDO FERNANDES	M	52	01:17:58	01:17:24	APOGMA
57	713	PAULO ALVES	M	50	01:18:01	01:17:49	SOBEIDESCE
58	597	JOSÉ ANTÓNIO GODINHO	M	54	01:18:02	01:17:41	OS PAPAFIGOS
59	655	JOSE CAVACO	M	53	01:18:24	01:18:15	
60	203	CARLOS ALBERTO MARQUES	M	52	01:18:32	01:18:28	TRILHOS E CORRIDAS DE TERCENA
61	127	RAÚL COSTA	M	53	01:18:37	01:18:31	CLUBE ROBBIALAC
62	1433	VITOR ROCHA	M	54	01:19:04	01:18:02	GA OS PATRICIOS
63	691	CARLOS FILIFE MONTEIRO	M	53	01:19:12	01:17:58	
64	739	MANUEL RODRIGUES	M	52	01:19:30	01:19:20	AD REAL ACADEMIA
65	1317	ANTONIO NEGRINHO	M	50	01:20:20	01:19:35	SS CGD
66	265	LUIS CONCEIÇÃO	M	53	01:20:27	01:20:04	C.C.R.D. BURINHOSA
67	601	MANUEL SARAIVA	M	52	01:20:30	01:19:59	PETER PAN SINTRA
68	790	JOÃO PINTO	M	53	01:20:44	01:19:54	GA MONSANTO GASCAN
69	602	JAIME VEIGA	M	50	01:21:06	01:20:11	
70	663	JOÃO SANCHES	M	51	01:21:11	01:20:38	
71	1263	CARLOS CONCEIÇÃO	M	50	01:21:27	01:20:30	A SACAVENENSE
72	1472	VITOR TEIXEIRA	M	54	01:22:00	01:20:58	GD SANTANDER TOTTA
73	538	ADRIANO CAPINHA FERNANDES	M	50	01:22:11	01:21:29	
74	683	ORLANDO SILVA	M	54	01:22:18	01:21:46	OS ZATOPQUES
75	1513	EGIDIO SILVA	M	50	01:22:36	01:21:54	SS CGD
76	1267	ISAAC CARRÊLO	M	53	01:22:39	01:22:15	CLUBE ANACOM
77	226	FRANCISCO AFONSO	M	53	01:22:55	01:22:35	CLUBE BOLINHA

