

CORRIDA DAS LEZIRIAS

5 MAR'17



Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1358	ANDRÉ COSTA	M	26		00:52:34.26	00:52:33.76	UFC INDÚSTRIA ATLETISMO
2	1157	VITOR OLIVEIRA	M	27		00:53:04.03	00:53:02.66	ASS VALE GRANDE
3	621	RUI PACHECO	M	40		00:54:34.27	00:54:34.16	CORRER SR GRANJA
4	1361	JOSÉ GUERRA	M	29		00:55:08.28	00:55:08.21	UFC INDÚSTRIA ATLETISMO
5	1164	PAULO ALVES	M	39		00:55:14.31	00:55:13.11	ASS VALE GRANDE
6	1169	MARCO CARDOSO	M	30		00:55:21.04	00:55:19.70	
7	131	CAMILO GUEDES	M	47		00:55:41.41	00:55:41.40	CP AGUAS GAIA
8	1162	JOSÉ SILVA	M	46		00:56:25.33	00:56:24.25	ASS VALE GRANDE
9	1373	LUIS OLIVEIRA	M	30		00:56:35.37	00:56:35.29	UFC INDÚSTRIA ATLETISMO
10	1439	GONÇALO CLÁUDIO	M	22		00:56:55.03	00:56:54.97	UA POVOENSE
11	1560	VITOR T MARQUES	M	40		00:56:59.04	00:56:58.82	CORRER LISBOA
12	1163	LUIS VASCONCELOS	M	45		00:57:24.31	00:57:23.71	ASS VALE GRANDE
13	660	LUIS BRITO	M	41		00:57:56.96	00:57:56.94	CA VALE FIGUEIRA
14	312	PETER G G ROMAO	M	34		00:57:58.13	00:57:56.36	PENICHE A CORRER
15	1591	JOAO FERREIRA	M	30		00:58:04.11	00:58:03.26	
16	766	SÉRGIO TAVARES	M	37		00:58:33.22	00:58:30.98	AA MAFRA
17	733	CARLOS VIEGAS	M	49		00:58:44.94	00:58:44.93	SR CAMARNAL
18	347	JOÃO CANIÇO	M	36		00:58:48.35	00:58:46.48	3B - S
19	718	RICARDO SIMÕES	M	52		00:58:49.68	00:58:47.45	CCD O ALVITEJO
20	1156	RUI MARTINS	M	31		00:58:50.66	00:58:48.86	ASS VALE GRANDE
21	1590	ALEXANDRE NOBRE	M	22		00:58:57.43	00:58:57.29	
22	1186	PAULO J P COSTA	M	51		00:58:58.49	00:58:57.36	RB RUNNING
23	625	JORGE GONÇALVES	M	48		00:58:59.40	00:58:57.40	3B - S
24	1290	JOAO CORREIA	M	51		00:59:05.16	00:59:05.12	
25	800	ANTÓNIO CARDINA	M	39		00:59:06.54	00:59:00.66	CORRER SR GRANJA
26	148	JOÃO PEDRO	M	46		00:59:10.15	00:59:07.77	
27	933	RICARDO SILVA	M	35		00:59:13.55	00:59:11.42	
28	1035	MIGUEL SOBRAL	M	38		00:59:15.55	00:59:14.11	AGD ACADEMIA KORPO
29	779	LUIS BAÇO	M	41		00:59:21.52	00:59:19.64	
30	987	RUI HENRIQUES	M	37		00:59:32.88	00:59:31.59	SS MONTEPIO
31	1404	PAULO J S LOPES	M	42		00:59:38.93	00:59:29.63	PSP
32	1210	JOAQUIM RODRIGUES	M	47		00:59:42.39	00:59:39.68	OS CARREGUEIRENSES
33	714	ANTÓNIO PAIS	M	46		00:59:50.46	00:59:48.82	CCD O ALVITEJO
34	524	PEDRO M MACHADO	M	31		00:59:51.75	00:59:39.08	TRIATLO SPORT ALGÉS E DAFUNDO

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35	1269	NUNO SOARES	M	35	00:59:54.90	00:59:51.99	CORRER LISBOA
36	1376	JOÃO FARIA	M	41	00:59:56.31	00:59:46.25	WIKABOO
37	304	PEDRO CARDOSO	M	35	00:59:57.86	00:59:55.01	CORRER LISBOA
38	713	NELSON SANTOS	M	47	01:00:11.83	01:00:08.27	CCD O ALVITEJO
39	507	ANTÓNIO HENRIQUES	M	59	01:00:18.19	01:00:18.03	CA ODIMARQ
40	839	TIAGO CORREIA	M	25	01:00:29.28	01:00:19.61	GD ÁGUIAS MOITA
41	1528	VALTER OLIVEIRA	M	40	01:00:40.65	01:00:39.66	RSNR
42	1356	SAMUEL GALVEIA	M	36	01:00:46.12	01:00:43.49	UFC INDÚSTRIA ATLETISMO
43	1175	ANTÓNIO SIMÕES	M	46	01:00:46.46	01:00:44.05	GDC BANCO PORTUGAL
44	997	JOSÉ PAJINHA	M	56	01:00:52.26	01:00:50.74	CA ODIMARQ
45	790	NELSON PEREIRA	M	40	01:00:52.88	01:00:48.03	GAREHOTELRUNNING
46	1608	ALEXANDRA SOUSA	F	28	01:00:54.12	01:00:54.04	
47	1609	AMERICO PESTANA	M	45	01:00:55.22	01:00:50.79	
48	577	JOSE FERREIRA	M	42	01:00:57.65	01:00:57.62	GDR JUVENTUDE DAS RIBEIRAS
49	777	JOSÉ R O FALÉ	M	35	01:01:01.31	01:00:59.31	CLUBE OGMA
50	656	JOAO PAIS	M	56	01:01:08.64	01:01:06.87	BOAVISTA S MATEUS
51	1180	FERNANDO MARTINS	M	46	01:01:11.78	01:01:09.02	GDC BANCO PORTUGAL
52	135	JOSÉ ADELINO	M	55	01:01:14.76	01:01:14.70	CP AGUAS GAIA
53	593	JOÃO PASTOR	M	44	01:01:16.79	01:01:13.88	CCDT METRO LX
54	1370	PEDRO BASSO	M	46	01:01:21.16	01:01:15.30	OS COXOS E O MIGUEL
55	658	PAULO GONÇALVES	M	47	01:01:35.48	01:01:17.40	
56	1342	NUNO CALISTO	M	40	01:01:39.05	01:01:30.76	CONQUISTA GINÁSIO - CADAVAL
57	957	BRUNO CASTRO	M	34	01:01:41.77	01:01:39.44	
58	799	FILIPE LOUREIRO	M	36	01:01:43.26	01:01:41.41	
59	1395	ANACLETO FAISCA	M	59	01:01:45.85	01:01:39.07	
60	1471	JOSE LOPES	M	52	01:01:46.68	01:01:38.47	RB RUNNING
61	1545	JORGE AMARAL	M	48	01:01:47.07	01:01:45.32	AMINHACORRIDA/MYPROTEIN
62	313	NUNO M LOPES	M	40	01:01:48.12	01:01:46.65	CCD-AT
63	932	ANTONIO REBELO	M	45	01:01:53.74	01:01:46.72	
64	1294	PAULO RAPOSO	M	42	01:01:55.50	01:01:50.91	OS COXOS E O MIGUEL
65	904	JOÃO AFONSO	M	60	01:02:03.00	01:02:02.05	UA POVOENSE
66	64	MARTINHO DIAS	M	40	01:02:25.46	01:02:23.81	CORRER LISBOA
67	1359	ALBERTO SILVA	M	37	01:02:37.75	01:02:37.56	UFC INDÚSTRIA ATLETISMO
68	770	JOEL RODRIGUES	M	37	01:02:42.32	01:02:39.38	
69	903	AMBRÓSIO PEREIRA	M	43	01:02:50.55	01:02:50.55	UA POVOENSE
70	288	VICTOR VARIZO	M	41	01:02:58.82	01:02:54.94	PERNAS DE GAFANHOTO

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71	1262	CARLOS A S MARTINS	M	48	01:02:59.84	01:02:59.69	
72	1577	MARCO SANTOS	M	42	01:03:02.22	01:02:57.63	BOAVISTA
73	1165	ANTÓNIO SANTOS	M	58	01:03:06.09	01:03:04.64	ASS VALE GRANDE
74	344	FÁBIO R R TEIXEIRA	M	32	01:03:07.17	01:03:00.65	
75	1431	FERNANDO RODRIGUES	M	49	01:03:07.66	01:03:05.43	A VALE SILENCIO
76	458	FERNANDO VICENTE	M	51	01:03:11.70	01:03:08.25	
77	429	VITOR MARQUES	M	37	01:03:13.29	01:03:08.54	KANINOS
78	1188	PEDRO ROXO	M	34	01:03:14.15	01:03:10.89	
79	353	CARLOS CARAPETO	M	53	01:03:17.23	01:03:13.83	TEAM/FURACAO DO ASFALTO /
80	1571	SEBA JARFA	M	43	01:03:25.92	01:03:18.19	VILLEJUIF
81	576	CARLOS MOURA	M	34	01:03:27.73	01:03:23.10	HK 16
82	885	ARMINDO TEIXEIRA	M	36	01:03:27.94	01:03:20.88	SC CASAINHOS
83	881	ARMANDO CORREIA	M	34	01:03:29.09	01:03:22.33	SC CASAINHOS
84	1343	BRUNO AMARO	M	38	01:03:32.76	01:03:16.15	CONQUISTA GINÁSIO - CADAVAL
85	866	LUIS REBELO	M	52	01:03:37.64	01:03:35.59	FALCOES SELVAGENS
86	745	JOÃO M NUNES	M	50	01:03:39.58	01:03:26.20	ALHANDRA SC - TRIATLO
87	769	JOSÉ GONÇALVES	M	51	01:03:42.97	01:03:37.51	AA MAFRA
88	1317	MÁRIO ZORRO	M	41	01:03:43.76	01:03:36.51	AA MAFRA
89	744	JEAN-MICHEL VIE	M	44	01:03:48.70	01:03:33.74	ALHANDRA SC - TRIATLO
90	1120	CARLOS ALVES	M	45	01:03:51.75	01:03:50.23	
91	460	RUI MOURA	M	40	01:03:54.32	01:03:43.85	RM
92	1148	JOSE C MARCELINO	M	54	01:03:56.01	01:03:54.29	CD ESTRELA
93	783	CONSTANTINO ARAÚJO	M	50	01:04:02.29	01:03:42.74	
94	1178	PEDRO BARREIRÃO	M	30	01:04:08.92	01:04:05.82	GDC BANCO PORTUGAL
95	1097	PAULO ALVES	M	39	01:04:13.36	01:03:57.53	GD SANTANDER TOTTA
96	1419	VITOR NOVAIS	M	41	01:04:15.22	01:04:02.44	GAA VF XIRA
97	1146	JOÃO FRANCO	M	63	01:04:15.55	01:04:13.56	GDCR ZAMBUJEIRA S CALVO
98	428	BRUNO MIGUEL	M	32	01:04:19.24	01:04:12.20	
99	1275	GIL X ALVES	M	40	01:04:19.74	01:04:19.62	UNIDOS DA MANUTENÇÃO
100	56	JOSE ESTEVES	M	51	01:04:23.90	01:04:18.97	TARTARUGAS SOLIDARIAS
101	385	EDUARDO SANTOS	M	37	01:04:30.46	01:04:25.82	
102	533	JOSÉ J C P MOTA	M	29	01:04:31.18	01:04:19.48	DOLCE FURADOURO
103	1506	NELSON MOREIRA	M	38	01:04:47.72	01:04:41.93	AHBE
104	950	JOÃO MARREIROS	M	53	01:04:48.00	01:04:43.31	
105	1107	ANASTACIO VALADAS	M	63	01:04:52.59	01:04:49.77	GD SANTANDER TOTTA
106	822	ALFREDO PEREIRA	M	41	01:04:54.97	01:04:45.56	

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107	787	LUIS M PEREIRA	M	45	01:04:56.34	01:04:36.89	
108	746	JOÃO BONITO	M	42	01:05:04.49	01:04:48.99	ALHANDRA SC - TRIATLO
109	463	TELMO NOGUEIRA	M	32	01:05:07.60	01:04:47.24	
110	719	ANÍBAL GASPAR	M	47	01:05:11.97	01:05:09.12	CCD O ALVITEJO
111	1280	DÉCIO P ANDRADE	M	33	01:05:16.19	01:05:07.72	3B TRIATLO
112	95	MÁRIO FERNANDES	M	31	01:05:16.68	01:04:43.79	
113	72	SERGIO M R TEIXEIRA	M	41	01:05:21.97	01:05:19.84	
114	564	TIAGO VARANDA	M	44	01:05:30.96	01:04:50.85	WIKABOO
115	541	DANIEL CONCEIÇÃO	M	33	01:05:34.71	01:05:30.77	CA NAZARÉ
116	376	DINIS PRUDENCIO	M	45	01:05:36.24	01:05:34.30	MODIRASHOES
117	861	JORGE JANUARIO	M	41	01:05:36.43	01:05:29.60	A VALE SILENCIO
118	1536	DAVID SANTOS	M	54	01:05:37.80	01:05:31.83	CM VF XIRA
119	1087	RUI MACHINHO	M	40	01:05:38.30	01:05:22.03	GD SANTANDER TOTTA
120	1548	SUSANA MATOS	F	45	01:05:39.20	01:05:36.11	
121	70	FERNANDO J C TAVARES	M	45	01:05:39.60	01:05:34.87	OS DUROS
122	400	JOÃO GAMEIRO	M	46	01:05:40.87	01:05:37.58	
123	48	NUNO M J SOARES	M	37	01:05:43.30	01:05:37.45	
124	425	FRANCISCO BORGES	M	37	01:05:44.35	01:05:31.43	
125	1173	LUÍS RIO	M	45	01:05:44.55	01:05:41.40	GDC BANCO PORTUGAL
126	730	HERNÂNI TOMÁS	M	41	01:05:44.89	01:05:31.22	SR CAMARNAL
127	1427	EMANUEL R FREITAS	M	27	01:05:49.14	01:05:30.78	
128	1142	MARIO LOPO	M	27	01:05:50.44	01:05:19.87	GDCR ZAMBUJEIRA S CALVO
129	1002	RAFAEL ALMEIDA	M	18	01:05:50.70	01:05:36.18	
130	1539	ANTONIO R LOPES	M	51	01:05:57.24	01:05:48.32	CA SAO BRAS
131	717	FÁBIO MARTINS	M	27	01:06:01.16	01:05:59.15	CCD O ALVITEJO
132	366	CARLOS VIEIRA	M	32	01:06:05.50	01:06:02.91	
133	1202	JOAQUIM ALEXANDRE	M	50	01:06:08.59	01:05:48.10	URD ARRANHÒ
134	1167	TIAGO ARAÚJO	M	19	01:06:10.02	01:05:37.22	
135	402	ROMAN ROMANYUK	M	36	01:06:16.54	01:06:12.80	
136	1193	NELSON CUSTÓDIO	M	41	01:06:17.02	01:05:49.67	
137	1497	ANTONIO NETO	M	45	01:06:18.10	01:06:15.29	SCALABIS NIGHT RUNNERS
138	1443	DUARTE COSTA	M	33	01:06:23.00	01:06:23.00	CORRER LISBOA
139	1228	CARLOS SANTOS	M	34	01:06:30.11	01:06:25.61	ACD BOCAL
140	1341	ADRIANO ARAÚJO	M	40	01:06:33.57	01:06:25.83	CONQUISTA GINÁSIO - CADAVAL
141	684	NUNO MENDÃO	M	43	01:06:33.71	01:06:17.54	SCALABIS NIGHT RUNNERS
142	1288	ANTÓNIO J L MARTINS	M	51	01:06:36.34	01:06:27.34	NAV RUNNERS

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143	583	JOAO P OLIVEIRA	M	30	01:06:36.42	01:06:27.49	CCDT METRO LX
144	580	ANGELO SILVA	M	33	01:06:36.64	01:06:26.95	CCDT METRO LX
145	596	NUNO A PITA	M	41	01:06:37.00	01:06:28.00	CCDT METRO LX
146	1060	CARLOS PEDRO	M	45	01:06:38.78	01:06:22.38	CLUBE TAP PORTUGAL
147	1580	TIAGO M RIBEIRO	M	34	01:06:41.12	01:06:34.97	TSMR
148	502	SÉRGIO PIRES	M	41	01:06:43.21	01:06:39.55	
149	743	BRUNO VITORINO	M	40	01:06:46.23	01:06:12.70	ALHANDRA SC - TRIATLO
150	208	PAULO SANTOS	M	50	01:06:46.72	01:06:32.59	CRUZ QUEBRADENSE SIMECQ
151	303	BRIGITTE CARDOSO	F	33	01:06:48.24	01:06:45.97	CORRER LISBOA
152	137	SILVÉRIO SANTOS	M	46	01:06:50.02	01:06:49.31	CP AGUAS GAIA
153	879	CARLOS BAPTISTA	M	56	01:06:50.22	01:06:43.46	SC CASAINHOS
154	1502	CARLOS FERREIRA	M	45	01:07:00.72	01:06:53.32	LESMAS
155	446	TEOTÓNIO NETO	M	53	01:07:01.63	01:06:57.05	ADRC MATA BENFICA
156	1540	JOAO SANTOS	M	32	01:07:06.32	01:06:58.90	CA SAO BRAS
157	1420	MAURO PIMENTA	M	40	01:07:13.56	01:07:09.19	GAA VF XIRA
158	1426	PAULO HENRIQUE	M	48	01:07:15.84	01:06:47.75	GAA VF XIRA
159	695	PAULO LOURENÇO	M	34	01:07:15.95	01:07:10.78	R FRENTE RIBEIRINHA PÓVOA STA IRIA
160	976	PAULO COSTA	M	37	01:07:17.41	01:07:13.95	GDCF
161	1212	MANUEL LINO	M	52	01:07:22.03	01:07:15.64	OS CARREGUEIRENSES
162	558	JOAQUIM MARTINS	M	54	01:07:28.20	01:07:24.55	CA ODIMARQ
163	397	GERMANO SILVA	M	58	01:07:30.16	01:07:24.88	
164	1302	ÁLVARO J L MENDONÇA	M	34	01:07:33.49	01:07:27.67	GAFETE RUNNERS
165	1287	MIGUEL A L CARNEIRO	M	33	01:07:35.06	01:07:28.73	GAFETE RUNNERS
166	659	MARCO V SANTANA	M	41	01:07:35.79	01:07:11.90	
167	1277	JOÃO MONIZ	M	21	01:07:36.57	01:07:31.44	
168	115	JORGE VALENTE	M	36	01:07:37.41	01:07:03.76	
169	528	JOAQUIM JESUS	M	57	01:07:43.65	01:07:43.49	SR CAMARNAL
170	683	FERNANDO CASTELA	M	45	01:07:45.45	01:07:43.43	SCALABIS NIGHT RUNNERS
171	1407	ANTONIO M F DUARTE	M	41	01:07:47.42	01:07:43.26	PSP
172	569	BRUNO MARRÃO	M	40	01:07:49.62	01:07:38.29	GO!RUNNERS
173	1168	ANTÓNIO MARÇAL	M	57	01:07:51.37	01:07:41.20	
174	1264	JOÃO DIAS	M	45	01:07:52.73	01:07:48.66	UA POVOENSE
175	1286	NELSON FURTADO	M	32	01:07:59.04	01:07:36.16	
176	1467	PEDRO MENDONÇA	M	40	01:08:00.56	01:07:30.55	MATILHA RUNNING
177	42	ANTÓNIO VALENTE	M	34	01:08:01.60	01:07:59.83	ADR AA AVIS
178	774	CRISTÓVÃO GOMES	M	35	01:08:03.06	01:07:48.52	

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179	1589	GONALO FERREIRA	M	43	01:08:05.37	01:07:55.07	
180	1523	LIBERTO SANTOS	M	49	01:08:05.39	01:07:49.06	
181	1362	CARLOS RIBEIRO	M	54	01:08:09.68	01:08:08.03	
182	355	PAULO S C ALVES	M	46	01:08:11.94	01:08:10.95	
183	780	ARTUR VINHAIS	M	41	01:08:13.04	01:07:57.01	
184	1378	JOAO VENTURA	M	32	01:08:15.37	01:07:36.85	HOSPITAL VF XIRA
185	860	LUIS FERREIRA	M	47	01:08:17.07	01:08:11.42	A VALE SILENCIO
186	1137	EMANUEL MARQUES	M	47	01:08:18.72	01:08:05.92	GDCR ZAMBUJEIRA S CALVO
187	537	JOO FERNANDES	M	28	01:08:24.46	01:08:11.67	
188	1357	EZEQUIEL FERNANDES	M	60	01:08:25.78	01:08:21.10	UFC INDSTRIA ATLETISMO
189	1360	FRANCISCO CALVO	M	56	01:08:25.82	01:08:20.45	UFC INDSTRIA ATLETISMO
190	1242	BRUNO PISSARRA	M	41	01:08:27.85	01:07:53.81	CORRER LISBOA
191	1158	BERNARDINO SOARES	M	43	01:08:28.83	01:08:26.79	ASS VALE GRANDE
192	66	JOS GERARDO	M	54	01:08:32.89	01:08:28.21	CA NAZAR
193	1438	RUI MATOS	M	54	01:08:36.27	01:08:29.87	CLUBE ANACOM
194	152	ANTONIO M T C SOUSA	M	48	01:08:36.49	01:08:28.05	KANINOS
195	1140	DIOGO LEAL	M	30	01:08:38.61	01:08:18.75	GDCR ZAMBUJEIRA S CALVO
196	155	HELDER VALADAS	M	36	01:08:44.40	01:08:20.48	OS PERIGOSOS
197	1174	JOS MONTEIRO	M	60	01:08:47.10	01:08:20.15	GDC BANCO PORTUGAL
198	534	CARLOS MENDES	M	50	01:08:50.23	01:08:46.31	
199	581	ANTONIO GONALVES	M	51	01:08:53.15	01:08:15.21	CCDT METRO LX
200	631	PAULO MATA	M	52	01:08:55.61	01:08:50.72	
201	257	IVAN COSTA	M	28	01:08:56.09	01:08:26.88	CMARA LISBOA CLUBE
202	1013	JOS PINTO	M	54	01:08:56.41	01:08:30.91	CLINICA DR CAUTELA
203	352	JORGE PE -CURTO	M	41	01:08:56.62	01:08:51.31	OS COXOS E O MIGUEL
204	827	SRGIO GOMES	M	38	01:09:01.06	01:08:57.81	
205	354	ARMANDO CARDOSO	M	30	01:09:02.41	01:08:40.89	KANINOS
206	479	JOAQUIM FRADE	M	61	01:09:04.76	01:08:59.48	SS CGD
207	1028	IVO CANELHAS	M	32	01:09:06.78	01:08:48.80	ND AUTOOCOOPE
208	554	VALTER CUNHA	M	41	01:09:09.34	01:09:01.38	
209	437	FERNANDO ROSETE	M	46	01:09:10.02	01:08:32.55	RUN 4 FUN
210	921	MRIO SEABRA	M	44	01:09:10.86	01:08:46.30	GR JANZ E ASSOCIADOS
211	1008	MIGUEL ALMEIDA	M	40	01:09:12.34	01:09:08.51	TINTACRIATIVA.PT
212	1613	JOSE M GOUVEIA	M	52	01:09:13.11	01:09:04.21	
213	929	FBIO M M FERREIRA	M	30	01:09:13.90	01:09:09.23	UA POVOENSE
214	1201	LUIS FERREIRA	M	50	01:09:14.91	01:08:55.21	URD ARRANH

CORRIDA DAS LEZIRIAS

5 MAR'17



215	791	DIOGO F M G SANTOS	M	35	01:09:15.85	01:09:11.69	
216	767	JOAQUIM MONTEIRO	M	45	01:09:16.38	01:09:10.09	AA MAFRA
217	93	ANTÓNIO LOPES	M	46	01:09:16.56	01:09:04.33	PAPAKMS
218	28	HUMBERTO R BORGES	M	48	01:09:17.50	01:09:09.27	LESMAIS
219	594	JOSÉ F ALVES	M	45	01:09:19.00	01:08:35.00	CCDT METRO LX
220	712	FRANCISCO CALÇADA	M	52	01:09:19.26	01:09:10.46	CCD O ALVITEJO
221	239	VASCO MATOS	M	40	01:09:20.39	01:08:52.41	CORRER SR GRANJA
222	1229	NELSON BRITO	M	42	01:09:21.93	01:09:13.00	ACD BOCAL
223	1236	JOÃO M M CADETE	M	50	01:09:31.66	01:09:21.69	LX RUN
224	1441	FERNANDO FIGUEIREDO	M	50	01:09:32.43	01:09:24.73	FALCOES SELVAGENS
225	212	RICARDO NOBRE	M	36	01:09:37.48	01:09:14.28	CRUZ QUEBRADENSE SIMECQ
226	469	CARLOS ANTUNES	M	42	01:09:37.94	01:09:31.78	SS CGD
227	1225	MARCO BAPTISTA	M	35	01:09:39.21	01:09:10.05	ACD BOCAL
228	1135	JOÃO CALÇADA	M	46	01:09:41.14	01:09:18.32	GDCR ZAMBUJEIRA S CALVO
229	530	ANTÓNIO F MENDES	M	60	01:09:45.08	01:09:40.79	
230	1421	ANTONIO CORREIA	M	55	01:09:45.92	01:09:41.53	GAA VF XIRA
231	782	JOSE REIS	M	50	01:09:47.07	01:09:27.80	
232	510	LUIS MARTINS	M	53	01:09:48.97	01:09:39.01	OS PINHEIROS
233	771	MANUEL TAVARES	M	58	01:09:53.65	01:09:48.38	RUN PIRILAMPO
234	340	AVELINO ALVES	M	52	01:09:55.42	01:09:46.26	
235	124	DIOGO LUCAS	M	21	01:09:57.79	01:09:51.82	OS COXOS E O MIGUEL
236	686	PEDRO CARVALHO	M	52	01:10:01.93	01:09:59.23	SCALABIS NIGHT RUNNERS
237	125	FLORIVAL LUCAS	M	53	01:10:02.21	01:09:55.71	OS COXOS E O MIGUEL
238	326	VITOR M P SERRA	M	42	01:10:03.64	01:09:49.03	19 HORAS FUNDO R ALCOCHETE RT
239	1574	RICARDO SEQUEIRA	M	29	01:10:03.64	01:09:53.51	C FERROVIARIO PORTUGAL
240	408	VITOR MARQUES	M	47	01:10:04.81	01:09:55.62	ESC ATL CARTAXO
241	470	CARLOS LEITAO	M	53	01:10:04.90	01:09:59.23	SS CGD
242	142	RUI F R C FERRO	M	42	01:10:05.55	01:09:55.13	
243	217	FÁBIO CORREIA	M	27	01:10:05.84	01:09:41.45	CORRER LISBOA
244	260	MIGUEL VELEZ	M	53	01:10:06.82	01:09:35.23	CÂMARA LISBOA CLUBE
245	819	NUNO SILVA	M	40	01:10:08.28	01:09:58.22	LX RUN
246	830	JOSÉ CUNHA	M	52	01:10:09.46	01:09:53.69	OS ZATOPEQUES
247	372	CARLOS FRANÇA	M	38	01:10:09.61	01:10:05.77	
248	928	HILARIO TORRES	M	57	01:10:10.36	01:10:02.88	RUN 4 FUN
249	1246	RICARDO PIRES	M	28	01:10:10.95	01:09:28.80	
250	277	EVELINO MAGALHÃES	M	42	01:10:16.88	01:10:00.50	NORAUTO PORTUGAL

CORRIDA DAS LEZIRIAS

5 MAR'17



251	986	RICARDO SOUSA	M	36	01:10:17.46	01:10:00.90	SS MONTEPIO
252	911	VITOR AZEVEDO	M	38	01:10:19.71	01:10:01.09	ASAS NOS PÉS
253	65	GONÇALO J F ÁGUAS	M	34	01:10:20.39	01:10:20.39	
254	161	FERNANDO ANDRADE	M	37	01:10:20.58	01:10:08.44	OS PERIGOSOS
255	362	NUNO M P RICARDO	M	38	01:10:21.46	01:10:02.64	
256	1217	HUGO M C S S SILVA	M	40	01:10:23.46	01:09:54.02	
257	1237	EDUARDO LUÍS	M	39	01:10:23.56	01:10:05.05	ATÓMICOS
258	552	FILIPE OLIVEIRA	M	41	01:10:24.86	01:09:59.96	R FRENTE RIBEIRINHA PÓVOA STA IRIA
259	159	MARCO CASEIRO	M	38	01:10:26.00	01:10:14.45	OS PERIGOSOS
260	1134	ALBERTO COVAS	M	57	01:10:27.15	01:10:16.47	ASAS NOS PÉS
261	952	HUGO MAGALHÃES	M	42	01:10:31.21	01:10:01.18	CLUBE VODAFONE
262	1320	AUGUSTO AGUIAR	M	59	01:10:31.57	01:10:26.33	
263	1143	ANTONIO CLARA	M	55	01:10:33.37	01:10:01.25	GDCR ZAMBUJEIRA S CALVO
264	226	DANIEL CRUZ	M	38	01:10:36.49	01:10:26.59	
265	1194	BRUNO CARDOSO	M	37	01:10:39.18	01:10:11.47	
266	94	RUI PEREIRA	M	41	01:10:39.82	01:10:23.35	PAPAKMS
267	254	JÚLIO REIS	M	44	01:10:40.52	01:10:38.53	CÂMARA LISBOA CLUBE
268	1498	PAULO RAPOSO	M	28	01:10:42.79	01:10:38.13	
269	938	HUGO CARAGO	M	43	01:10:43.09	01:10:38.80	CLUBE NOVO BANCO
270	1329	JOAQUIM SILVA	M	48	01:10:45.18	01:10:26.99	ADCR PJ
271	144	TIAGO RAIMUNDO	M	37	01:10:46.94	01:10:35.06	JATAPANHO
272	145	PAULO CRAVEIRO	M	36	01:10:48.22	01:10:36.06	JATAPANHO
273	737	MARTA SANTOS	F	39	01:10:48.26	01:10:42.31	ABSANT RUNNERS
274	330	CARLOS M BARROSO	M	39	01:10:49.75	01:10:37.08	
275	1618	JUAN COSTA	M	51	01:10:50.90	01:10:44.32	
276	1138	RUI AGUIAR	M	43	01:10:55.56	01:10:42.40	GDCR ZAMBUJEIRA S CALVO
277	493	PEDRO FONTOURA	M	46	01:10:56.28	01:10:50.61	SS CGD
278	836	LUIS M L SIMÕES	M	42	01:11:03.06	01:10:50.33	TARTARUGAS DO REGADIO
279	692	NUNO PEREIRA	M	40	01:11:04.27	01:10:49.45	CLUBE OGMA
280	1024	JUVENAL MOREIRA	M	53	01:11:05.69	01:11:00.84	ND AUTOCOOPE
281	188	TIAGO N ANTUNES	M	36	01:11:07.01	01:11:02.01	
282	459	ANTÓNIO MARQUES	M	40	01:11:10.29	01:10:59.18	RM
283	977	HUGO DUARTE	M	38	01:11:12.74	01:11:10.41	GDCF
284	244	PAULO GONÇALVES	M	45	01:11:12.83	01:10:41.72	CÂMARA LISBOA CLUBE
285	478	JOAO SILVA	M	48	01:11:14.00	01:10:56.40	SS CGD
286	487	NOEMIA SEQUEIRA	F	48	01:11:18.16	01:11:12.47	SS CGD

CORRIDA DAS LEZIRIAS

5 MAR'17



287	662	OZEIAS GESSO	M	39	01:11:22.77	01:11:02.37	
288	646	PEDRO A FERREIRA	M	44	01:11:23.31	01:11:03.07	
289	947	PEDRO GABRIEL	M	42	01:11:23.38	01:11:03.56	CLUBE NOVO BANCO
290	1402	CRISTOVAO A MARCOS	M	32	01:11:25.16	01:10:55.48	PSP
291	1397	SERGIO A VINHAS	M	43	01:11:26.74	01:11:19.48	PSP
292	100	FILIPE ARCADINHO	M	36	01:11:27.56	01:11:03.02	PAIEFILHO
293	983	JORGE VIEIRA	M	37	01:11:28.59	01:11:19.04	SS MONTEPIO
294	207	DANIEL SAMPAIO	M	38	01:11:29.73	01:11:06.42	CRUZ QUEBRADENSE SIMECQ
295	915	FERNANDO PAULINO	M	40	01:11:37.98	01:11:19.51	ASAS NOS PÉS
296	1053	PAULO SIMÕES	M	50	01:11:40.34	01:11:22.60	FALCOES SELVAGENS
297	270	DAVID RAMOS	M	36	01:11:46.65	01:11:43.57	
298	1464	NUNO SANTOS	M	38	01:11:48.12	01:11:33.65	
299	295	ROSALIA SALDANHA	F	43	01:11:49.68	01:11:37.77	SCUT
300	1022	ANTONIO ALMEIDA	M	53	01:11:53.28	01:11:49.41	ND AUTOCOOPE
301	508	BRUNO M N GARCIA	M	36	01:11:55.53	01:11:43.45	
302	617	RUI P RODRIGUES	M	42	01:12:02.80	01:11:36.76	CORRER SR GRANJA
303	1184	AIRES AFONSECA	M	39	01:12:03.50	01:11:51.35	
304	934	CARLOS NABIÇA	M	53	01:12:04.92	01:11:51.87	CLUBE NOVO BANCO
305	1281	DÂMASO BARROS	M	37	01:12:04.95	01:11:52.64	
306	610	HENRIQUE AMADOR	M	45	01:12:06.16	01:12:01.81	SS CGD
307	375	HUMBERTO BARROS	M	36	01:12:07.92	01:11:59.04	KANINOS
308	296	MARCO FRANCISCO	M	34	01:12:09.23	01:11:56.16	SCUT
309	1452	MATEUS COELHO	M	31	01:12:13.76	01:11:50.01	
310	652	VASCO E MARQUES	M	44	01:12:15.89	01:12:00.91	
311	1424	AIRES S PEDRO	M	62	01:12:17.61	01:12:03.65	GAA VF XIRA
312	691	JOSÉ M F MARQUES	M	43	01:12:18.15	01:12:10.96	CA NAZARÉ
313	1102	ANTONIO FERREIRA	M	45	01:12:19.22	01:11:57.66	GD SANTANDER TOTTA
314	1078	ANTONIO CRUZ	M	69	01:12:19.27	01:12:07.33	GD SANTANDER TOTTA
315	1072	CARLOS TEIXEIRA	M	44	01:12:19.42	01:11:58.59	GD SANTANDER TOTTA
316	195	ANTONIO GONÇALVES	M	55	01:12:23.70	01:11:54.70	ALVERCA URBAN RUNNERS
317	582	ANTONIO PEREIRA	M	52	01:12:24.35	01:11:57.67	CCDT METRO LX
318	1515	MARCOS RATOLA	M	37	01:12:25.32	01:11:20.84	CONTA GOTAS
319	1301	FRANCISCO PEREIRA	M	50	01:12:27.43	01:12:19.46	AÇOREANA
320	1463	ARNALDO J G ROLO	M	50	01:12:29.19	01:12:04.15	R FRENTE RIBEIRINHA PÓVOA STA IRIA
321	622	RUI BELO	M	31	01:12:30.17	01:12:04.72	CORRER SR GRANJA
322	732	JOSE FRANCO	M	58	01:12:33.09	01:12:27.53	SR CAMARNAL

CORRIDA DAS LEZIRIAS

5 MAR'17



323	742	LUIS SANTOS	M	46	01:12:36.98	01:12:23.35	ALHANDRA SC - TRIATLO
324	829	JOÃO SILVA	M	57	01:12:39.84	01:12:24.48	OS ZATOPEQUES
325	81	PETRU NEMES	M	51	01:12:40.89	01:12:27.45	
326	1114	JOÃO OLIVAL	M	48	01:12:44.41	01:12:36.71	
327	804	NUNO CORDEIRO	M	48	01:12:46.89	01:12:32.14	OS ZATOPEQUES
328	1136	LUIS PEDRO	M	46	01:12:50.33	01:12:20.12	GDCR ZAMBUJEIRA S CALVO
329	480	JORGE MORGADO	M	56	01:12:50.46	01:12:26.63	SS CGD
330	1513	MÁRIO LEITÃO	M	30	01:12:51.45	01:12:30.96	
331	763	RODOLFO FERREIRA	M	28	01:12:51.73	01:12:42.48	
332	702	DANIEL SIMÕES	M	31	01:12:51.75	01:12:30.71	DS RUNNERS
333	943	PAULA JACOB	F	38	01:12:52.89	01:12:41.89	CLUBE NOVO BANCO
334	1155	RODRIGO MARQUES	M	39	01:12:52.92	01:12:38.09	GDA - GYDARUN
335	1584	PAULO RUFINO	M	38	01:12:53.93	01:12:42.74	CM VF XIRA
336	1405	SERGIO M N GONÇALVES	M	43	01:12:55.29	01:12:47.01	PSP
337	1461	FRANCISCA RAPOSO	F	26	01:12:55.55	01:12:53.41	
338	1144	EURICO AGOSTINHO	M	56	01:12:56.35	01:12:38.10	GDCR ZAMBUJEIRA S CALVO
339	390	ALMERINDO SILVA	M	51	01:12:58.50	01:12:45.42	AGUIAS DO CARTAXO
340	238	TIAGO CRUZ	M	30	01:13:00.62	01:12:31.80	CORRER SR GRANJA
341	351	JOÃO S DIAS	M	51	01:13:01.82	01:12:25.96	
342	409	VITOR MARTINS	M	57	01:13:05.38	01:12:50.00	
343	1552	LUIS M P MARTINS	M	42	01:13:05.66	01:12:42.65	ECI RUNNING TEAM
344	675	SÉRGIO OLIVEIRA	M	41	01:13:05.90	01:12:26.45	CAVEIRAS RUN
345	998	DANIEL SILVA	M	57	01:13:09.85	01:13:08.09	CA ODIMARQ
346	1249	FILIPE BOLÉO	M	45	01:13:10.57	01:12:44.61	CLUBE ANACOM
347	1103	LUIS MILHEIRO	M	57	01:13:10.84	01:12:31.52	GD SANTANDER TOTTA
348	1337	GONÇALO MARTINS	M	29	01:13:12.34	01:13:02.07	
349	924	ANDREIA MIRA	F	34	01:13:15.32	01:12:40.02	ASAS NOS PÉS
350	105	ANTÓNIO VALE	M	30	01:13:18.45	01:12:42.75	
351	126	PAULO S A VIEIRA	M	44	01:13:18.89	01:13:05.53	
352	1048	DANIEL VERÍSSIMO	M	35	01:13:19.05	01:12:54.95	CORRER LISBOA
353	1161	MARIA FREITAS	F	37	01:13:19.36	01:13:03.08	ASS VALE GRANDE
354	1345	MÁRIO R SOARES	M	30	01:13:21.64	01:13:08.30	CONQUISTA GINÁSIO - CADAVAL
355	345	VITOR A F CAVACO	M	39	01:13:22.55	01:13:09.60	ZFORTES
356	1366	CARLOS VIDAIS	M	43	01:13:23.73	01:13:05.99	ATLETICO DE VIA RARA
357	845	PEDRO GUEDES	M	42	01:13:26.46	01:12:48.32	
358	1058	ANTONIO IRIA	M	48	01:13:30.07	01:12:45.03	CLUBE TAP PORTUGAL