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class. Provisória Escalões

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
78	575	PEDRO MONTEIRO	M	51	01:23:04	01:22:35	
79	46	JOÃO RODRIGUES SILVA	M	53	01:23:06	01:22:44	CCD TRANQUILIDADE
80	1525	ANTONIO LIMA	M	51	01:23:21	01:22:45	SL CAMPOLIDE
81	1409	LUIS MIRANDA	M	54	01:23:29	01:22:26	TEJAVISTA
82	734	GABRIEL ANTONIO	M	50	01:24:15	01:23:09	U.R.D.ARRANHÔ
83	344	LUIS REIS	M	51	01:24:23	01:23:23	FALCÕES SELVAGENS
84	1022	JOSE CARLOS	M	54	01:24:28	01:24:28	
85	355	DOMINGOS MATOS	M	52	01:24:41	01:24:04	FALCÕES SELVAGENS
86	1363	ANTÓNIO SANTOS	M	54	01:24:45	01:24:31	C MILLENNIUM BCP
87	1239	ALBERTO SOARES	M	52	01:25:16	01:24:11	INDIVIDUAL
88	659	ANTÓNIO AUGUSTO MACHADO MOREIRA	M	50	01:25:41	01:24:40	
89	397	JORGE POMBO	M	50	01:25:53	01:24:33	
90	308	ALBERTO MARTINHO	M	50	01:26:47	01:26:07	CCDTMETROLX
91	514	ANTONIO MARTINS	M	52	01:27:03	01:26:02	
92	287	FERNANDO LUÍS	M	51	01:27:22	01:26:13	
93	353	FRANCISCO SILVA	M	53	01:27:29	01:27:09	FALCÕES SELVAGENS
94	118	JOÃO SEQUEIRA	M	51	01:27:31	01:26:22	CCDTMETROLX
95	329	JOSÉ MARTINS	M	54	01:28:11	01:27:41	
96	1205	JÚLIO CASTRO	M	54	01:28:12	01:27:00	CAA BELEM
97	1206	JOSÉ GORDILHO	M	50	01:28:12	01:26:59	CAA BELEM
98	1020	PAULO SILVA	M	53	01:28:39	01:27:27	INDIVIDUAL
99	789	LUIS ANTUNES	M	52	01:28:57	01:28:09	GA MONSANTO GASCAN
100	114	JOÃO CARLOS FERRÃO LEAL PAULO BARATA	M	53	01:29:13	01:28:50	CLUBE BBVA
101	1033	JOAQUIM VALADARES	M	51	01:29:22	01:28:57	VALADARES
102	189	RICARDO FERNANDES	M	54	01:30:08	01:30:08	CLUBE GRUPO BES
103	377	FILIPE JORGE SILVA	M	53	01:30:29	01:29:53	C.A. AMIGOS PARQUE DA PAZ
104	1028	HERMINIO COSTA	M	52	01:31:01	01:30:27	
105	239	LUIS ROMANEIRO	M	53	01:32:15	01:31:35	
106	94	JOSÉ VEIGA	M	53	01:33:01	01:31:50	
107	756	LUIS MILHEIRO	M	53	01:34:05	01:32:51	
108	383	LUIS LEE	M	53	01:34:13	01:33:03	
109	1048	JOÃO SIMÕES	M	50	01:35:58	01:35:17	CLUBE OGMA
110	1375	AUGUSTO LOURENÇO	M	51	01:37:03	01:36:19	C MILLENNIUM BCP
111	171	JACINTO GODINHO	M	50	01:38:02	01:36:45	GODINHO
112	526	JORGE NARCISO	M	53	01:39:45	01:38:30	
113	490	HERLANDER CORDEIRO	M	50	01:43:45	01:42:33	
114	528	CARLOS PINTO COELHO	M	52	01:45:40	01:44:55	O MUNDO DA CORRIDA
115	130	JOÃO CUNHA BARBOSA	M	53	01:47:24	01:46:08	CCDTMETROLX
116	359	JOÃO PAULO SANTOS LIMA	M	53	01:49:18	01:48:43	4 AO KM

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório por Faixas Etárias

class. Provisória Escalões

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
117	1491	ANTONIO GARCIA	M	51	01:50:23	01:50:23	CUA BENAVENTENSE
118	1045	JOSÉ OLIVEIRA	M	50	01:51:10	01:50:28	CLUBE OGMA
119	183	ORLANDO SOUSA	M	51	01:53:08	01:51:52	CCDTMETROLX

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório por Faixas Etárias

class. Provisória Escalões

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	214	Antonio Henriques	M	56	00:59:08	00:59:06	ODIMARQ
2	1530	ANTONIO LEMOS	M	55	01:00:59	01:00:51	WIKABOO
3	740	GERMANO SILVA	M	55	01:02:53	01:02:47	AD REAL ACADEMIA
4	705	JOAQUIM FIGUEIREDO	M	56	01:03:52	01:03:49	
5	105	MANUEL BARROS COSTA	M	57	01:04:43	01:04:35	CCDTMETROLX
6	298	JOAQUIM SANTOS	M	55	01:04:54	01:04:31	FALCOES SELVAGENS
7	87	ORLANDO SILVA	M	56	01:05:00	01:04:57	CCDTMETROLX
8	608	MARCOS ANTONIO PEREIRA	M	58	01:05:09	01:04:28	
9	1307	ANTÓNIO SANTOS	M	55	01:05:20	01:04:59	GD INE
10	645	ANTONIO INACIO	M	58	01:05:32	01:05:26	OSCARREGUEIRENSES
11	894	JOÃO AFONSO	M	56	01:07:58	01:07:41	
12	738	ALVARO PINTO	M	57	01:09:57	01:09:45	AD REAL ACADEMIA
13	536	ORLANDO FERREIRA	M	57	01:10:28	01:09:49	GD CIMPOR & AMIGOS
14	192	RUI ARAUJO	M	55	01:10:45	01:10:35	CCDTMETROLX
15	1328	JOAQUIM FRADE	M	58	01:11:24	01:11:18	SS CGD
16	776	JOÃO BATISTA	M	56	01:11:39	01:10:55	G D C BANCO DE PORTUGAL
17	1309	CARLOS ALBERTO	M	55	01:11:45	01:11:24	GD INE
18	309	JULIO FERREIRA	M	59	01:11:59	01:11:51	CLUBE GRUPO BES
19	1473	FERNANDO MARQUES	M	59	01:12:05	01:11:29	GD SANTANDER TOTTA
20	55	ANTONIO FERNANDO CAIOLA MENDES	M	57	01:12:25	01:12:17	
21	617	DOMINGOS NETO	M	55	01:13:09	01:12:45	CLUBE DESPORTIVO DE MAFRA
22	725	IDALÉCIO BARROS	M	59	01:13:12	01:13:01	
23	1271	FERNANDO CELESTINO	M	55	01:13:15	01:13:06	AÇOREANA C BANIF
24	778	JOSÉ MONTEIRO	M	57	01:13:25	01:11:41	G D C BANCO DE PORTUGAL
25	662	JORGE FERREIRA	M	55	01:13:37	01:13:33	
26	988	CARLOS SOUSA	M	56	01:13:48	01:13:22	OS PERIGOSOS
27	290	JOÃO VERÍSSIMO	M	56	01:13:49	01:13:32	TOKANDAR
28	623	ANTÓNIO AGOSTINHO	M	59	01:14:09	01:13:44	CA BARREIRA
29	1511	ALVARO FURTADO	M	55	01:14:15	01:14:08	SS CGD
30	618	DOUGLAS FRY	M	57	01:14:32	01:14:08	CLUBE DESPORTIVO DE MAFRA
31	766	VITOR ANTUNES	M	58	01:14:35	01:14:09	
32	449	HENRIQUE BELMAR	M	55	01:14:36	01:14:27	
33	131	HERBERT DELANE BEAUMONT	M	55	01:15:20	01:15:11	LINDA-A-PASTORA SPORTING CLUB
34	1077	JOAQUIM CRISPIM	M	57	01:15:26	01:14:38	UDCA
35	1410	JOSÉ V M FRANCO	M	55	01:15:30	01:15:19	INDIVIDUAL
36	670	ANTONIO REIS	M	59	01:15:42	01:15:19	AMIGOS ATLETISMO MAFRA
37	132	JOÃO MIRANDA	M	55	01:15:45	01:15:31	CCDTMETROLX
38	990	ALCIDES NUNES	M	55	01:16:10	01:15:43	OS PERIGOSOS
39	819	RAMIRO RODRIGUES	M	56	01:16:15	01:16:07	GRUPO ALEGRE UNIDO BAJOUCA