CORRIDA DAS LEZIRIAS

5 MAR'17



359	396	GIL CARNEIRO	M	39	01:13:30.15	01:13:20.15	MARGIL
360	1542	MANUEL P FRANCISCO	M	51	01:13:30.73	01:13:21.80	CA SAO BRAS
361	685	NUNO CALVO	M	43	01:13:30.74	01:13:27.54	SCALABIS NIGHT RUNNERS
362	1021	ANTÓNIO CARRETO	M	33	01:13:31.46	01:12:54.79	CORRER LISBOA
363	306	LUIS F B ISIDORO	M	33	01:13:32.80	01:13:25.62	
364	1284	SERGIO ALVES	M	28	01:13:36.64	01:13:27.18	
365	1296	JOSÉ SAPO	M	67	01:13:37.58	01:13:37.58	SC MOITENSE
366	1044	BRUNO TAVARES	M	31	01:13:38.63	01:13:14.94	
367	1616	PEDRO NUNES	M	44	01:13:38.73	01:12:48.15	CM VF XIRA
368	358	MARTA I S ANSELMO	F	45	01:13:39.61	01:13:34.34	
369	1393	JOSE HENRIQUES	M	30	01:13:41.72	01:12:41.98	HOSPITAL VF XIRA
370	1422	ANTONIO TEIXEIRA	M	47	01:13:42.68	01:13:13.52	GAA VF XIRA
371	909	ROGÉRIO CARREIRO	M	55	01:13:43.49	01:13:08.81	ASAS NOS PÉS
372	1442	MANUEL FIDALGO	M	48	01:13:44.02	01:13:28.04	GDA - GYDARUN
373	1492	SERGIO PONTES	M	40	01:13:44.05	01:13:33.47	S RED
374	1200	EDGAR FRANCISCO	M	51	01:13:45.83	01:13:24.72	URD ARRANHÒ
375	1090	NUNO CARVALHO	M	41	01:13:46.50	01:13:16.38	GD SANTANDER TOTTA
376	309	HUGO MARREIROS	M	35	01:13:46.57	01:12:43.76	CORREDORES DA ADEGA
377	395	ANA M CORREIA	F	37	01:13:47.67	01:13:38.15	MARGIL
378	1197	JORGE FERREIRA	M	58	01:13:50.37	01:13:49.38	HOVIONE
379	641	ERNESTO PEREIRA	M	47	01:13:52.93	01:13:51.61	FARISEUS
380	954	NUNO JACINTO	M	42	01:13:56.96	01:13:47.66	CLUBE VODAFONE
381	1401	FREDERICO M G PACHECO	M	34	01:13:58.49	01:13:34.22	PSP
382	1219	TIAGO PINTO	M	38	01:14:02.15	01:13:10.48	CORRER LISBOA
383	1367	DIAMANTINO GAMITO	M	50	01:14:04.82	01:13:48.10	ATLETICO DE VIA RARA
384	716	JOZE RIBEIRO	M	54	01:14:05.66	01:13:54.73	CCD O ALVITEJO
385	939	LUIS JOSÉ	M	47	01:14:07.98	01:13:41.84	CLUBE NOVO BANCO
386	1159	JOSÉ MOREIRA	M	40	01:14:09.59	01:14:08.25	ASS VALE GRANDE
387	1481	CARLA LOURENCO	F	41	01:14:10.23	01:14:07.72	C MILLENNIUM BCP
388	1065	JOSÉ NETO	M	59	01:14:14.66	01:13:54.13	TEAM NETO
389	1172	JOAQUIM FERRÃO	M	56	01:14:15.84	01:13:50.27	GDC BANCO PORTUGAL
390	1130	VERA VAZ	F	40	01:14:19.81	01:14:03.16	EQUIPA DAVID VAZ
391	842	SAMUEL SEBASTIÃO	M	35	01:14:23.60	01:14:18.53	
392	1050	EURICO GOMES	M	54	01:14:24.45	01:14:06.74	ADCR PJ
393	1482	CARLOS LOURENCO	M	64	01:14:24.53	01:14:22.48	C MILLENNIUM BCP
394	841	PATRÍCIA CALDAS	F	33	01:14:25.36	01:14:19.42	

CORRIDA DAS LEZIRIAS

5 MAR'17



395	141	NUNO SANTOS	M	42	01:14:25.36	01:14:17.07	
396	1199	FILIPE BRANCO	M	47	01:14:28.11	01:14:06.83	URD ARRANHÔ
397	850	NUNO M M AVELAR	M	39	01:14:28.97	01:13:59.89	
398	544	VITOR SILVA	M	33	01:14:32.75	01:13:49.12	
399	773	JULIO PATRICIO	M	55	01:14:33.72	01:14:17.96	RUN TEAM BOMBARRAL
400	619	CARLOS MARQUES	M	46	01:14:33.98	01:14:06.32	CORRER SR GRANJA
401	963	PAULO RANA	M	52	01:14:38.06	01:14:21.21	
402	1066	MÁRCIO NETO	M	37	01:14:38.89	01:14:18.52	TEAM NETO
403	255	RUBEN SILVA	M	60	01:14:39.82	01:14:02.69	CÂMARA LISBOA CLUBE
404	1030	JOSE HILARIO	M	57	01:14:40.04	01:13:50.11	
405	1543	TIAGO A SILVA	M	28	01:14:41.52	01:14:30.06	CA SAO BRAS
406	1411	JOSE MARTINS	M	42	01:14:42.71	01:14:02.60	SS CGD
407	211	CARLOS LOURENÇO	M	41	01:14:43.53	01:14:29.44	CRUZ QUEBRADENSE SIMECQ
408	442	JOSÉ MATOS	M	56	01:14:44.12	01:14:05.18	CA AMIGOS PARQUE PAZ
409	1113	MARIO R COSTA	M	41	01:14:44.14	01:14:05.34	GD SANTANDER TOTTA
410	1538	VITOR FERNANDES	M	42	01:14:44.80	01:14:22.08	CM VF XIRA
411	1541	JOSE P DUARTE	M	32	01:14:45.43	01:14:36.43	CA SAO BRAS
412	237	JOAQUIM GOMES	M	38	01:14:46.47	01:14:16.67	CORRER SR GRANJA
413	908	JOSÉ HENRIQUES	M	43	01:14:51.17	01:14:14.31	ASAS NOS PÉS
414	731	JOÃO ANDRÉ	M	39	01:14:52.19	01:14:23.02	SR CAMARNAL
415	642	ALBERTINO NETO	M	46	01:14:52.23	01:14:23.97	CORRER SR GRANJA
416	322	GUILHERME GONCALVES	M	56	01:14:54.04	01:14:46.22	C FERROVIARIO PORTUGAL
417	560	PAULO TRIGO	M	38	01:14:55.08	01:14:26.92	R FRENTE RIBEIRINHA PÓVOA STA IRIA
418	832	PEDRO VICENTE	M	39	01:14:57.86	01:14:31.60	PORTUGAL TROOPER / ATTITUDE CM
419	1344	ARTUR COSTA	M	52	01:14:58.26	01:14:49.68	CONQUISTA GINÁSIO - CADAVAL
420	130	MIGUEL SAN-PAYO	M	54	01:14:59.60	01:14:21.12	RUN 4 FUN
421	349	NUNO SILVA	M	40	01:15:01.31	01:14:52.14	3B TRIATLO
422	679	VITOR FERREIRA	M	37	01:15:03.04	01:14:24.03	CAVEIRAS RUN
423	821	JORGE BORGES	M	40	01:15:03.35	01:14:38.39	
424	1566	JOSÉ PEREIRA	M	51	01:15:03.49	01:14:38.34	
425	1328	DAVID FARINHA	M	31	01:15:04.58	01:14:54.24	3B - S
426	1339	BRUNO P F BARREIROS	M	33	01:15:05.66	01:14:58.06	
427	1352	PEDRO SERRA	M	40	01:15:05.97	01:14:42.52	CORRER LISBOA
428	1372	PEDRO RIBEIRO	M	35	01:15:06.09	01:14:44.23	
429	1145	LUCAS DELGADO	M	63	01:15:11.45	01:14:50.52	GDCR ZAMBUJEIRA S CALVO
430	874	MAFALDA MONIZ	F	30	01:15:12.23	01:15:09.94	INNOTEAM

CORRIDA DAS LEZIRIAS

5 MAR'17



431	618	RUI RODRIGUES	M	51	01:15:13.94	01:14:47.22	CORRER SR GRANJA
432	1588	FRANCISCO MULETA	M	42	01:15:16.40	01:14:59.75	
433	1582	BRUNO M C LOPES	M	42	01:15:17.68	01:14:55.36	GANG DO AMENDOIM
434	858	MANUEL CHINITA	M	52	01:15:20.33	01:15:17.61	A VALE SILENCIO
435	1510	JOAQUIM SILVA	M	44	01:15:21.85	01:14:29.62	GINJINHA RUNNERS
436	994	FRANCISCO CUNHA	M	45	01:15:21.91	01:14:22.83	ENCONTRAMO-NOS NA META
437	815	CARLOS P RODRIGUES	M	59	01:15:22.20	01:15:18.38	CP EDP LISBOA
438	961	MÁRIO GENOVEVO	M	50	01:15:22.61	01:15:19.68	
439	747	JALMOR MOR	M	48	01:15:23.80	01:15:01.53	CORRER LISBOA
440	1062	FERNANDO COELHO	M	51	01:15:25.00	01:15:19.29	CLUBE TAP PORTUGAL
441	1061	CARLOS SILVA	M	51	01:15:25.08	01:15:19.62	CLUBE TAP PORTUGAL
442	392	JOÃO M A LOURO	M	31	01:15:26.46	01:15:03.35	ATLETAS DA MADRUGADA
443	761	ALEXANDRE BENTO	M	43	01:15:26.67	01:15:07.46	
444	1270	PEDRO TRABUCHO	M	52	01:15:26.93	01:15:08.34	GD BANCO BPI
445	1409	EDUARDO RODRIGUES	M	36	01:15:27.29	01:14:46.65	SS CGD
446	369	JOSE OLIVEIRA	M	43	01:15:27.54	01:15:19.40	
447	1308	JOÃO SALDANHA	M	45	01:15:28.00	01:14:42.00	FAMILIA DO CORAÇÃO
448	1416	SUSANA MATOS	F	35	01:15:30.40	01:15:30.40	SS CGD
449	346	PEDRO GRAVE	M	28	01:15:32.32	01:15:01.63	ADRC MATA BENFICA
450	1153	ILISITO FERREIRA	M	33	01:15:33.24	01:15:00.38	CAD A CORRER
451	1518	FRANCISCO OLIVEIRA	M	32	01:15:33.51	01:15:33.51	
452	110	FÁBIO RODRIGUES	M	26	01:15:37.02	01:14:54.98	JIMBRAS RUNNING TEAM
453	1556	JOÃO FÉLIX	M	28	01:15:37.96	01:14:57.26	
454	1096	PEDRO XAVIER	M	44	01:15:38.37	01:14:33.88	GD SANTANDER TOTTA
455	607	NUNO VITAL	M	28	01:15:38.45	01:15:09.95	
456	867	ANA REBELO	F	23	01:15:38.89	01:15:24.60	FALCOES SELVAGENS
457	289	JOSÉ COELHO	M	61	01:15:39.66	01:15:36.46	SNR
458	1129	RUI GONÇALVES	M	44	01:15:41.00	01:15:23.68	EQUIPA DAVID VAZ
459	299	RUI ANTUNES	M	43	01:15:43.87	01:15:26.19	
460	57	BRUNO M JACOB	M	35	01:15:44.44	01:15:36.12	
461	670	FERNANDO ANACLETO	M	66	01:15:45.24	01:15:37.39	
462	1091	DANIEL SIMOES	M	43	01:15:48.60	01:15:22.87	GD SANTANDER TOTTA
463	1181	FERNANDO ROBEIRO	M	51	01:15:48.64	01:15:24.34	GDC BANCO PORTUGAL
464	1014	FRANCISCO PASSOS	M	55	01:15:51.00	01:15:13.60	
465	1581	ANTONIO NOGUEIRA	M	51	01:15:51.29	01:15:40.13	
466	274	HELENA TAUBE	F	43	01:15:51.86	01:15:45.50	

CORRIDA DAS LEZIRIAS

5 MAR'17



467	1349	DUARTE ABELHO	M	19	01:15:54.33	01:15:53.38	
468	925	ANTÓNIO TOMÉ	M	43	01:15:56.02	01:15:20.46	ASAS NOS PÉS
469	687	NUNO STOFFEL	M	43	01:15:56.67	01:15:52.63	SCALABIS NIGHT RUNNERS
470	1127	PATRICIA SANTOS	F	32	01:15:57.00	01:15:19.37	ASAS NOS PÉS
471	236	GONÇALO GUIOMAR	M	23	01:15:57.09	01:15:31.14	CORRER SR GRANJA
472	1182	JOÃO RODRIGUES	M	37	01:15:57.70	01:15:29.09	GDC BANCO PORTUGAL
473	1160	PAULO MONTEIRO	M	43	01:15:57.85	01:15:41.66	ASS VALE GRANDE
474	525	TIAGO SILVA	M	39	01:15:58.48	01:15:26.68	
475	235	JULIO ROQUE	M	51	01:16:01.44	01:15:31.71	CORRER SR GRANJA
476	1563	LUIS M M SANTOS	M	40	01:16:02.42	01:15:41.22	CORRER LISBOA
477	1554	ARSENIO FERNANDES	M	60	01:16:02.74	01:15:23.94	CA AMIGOS PARQUE PAZ
478	143	VERA S CARVALHO	F	42	01:16:07.67	01:15:57.13	
479	725	TIAGO PINHAL	M	40	01:16:09.88	01:15:58.77	
480	167	JOÃO FIALHO	M	38	01:16:10.98	01:16:08.60	CCD-AT
481	669	IDALÉCIO BARROS	M	62	01:16:13.87	01:16:05.99	
482	1023	CARLOS FERREIRA	M	60	01:16:14.08	01:16:04.96	ND AUTOCOOPE
483	788	NANDO TORRES	M	54	01:16:16.09	01:16:11.30	GAREHOTELRUNNING
484	930	NUNO FIGUEIREDO	M	40	01:16:16.09	01:15:33.94	RUN TEAM BOMBARRAL
485	259	JOSE M GALVAO	M	50	01:16:16.30	01:15:53.93	CÂMARA LISBOA CLUBE
486	1204	JOAO CALISTO	M	56	01:16:21.89	01:15:40.48	
487	1564	CARLOS RAMOS	M	48	01:16:22.75	01:15:59.44	
488	1117	ANTONIO GONÇALVES	M	60	01:16:24.36	01:16:20.42	AVAVILLA
489	1495	FÁBIO ROMÃO	M	25	01:16:24.56	01:16:00.84	
490	444	MIGUEL SIMÕES	M	38	01:16:25.21	01:15:44.75	MANITOU PEÇAS VFX
491	809	GENTIL PEREIRA	M	43	01:16:25.68	01:15:33.14	AMIGOS DA FLOR
492	54	HENRIQUE FALAGUEIRA	M	38	01:16:26.13	01:16:17.74	
493	243	SE SILVA	M	53	01:16:27.18	01:16:27.06	CÂMARA LISBOA CLUBE
494	253	FRANCISCO CUNHA	M	52	01:16:27.90	01:16:27.77	CÂMARA LISBOA CLUBE
495	798	EUGÉNIO PISCO	M	65	01:16:28.94	01:16:03.36	OS SANTARENOS
496	1570	ANTONIO S VIEIRA	M	67	01:16:29.24	01:16:23.07	
497	88	VITOR PARREIRA	M	64	01:16:31.32	01:15:56.87	CA NAZARÉ
498	176	SÉRGIO CAMPOS	M	49	01:16:31.43	01:15:45.94	
499	1187	ANTÓNIO J H FERREIRA	M	58	01:16:32.63	01:16:22.38	
500	922	VITOR PEREIRA	M	40	01:16:36.40	01:16:10.78	GR JANZ E ASSOCIADOS
501	940	LUIS MONTEIRO	M	45	01:16:39.15	01:16:34.38	CLUBE NOVO BANCO
502	863	RODRIGO PAUL	M	37	01:16:39.23	01:16:31.40	

CORRIDA DAS LEZIRIAS

5 MAR'17



503	1093	RUI CUNHA	M	50	01:16:40.31	01:16:17.24	GD SANTANDER TOTTA
504	1621	LUIS CABRAL	M	35	01:16:41.02	01:16:34.74	
505	1553	JOSÉ AUGUSTO	M	56	01:16:41.06	01:16:27.19	FALCÕES SELVAGENS
506	368	JOÃO CORDEIRO	M	30	01:16:41.70	01:16:27.69	
507	190	RICARDO RIBEIRO	M	40	01:16:41.92	01:16:19.74	EQUIPA
508	1316	RICARDO AFONSO	M	45	01:16:44.34	01:16:13.65	
509	1054	LUIS ALVES	M	38	01:16:45.76	01:16:13.44	CAD A CORRER
510	1011	PEDRO CARVALHO	M	32	01:16:46.00	01:16:12.81	CAD A CORRER
511	393	CARLOS M B PEREIRA	M	46	01:16:47.93	01:16:22.97	GD SANTANDER TOTTA
512	1027	PEDRO SEQUEIRA	M	37	01:16:50.19	01:16:33.15	ND AUTOCOOPE
513	374	MARCO SILVA	M	41	01:16:51.01	01:16:44.37	
514	1537	MARCO SILVA	M	41	01:16:51.33	01:16:44.50	CM VF XIRA
515	1086	NUNO DAMIAES	M	35	01:16:52.23	01:16:22.87	GD SANTANDER TOTTA
516	1177	PEDRO PINTO	M	30	01:16:52.45	01:16:07.36	GDC BANCO PORTUGAL
517	357	VITOR MORAIS	M	58	01:16:53.51	01:16:37.25	
518	701	SÉRGIO SEBASTIÃO	M	38	01:16:55.16	01:16:34.31	DS RUNNERS
519	1271	HUGO REIS	M	39	01:16:56.32	01:15:54.29	GD BANCO BPI
520	775	MANUEL CRISPIM	M	64	01:16:57.45	01:16:34.70	UDCA
521	835	RUI ALEGRE	M	38	01:17:02.08	01:16:08.05	
522	1106	JOSE C PEREIRA	M	47	01:17:02.39	01:16:47.27	GD SANTANDER TOTTA
523	247	LICÍNIO FIODALGO	M	57	01:17:03.68	01:16:30.75	CÂMARA LISBOA CLUBE
524	1429	NUNO MOREIRA	M	41	01:17:04.74	01:16:40.02	
525	597	ORLANDO SILVA	M	59	01:17:06.28	01:16:55.09	CCDT METRO LX
526	1292	JOSÉ BORDALO	M	64	01:17:07.29	01:16:58.34	
527	1064	RUI MONTEIRO	M	42	01:17:07.95	01:16:53.17	OS ZAOPEQUES
528	1509	RODRIGO OLIVEIRA	M	39	01:17:08.33	01:15:58.94	
529	104	NUNO LOPES	M	42	01:17:08.33	01:15:58.94	FC ESTRELAS LISBOA
530	378	EDGAR ANASTACIO	M	52	01:17:08.53	01:16:53.12	GDA - GYDARUN
531	1274	MANUEL SOARES	M	52	01:17:09.41	01:17:09.29	UNIDOS DA MANUTENÇÃO
532	205	NUNO GALVÃO	M	53	01:17:11.30	01:16:22.28	CRUZ QUEBRADENSE SIMECQ
533	1496	JOSE FERREIRA	M	61	01:17:11.30	01:17:07.65	SCALABIS NIGHT RUNNERS
534	711	CARLA CALÇADA	F	47	01:17:12.85	01:17:04.08	CCD O ALVITEJO
535	123	FRANCISCO M C PINTO	M	58	01:17:13.32	01:17:11.24	
536	298	SARA GABRIEL	F	28	01:17:13.37	01:17:09.62	
537	1425	CLAUDIO MIRA	M	51	01:17:14.43	01:17:10.79	GAA VF XIRA
538	854	CARLOS COSTA	M	50	01:17:15.16	01:16:35.32	A VALE SILENCIO