CORRIDA DAS LEZIRIAS 2014 - 09/03/2014

Relatório por Faixas Etárias

class. Provisória Escalões

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1390	ANTONIO CORREIA	M	58	01:16:22	01:15:49	C MILLENNIUM BCP
41	987	JOSÉ HENRIQUES	M	59	01:16:42	01:16:36	OS PERIGOSOS
42	835	VITOR MORAIS	M	55	01:16:45	01:16:01	
43	279	JOSÉ RATO	M	55	01:17:09	01:16:46	C.C.R.D. BURINHOSA
44	209	AUGUSTO SANTOS	M	59	01:17:35	01:17:18	
45	1398	ORLANDO MARTINS	M	58	01:17:46	01:17:14	INDIVIDUAL
46	173	ANTONIO MANUEL DOMINGUES	M	58	01:17:51	01:17:17	
47	550	PEDRO ALMEIDA	M	55	01:18:47	01:18:04	
48	677	ELISIO COSTA	M	58	01:18:52	01:18:20	OS ZATOEQUES
49	1268	JOSÉ VAZ	M	55	01:19:30	01:19:06	CLUBE ANACOM
50	1144	LUIS NEVES	M	55	01:20:07	01:19:54	
51	1416	JOSÉ SARAFIM	M	58	01:20:07	01:19:21	GAA VILA FRANCA XIRA
52	161	MIGUEL BARBOSA	M	59	01:20:09	01:20:04	UNIDOS DA MANUTENÇÃO
53	1142	JOSE MORAIS	M	57	01:20:10	01:19:40	
54	96	CARLOS FERREIRA	M	57	01:21:06	01:20:46	NUCLEO DESPORTIVO AUTOCOOPE
55	268	MARCOS FAUSTINO	M	56	01:21:29	01:21:10	C.A. AMIGOS PARQUE DA PAZ
56	792	MARIO ALVES	M	58	01:22:09	01:21:06	SFUAP
57	726	CARLOS GONÇALVES	M	57	01:22:10	01:21:34	LEBRES E TARTARUGAS
58	95	JOSE DIAS	M	56	01:22:32	01:21:40	NUCLEO DESPORTIVO AUTOCOOPE
59	387	FERNANDO ABÍLIO VERGAMOTA	M	58	01:22:37	01:22:15	C.A. AMIGOS PARQUE DA PAZ
60	1269	MANUEL BARROS	M	57	01:22:40	01:22:14	CLUBE ANACOM
61	160	FERNANDO CARRILHO	M	56	01:22:42	01:22:20	SMAS SINTRA RUN
62	360	ORLANDO COUTO	M	59	01:22:48	01:22:34	4 AO KM
63	998	JOSÉ PEREIRA	M	57	01:22:57	01:21:52	OS PERIGOSOS
64	1408	JOSÉ AZURARA	M	55	01:23:09	01:22:04	TEJAVISTA
65	1010	MANUEL AZEVEDO	M	57	01:23:31	01:23:20	MULTIFLOW
66	913	JOSÉ MOGA	M	55	01:24:11	01:23:30	A VALE SILENCIO
67	702	LUIS GOMES	M	59	01:24:49	01:23:43	CARACOIS DE SANTA IRIA
68	631	FERNANDO JORGE MATIAS	M	57	01:25:01	01:24:15	CLUBE COLABORADORES AXA
69	395	JOSÉ MESTRE	M	56	01:25:12	01:24:28	GD BPI
70	681	LUIS GRAVE	M	56	01:25:24	01:24:54	OS ZATOEQUES
71	1406	LUÍS MOURA	M	56	01:26:17	01:25:13	TEJAVISTA
72	1087	LUIS MANUEL MOTA FERREIRA	M	59	01:26:31	01:25:45	
73	652	ANTONIO LUIS MARTINS	M	56	01:26:38	01:26:17	
74	1403	JOSÉ POTES	M	56	01:26:47	01:25:42	TEJAVISTA
75	1204	JOSÉ CASTRO	M	55	01:26:49	01:25:34	CAA BELEM
76	1222	JOSÉ AMDRÉ	M	58	01:26:49	01:26:06	APOGMA
77	1338	SEVERINO ROSA	M	58	01:27:12	01:26:10	SS CGD
78	284	ANTONIO LOPES	M	59	01:27:27	01:27:02	

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Relatório por Faixas Etárias

class. Provisória Escalões

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	1080	JOSÉ BAIXINHO	M	56	01:27:30	01:26:42	SANTIAGO FUTEBOL CLUBE
80	1272	ALBANO ALVES	M	59	01:27:49	01:27:43	AÇOREANA C BANIF
81	1313	ALBERTINO SEMEDO	M	55	01:28:48	01:28:00	SS CGD
82	1276	ANTÓNIO JORGE	M	59	01:29:33	01:28:58	AÇOREANA C BANIF
83	1233	LUÍS CASTRO	M	59	01:30:36	01:29:22	INDIVIDUAL
84	833	ANTONIO AUGUSTO MOURA	M	57	01:31:07	01:29:57	
85	1360	JOÃO CUNHA	M	56	01:34:51	01:34:30	C MILLENNIUM BCP
86	1049	JOAQUIM VENÂNCIO	M	59	01:35:58	01:35:17	CLUBE OGMA
87	374	HENRIQUE DOS SANTOS VILHENA	M	57	01:37:44	01:36:28	
88	1497	PAULO J VIEGAS	M	58	01:38:12	01:37:00	INDIVIDUAL
89	532	ARTUR DINIS	M	56	01:38:26	01:37:27	
90	246	LÉNIO FERNANDO NOGUEIRA MARINHO	M	59	01:38:32	01:38:04	
91	159	MANUEL GARCIA VAZQUEZ	M	58	01:39:22	01:38:05	
92	250	JOSÉ MANUEL SIMÕES	M	58	01:39:54	01:39:16	GEORUNNERS
93	228	JOAQUIM BOTELHO	M	55	01:41:26	01:41:05	CLUBE BOLINHA
94	379	JOÃO MANUEL MERUJE DIAS	M	59	01:44:03	01:42:46	
95	124	MÁRIO RUI	M	56	01:46:14	01:46:00	CLUBE ROBBIALAC

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Relatório por Faixas Etárias