CORRIDA DAS LEZIRIAS

5 MAR'17



539	964	NELSON BRANCO	M	43	01:17:16.72	01:17:00.60	
540	386	JORGE REIS NETO	M	50	01:17:17.51	01:17:02.78	
541	989	CARLOS TEIXEIRA	M	56	01:17:18.54	01:16:45.07	LEBRES E TARTARUGAS
542	318	EDUARDO COELHO	M	34	01:17:22.08	01:16:51.49	ADRC MATA BENFICA
543	233	FILIPE RAMALHO	M	36	01:17:24.94	01:16:56.93	CORRER SR GRANJA
544	1166	NUNO ARAÚJO	M	45	01:17:25.78	01:16:52.60	
545	24	EDUARDO GOMES	M	47	01:17:27.10	01:17:18.76	
546	1298	ACURCIO MARIA	M	45	01:17:27.30	01:17:20.65	SC MOITENSE
547	448	JOÃO P F S R TABORDA	M	31	01:17:30.38	01:16:40.29	
548	262	ANDREIA V MENDES	F	41	01:17:33.10	01:17:16.16	MALVEIRITOS
549	553	HUGO M F HENRIQUES	M	39	01:17:33.59	01:17:27.70	LUSCO-FUSCO RUNNERS
550	1227	ERNESTO GUIA	M	62	01:17:34.21	01:17:05.43	ACD BOCAL
551	1009	JOSÉ MONTEIRO	M	60	01:17:35.60	01:17:25.00	
552	1555	MARCO A B DIAS	M	23	01:17:36.33	01:17:13.06	
553	1544	CARLOS LOPES	M	42	01:17:40.52	01:16:41.61	AMINHACORRIDA/MYPROTEIN
554	438	FILIPE MARQUES	M	39	01:17:40.78	01:17:16.14	ATLETAS DA MADRUGADA
555	735	PAULO MOISÃO	M	40	01:17:40.79	01:17:17.03	ATLETAS DA MADRUGADA
556	853	ANTONIO FERNANDES	M	60	01:17:42.79	01:17:02.71	A VALE SILENCIO
557	1371	NUNO ALMEIDA	M	39	01:17:43.22	01:17:20.35	
558	630	JOAO MACEDO	M	50	01:17:44.95	01:17:22.43	
559	1315	CRISTINA CAETANO	F	45	01:17:46.01	01:17:36.19	CUABENAVENTENSE
560	424	SANDRO TEIXEIRA	M	28	01:17:48.50	01:16:57.58	
561	489	ORLINDO FIGUEIREDO	M	69	01:17:53.76	01:17:51.87	SS CGD
562	1017	PATRICK MAGALHAES	M	34	01:17:53.79	01:17:10.08	
563	846	TIAGO G L FERREIRA	M	35	01:17:54.12	01:17:11.71	
564	203	ANTÓNIO CORREIA	M	47	01:17:55.64	01:17:06.22	CRUZ QUEBRADENSE SIMECQ
565	482	LUIS QUENNTAL	M	50	01:17:59.27	01:17:10.80	SS CGD
566	410	ANTÓNIO ALMEIDA	M	37	01:17:59.65	01:17:23.44	OS CONTAKILOMETROS
567	1524	ANTÓNIO MINA	M	55	01:18:04.89	01:17:10.29	
568	474	FERNANDO LIMA	M	47	01:18:08.77	01:17:22.74	SS CGD
569	500	TIAGO AVELAS	M	42	01:18:09.02	01:17:08.52	SS CGD
570	668	BRUNO LETRA	M	31	01:18:10.88	01:17:48.78	
571	967	DUARTE ESCOBAR	M	42	01:18:11.88	01:16:48.46	
572	748	CARLOS BATISTA	M	43	01:18:13.21	01:17:48.46	CORRER LISBOA
573	1306	MARCO P M CACHINHO	M	36	01:18:15.22	01:18:05.26	KANINOS
574	1334	JOÃO J FERNANDES	M	35	01:18:15.64	01:17:56.57	

CORRIDA DAS LEZIRIAS

5 MAR'17



575	218	HELDER PALHAS	M	44	01:18:20.94	01:17:47.70	CONTA GOTAS
576	843	MANUEL G ALVES	M	58	01:18:20.96	01:17:49.81	
577	981	JAIME GOMES	M	60	01:18:23.26	01:17:38.66	SS MONTEPIO
578	494	PEDRO LOPES	M	37	01:18:24.09	01:18:09.64	SS CGD
579	431	ARTUR CARVALHO	M	53	01:18:27.91	01:17:39.48	
580	876	JORGE BARBOSA	M	30	01:18:30.26	01:17:58.41	
581	818	RICARDO SANTOS	M	45	01:18:31.87	01:17:56.65	CP EDP LISBOA
582	848	LUIS FEJOCA	M	35	01:18:32.17	01:18:08.23	
583	1435	GIL DELGADO	M	32	01:18:32.62	01:17:44.28	
584	847	MARCO A C Á PIRES	M	29	01:18:35.17	01:18:10.54	CORRER LISBOA
585	108	PAULO GONÇALVES	M	44	01:18:36.89	01:18:02.50	BESMART
586	86	RUI VIEITAS	M	41	01:18:38.51	01:18:19.70	FAT OLD DUDES
587	412	ANTÓNIO SILVA	M	44	01:18:38.74	01:18:08.78	
588	411	PAULO CARVALHO	M	50	01:18:38.87	01:18:09.83	
589	87	MIGUEL CASTRO	M	49	01:18:39.37	01:18:20.90	FAT OLD DUDES
590	562	CARLOS MARTINS	M	43	01:18:40.26	01:17:55.50	
591	825	PAULO BASÍLIO	M	50	01:18:42.62	01:18:26.60	OS ZATOPEQUES
592	824	JOSÉ MORAIS	M	55	01:18:42.74	01:18:26.95	OS ZATOPEQUES
593	1095	GONÇALO SOUSA	M	37	01:18:43.29	01:18:18.00	GD SANTANDER TOTTA
594	704	VASCO JESUS	M	26	01:18:43.85	01:18:26.51	FJ
595	430	LUIS FARIA	M	54	01:18:43.97	01:18:22.15	CARTAXO NIGHT RUNNERS
596	1006	NUNO ROMAO	M	49	01:18:44.62	01:17:56.64	GD INE
597	426	MARTA S CONCEIÇÃO	F	32	01:18:44.94	01:18:23.60	CORRER LISBOA
598	1191	RUI BARROS	M	48	01:18:46.60	01:18:32.49	
599	20	PAULO A R NUNES	M	43	01:18:46.69	01:18:24.56	CORRER LISBOA
600	174	JOSE P P FERREIRA	M	56	01:18:49.21	01:18:04.66	
601	68	VITOR MONTEIRO	M	54	01:18:49.80	01:18:36.02	OS DUROS
602	387	PAULO ESPANHOL	M	47	01:18:54.14	01:18:38.02	
603	160	CARLOS SOUSA	M	59	01:18:54.18	01:18:29.18	OS PERIGOSOS
604	1336	BRUNO CORREIA	M	34	01:18:56.19	01:18:25.81	
605	680	PAULO J J HENRIQUES	M	41	01:18:58.83	01:17:54.69	FAMÍLIA HENRIQUES
606	1019	ANTONIO SEROMENHO	M	58	01:19:00.85	01:18:50.90	
607	58	VITOR PINTO	M	52	01:19:00.88	01:18:21.04	
608	401	VITOR GAMEIRO	M	51	01:19:02.29	01:18:22.65	
609	923	ARMINDO RODRIGUES	M	49	01:19:02.95	01:18:37.14	GR JANZ E ASSOCIADOS
610	723	FERNANDO VERÍSSIMO	M	55	01:19:04.37	01:18:56.61	CHESTERS TEAM

CORRIDA DAS LEZIRIAS

5 MAR'17



611	241	GABRIEL B ALMEIDA	M	37	01:19:04.49	01:18:58.15	
612	388	RAMIRO INÁCIO	M	65	01:19:04.94	01:18:57.35	KANINOS
613	102	HUGO SILVA	M	37	01:19:07.95	01:18:47.82	
614	609	FRANCISCO VIEIRA	M	48	01:19:09.40	01:18:30.70	SS CGD
615	752	MIGUEL RAU	M	46	01:19:10.64	01:18:52.37	
616	1354	JOSÉ NEVES	M	45	01:19:11.60	01:18:33.93	
617	119	JOAO A MONICA	M	32	01:19:12.31	01:18:16.21	
618	62	PAULA TEIXEIRA	F	39	01:19:12.39	01:19:02.96	FALCOES SELVAGENS
619	968	JOSE FERNANDES	M	34	01:19:14.06	01:18:22.82	
620	547	JOÃO J A PASSEIRO	M	54	01:19:14.63	01:18:01.97	ADC CATUJAL
621	935	EDUARDO FIGUEIREDO	M	45	01:19:16.68	01:19:05.56	CLUBE NOVO BANCO
622	1364	CARLOS CORREIA	M	51	01:19:20.37	01:19:20.37	ATLETICO DE VIA RARA
623	1150	ANDRE ANTUNES	M	22	01:19:22.44	01:18:03.30	
624	297	ARMANDO ALMEIDA	M	57	01:19:24.09	01:18:45.18	A VALE SILENCIO
625	1045	ANDRÉ MARTINS	M	32	01:19:28.19	01:18:21.58	
626	477	JOAO ALMEIDA	M	47	01:19:28.37	01:18:43.85	SS CGD
627	980	HELDER PALMA	M	46	01:19:30.50	01:19:21.80	SS MONTEPIO
628	471	CARLOS FIGUEIREDO	M	45	01:19:31.43	01:18:46.91	SS CGD
629	574	RICARDO L ALVES	M	34	01:19:32.71	01:19:24.75	C BENFICA SEIXAL
630	1501	PEDRO G MENDES	M	29	01:19:32.82	01:18:51.75	GRANATE
631	1546	TINA OLIVEIRA	F	52	01:19:33.87	01:19:27.51	AMINHACORRIDA/MYPROTEIN
632	1369	PEDRO PINEL	M	47	01:19:34.18	01:18:41.05	NAV RUNNERS
633	1565	JOSE MACHADO	M	51	01:19:34.42	01:18:41.10	NAV RUNNERS
634	263	HUGO CIPRIANO	M	37	01:19:35.69	01:18:53.14	COISO
635	361	FRANCISCO BATISTA	M	51	01:19:35.87	01:19:20.74	
636	107	SARA ANDRADE	F	35	01:19:38.06	01:16:18.09	
637	519	NUNO PIÇARREIRA	M	43	01:19:41.84	01:19:06.32	
638	514	JOSE A RODRIGUES	M	57	01:19:41.85	01:18:48.15	
639	1012	CARLOS MARTINHO	M	47	01:19:47.35	01:19:14.12	CAD A CORRER
640	726	PEDRO J S GOMES	M	33	01:19:48.81	01:19:15.12	
641	147	EDUARDO MARQUES	M	31	01:19:50.22	01:19:46.09	
642	367	AVELINO ALVES	M	36	01:19:52.50	01:19:40.88	TECLAHOST.COM
643	193	CARLOS RANGEL	M	63	01:19:57.04	01:19:19.42	
644	311	IGOR BATISTA	M	32	01:19:57.12	01:18:53.73	CORREDORES DA ADEGA
645	1207	ROGERIO P LUIS	M	44	01:19:57.83	01:19:34.56	
646	103	ANTÓNIO A M MOREIRA	M	52	01:19:58.18	01:19:47.10	

CORRIDA DAS LEZIRIAS

5 MAR'17



647	399	RICARDO M J S TEODORO	M	36	01:19:59.12	01:19:36.35	
648	422	ADELAIDE PEREIRA	F	45	01:20:02.10	01:19:34.05	R FRENTE RIBEIRINHA PÓVOA STA IRIA
649	905	CARLOS IPE	M	41	01:20:03.36	01:19:28.30	ASAS NOS PÉS
650	37	ANA MARQUES	F	38	01:20:03.89	01:20:00.34	SCALABIS NIGHT RUNNES
651	158	JOSÉ HENRIQUES	M	61	01:20:05.23	01:19:39.90	OS PERIGOSOS
652	754	LUIS DIAS	M	31	01:20:10.03	01:19:27.94	JIMBRAS RUNNING TEAM
653	419	LUIS AMARAL	M	50	01:20:10.99	01:19:11.01	LA CONSULTORES
654	134	ROLANDO COSTA	M	38	01:20:11.01	01:19:23.50	CP AGUAS GAIA
655	132	MANUEL SANTIAGO	M	51	01:20:11.17	01:19:22.56	CP AGUAS GAIA
656	436	CARLOS M D CARRANCA	M	51	01:20:12.52	01:19:43.62	
657	22	RUI SIMOES	M	39	01:20:16.16	01:19:37.71	
658	1469	RUI FERNANDES	M	46	01:20:16.37	01:20:03.09	
659	538	DIOGO ARRAIAS	M	62	01:20:19.22	01:19:42.54	OS ARRAIAS
660	776	JOÃO M J ESTEVÃO	M	36	01:20:19.77	01:19:41.11	
661	1310	CARLOS NEVES	M	49	01:20:24.03	01:19:37.18	FAMILIA DO CORAÇÃO
662	267	VITOR CID	M	42	01:20:25.47	01:19:20.07	GDCT UNICRE
663	1430	CARLOS BARGADO	M	52	01:20:27.57	01:20:13.60	AÇOREANA
664	1325	LICÍNIO SIMÕES	M	35	01:20:31.53	01:20:11.64	ATÓMICOS
665	451	LEONEL FREIRA	M	42	01:20:32.69	01:19:59.05	CAD A CORRER
666	555	NUNO FRANCISCO	M	41	01:20:33.41	01:19:40.49	
667	1034	JOSE LINDO	M	71	01:20:33.80	01:20:30.60	CA VALE FIGUEIRA
668	1010	JOAQUIM DINIZ	M	45	01:20:34.03	01:19:50.58	
669	620	JOSÉ RAMOS	M	55	01:20:36.86	01:20:07.06	CORRER SR GRANJA
670	1396	PAULA M F MADEIRA	F	32	01:20:37.00	01:20:29.08	PSP
671	97	MIGUEL CASTELA	M	46	01:20:39.41	01:19:38.06	AA LEBRES SADO
672	1488	RICARDO PIMENTA	M	41	01:20:40.61	01:19:57.23	OS LESMAS
673	871	PAULO CALVINO	M	42	01:20:42.36	01:20:10.56	INNOTEAM
674	585	CARLOS MOREIRA	M	63	01:20:43.17	01:20:21.34	CCDT METRO LX
675	856	HERNANI MONTEIRO	M	57	01:20:44.60	01:20:35.09	A VALE SILENCIO
676	1321	ANTONIO TRINDADE	M	44	01:20:44.77	01:20:14.16	
677	1247	NUNO TAXEIRO	M	33	01:20:47.47	01:19:50.47	CORRERCORANT
678	689	FRANCISCO O MARTINS	M	30	01:20:48.81	01:20:35.79	
679	1195	JORGE CAMPOS	M	42	01:20:50.47	01:20:36.96	
680	488	TERESA DOMINGUES	F	50	01:20:51.59	01:20:39.61	SS CGD
681	151	RUI REIS	M	38	01:20:51.69	01:19:55.61	
682	495	DANIEL BOTELHO	M	38	01:20:52.99	01:20:40.48	SS CGD

CORRIDA DAS LEZIRIAS

5 MAR'17



683	350	RUI M S ALVES	M	42	01:20:53.91	01:20:39.88	GDA - GYDARUN
684	1353	ISIDRO CARVALHO	M	46	01:20:54.18	01:19:51.19	GAREHOTELRUNNING
685	394	EDUARDO BENTO	M	45	01:20:54.72	01:20:31.55	ATLETAS DA MADRUGADA
686	1223	ANA SANTOS	F	40	01:20:55.26	01:20:55.26	
687	869	TAM AFONSO	M	64	01:20:55.63	01:20:49.10	AÇOREANA
688	1222	NELSON GOMES	M	38	01:20:56.28	01:20:48.64	
689	902	JOÃO FERREIRA	M	45	01:20:57.66	01:20:27.30	CA VALE FIGUEIRA
690	653	TANIA GARCIA	F	30	01:20:58.85	01:20:51.23	
691	157	MÁRIO LOPES	M	48	01:21:00.51	01:20:35.85	OS PERIGOSOS
692	1079	ANTONIO CASTRO	M	47	01:21:02.63	01:20:49.27	GD SANTANDER TOTTA
693	1250	CARLOS COSTA	M	46	01:21:04.81	01:20:33.71	CLUBE ANACOM
694	293	SAMUEL SOUSA	M	39	01:21:06.51	01:20:20.12	TEAM BOCK
695	674	PEDRO MACHADO	M	49	01:21:07.45	01:20:28.05	CAVEIRAS RUN
696	715	JOAQUIM MARTINS	M	56	01:21:07.82	01:20:38.27	CCD O ALVITEJO
697	531	VALTER R M L N SANTOS	M	27	01:21:08.14	01:20:45.41	
698	759	LUIS ALMEIDA	M	43	01:21:08.17	01:20:42.97	GUP GRALHAS
699	1558	PEDRO GONÇALVES	M	32	01:21:08.58	01:20:36.42	
700	320	ÂNGELA GUERREIRO	F	36	01:21:09.04	01:20:35.26	ADRC MATA BENFICA
701	975	NUNO BATISTA	M	43	01:21:10.30	01:20:48.51	NP
702	467	BRUNO DIAS	M	40	01:21:12.45	01:20:58.63	SS CGD
703	1256	DANIELA A R AFONSO	F	30	01:21:13.42	01:20:46.18	OS PERIGOSOS
704	348	NUNO MADEIRA	M	45	01:21:13.48	01:20:16.30	CORRIDAS & COMIDAS
705	331	CECÍLIA NICOLAU	F	50	01:21:13.92	01:21:00.64	AA LEBRES SADO
706	1183	PEDRO SANTOS	M	38	01:21:13.94	01:14:01.94	
707	246	EDUARDO MANSO	M	55	01:21:14.67	01:20:43.19	CÂMARA LISBOA CLUBE
708	1381	TIAGO MOTA	M	35	01:21:15.45	01:20:24.51	HOSPITAL VF XIRA
709	573	JOSÉ A S PEREIRA	M	60	01:21:15.54	01:20:48.50	OS PERIGOSOS
710	1619	JOAO MAGALHAES	M	39	01:21:15.96	01:20:32.07	GFD RUNNING
711	1375	JOSE MIRANDA	M	51	01:21:16.18	01:20:32.20	
712	1323	FERNANDA FRANÇA	F	43	01:21:16.77	01:20:49.16	CLUBE OGMA
713	1322	JOAQUIM BEXIGA	M	48	01:21:16.77	01:20:48.68	CLUBE OGMA
714	1040	SUSANA FRAZÃO	F	36	01:21:18.37	01:20:41.02	
715	85	NUNO MARQUES	M	43	01:21:19.89	01:20:45.13	
716	1001	CELSE PEREIRA	M	38	01:21:20.72	01:21:04.87	SRCD TESOUERIRA
717	79	PEDRO QUADRIO	M	44	01:21:23.56	01:20:25.32	
718	666	JOSÉ CRUZ	M	42	01:21:23.76	01:21:08.46	RUN FOR LUNCH