class. Provisória Escalões

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1438	ANASTÁCIO VALADAS	M	60	01:02:10	01:02:06	GD SANTANDER TOTTA
2	321	RUI LOPES	M	61	01:04:57	01:04:49	CLUBE GRUPO BES
3	772	ADELINO SEMEDO	M	60	01:07:51	01:07:46	G D C BANCO DE PORTUGAL
4	1439	ANTÓNIO CRUZ	M	66	01:08:00	01:07:53	GD SANTANDER TOTTA
5	724	FERNANDO ANACLETO	M	62	01:08:58	01:08:50	
6	767	JOSE GABRIEL	M	64	01:09:01	01:08:58	
7	531	JOSÉ REIS	M	60	01:09:12	01:08:41	S. C: REBOLEIRA E DAMAIA
8	195	ANTÓNIO MORAIS	M	61	01:10:03	01:09:59	CLUBE ATLÉTICO DAS PATAMEIRAS
9	620	ARMANDO CORREIA	M	62	01:10:22	01:10:07	LESMAS ALOPRADAS
10	1318	ANTONIO TABORDA	M	63	01:11:25	01:11:05	SS CGD
11	1469	SALVADOR AFONSO	M	60	01:11:52	01:11:36	GD SANTANDER TOTTA
12	914	JOAQUIM GOMES	M	66	01:13:21	01:13:21	A VALE SILENCIO
13	322	SILVIO PAIVA	M	62	01:13:54	01:13:46	CLUBE GRUPO BES
14	1432	FERNANDO AZEVEDO	M	61	01:14:24	01:14:18	GA OS PATRICIOS
15	1516	JOSE ALVES	M	64	01:14:36	01:14:05	SS CGD
16	1038	CARLOS RANGEL	M	60	01:14:37	01:13:51	
17	1125	RAMIRO INÁCIO	M	62	01:14:49	01:14:33	CASA BENFICA EM ALHANDRA
18	763	AMERICO SANTOS	M	60	01:15:21	01:14:57	
19	1414	JOSÉ TEIXEIRA	M	60	01:16:25	01:15:34	GAA VILA FRANCA XIRA
20	1286	JOAQUIM OLÍMPIO	M	63	01:17:35	01:17:22	AÇOREANA C BANIF
21	267	JOAO RODRIGUES REIS	M	62	01:18:42	01:18:28	
22	1460	LINO OLIVEIRA	M	68	01:18:54	01:18:50	GD SANTANDER TOTTA
23	915	JOAQUIM DAMAS	M	60	01:18:59	01:18:33	A VALE SILENCIO
24	1345	NEVES SILVA	M	61	01:19:04	01:18:32	C FERROV PORTUGAL
25	1304	TAM AFONSO	M	61	01:19:48	01:19:42	AÇOREANA C BANIF
26	995	JOSÉ BELCHIOR	M	62	01:20:29	01:20:02	OS PERIGOSOS
27	1014	PAULO QUARESMA	M	64	01:20:40	01:19:49	MULTIFLOW
28	1374	JOSE RODRIGUES	M	63	01:21:07	01:20:09	C MILLENNIUM BCP
29	154	CARLOS GONÇALVES	M	65	01:21:10	01:21:00	
30	1454	JOÃO ROCHA	M	62	01:21:28	01:21:16	GD SANTANDER TOTTA
31	1340	MÁRIO MELO	M	62	01:21:32	01:20:33	C FERROV PORTUGAL
32	558	ARMINDO LOUREIRO	M	65	01:21:32	01:20:32	DREAM TEAM
33	1155	MANUEL CRISPIM	M	62	01:22:14	01:21:13	UDCA
34	459	FRANCISCO PRATES	M	66	01:22:34	01:22:08	ASSOCIAÇÃO DE ATLETISMO LEBRES
35	619	HORÁCIO GOMES VIEIRA	M	63	01:23:27	01:23:11	
36	1247	MANUEL SEQUEIRA	M	63	01:23:31	01:23:18	GDCT REPSOL
37	1319	AURÉLIO CALADO	M	64	01:23:37	01:22:15	SS CGD
38	1344	JOSÉ VALENTIM	M	60	01:24:21	01:23:26	C FERROV PORTUGAL
39	703	MANEL LINO	M	63	01:24:21	01:23:14	CARACOIS DE SANTA IRIA

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Relatório por Faixas Etárias