CORRIDA DAS LEZIRIAS

5 MAR'17



719	1314	EDITE PIRES	F	51	01:21:24.71	01:21:19.72	CUABENAVENTENSE
720	186	JOSÉ A S LOUREIRO	M	53	01:21:25.48	01:20:18.81	
721	1209	RUI SALES	M	50	01:21:26.59	01:21:08.34	OS CARREGUEIRENSES
722	849	ADÉRITO CARRELHAS	M	62	01:21:27.66	01:21:21.87	
723	1468	AVELINO RODRIGUES	M	42	01:21:28.41	01:21:15.97	
724	1056	JORGE GONÇALVES	M	31	01:21:29.23	01:20:19.20	CLUBE TAP PORTUGAL
725	1057	MANUEL MEXIA	M	51	01:21:29.48	01:20:19.76	CLUBE TAP PORTUGAL
726	690	ORLANDO NUNES	M	38	01:21:36.71	01:21:22.94	
727	453	PEDRO CASTELO	M	33	01:21:39.10	01:21:16.33	
728	82	RUI SILVA	M	44	01:21:39.47	01:20:51.90	
729	912	SÓNIA ARAÚJO	F	39	01:21:41.43	01:21:05.42	ASAS NOS PÉS
730	109	MIGUEL BERMONTE	M	40	01:21:41.55	01:21:06.85	BESMART
731	578	JORGE ESTEVES	M	53	01:21:45.70	01:21:07.95	RUN 4 FUN
732	979	CARLOS MIRA	M	45	01:21:48.64	01:21:22.95	
733	1070	LINO OLIVEIRA	M	71	01:21:57.68	01:21:52.41	GD SANTANDER TOTTA
734	1272	PAULO LUZ	M	50	01:21:57.94	01:21:38.42	GD BANCO BPI
735	34	FERNANDO FERNANDES	M	55	01:21:59.25	01:21:31.21	APOGMA
736	1244	JORGE M P VAZ	M	43	01:21:59.80	01:21:56.40	VOLKSVAGEN AUTOEUROPA
737	697	JULIO M A PEREIRA	M	51	01:22:01.90	01:21:33.45	
738	588	FRANCISCO PLINIO	M	61	01:22:01.99	01:21:39.87	CCDT METRO LX
739	1276	PAULO MONIZ	M	62	01:22:05.51	01:21:56.41	
740	764	PAULO BOTICA	M	48	01:22:08.13	01:21:32.23	
741	290	HUGO TORRES	M	39	01:22:12.59	01:21:26.87	TEAM BOCK
742	291	LUÍS GARCIA	M	41	01:22:12.62	01:21:26.99	TEAM BOCK
743	1620	LEANDRO SANTOS	M	60	01:22:15.05	01:22:03.66	
744	319	BERNARDO GARCIA	M	30	01:22:15.70	01:21:30.69	ADRC MATA BENFICA
745	475	FRANCISCO CLERIGO	M	63	01:22:17.57	01:21:37.01	SS CGD
746	962	ALEXANDRE CAPUCHA	M	46	01:22:17.67	01:21:33.08	
747	1569	RUI J B AMADOR	M	42	01:22:19.61	01:21:59.49	GANG DO AMENDOIM
748	1313	RUI F R CAMPOS	M	40	01:22:19.61	01:21:58.99	
749	1579	ARTUR ALMEIDA	M	37	01:22:22.12	01:22:02.84	OS COXOS
750	721	JORGE DUARTE	M	42	01:22:24.63	01:22:17.75	CHESTERS TEAM
751	901	ANTONIO M DOMINGUES	M	61	01:22:28.80	01:21:36.96	
752	1557	PAULO SERRA	M	40	01:22:30.25	01:21:28.47	MATILHA DA ATALAIA
753	1487	RICARDO NOGUEIRA	M	22	01:22:31.41	01:22:10.48	C MILLENNIUM BCP
754	1486	LUIS M NOGUEIRA	M	51	01:22:31.83	01:22:11.77	C MILLENNIUM BCP

CORRIDA DAS LEZIRIAS

5 MAR'17



755	197	BERNARDINO ANTUNES	M	55	01:22:32.57	01:20:55.50	
756	1049	VIRGILIO OLIVEIRA	M	56	01:22:33.16	01:21:52.96	ADCR PJ
757	1029	NUNO PINHEIRO	M	29	01:22:34.89	01:22:04.50	
758	364	AIRES ILDEFONSO	M	62	01:22:36.23	01:22:26.86	
759	720	ANTÓNIO C MARTINS	M	55	01:22:38.20	01:22:06.30	FALCOES SELVAGENS
760	589	GUALDINO FREIRE	M	71	01:22:38.62	01:21:54.70	CCDT METRO LX
761	455	RICARDO CASTELO	M	33	01:22:38.66	01:22:17.08	
762	1527	ROBERTO BETTENCOURT	M	41	01:22:40.89	01:22:28.75	
763	1036	JOSÉ MARTINS	M	58	01:22:42.34	01:21:33.02	
764	1414	PEDRO HENRIQUES	M	30	01:22:42.49	01:22:23.77	SS CGD
765	810	ANABELA ALMEIDA	F	43	01:22:42.55	01:21:50.40	AMIGOS DA FLOR
766	948	RUI DUARTE	M	44	01:22:46.63	01:22:12.12	CLUBE NOVO BANCO
767	219	JOÃO M I MARTINS	M	33	01:22:46.67	01:21:45.32	VSRUNNER
768	700	CARLOS A M ALMEIDA	M	60	01:22:47.18	01:22:42.92	
769	515	JOAQUIM FRANCISCO	M	62	01:22:47.37	01:22:47.37	
770	1069	JOAO ROCHA	M	65	01:22:48.25	01:22:42.46	GD SANTANDER TOTTA
771	517	RAFAEL VICENTE	M	30	01:22:49.00	01:22:03.53	
772	1196	PAULO ALVES	M	53	01:22:49.71	01:22:41.74	SOBEIDESCE
773	535	PEDRO M CORREIA	M	39	01:22:50.76	01:22:42.02	
774	1179	EDUARDO BRAZ	M	45	01:22:52.04	01:22:33.01	GDC BANCO PORTUGAL
775	1319	EUGÉNIA IZAIAS	F	54	01:22:52.89	01:22:37.27	
776	38	PEDRO N R MIRANDA	M	34	01:22:54.60	01:22:07.76	ALVERCA URBAN RUNNERS
777	1470	SANDRA BATISTA	F	41	01:22:55.16	01:22:10.43	A VALE SILENCIO
778	323	VALTER TEIXEIRA	M	48	01:22:55.46	01:22:45.25	C FERROVIARIO PORTUGAL
779	1534	AFONSO COSTA	M	54	01:22:59.62	01:22:53.37	
780	781	MIGUEL GAMA	M	48	01:23:01.73	01:22:50.09	
781	572	CARLOS M F MACHADO	M	41	01:23:02.66	01:22:12.71	
782	868	FRANCISCO GAMA	M	52	01:23:02.88	01:22:50.38	
783	826	LUIS GRAVE	M	59	01:23:02.94	01:22:47.75	OS ZATPEQUES
784	1216	ANTÓNIO MARTINHO	M	39	01:23:03.45	01:22:38.30	CORRER LISBOA
785	1031	ANTÓNIO CAMACHO	M	65	01:23:06.79	01:22:25.90	CA VALE FIGUEIRA
786	31	MARIO RAMOS	M	57	01:23:07.56	01:22:39.06	APOGMA
787	590	ISABEL FRANÇA	F	44	01:23:07.90	01:23:07.90	CCDT METRO LX
788	310	LUIS BATISTA	M	35	01:23:09.18	01:22:06.06	CORREDORES DA ADEGA
789	1575	ANTONIO C PÉ-CURTO	M	38	01:23:09.19	01:22:41.30	INSIDEOUT - LILLY
790	1253	JOSÉ VAZ	M	58	01:23:10.24	01:22:43.21	CLUBE ANACOM

CORRIDA DAS LEZIRIAS

5 MAR'17



791	1519	JOSÉ L S DOMINGOS	M	51	01:23:11.12	01:22:42.59	R FRENTE RIBEIRINHA PÓVOA STAIRIA
792	314	PAULO MOUTINHO	M	45	01:23:15.32	01:22:38.51	
793	96	LUIS CRUZ	M	39	01:23:19.08	01:23:03.22	
794	60	BRUNO GONÇALVES	M	38	01:23:19.17	01:22:39.54	
795	1020	TEODORO TRINDADE	M	55	01:23:19.86	01:22:41.82	RUN 4 FUN
796	163	LUIS GONÇALVES	M	37	01:23:20.97	01:22:24.86	OS PERIGOSOS
797	768	EGÍDIO PORTELA	M	59	01:23:24.93	01:23:13.84	AA MAFRA
798	605	SOFIA BASTOS	F	37	01:23:24.97	01:22:19.38	ANITA VAI AO QUIZ
799	476	HUGO VENANCIO	M	38	01:23:25.97	01:22:29.42	SS CGD
800	1437	JOÃO PIRES	M	43	01:23:26.59	01:23:02.03	
801	1418	JOSE SERAFIM	M	60	01:23:27.10	01:23:13.66	GAA VF XIRA
802	154	RUI GASPAR	M	60	01:23:27.75	01:23:15.00	MARRIOTT LISBOA
803	803	MARIANELA FIGUEIRDEO	F	43	01:23:28.08	01:22:43.81	TARTARUGAS SOLIDÁRIAS
804	897	TITO TEIXEIRA	M	39	01:23:28.45	01:22:38.31	C COLAB AGEAS
805	1547	NUNO M M MALAQUIAS	M	40	01:23:29.37	01:22:23.58	
806	284	JOAO P ADEGAS	M	46	01:23:31.39	01:22:42.30	INSTRUMONIT
807	332	MANUEL PARDAL	M	64	01:23:31.91	01:23:04.83	AA LEBRES SADO
808	32	CARLOS SOUSA	M	49	01:23:32.04	01:23:18.53	APOGMA
809	336	JOSÉ M MARQUES	M	61	01:23:32.30	01:23:04.70	AA LEBRES SADO
810	529	JOÃO C D S SANCHES	M	54	01:23:34.80	01:22:39.76	
811	1521	RICARDO J F FRANCO	M	44	01:23:34.87	01:23:28.07	
812	890	JOÃO D PERNECO	M	40	01:23:36.46	01:22:45.01	C COLAB AGEAS
813	1257	FILIPE MARQUES	M	29	01:23:37.08	01:22:31.07	
814	1520	EZEQUIEL PESSOA	M	39	01:23:37.42	01:22:33.38	
815	198	JOÃO VEIGA	M	49	01:23:39.33	01:22:34.62	
816	427	JOÃO P C ALVES	M	41	01:23:40.03	01:22:56.74	
817	136	JOSÉ BARBOSA	M	62	01:23:41.66	01:22:53.49	CP AGUAS GAIA
818	756	JOSÉ CASTRO	M	58	01:23:42.61	01:22:46.25	CAA BELÉM
819	133	JORGE SANTOS	M	52	01:23:43.13	01:22:55.42	CP AGUAS GAIA
820	165	CARLOS DIAS	M	37	01:23:43.81	01:23:05.20	
821	561	JOÃO PEREIRA	M	47	01:23:46.38	01:23:08.59	
822	808	VÍTOR GONZAS	M	50	01:23:47.04	01:23:35.92	PIRATE RUNNERS
823	1573	MIGUEL BARRADAS	M	43	01:23:47.38	01:22:47.91	HOSPITAL VF XIRA
824	221	HUGO M R A BRUNO	M	32	01:23:47.92	01:22:46.69	
825	1206	HUGO HENRIQUES	M	35	01:23:50.18	01:23:24.62	OS PERIGOSOS
826	1451	SANDRA COVAL	F	38	01:23:53.77	01:23:17.41	

CORRIDA DAS LEZIRIAS

5 MAR'17



827	1500	JOSÉ PEREIRA	M	26	01:23:54.77	01:23:14.18	GRANATE
828	484	LUIS SILVA	M	47	01:23:56.33	01:23:18.05	SS CGD
829	654	HUGO DIAS	M	39	01:23:57.38	01:23:34.69	
830	184	MÁRIO SANTOS	M	51	01:23:57.71	01:23:28.13	
831	1240	RITA FERNANDES	F	23	01:23:58.20	01:23:08.44	MOVET
832	324	NEVES SILVA	M	64	01:23:58.41	01:23:50.12	C FERROVIARIO PORTUGAL
833	1512	IVO CARVALHO	M	27	01:23:59.98	01:23:36.68	
834	511	MANUEL J S DIAS	M	50	01:24:04.31	01:22:56.50	
835	1388	HELDER MENDES	M	43	01:24:04.86	01:23:19.51	HOSPITAL VF XIRA
836	840	JOSÉ SILVA	M	58	01:24:07.76	01:23:54.27	
837	181	PAULO MARQUES	M	42	01:24:09.59	01:23:57.60	PAPA-LÉGUAS
838	1549	MIGUEL FREITAS	M	38	01:24:15.64	01:23:10.06	
839	89	PEDRO BATISTA	M	37	01:24:17.20	01:23:30.87	CA NAZARÉ
840	1067	ALCIDES MATIAS	M	64	01:24:17.74	01:23:53.32	
841	44	AMADEU CARVALHO	M	49	01:24:18.27	01:23:20.79	
842	45	FERNANDO SUZANO	M	49	01:24:18.28	01:23:20.02	
843	1084	LUIS COITO	M	46	01:24:19.33	01:23:50.51	GD SANTANDER TOTTA
844	231	LUIS RIBEIRO	M	40	01:24:23.03	01:23:58.99	
845	707	MARCOS PINTO	M	38	01:24:25.30	01:23:44.56	
846	758	GILBERTO GONÇALVES	M	68	01:24:28.05	01:24:12.97	CAA BELÉM
847	1400	CARLOS A J FERNANDES	M	49	01:24:32.15	01:23:57.89	PSP
848	1355	MARIA LOPES	F	29	01:24:33.20	01:23:54.37	
849	813	ANA I MARQUES	F	47	01:24:35.00	01:23:41.98	NAV RUNNERS
850	706	TIAGO CORREIA	M	26	01:24:35.10	01:23:28.53	
851	1211	JOAO TRAVADO	M	46	01:24:41.96	01:24:24.18	OS CARREGUEIRENSES
852	1532	LUIS DUARTE	M	50	01:24:43.96	01:23:46.98	
853	445	FRANCISCO DIAS	M	47	01:24:47.36	01:24:07.52	MANITOU PEÇAS VFX
854	608	LEONEL S BARCELOS	M	50	01:24:48.51	01:24:19.24	
855	1258	SONIA NEVES	F	41	01:24:51.01	01:23:57.78	
856	1004	CARLOS DIAS	M	57	01:24:59.21	01:24:11.11	GD INE
857	875	LUIS LOURENÇO	M	30	01:24:59.61	01:24:26.92	
858	785	NUNO PROENÇA	M	41	01:25:00.79	01:24:03.56	Ó DA GUARDA
859	1340	BRUNO M C SIMÕES	M	39	01:25:02.13	01:24:19.67	
860	942	MIGUEL DIAS	M	46	01:25:02.77	01:24:23.88	CLUBE NOVO BANCO
861	265	PAULO DUARTE	M	51	01:25:02.80	01:24:18.39	GDCT UNICRE
862	1133	BIANCA ACCIOLY	F	39	01:25:04.29	01:24:46.64	EQUIPA DAVID VAZ

CORRIDA DAS LEZIRIAS

5 MAR'17



863	1131	RUI CARVALHO	M	48	01:25:04.58	01:24:46.79	EQUIPA DAVID VAZ
864	523	NUNO SANTOS	M	43	01:25:07.86	01:24:55.64	CLUBE OGMA
865	269	EDUARDO RIBEIRO	M	50	01:25:08.24	01:24:24.18	GDCT UNICRE
866	722	JULIO PARREIRA	M	68	01:25:10.12	01:25:02.66	CHESTERS TEAM
867	833	RODRIGO F SILVA	M	37	01:25:11.34	01:24:53.93	
868	327	JAIME VEIGA	M	53	01:25:16.18	01:24:36.86	EMSA TEAM
869	1226	JOÃO BATISTA	M	39	01:25:16.62	01:24:47.97	ACD BOCAL
870	1449	SANDRA ALVES	F	45	01:25:17.96	01:24:14.72	RUN FORREST RUN
871	200	JACINTO PEREIRA	M	60	01:25:21.73	01:25:07.20	CRUZ QUEBRADENSE SIMECQ
872	516	HUGO VICENTE	M	35	01:25:23.34	01:24:38.40	
873	567	TÂNIA CABRITO	F	33	01:25:24.22	01:24:32.24	
874	101	LUIS ARCADINHO	M	64	01:25:25.27	01:24:59.43	PAIEFILHO
875	210	LUIS COELHO	M	53	01:25:25.30	01:24:38.19	CRUZ QUEBRADENSE SIMECQ
876	1415	PEDRO TORRINHA	M	40	01:25:26.49	01:24:46.19	SS CGD
877	214	FILIPA FERNANDES	F	32	01:25:26.60	01:24:38.94	CRUZ QUEBRADENSE SIMECQ
878	1251	LUÍS PEREIRA	M	48	01:25:28.30	01:25:01.06	CLUBE ANACOM
879	128	INÊS KOL	F	35	01:25:28.40	01:24:52.43	
880	280	JOSÉ MORENO	M	47	01:25:31.58	01:24:37.75	GINJINHA RUNNERS
881	73	PEDRO VICENTE	M	52	01:25:37.83	01:25:37.83	
882	307	PAULO PROCÓPIO	M	41	01:25:39.83	01:25:24.52	19 HORAS FUNDO R ALCOCHETE RT
883	242	DANIEL ANTUNES	M	47	01:25:43.11	01:25:40.78	CÂMARA LISBOA CLUBE
884	1214	ALFREDO NOTÁRIO	M	47	01:25:43.44	01:24:53.98	VÁ DEVAGAR, MAS CAMINHE
885	1282	NUNO SILVA	M	39	01:25:44.27	01:25:17.58	
886	129	JORGE KOL	M	68	01:25:45.63	01:25:10.89	
887	1176	GINA CHEIO	F	45	01:25:45.84	01:25:41.97	GDC BANCO PORTUGAL
888	586	NELSON DIAS	M	56	01:25:46.95	01:25:15.33	CCDT METRO LX
889	694	LUIS ALMEIDA	M	46	01:25:48.52	01:25:33.21	RUN FOR LUNCH
890	21	ANTONIO TEIXEIRA	M	39	01:25:53.92	01:25:16.02	
891	936	FERNANDO BRANDÃO	M	53	01:25:54.67	01:25:24.31	CLUBE NOVO BANCO
892	1235	RITA LANÇA	F	25	01:25:56.21	01:25:08.94	
893	363	TATIANA ILDEFONSO	F	34	01:25:56.27	01:25:38.63	
894	454	MARIA EMÍLIA	F	28	01:25:56.52	01:25:34.22	
895	851	FERNANDO MARQUES	M	51	01:25:56.85	01:25:14.51	
896	539	SANDRA ARRAIAS	F	35	01:25:59.34	01:25:22.23	OS ARRAIAS
897	29	PAULO PIRES	M	51	01:26:00.13	01:25:33.58	APOGMA
898	1434	TOZÉ CARNEIRO	M	49	01:26:00.30	01:25:33.12	CLUBE OGMA

CORRIDA DAS LEZIRIAS

5 MAR'17



899	156	ALCIDES NUNES	M	58	01:26:00.53	01:25:34.79	OS PERIGOSOS
900	30	JOSE ANDRE	M	61	01:26:00.62	01:26:00.62	APOGMA
901	665	LUIS C FERNANDES	M	45	01:26:00.84	01:25:42.31	
902	1335	VERA DUARTE	F	44	01:26:02.01	01:25:38.14	CORRER LISBOA
903	33	HELDER GANDARINHO	M	48	01:26:02.29	01:25:34.18	APOGMA
904	1254	JOSÉ PINTO	M	41	01:26:02.79	01:25:33.91	CLUBE ANACOM
905	111	CARLOS PEREIRA	M	34	01:26:02.90	01:25:50.03	OS ZATÓPEQUES
906	1447	NELSON SILVA	M	36	01:26:05.33	01:25:05.07	
907	1261	HERVÉ COUDON	M	55	01:26:07.72	01:25:52.55	
908	153	ANTONIO ALVES	M	55	01:26:10.76	01:25:57.56	MARRIOTT LISBOA
909	600	RAFAEL SANTOS	M	49	01:26:19.85	01:25:41.08	CCDT METRO LX
910	1051	CARLA PEREIRA	F	44	01:26:21.71	01:26:02.78	
911	883	JOÃO FARINHA	M	31	01:26:23.75	01:26:06.54	SC CASAINHOS
912	1410	JOAO FONTES	M	38	01:26:30.03	01:25:32.78	SS CGD
913	1000	NELSON FERNANDES	M	43	01:26:32.72	01:26:17.69	SRCD TESOUERIRA
914	1026	SERGIO BORGES	M	44	01:26:35.31	01:26:16.29	ND AUTOCOOPE
915	1025	JOSE DIAS	M	59	01:26:35.96	01:26:17.80	ND AUTOCOOPE
916	251	ADELINO PIRES	M	52	01:26:40.52	01:26:08.28	CÂMARA LISBOA CLUBE
917	249	PAULO GORDINHO	M	42	01:26:40.66	01:26:06.68	CÂMARA LISBOA CLUBE
918	1076	CARLOS HENRIQUE	M	49	01:26:44.08	01:25:40.20	GD SANTANDER TOTTA
919	676	RUI COSTA	M	47	01:26:46.47	01:26:07.76	CAVEIRAS RUN
920	682	ORLANDO MARTINS	M	60	01:26:47.54	01:25:52.49	
921	1562	RICARDO LOURO	M	47	01:26:48.76	01:26:17.00	ADRC MATA BENFICA
922	757	LUIZ ROSA	M	63	01:26:49.21	01:26:34.31	CAA BELÉM
923	1295	ANTONIO PRIMOR	M	74	01:26:49.25	01:26:42.25	SC MOITENSE
924	755	JOSÉ GORDILHO	M	53	01:26:51.71	01:26:18.55	CAA BELÉM
925	403	GONÇALO ALVES	M	39	01:26:53.36	01:26:11.21	
926	240	ACÁCIO GAMBOA	M	45	01:26:54.64	01:26:40.55	
927	628	ANDRÉ APARÍCIO	M	40	01:26:55.44	01:26:24.07	
928	891	JOÃO F FRADE	M	45	01:26:58.37	01:26:07.20	C COLAB AGEAS
929	889	FERNANDO J MATIAS	M	60	01:26:58.50	01:26:07.43	C COLAB AGEAS
930	599	PAULO J GUEDES	M	45	01:26:59.03	01:26:17.23	CCDT METRO LX
931	283	PAULO F C C PASCOAL	M	49	01:26:59.46	01:26:17.72	
932	414	BRUNO M R BATISTA	M	45	01:27:02.81	01:26:07.42	
933	433	SÓNIA DANTAS	F	38	01:27:06.64	01:26:43.95	
934	1099	JOSE BARATA	M	56	01:27:12.49	01:27:07.18	GD SANTANDER TOTTA

CORRIDA DAS LEZIRIAS

5 MAR'17



935	629	FERNANDO MONTEIRO	M	46	01:27:13.15	01:26:24.90	
936	988	TERESA CARDOSO	F	38	01:27:17.92	01:27:00.57	SS MONTEPIO
937	1123	JOSÉ RUIVO	M	66	01:27:22.33	01:26:20.84	ARANAV
938	859	JOSE PEREIRA	M	70	01:27:22.44	01:26:30.21	A VALE SILENCIO
939	1499	JOSÉ GRANATE	M	27	01:27:23.00	01:27:23.00	GRANATE
940	693	LUIS S CAGAREU	M	39	01:27:25.55	01:27:03.71	ATLETAS DA MADRUGADA
941	1561	MAURO MAGALHÃES	M	25	01:27:26.85	01:26:50.53	
942	823	DAVID M C VICENTE	M	40	01:27:29.77	01:27:08.35	
943	1255	RUI M R SILVA	M	50	01:27:30.07	01:27:08.20	
944	420	ANA MARTINS	F	49	01:27:30.52	01:26:29.43	LA CONSULTORES
945	953	LUÍS FOUTO	M	45	01:27:30.61	01:27:18.44	CLUBE VODAFONE
946	1508	SOFIA LANÇA	F	25	01:27:32.34	01:26:45.19	
947	627	ANA PINTO	F	23	01:27:34.31	01:26:49.34	
948	46	FERNANDO PEDRO	M	44	01:27:39.82	01:26:54.01	ALVERCA URBAN RUNNERS
949	1445	FLU CASAM	F	34	01:27:41.68	01:26:45.95	
950	1297	RAUL NEVES	M	64	01:27:43.40	01:27:36.86	SC MOITENSE
951	762	CLAUDIA PIMENTEL	F	28	01:27:50.57	01:27:40.99	
952	294	PAULO MATEUS	M	28	01:27:51.75	01:27:05.73	TEAM BOCK
953	461	FERNANDO TEIXEIRA	M	55	01:27:53.22	01:27:28.46	CORRER LISBOA
954	831	ARISTIDES CARNEIRO	M	30	01:27:56.11	01:27:04.51	
955	857	JOSE MOGA	M	58	01:28:00.25	01:27:16.23	A VALE SILENCIO
956	644	BRUNO ABRANTES	M	40	01:28:01.37	01:27:23.90	FALCOES SELVAGENS
957	855	LEONEL NEVES	M	63	01:28:01.44	01:27:17.65	A VALE SILENCIO
958	1125	LUIS ALVES	M	55	01:28:02.74	01:27:00.05	ARANAV
959	526	PAULO FERNANDES	M	41	01:28:05.97	01:27:19.15	CARTAXO NIGHT RUNNERS
960	1007	MÁRIO LIMA	M	37	01:28:10.21	01:27:07.53	RUN TEAM BOMBARRAL
961	329	SÉRGIO CATALÃO	M	30	01:28:11.04	01:27:49.14	
962	568	SÉRGIO CARVALHO	M	44	01:28:13.66	01:27:50.56	
963	223	PEDRO FERREIRA	M	39	01:28:13.94	01:28:11.20	CLUBE ROBBIALAC
964	1559	MIGUEL N SERRA	M	44	01:28:16.42	01:27:59.19	RUNNING & CARING TIL WE DIE
965	1550	ELSA FRANCISCO	F	45	01:28:18.52	01:27:47.61	
966	227	LUIS FERREIRA	M	62	01:28:18.71	01:27:48.45	
967	1412	LUIS TAVARES	M	47	01:28:21.51	01:27:30.10	SS CGD
968	546	ORLANDO PEIXEIRO	M	55	01:28:21.79	01:28:01.81	
969	1132	SANDRA ANTUNES	M	48	01:28:21.79	01:28:03.83	EQUIPA DAVID VAZ
970	443	CARLOS COSTA	M	46	01:28:23.49	01:27:43.97	RUN 4 FUN

CORRIDA DAS LEZIRIAS

5 MAR'17



971	1278	JOSÉ TAVARES	M	43	01:28:24.45	01:27:33.11	
972	663	JOSÉ BAIXINHO	M	59	01:28:27.17	01:27:37.34	SANTIAGO FC
973	753	FRANCISCO LINHOL	M	62	01:28:27.96	01:28:08.68	
974	51	PEDRO ALMEIDA	M	58	01:28:29.74	01:27:51.10	LOBIFANCA
975	1015	JOÃO OLIVEIRA	M	62	01:28:29.97	01:27:41.26	
976	1307	ANDREIA ESTEVES	F	28	01:28:33.51	01:28:07.73	
977	1379	MARCO GASPAR	M	34	01:28:33.91	01:28:09.02	HOSPITAL VF XIRA
978	499	SILVIA PEDRO	F	49	01:28:37.17	01:27:31.18	SS CGD
979	1612	LUIS SEGADAES	M	43	01:28:38.57	01:27:37.03	
980	705	SUSANA MARTINS	F	27	01:28:41.82	01:27:35.87	
981	492	PAULO BAILAO	M	46	01:28:43.32	01:27:42.47	SS CGD
982	1505	JOSÉ CATITA	M	58	01:28:44.11	01:28:08.79	ADCR PJ
983	527	NATÁLIA FERNANDES	F	40	01:28:48.09	01:28:01.41	CARTAXO NIGHT RUNNERS
984	1465	PEDRO BASTOS	M	46	01:28:49.19	01:28:17.33	
985	1458	P J M MARQUES	M	44	01:28:49.99	01:28:18.73	
986	343	AMÉRICO D VAZ	M	63	01:28:52.09	01:28:12.77	
987	1234	RUI PEDROSO	M	41	01:28:52.37	01:28:31.62	
988	571	RUTE MENDES	F	51	01:28:53.22	01:28:03.72	
989	893	JOÃO L CAETANO	M	64	01:28:56.21	01:28:04.17	C COLAB AGEAS
990	114	PATRÍCIA ALVES	F	35	01:29:01.55	01:28:41.83	
991	1126	ANTÓNIO J G POMBINHO	M	59	01:29:04.56	01:28:45.22	
992	452	RUI ALMEIDA	M	40	01:29:07.89	01:28:26.31	R FRENTE RIBEIRINHA PÓVOA STA IRIA
993	946	PAULO VERISSIMO	M	49	01:29:18.03	01:28:42.72	CLUBE NOVO BANCO
994	321	NUNO GUERREIRO	M	33	01:29:18.91	01:28:43.98	ADRC MATA BENFICA
995	216	GERMANO BERNARDO	M	61	01:29:22.14	01:14:22.14	PRAZER DA CORRIDA
996	966	RUI FREIXO	M	31	01:29:22.34	01:28:31.14	MANOS FREIXO
997	421	MARIA NETO	F	44	01:29:25.37	01:28:24.56	LA CONSULTORES
998	1305	RUI SANTOS	M	35	01:29:28.45	01:28:40.54	
999	1304	JOÃO GRILO	M	29	01:29:30.87	01:28:43.04	
1000	1205	JÚLIA CALISTO	F	53	01:29:32.02	01:28:50.22	
1001	23	NUNO MOREIRA	M	35	01:29:32.31	01:29:07.76	ALVERCA URBAN RUNNERS
1002	1208	PEDRO ANTUNES	M	42	01:29:35.72	01:29:30.05	OS CARREGUEIRENSES
1003	632	JOSE D CORREIA	M	49	01:29:40.60	01:28:53.12	
1004	1245	DOMINGOS PIRES	M	64	01:29:41.37	01:28:59.08	
1005	360	ABILIO TAVARES	M	61	01:29:41.53	01:29:30.83	
1006	117	NUNO F M P ALMEIDA	M	66	01:29:42.37	01:28:55.19	

CORRIDA DAS LEZIRIAS

5 MAR'17



1007	887	ANA P MATIAS	F	51	01:29:42.90	01:28:52.28	C COLAB AGEAS
1008	1189	INÉS PAIS	F	36	01:29:44.59	01:28:55.86	MOVET
1009	228	JOÃO LIMA	M	57	01:29:49.14	01:28:52.81	4 AO KM
1010	1041	MÁRCIO BASÍLIO	M	33	01:29:59.84	01:29:48.25	AD IALBAX
1011	978	AFONSO RODRIGUES	M	38	01:30:00.53	01:29:58.02	GDCF
1012	1398	JOAO A A LOPES	M	39	01:30:05.10	01:29:42.11	PSP
1013	1485	NUNO MENDES	M	32	01:30:07.88	01:29:51.85	C MILLENNIUM BCP
1014	201	LUIS ALEMEIDA	M	56	01:30:08.95	01:29:55.03	CRUZ QUEBRADENSE SIMECQ
1015	570	RICARDO AGUIAR	M	54	01:30:12.55	01:29:18.60	
1016	168	ANTÓNIO J R S PINHARANDA	M	59	01:30:12.60	01:29:34.22	
1017	398	CESAR D D SILVESTRE	M	40	01:30:13.95	01:29:19.65	
1018	919	JOÃO PEIXOTO	M	38	01:30:14.82	01:29:38.73	ASAS NOS PÉS
1019	603	JULIANA PINTO	F	30	01:30:14.93	01:29:07.23	ANITA VAI AO QUIZ
1020	604	BRUNO PEREIRA	M	35	01:30:15.14	01:29:07.70	ANITA VAI AO QUIZ
1021	698	DMITRY SOROKIN	M	42	01:30:17.17	01:29:49.37	
1022	664	JUDITE BAIXINHO	F	30	01:30:18.06	01:29:27.76	SANTIAGO FC
1023	1039	PEDRO SANTOS	M	20	01:30:21.81	01:29:47.14	
1024	1568	ANDRE INÁCIO	M	52	01:30:21.85	01:29:36.00	
1025	1383	NUNO G MENDES	M	29	01:30:28.30	01:29:29.53	HOSPITAL VF XIRA
1026	643	PEDRO MACHADO	M	41	01:30:28.46	01:29:30.45	
1027	334	FRANCISCO PRATES	M	69	01:30:32.23	01:30:04.23	AA LEBRES SADO
1028	1346	MÁRCIO RODRIGUES	M	30	01:30:34.52	01:29:47.63	OS RESISTENTES
1029	1450	CLAUDIA MATOS	F	38	01:30:35.26	01:29:32.05	RUN FORREST RUN
1030	435	FILIPE J SILVA	M	57	01:30:35.72	01:30:04.32	
1031	1190	MIRIAM VISTAS	F	35	01:30:36.45	01:29:46.91	MOVET
1032	1413	OLIVIA GASPAS	F	46	01:30:37.09	01:29:21.57	SS CGD
1033	1351	FRANCISCO MACHETA	M	44	01:30:37.24	01:29:21.15	
1034	36	JORGE H PEREIRA	M	53	01:30:40.15	01:29:42.79	
1035	43	HELENA MOREIRA	F	40	01:30:41.33	01:30:19.68	
1036	415	CARLOS J S BALÃO	M	40	01:30:56.25	01:29:52.89	ÓSCAR ALHO TEAM
1037	1507	SOFIA LOPES	F	37	01:30:56.98	01:29:53.45	AHBE
1038	606	CRISTINA GABRIEL	F	35	01:30:57.17	01:29:49.25	ANITA VAI AO QUIZ
1039	116	SARA C SILVA	F	38	01:30:57.98	01:30:23.64	
1040	556	FILIPA FRANCISCO	F	40	01:31:05.81	01:30:13.02	
1041	688	RICARDO VERISSIMO	M	34	01:31:07.41	01:30:41.22	
1042	910	PAULO PRUDÊNCIO	M	55	01:31:08.39	01:30:30.99	ASAS NOS PÉS

CORRIDA DAS LEZIRIAS

5 MAR'17



1043	1238	JOÃO P COELHO	M	32	01:31:12.90	01:31:12.90	
1044	1525	JOSÉ C ALVES	M	47	01:31:16.41	01:30:27.76	
1045	1224	HÉLIO REIS	M	41	01:31:17.43	01:31:00.07	OS CARREGUEIRENSES
1046	812	MANUEL HORTELÃO	M	47	01:31:18.48	01:30:26.08	AMIGOS DA FLOR
1047	557	NUNO MACHADO	M	41	01:31:21.27	01:30:52.64	
1048	275	LUÍS COSTA	M	31	01:31:22.58	01:30:46.26	OS CONTAKILOMETROS
1049	1578	ANTONIO M S JORGE	M	63	01:31:29.94	01:30:33.30	
1050	802	LUIS MIRANDA	M	58	01:31:32.02	01:30:30.06	TEJAVISTA
1051	439	JOSÉ GLÓRIA	M	49	01:31:33.08	01:30:39.61	
1052	1042	PAULO GRAÇA	M	33	01:31:33.42	01:30:24.16	
1053	199	CELESTE ALMEIDA	F	47	01:31:36.33	01:30:46.85	CRUZ QUEBRADENSE SIMECQ
1054	204	RAUL GIRÃO	M	59	01:31:37.00	01:30:58.30	CRUZ QUEBRADENSE SIMECQ
1055	1526	NUNO SIMÃO	M	41	01:31:37.74	01:30:35.83	MATILHA DA ATALIAIA
1056	286	FRANCISCO VITORINO	M	66	01:31:43.47	01:30:54.30	
1057	250	JOÃO PEREIRA	M	46	01:31:44.56	01:31:12.07	CÂMARA LISBOA CLUBE
1058	1147	MARCO MENDES	M	38	01:31:44.72	01:30:53.17	
1059	466	ANGELA CRUZ	F	45	01:31:44.87	01:30:55.32	SS CGD
1060	969	CARLOS ALFEIRÃO	M	36	01:31:45.96	01:31:15.52	
1061	316	DOMINGOS MOREIRA	M	74	01:31:48.21	01:31:11.18	
1062	918	ALZIRA REIS	F	36	01:31:51.09	01:31:14.42	ASAS NOS PÉS
1063	852	ANTÓNIO RODRIGUES	M	40	01:31:55.73	01:31:12.30	
1064	1514	JOAO G MELO	M	34	01:31:57.09	01:31:11.72	TROPA DE ELITE
1065	434	LUIS F E MATEUS	M	33	01:32:01.84	01:26:14.59	
1066	1259	MIGUEL TORGAL	F	39	01:32:03.52	01:31:43.93	
1067	1260	MÓNICA PEREIRA	F	40	01:32:03.74	01:31:44.16	
1068	1108	LUCIO SILVA	M	50	01:32:07.97	01:31:15.60	GD SANTANDER TOTTA
1069	1100	LUIZ PEREIRA	M	36	01:32:09.15	01:31:20.31	GD SANTANDER TOTTA
1070	1494	CATIA RAMOS	F	37	01:32:09.18	01:31:20.17	
1071	623	CRINA OLTEAN	F	33	01:32:09.87	01:31:06.28	TARTARUGAS FURIOSAS
1072	287	CARLOS LOPES	M	49	01:32:11.86	01:27:55.23	
1073	1350	CARLA P FERNANDES	F	41	01:32:12.07	01:31:48.10	CORRER LISBOA
1074	898	VALTER H NUNES	M	40	01:32:13.60	01:31:20.95	C COLAB AGEAS
1075	602	FRANCISCO AFONSO	M	56	01:32:16.81	01:31:38.67	RUN 4 FUN
1076	784	FRANCISCO A S VAZ	M	51	01:32:21.50	01:31:24.06	Ó DA GUARDA
1077	25	MARIO ALVES	M	61	01:32:21.55	01:31:55.70	SFUAP
1078	268	CLAUDIA MARQUES	F	35	01:32:22.38	01:31:56.84	GDCT UNICRE