class. Provisória Escalões

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1476	JEREMIAS RIBEIRO	M	70	01:24:42	01:24:08	INDIVIDUAL
41	1413	ALEXANDRE JORGE	M	61	01:25:14	01:24:23	GAA VILA FRANCA XIRA
42	1262	CARLOS PEREIRA	M	62	01:25:32	01:24:53	A SACAVENENSE
43	1325	EURICO SEMEDO	M	65	01:25:37	01:24:30	SS CGD
44	1243	CARLOS SANTOS	M	60	01:26:01	01:26:01	INDIVIDUAL
45	1510	FERNANDO CASTANHEIRA	M	63	01:26:10	01:25:16	CORR RESINEIROS CORGAS
46	590	FRANCISCO VITORINO	M	63	01:26:32	01:25:45	
47	1202	GILBERTO GONÇALVES	M	65	01:26:50	01:25:37	CAA BELEM
48	714	SILVANO MONTEIRO	M	62	01:27:10	01:26:59	SOBEIDESCE
49	1011	JOÃO SANTOS	M	64	01:27:23	01:26:47	MULTIFLOW
50	1514	ESMERALDO PEREIRA	M	67	01:27:58	01:27:15	SS CGD
51	762	JOSE CORDEIRO	M	60	01:28:00	01:27:36	
52	1203	LUÍS R ROSA	M	60	01:28:11	01:26:59	CAA BELEM
53	996	ANTÓNIO PICA	M	65	01:28:13	01:27:20	OS PERIGOSOS
54	1377	NELSON GUIMARAES	M	66	01:28:36	01:28:11	C MILLENNIUM BCP
55	62	ANTONIO GABRIEL	M	69	01:28:38	01:28:03	
56	1517	LUIS BILAU	M	61	01:28:44	01:27:32	SS CGD
57	1412	EGLANTINO CHARNECA	M	75	01:29:35	01:29:25	GAA VILA FRANCA XIRA
58	32	JOSÉ LAMEGO	M	62	01:29:44	01:28:37	
59	698	ANTÓNIO MARTINHO SILVA	M	61	01:30:01	01:28:55	
60	1399	PEDRO DELGADO	M	65	01:30:14	01:30:14	TEJAVISTA
61	1347	ANTONIO SOUSA	M	67	01:30:16	01:28:58	C MILLENNIUM BCP
62	1232	ALFREDO TAVARES	M	63	01:30:35	01:29:23	INDIVIDUAL
63	614	JOAQUIM M C SANTOS	M	62	01:30:48	01:29:44	
64	1244	JOÃO LANDEIRO	M	67	01:31:08	01:30:01	INDIVIDUAL
65	1099	EDMUNDO CARDEIRA	M	67	01:31:30	01:30:23	
66	1324	ELISEU PINTO	M	63	01:31:38	01:30:37	SS CGD
67	1341	MARTINS BARATA	M	70	01:32:35	01:32:10	C FERROV PORTUGAL
68	1327	FRANCISCO CLERIGO	M	60	01:32:40	01:31:56	SS CGD
69	957	LUIS ARCADINHO	M	61	01:32:45	01:31:52	ARCA
70	773	ANTÓNIO PEREIRA	M	72	01:32:57	01:32:23	G D C BANCO DE PORTUGAL
71	416	VITOR AGUILAR	M	63	01:33:08	01:32:50	RUN4FUN
72	380	ILIDIO MONTEIRO	M	64	01:33:32	01:33:11	
73	962	FRANCISCO COITO	M	62	01:34:41	01:34:21	CLUBE MARGINAL
74	1246	JOSÉ CONCEIÇÃO	M	68	01:34:49	01:34:23	INDIVIDUAL
75	1391	ANTONIO TORNADA	M	62	01:34:51	01:34:28	C MILLENNIUM BCP
76	1456	JOSÉ MONTEIRO	M	64	01:36:32	01:36:29	GD SANTANDER TOTTA
77	358	EBERHARD AXEL WILHELM	M	66	01:37:06	01:36:32	4 AO KM
78	802	FERNANDO LOURENÇO	M	63	01:37:40	01:34:29	BOM PETISCO 2

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Relatório por Faixas Etárias

class. Provisória Escalões

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	780	JOSE RIBEIRO	M	69	01:38:10	01:36:57	GD SANTANDER TOTTA
80	755	FRANCISCO CASACA	M	74	01:39:03	01:37:52	
81	1348	FERNANDO FERREIRA	M	67	01:39:04	01:38:18	C MILLENNIUM BCP
82	1265	MANUEL GOMES	M	68	01:43:30	01:43:02	INDIVIDUAL
83	989	JOSÉ SILVA	M	60	01:43:37	01:43:37	OS PERIGOSOS
84	626	JOÃO VEIGA	M	64	01:43:53	01:42:54	
85	180	FERNANDO FERNANDES	M	61	01:47:24	01:46:09	CCDTMETROLX
86	150	JOAQUIM PEREIRA	M	74	01:49:37	01:49:31	ASS. ATLETISMO LEBRES DO SADO
87	270	ANTONIO MARQUES	M	67	01:56:06	01:55:24	
88	1369	JOSÉ ARRUDA	M	64	02:04:19	02:03:30	C MILLENNIUM BCP
89	1430	FERNANDO CARDOSO	M	79	02:10:30	02:09:55	CCD O ALVITEJO