CORRIDA DAS LEZIRIAS

5 MAR'17



1079	1105	JOAO BARROS	M	53	01:32:26.18	01:31:32.56	GD SANTANDER TOTTA
1080	696	MÁRIO ROGADO	M	37	01:32:28.80	01:31:35.68	CORRER LISBOA
1081	112	NUNO MOLERO	M	35	01:32:30.03	01:32:22.89	
1082	982	JOÃO CATARINO	M	50	01:32:30.63	01:32:13.28	SS MONTEPIO
1083	816	Mª JOÃO CORTESÃO	F	31	01:32:33.18	01:32:31.84	CP EDP LISBOA
1084	1032	VIRGILIO NASCIENO	M	62	01:32:33.95	01:31:53.31	CA VALE FIGUEIRA
1085	468	FERNANDO MARTINS	M	53	01:32:35.13	01:31:29.67	SS CGD
1086	949	XANA FILIPE	F	45	01:32:37.16	01:32:01.41	CLUBE NOVO BANCO
1087	1455	RUI BARREIRO	M	46	01:32:40.34	01:32:21.87	ATLETICO DE VIA RARA
1088	1016	RUI REIS	M	51	01:32:45.08	01:31:51.17	
1089	1198	ANTONIO GABRIEL	M	72	01:32:48.39	01:32:00.91	
1090	655	HÉLIO GODINHO	M	66	01:32:49.95	01:32:07.98	
1091	39	ANTÓNIO LOPES	M	62	01:32:56.80	01:32:28.40	
1092	229	AURÉLIO CALADO	M	67	01:32:57.71	01:32:01.44	4 AO KM
1093	1504	SARA PRATES	F	38	01:33:00.48	01:32:09.81	ATLETISMO VIDENSE
1094	1617	BERNARDO DE FILIPITSCH	M	36	01:33:05.05	01:32:55.04	
1095	760	LUIS FEIO	M	56	01:33:06.52	01:32:23.30	4 AO KM
1096	1291	CATARINA QUINTAS	F	44	01:33:06.59	01:32:56.24	
1097	271	RUI PEDRO	M	35	01:33:07.58	01:32:11.65	OS PERIGOSOS
1098	406	PAULO FERNANDES	M	42	01:33:09.76	01:32:41.16	SERRALHARIA AGOSTINHO DUARTE, LDA
1099	951	HELDER BRANCO	M	45	01:33:13.47	01:31:59.92	CLUBE VODAFONE
1100	1583	SAMUEL FERREIRA	M	39	01:33:20.19	01:33:09.04	
1101	778	NUNO LOUREIRO	M	50	01:33:31.88	01:32:29.00	FALCOES SELVAGENS
1102	1152	RICARDO COSTA	M	36	01:33:37.15	01:32:59.57	
1103	1611	SARA BANDEIRA	F	37	01:33:46.99	01:32:52.88	
1104	377	VASCO LAVADO	M	41	01:33:48.17	01:33:06.13	
1105	432	JOAO MARQUES	M	39	01:33:51.54	01:33:28.45	
1106	381	PAULO MARQUES	M	48	01:34:00.49	01:32:54.06	GDCT UNICRE
1107	806	SANDRA GASPAR	F	41	01:34:02.82	01:33:46.94	
1108	807	HUGO GASPAR	M	39	01:34:02.87	01:33:46.70	
1109	1533	MIGUEL PEIXOTO	M	49	01:34:08.07	01:32:56.17	
1110	447	CLÁUDIA SOUSA	F	39	01:34:11.20	01:33:39.31	ADRC MATA BENFICA
1111	279	JOÃO FERREIRA	M	45	01:34:12.38	01:33:19.02	GINJINHA RUNNERS
1112	1365	JOSE CORREIA	M	59	01:34:13.00	01:33:54.38	ATLETICO DE VIA RARA
1113	1299	ANABELA MARIA	F	45	01:34:14.69	01:34:09.88	SC MOITENSE
1114	518	ANABELA BASTOS	F	50	01:34:16.02	01:33:32.04	

CORRIDA DAS LEZIRIAS

5 MAR'17



1115	878	VANDA FERREIRA	F	44	01:34:16.31	01:33:50.05	SC CASAINHOS
1116	864	MARIA REBOLA	F	42	01:34:18.36	01:33:24.69	OCULISTA PORTAS ST ANTONIO
1117	877	ANA M BAPTISTA	F	26	01:34:24.84	01:33:58.62	SC CASAINHOS
1118	772	CECÍLIA TAVARES	F	51	01:34:25.25	01:34:19.67	RUN PIRILAMPO
1119	614	VANIA MOREIRA	F	27	01:34:31.60	01:34:04.88	GOOVIBES
1120	613	CLAUDIA TOPETE	F	36	01:34:31.88	01:34:04.89	GOOVIBES
1121	703	CARINA FERREIRA	F	29	01:34:32.94	01:34:15.40	FJ
1122	958	JOAQUIM VENÂNCIO	M	61	01:34:37.50	01:34:25.38	CLUBE OGMA
1123	960	JOÃO SIMÕES	M	53	01:34:38.24	01:34:25.97	CLUBE OGMA
1124	1480	CRISTINA LOURENCO	F	51	01:34:39.37	01:33:55.79	C MILLENNIUM BCP
1125	1479	AUGUSTO LOURENCO	M	54	01:34:40.75	01:33:56.03	C MILLENNIUM BCP
1126	1332	JOÃO MALHA	M	36	01:34:42.49	01:34:10.74	
1127	624	JOÃO GALVEIA	M	41	01:34:45.13	01:33:41.65	TARTARUGAS FURIOSAS
1128	187	GONCALO TAVARES	M	9	01:34:48.33	01:34:32.93	
1129	276	JOAO M P MARTINS	M	35	01:34:49.06	01:33:46.61	
1130	1018	INÊS C MARQUES	F	33	01:34:51.60	01:34:07.45	
1131	258	PAULA LEITÃO	F	42	01:34:52.99	01:34:22.26	CÂMARA LISBOA CLUBE
1132	1428	HELENA PEREIRA	F	40	01:34:56.31	01:34:31.68	
1133	1368	JOSÉ BASTOS	M	45	01:34:56.55	01:34:31.85	
1134	99	EDUARDO AMORIM	M	45	01:34:59.03	01:34:02.35	
1135	1380	GONÇALO TELES	M	33	01:35:05.80	01:34:05.91	HOSPITAL VF XIRA
1136	927	ÂNGELA BRITO	F	53	01:35:06.52	01:34:26.31	
1137	985	LUIS REIS	M	59	01:35:08.25	01:34:23.64	SS MONTEPIO
1138	920	DAVI DOS SANTOS	M	38	01:35:09.07	01:34:32.41	ASAS NOS PÉS
1139	338	LÍDIA I VIEIRA	F	43	01:35:10.25	01:34:41.92	AA LEBRES SADO
1140	98	NUNO OLIVEIRA	M	39	01:35:12.71	01:34:25.61	
1141	78	CARLOS CANELAS	M	48	01:35:24.07	01:34:26.06	
1142	300	JOAQUIM J L SILVA	M	43	01:35:30.63	01:35:15.69	AC PORTALEGRE/ UTSM
1143	786	Mª PALMIRA BALTAZAR	F	50	01:35:33.04	01:34:35.42	Ó DA GUARDA
1144	1473	EDUARDO C PINTO	M	48	01:35:35.10	01:35:18.25	C MILLENNIUM BCP
1145	563	SÉRGIO TAVARES	M	34	01:35:36.88	01:35:09.55	CCD CREDITO AGRICOLA
1146	472	CRISTIANA REIS	F	38	01:35:39.06	01:35:20.34	SS CGD
1147	1610	ANA CAGICA	F	47	01:35:50.69	01:34:56.26	
1148	1073	SALVADOR AFONSO	M	63	01:35:50.94	01:35:34.67	GD SANTANDER TOTTA
1149	177	SÉRGIO FROTA	M	36	01:36:00.29	01:35:04.05	
1150	178	TIAGO RIBEIRO	M	36	01:36:00.56	01:35:04.03	

CORRIDA DAS LEZIRIAS

5 MAR'17



1151	206	OLGA GALVÃO	F	53	01:36:04.00	01:35:14.40	CRUZ QUEBRADENSE SIMECQ
1152	1503	MANUEL PRATES	M	44	01:36:09.92	01:35:19.26	ATLETISMO VIDENSE
1153	1531	PAULO PEIXOTO	M	58	01:36:10.03	01:35:00.44	
1154	728	MANUEL SEQUEIRA	M	66	01:36:11.06	01:35:57.77	GDCT REPSOL POLÍMEROS
1155	1273	MIGUEL CHAVES	M	46	01:36:14.59	01:35:55.47	GD BANCO BPI
1156	138	MARLENE RODRIGUES	F	28	01:36:15.12	01:35:19.52	
1157	248	JOÃO FIGUEIREDO	M	60	01:36:22.84	01:35:50.48	CÂMARA LISBOA CLUBE
1158	245	CARLOS FERREIRA	M	52	01:36:22.86	01:35:48.21	CÂMARA LISBOA CLUBE
1159	751	NATACHA CUNHA	F	33	01:36:23.96	01:30:04.17	
1160	1101	HUGO MOITA	M	35	01:36:24.34	01:36:10.83	GD SANTANDER TOTTA
1161	317	HELDER LOURENÇO	M	45	01:36:27.55	01:35:33.11	ALVERCA URBAN RUNNERS
1162	937	FERNANDO FILIPE	M	48	01:36:32.53	01:35:57.07	CLUBE NOVO BANCO
1163	1324	DANIEL MARTINS	M	27	01:36:33.97	01:35:45.32	CUA BENAVENTENSE
1164	1466	ANTÓNIO SILVA	M	64	01:36:36.16	01:36:19.57	
1165	811	JOÃO FERREIRA	M	61	01:36:36.37	01:35:41.26	AMIGOS DA FLOR
1166	50	SANDRA BOLAS	F	44	01:36:41.40	01:36:23.66	PAPOSECOS
1167	1154	CÉLIA M C GIL	F	46	01:36:44.74	01:36:26.51	
1168	49	MILENA ALIPIO	F	48	01:36:45.00	01:36:26.64	PAPOSECOS
1169	213	JORGE VALADARES	M	54	01:36:49.99	01:35:59.82	CRUZ QUEBRADENSE SIMECQ
1170	209	HELGA GIRÃO	F	65	01:36:50.02	01:36:00.70	CRUZ QUEBRADENSE SIMECQ
1171	740	SARA MONTEIRO	F	31	01:36:51.90	01:36:09.97	3B - S
1172	220	NIDIA C T AGOSTINHO	F	37	01:36:52.26	01:36:10.64	3B - S
1173	92	HUGO PAULO	M	31	01:36:52.47	01:36:37.21	URBAN TRAIL SAMORA CORREIA
1174	1384	Mª FILOMENA VELOSO	F	37	01:36:57.85	01:35:59.70	HOSPITAL VF XIRA
1175	1444	RICARDO PEREIRA	M	36	01:36:59.44	01:35:45.52	
1176	1088	PEDRO DIAS	M	45	01:37:00.00	01:35:58.76	GD SANTANDER TOTTA
1177	1248	SÉRGIO ANTUNES	M	49	01:37:01.39	01:36:34.75	CLUBE ANACOM
1178	765	FILIPE MADEIRA	M	44	01:37:02.44	01:37:02.44	
1179	1074	CARINA SILVA	F	31	01:37:07.79	01:36:24.74	GD SANTANDER TOTTA
1180	1075	TIAGO VEIGA	M	32	01:37:07.89	01:36:25.06	GD SANTANDER TOTTA
1181	1453	RUTE BRIGANTI	F	39	01:37:07.95	01:36:47.64	
1182	1454	VITOR LOUREIRO	M	48	01:37:08.20	01:36:47.49	
1183	341	RICARDO PAÇO	M	42	01:37:10.14	01:36:04.72	
1184	838	INÉS MARTINS	F	33	01:37:10.57	01:36:14.84	NAV RUNNERS
1185	342	JORGE JESUS	M	42	01:37:11.05	01:36:05.88	
1186	837	SORAIA SILVA	F	27	01:37:11.09	01:36:15.37	

CORRIDA DAS LEZIRIAS

5 MAR'17



1187	1003	CARLA A LOPES	F	44	01:37:13.57	01:32:57.07	GD INE
1188	1149	DANIEL PEREIRA	M	27	01:37:14.59	01:36:50.26	CD ESTRELA
1189	1192	ESMERALDA RAMALHO	F	45	01:37:15.35	01:36:16.02	
1190	1326	RAQUEL ROCHA	F	27	01:37:19.61	01:37:00.37	ATÓMICOS
1191	356	NUNO MORENO	M	42	01:37:21.54	01:36:14.46	
1192	896	PAULO FIGUEIREDO	M	34	01:37:24.19	01:36:31.90	C COLAB AGEAS
1193	880	NUNO PEREIRA	M	45	01:37:28.37	01:36:23.51	SC CASAINHOS
1194	389	JOSÉ LASMEGO	M	64	01:37:28.91	01:37:12.25	AGUIAS DO CARTAXO
1195	1046	LÚIS NABAIS	M	35	01:37:31.31	01:36:38.47	CORRER LISBOA
1196	1047	ANABELA RUIVO	F	44	01:37:31.43	01:36:39.69	CORRER LISBOA
1197	750	IVO LALIM	M	30	01:37:34.51	01:31:05.16	
1198	256	PAULA SILVA	F	54	01:37:36.25	01:37:04.44	CÂMARA LISBOA CLUBE
1199	1318	JOSÉ BORRACHA	M	56	01:37:46.08	01:37:35.02	
1200	1462	GUILHERME BORBA	M	44	01:37:49.45	01:37:27.01	
1201	741	JOÃO VIEIRA	M	54	01:38:05.73	01:37:06.36	
1202	185	PAULA SANTOS	F	47	01:38:07.62	01:37:13.64	
1203	1493	LÚIS P M F MACHADO	M	35	01:38:07.81	01:37:24.84	
1204	965	CLÁUDIA FREIXO	F	34	01:38:10.10	01:37:18.62	MANOS FREIXO
1205	1185	CÉLIO T X ROMA	M	31	01:38:20.12	01:35:32.28	DHS
1206	1309	ANA SALDANHA	F	44	01:38:24.00	01:37:38.01	FAMILIA DO CORAÇÃO
1207	793	RENATO SARAGOÇA	M	40	01:38:25.68	01:38:05.44	UDRS GUERREIROS DO RIO
1208	792	DANIELA CARVALHO	F	40	01:38:25.98	01:38:05.80	UDRS GUERREIROS DO RIO
1209	464	JOSÉ ANDRADE	M	38	01:38:31.66	01:37:56.72	ADRC MATA BENFICA
1210	1311	JOÃO BOLINHAS	M	36	01:38:34.37	01:37:47.34	FAMILIA DO CORAÇÃO
1211	1406	BRUNO M G ANTUNES	M	31	01:38:35.64	01:38:25.91	PSP
1212	1403	GABRIEL J M MATEUS	M	38	01:38:35.84	01:38:26.95	PSP
1213	1586	ARMANDO LACERDA	M	62	01:38:40.03	01:37:46.49	OCULISTA PORTAS ST ANTONIO
1214	308	RUI E S A HORTA	M	51	01:38:41.39	01:37:58.52	OS LESMAS
1215	1252	JOÃO CASTRO	M	57	01:38:46.58	01:38:34.90	CLUBE ANACOM
1216	971	CÁTIA NOGUEIRA	F	38	01:38:55.85	01:38:15.15	EQUIPA
1217	1170	SUSANA RIBEIRO	F	44	01:38:59.04	01:38:41.73	
1218	592	JOÃO C BARBOSA	M	56	01:38:59.54	01:38:00.63	CCDT METRO LX
1219	150	TANIA INACIO	F	29	01:39:08.41	01:38:04.62	FC ESTRELAS LISBOA
1220	509	ANDREIA SILVA	F	36	01:39:11.21	01:38:12.45	
1221	672	VÂNIA FERREIRA	F	28	01:39:11.43	01:38:50.87	
1222	1071	JOSE MONTEIRO	M	67	01:39:12.96	01:39:07.34	GD SANTANDER TOTTA

CORRIDA DAS LEZIRIAS

5 MAR'17



1223	473	ESMERALDO PEREIRA	M	70	01:39:13.02	01:38:14.00	SS CGD
1224	170	ISABEL DIAS	F	50	01:39:14.49	01:38:37.33	
1225	169	SÓNIA DOMINGOS	F	39	01:39:16.47	01:38:39.70	
1226	1171	ANTÓNIO PEREIRA	M	75	01:39:29.49	01:39:02.70	GDC BANCO PORTUGAL
1227	1423	EGLANTINO CHARNECA	M	78	01:39:33.37	01:38:38.05	GAA VF XIRA
1228	118	FILIPE M ESTEVES	M	31	01:39:40.61	01:38:43.86	
1229	1338	ANA GALHARDO	F	36	01:39:41.09	01:38:54.51	
1230	565	ANA BELBUTE	F	35	01:39:45.21	01:39:24.22	
1231	1433	ORLANDO FONTAN	M	48	01:39:45.79	01:38:41.27	OS AGUINHAS
1232	566	JOEL GONCALVES	M	43	01:39:45.97	01:39:25.15	
1233	483	LUIS SANCHEZ	M	57	01:39:46.00	01:38:40.37	SS CGD
1234	513	JOSÉ CASTRO	M	60	01:39:52.03	01:39:40.53	
1235	990	FREDERICO SOUSA	M	53	01:39:53.63	01:39:19.44	LEBRES E TARTARUGAS
1236	1440	FILIPE COVÃO	M	31	01:39:59.27	01:39:13.07	ORAL SHAPER
1237	91	CARLA TALAIA	F	39	01:40:06.91	01:39:30.00	URBAN TRAIL SAMORA CORREIA
1238	194	ALEXANDRA PAZ	F	32	01:40:14.42	01:39:16.16	
1239	162	BENTO VALENTE	M	51	01:40:17.30	01:39:50.71	OS PERIGOSOS
1240	532	PEDRO N A J REIS	M	44	01:40:20.18	01:40:00.39	ENGIMIND
1241	1478	RODOLFO C LIMA	M	49	01:40:25.08	01:40:13.91	C MILLENNIUM BCP
1242	252	ANABELA MEIA-VIA	F	48	01:40:37.94	01:40:04.89	CÂMARA LISBOA CLUBE
1243	817	NUNO S GOMES	M	48	01:40:45.18	01:40:10.09	CP EDP LISBOA
1244	913	ANTÓNIO MARTINS	M	51	01:40:48.39	01:40:10.11	ASAS NOS PÉS
1245	222	RAÚL COSTA	M	56	01:40:51.23	01:40:48.24	CLUBE ROBBIALAC
1246	1456	DORA CARAPINHA	F	46	01:40:54.65	01:39:59.97	GINJINHA RUNNERS
1247	677	PAULO SANTOS	M	46	01:40:56.13	01:40:16.32	CAVEIRAS RUN
1248	834	JOSE L S CORREIA	M	57	01:41:01.91	01:39:56.10	NAV RUNNERS
1249	1436	ALEXANDRA SILVA	F	43	01:41:03.56	01:40:08.93	GINJINHA RUNNERS
1250	870	SUSANA CABRITA	F	33	01:41:12.14	01:40:40.57	INNOTEAM
1251	584	CARLA MANTEIGAS	F	38	01:41:12.49	01:40:28.76	CCDT METRO LX
1252	873	DANIEL PEREIRA	M	34	01:41:12.70	01:40:41.40	INNOTEAM
1253	595	JOSÉ A TAVARES	M	46	01:41:13.00	01:40:29.00	CCDT METRO LX
1254	647	ANA C CALAFATE	F	50	01:41:16.75	01:40:17.92	TARTARUGAS SOLDÁRIAS
1255	1116	MARIA QUITÉRIA	F	43	01:41:17.09	01:40:40.41	ALGYMNS
1256	801	JOÃO C BORGES	M	49	01:41:20.52	01:40:18.29	TEJAVISTA
1257	1081	JOSE RIBEIRO	M	72	01:41:45.16	01:40:52.95	GD SANTANDER TOTTA
1258	292	LUÍS MACHADO	M	38	01:41:46.97	01:41:01.13	TEAM BOCK

CORRIDA DAS LEZIRIAS

5 MAR'17



1259	995	TIAGO ESPERANÇA	M	35	01:41:47.74	01:40:47.73	ENCONTRAMO-NOS NA META
1260	1037	LUCILIA CASANOVA	F	61	01:42:05.23	01:40:56.45	
1261	456	SEERGIO CRISPIM	M	36	01:42:08.98	01:41:21.98	GDM - TEAMAÇO
1262	382	MARCELO CARDOSO	M	47	01:42:16.54	01:41:33.75	GDCT UNICRE
1263	1517	RICARDO COSTA	M	38	01:42:24.13	01:42:05.19	OS COXOS
1264	522	VERA MORAIS	F	33	01:42:27.79	01:41:46.62	
1265	521	ALEXANDRE MAURICIO	M	43	01:42:27.99	01:41:46.71	
1266	899	VANDA SEQUEIRA	F	44	01:42:32.63	01:41:59.18	C COLAB AGEAS
1267	945	PAULO RICARDO	M	49	01:42:38.96	01:41:49.98	CLUBE NOVO BANCO
1268	587	FERNANDO FERNANDES	M	64	01:42:39.22	01:42:07.71	CCDT METRO LX
1269	598	ORLANDO SOUSA	M	54	01:42:39.90	01:41:40.99	CCDT METRO LX
1270	888	CATARINA M FIGUEIRA	F	38	01:42:42.26	01:42:09.31	C COLAB AGEAS
1271	895	NÁJLA DA MATA	F	32	01:42:42.35	01:42:10.26	C COLAB AGEAS
1272	894	MIGUEL T SOUSA	M	42	01:42:43.95	01:41:53.23	C COLAB AGEAS
1273	301	RILDO SOARES	M	47	01:42:47.79	01:42:18.99	R FRENTE RIBEIRINHA PÓVOA STA IRIA
1274	302	GUIOMAR SOARES	F	44	01:42:47.88	01:42:20.39	R FRENTE RIBEIRINHA PÓVOA STA IRIA
1275	407	PAULO SERRA	M	42	01:42:57.38	01:42:27.67	SERRALHARIA AGOSTINHO DUARTE, LDA
1276	370	SUSANA RODRIGUES	F	36	01:42:57.49	01:42:11.28	
1277	1475	CARLA S COUTINHO	F	46	01:43:07.96	01:42:24.28	C MILLENNIUM BCP
1278	1474	PAULO V COUTINHO	M	49	01:43:08.04	01:42:23.13	C MILLENNIUM BCP
1279	907	CONCEIÇÃO CUNHA	F	52	01:43:13.87	01:42:35.98	ASAS NOS PÉS
1280	490	PATRICIA TAVARES	F	37	01:43:36.60	01:42:56.03	SS CGD
1281	359	JOSE MOURA	M	51	01:43:38.22	01:42:32.78	FALCOES SELVAGENS
1282	383	ANA MADEIRA	F	43	01:43:42.52	01:42:59.40	GDCT UNICRE
1283	1391	CRISTINA LINO	F	50	01:43:47.31	01:43:00.70	HOSPITAL VF XIRA
1284	380	CARLOS CARDOSO	M	51	01:43:48.00	01:43:00.91	ALVERCA URBAN RUNNERS
1285	1615	CARLOS P MORAIS	M	37	01:43:50.65	01:43:50.53	
1286	234	JOSE REBOCHO	M	61	01:43:52.20	01:43:23.16	CORRER SR GRANJA
1287	984	LUIS FARINHA	M	48	01:43:53.26	01:43:35.62	SS MONTEPIO
1288	121	SIMAO BATISTA	M	32	01:44:35.26	01:43:38.44	
1289	931	CLAUDIA TAM	F	35	01:44:41.80	01:43:43.50	AÇOREANA
1290	512	MANUEL N BAPTISTA	M	52	01:44:43.79	01:44:18.67	
1291	481	LIDIA BILAO	F	47	01:44:51.07	01:43:50.55	SS CGD
1292	678	BRUNO BICA	M	40	01:44:55.79	01:44:16.16	CAVEIRAS RUN
1293	926	ANTONIO BRITO	M	54	01:44:56.69	01:44:16.32	
1294	814	PAULO D SILVA	M	41	01:45:13.62	01:44:03.66	

CORRIDA DAS LEZIRIAS

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1295	1300	SARA PRIMOR	F	29	01:45:19.11	01:45:14.39	SC MOITENSE
1296	53	FRANCISCO A SARRASQUEIRO	M	69	01:45:33.18	01:44:44.10	
1297	225	M ^a FERNANDES M CONDECO	F	53	01:45:38.64	01:45:31.19	
1298	1387	BRUNO COELHO	M	41	01:45:39.84	01:45:17.10	HOSPITAL VF XIRA
1299	575	HÉLIA C M MACHADO	F	30	01:45:40.11	01:45:28.49	HK 16
1300	1220	CARLA FERREIRA	F	39	01:45:51.14	01:44:58.84	CORRER LISBOA
1301	1333	SÓNIA CAPITÃO-MOR	F	36	01:45:51.17	01:44:59.09	
1302	106	SANDRA MARQUES	F	34	01:45:52.75	01:45:16.35	
1303	729	LUIS TORRÃO	M	62	01:45:52.78	01:45:38.58	GDCT REPSOL POLÍMEROS
1304	1265	HUGO BÉRTHOLO	M	42	01:45:52.91	01:45:08.42	ALHANDRA SC
1305	1239	ANABELA RODRIGUES	F	41	01:46:19.67	01:45:14.80	RUN BABY RUN
1306	1293	JOÃO GOMES	M	65	01:46:20.73	01:45:27.49	
1307	1112	SUSANA GUERREIRO	F	40	01:46:29.27	01:45:45.00	GD SANTANDER TOTTA
1308	972	JOSÉ A BARREIROS	M	46	01:46:34.12	01:45:36.12	
1309	175	BRUNO GOMES	M	43	01:46:39.46	01:45:36.69	
1310	404	ELISABETE FERNANDES	F	38	01:46:46.66	01:46:16.96	SERRALHARIA AGOSTINHO DUARTE, LDA
1311	1446	PATRICIA PINTO	F	26	01:46:48.32	01:45:52.56	
1312	1489	TIAGO CACHUDO	M	34	01:46:48.84	01:45:53.15	
1313	1377	VANIA ALMEIDA	F	35	01:46:49.01	01:45:48.60	HOSPITAL VF XIRA
1314	671	LUIS VARANDAS	M	52	01:46:59.66	01:46:28.59	
1315	1587	HELENA LACERDA	F	52	01:47:13.31	01:46:18.90	OCULISTA PORTAS ST ANTONIO
1316	601	SUSANA MENDES	F	44	01:47:23.31	01:46:45.13	CCDT METRO LX
1317	591	JOÃO MENDES	M	45	01:47:23.42	01:46:45.15	CCDT METRO LX
1318	1128	RICARDO DIAS	M	33	01:47:26.91	01:46:50.16	ASAS NOS PÉS
1319	708	JOSÉ MOREIRA	M	26	01:47:53.51	01:47:01.69	
1320	1080	FABIO PIO	M	45	01:48:01.94	01:47:00.88	GD SANTANDER TOTTA
1321	999	FILIPA MARTINS	F	34	01:48:15.48	01:47:15.80	ENCONTRAMO-NOS NA META
1322	993	ROSÁRIO CUNHA	F	44	01:48:15.96	01:47:16.73	ENCONTRAMO-NOS NA META
1323	991	TÂNIA SIMÕES	F	34	01:48:16.05	01:47:16.42	ENCONTRAMO-NOS NA META
1324	1303	SERGIO PAULO	M	39	01:48:41.28	01:48:30.63	
1325	710	MARTINHO ROQUE	M	48	01:48:52.60	01:48:03.48	
1326	749	JOÃO CRAVO	M	28	01:48:55.64	01:42:36.86	
1327	266	PAULO FRANÇA	M	55	01:48:56.08	01:48:13.20	GDCT UNICRE
1328	191	EMILIA CASTANHEIRA	F	44	01:49:17.59	01:48:56.26	EQUIPA
1329	738	M ^a CARMO ANJOS	F	70	01:49:22.81	01:48:47.00	CONDOR
1330	739	LUCINDA HENRIQUES	F	68	01:49:23.46	01:48:47.18	CONDOR

CORRIDA DAS LEZIRIAS

5 MAR'17



1331	1289	ANTONIETA VENDRELL	F	34	01:49:23.86	01:48:44.75	BALBOAS E NAPOLEÕES TEAM
1332	1477	JOSE G ARRUDA	M	67	01:49:26.37	01:48:49.35	C MILLENNIUM BCP
1333	1476	FOCK YIOT WAN	F	66	01:49:26.65	01:48:48.97	C MILLENNIUM BCP
1334	230	EBERHARD WILHELM	M	68	01:49:36.89	01:48:38.39	4 AO KM
1335	166	ANTÓNIO DOMINGOS	M	69	01:50:06.80	01:49:19.45	
1336	1221	ANA MIRANDA	F	44	01:50:19.75	01:49:55.72	
1337	974	PAULA RODRIGUES	F	36	01:50:21.26	01:49:56.70	NP
1338	1085	PAULA FIGUEIREDO	F	59	01:50:21.59	01:49:26.33	GD SANTANDER TOTTA
1339	1092	LARA VELOSO	F	41	01:50:21.96	01:49:26.57	GD SANTANDER TOTTA
1340	272	CATARINA COUTO	F	35	01:50:31.32	01:50:06.67	OS PERIGOSOS
1341	1115	ARTUR DINIS	M	59	01:50:40.86	01:50:04.69	ALGYMNS
1342	645	EZEQUIEL ABRANTES	M	63	01:51:08.26	01:50:01.02	FALCOES SELVAGENS
1343	996	DÁLIA LEITE	F	54	01:51:42.58	01:51:19.45	CA ODIMARQ
1344	1551	CARINA F ABREU	F	33	01:51:46.70	01:50:44.28	ASS PORTO CRUZ TRAIL TEAM
1345	1268	LUIS PARRO	M	55	01:52:00.58	01:51:23.63	PARRORUNNERS
1346	892	JOÃO P PINTO	M	48	01:52:14.91	01:51:25.05	C COLAB AGEAS
1347	886	ANA M GUIMARÃES	F	60	01:52:14.93	01:51:25.04	C COLAB AGEAS
1348	1243	RITA PEREIRA	F	43	01:52:25.00	01:51:32.88	CORRER LISBOA
1349	465	ANA CALINAS	F	45	01:52:32.06	01:51:41.09	SS CGD
1350	496	ROGERIO LUIS	M	45	01:52:32.29	01:51:40.96	SS CGD
1351	1151	HERMÍNIO COSTA	M	55	01:52:59.58	01:52:39.88	
1352	486	MANUEL BRAS	M	48	01:53:04.91	01:52:24.95	SS CGD
1353	828	RAQUEL VIEIRA	F	35	01:53:17.72	01:52:26.68	BALBOAS E NAPOLEÕES TEAM
1354	550	FILIPA LOPES	F	42	01:53:17.89	01:52:14.93	RUN 4 FUN
1355	1347	JOÃO ABREU	M	35	01:53:58.64	01:53:11.36	OS RESISTENTES
1356	540	PAULA LEITAO	F	37	01:54:31.20	01:53:26.50	FC ESTRELAS LISBOA
1357	149	RITA SALDANHA	F	29	01:54:32.65	01:53:28.88	FC ESTRELAS LISBOA
1358	727	ISABEL CALDEIRA	F	44	01:54:43.58	01:53:40.56	
1359	1283	PEDRO REBELO	M	34	01:55:35.52	01:54:49.62	OS RESISTENTES
1360	52	CÁTIA ALMEIDA	F	36	01:55:44.63	01:54:47.04	
1361	504	DAVID LOPES	M	31	01:56:18.24	01:55:48.68	
1362	505	SANDRA VIÇOSO	F	30	01:56:18.28	01:55:49.33	
1363	1033	ANTÓNIO MOURA	M	60	01:57:08.51	01:57:04.25	CA VALE FIGUEIRA
1364	305	NUNO CAMELO	M	43	01:57:21.72	01:54:34.31	DHS
1365	970	BRUNO MARTINS	M	34	01:59:34.23	01:58:52.25	EQUIPA
1366	278	DORA CRUZ	F	43	02:00:21.24	01:59:26.88	GINJINHA RUNNERS

CORRIDA DAS LEZIRIAS

5 MAR'17



1367	1472	MARC PORTELA	M	41	02:01:30.80	02:01:30.80	
1368	196	JOAQUIM CARDOSO	M	44	02:01:32.34	02:00:20.09	
1369	944	PAULA MELLO	F	50	02:01:59.60	02:01:11.11	CLUBE NOVO BANCO
1370	882	ABDURAMANE SEIDI	M	40	02:02:53.19	02:02:28.19	SC CASAINHOS
1371	551	ANGELA PIMENTA	F	43	02:05:00.38	02:03:56.52	RUN 4 FUN
1372	63	RITA CARVALHINHO	F	42	02:08:42.61	02:07:44.14	TINHA
1373	55	SARA DE SOUSA	F	38	02:09:14.59	02:09:14.59	TARTARUGAS SOLIDARIAS
1374	1312	CARLA MARQUES	F	29	02:33:15.00	02:32:28.75	OS RESISTENTES

Total de registros: 1374

CORRIDA DAS LEZIRIAS

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Classificação por equipas de elementos com 5 ou mais atletas:

Class	Soma das posições dos 1ºs 5 classificados	Equipa	Nº atletas registados
1	47	ASS VALE GRANDE	10
2	123	UFC INDÚSTRIA ATLETISMO	7
3	331	CCD O ALVITEJO	9
4	403	CORRER LISBOA	26
5	510	GDC BANCO PORTUGAL	12
6	531	UA POVOENSE	5
7	684	CCDT METRO LX	22
8	754	ALHANDRA SC - TRIATLO	5
9	791	OS COXOS E O MIGUEL	5
10	833	GDCR ZAMBUJEIRA S CALVO	10
11	869	CORRER SR GRANJA	15
12	944	GD SANTANDER TOTTA	36
13	950	GAA VF XIRA	9
14	1043	SCALABIS NIGHT RUNNERS	7
15	1046	SR CAMARNAL	5
16	1051	CONQUISTA GINÁSIO - CADAVAL	5
17	1116	PSP	11
18	1203	AA MAFRA	5
19	1231	SS CGD	42
20	1347	A VALE SILENCIO	12
21	1354	KANINOS	6
22	1395	CÂMARA LISBOA CLUBE	19
23	1459	CA SAO BRAS	5
24	1518	CP AGUAS GAIA	7
25	1522	ASAS NOS PÉS	17
26	1575	CLUBE NOVO BANCO	15
27	1604	CRUZ QUEBRADENSE SIMECQ	15
28	1675	FALCOES SELVAGENS	10
29	1740	CM VF XIRA	5
30	1774	SS MONTEPIO	9
31	1777	ND AUTOOCOOPE	7
32	1798	R FRENTE RIBEIRINHA PÓVOA STA IRIA	9
33	1930	CA ODIMARQ	5
34	1952	CA NAZARÉ	5
35	1959	OS PERIGOSOS	14
36	2003	ACD BOCAL	5
37	2075	OS ZATOPEQUES	7
38	2105	CLUBE TAP PORTUGAL	6
39	2342	SC CASAINHOS	8

CORRIDA DAS LEZIRIAS

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40	2399	RUN 4 FUN	9
41	2586	ADRC MATA BENFICA	9
42	2613	CLUBE OGMA	8
43	2764	OS CARREGUEIRENSES	6
44	2768	CAD A CORRER	5
45	2804	3B - S	5
46	2896	CLUBE ANACOM	8
47	2915	HOSPITAL VF XIRA	12
48	3171	ATLETAS DA MADRUGADA	5
49	3234	CA VALE FIGUEIRA	6
50	3295	C MILLENNIUM BCP	13
51	3435	NAV RUNNERS	6
52	3537	EQUIPA DAVID VAZ	5
53	3555	ATLETICO DE VIA RARA	5
54	3621	CAVEIRAS RUN	6
55	3892	SC MOITENSE	6
56	4014	AA LEBRES SADO	6
57	4121	APOGMA	6
58	4196	ALVERCA URBAN RUNNERS	6
59	4381	TEAM BOCK	5
60	4457	C COLAB AGEAS	14
61	4567	GDCT UNICRE	8
62	4914	GINJINHA RUNNERS	6
63	5652	ENCONTRAMO-NOS NA META	5

Total de equipas com 5 ou mais atletas registados: 63

CORRIDA DAS LEZIRIAS

5 MAR'17



Benjamins A (2008-2010)

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	236	TOMÁS BARROCAS	M	8		00:01:15.59	00:01:15.59	ALHANDRA SC
2	33	M ^a CARMO VITORINO	F	8		00:01:17.01	00:01:17.01	BREMA
3	91	GONÇALO PIMENTA - 3 A	M	8		00:01:22.95	00:01:22.95	ESC ALVARO GUERRA
4	224	JOÃO PISSARRA	M	9		00:01:25.31	00:01:25.31	ALHANDRA SC
5	230	PEDRO GAMADO	M	8		00:01:25.73	00:01:25.73	ALHANDRA SC
6	54	MARTIM PONTE	M	7		00:01:27.77	00:01:27.77	
7	140	MIGUEL ROCHA - 3 B	M	9		00:01:28.18	00:01:28.18	EB1 DR SOUSA MARTINS
8	220	BEATRIZ COSTA	F	8		00:01:28.34	00:01:28.34	ALHANDRA SC
9	231	PEDRO SARDINHA	M	7		00:01:28.62	00:01:28.62	ALHANDRA SC
10	62	GUILHERME GROSSINHO	M	8		00:01:29.67	00:01:29.67	
11	222	BRUNA ALBUQUERQUE	F	8		00:01:29.81	00:01:29.81	ALHANDRA SC
12	152	LUCAS CAETANO - 3 B	M	8		00:01:30.55	00:01:30.55	EB1 DR SOUSA MARTINS
13	27	RODRIGO SILVA	M	8		00:01:31.54	00:01:31.54	
14	232	RODRIGO BARRETO	M	7		00:01:32.51	00:01:32.51	ALHANDRA SC
15	106	GABRIELA RAMOS - 2 B	F	7		00:01:33.35	00:01:33.35	ESC ALVARO GUERRA
16	136	MARGARIDA MOITA - 2 B	F	8		00:01:35.26	00:01:35.26	EB1 DR SOUSA MARTINS
17	244	DINIS FINO	M	7		00:01:35.72	00:01:35.72	EQUILIBRIO
18	160	GABRIEL CACILHAS - 2	M	8		00:01:35.77	00:01:35.77	ESCOLA A DOS BISPOS
19	226	MANUEL CERQUEIRA	M	8		00:01:35.85	00:01:35.85	ALHANDRA SC
20	181	RODRIGO A S OLIVEIRA	M	8		00:01:35.95	00:01:35.95	ESC BAIRRO PARAISO
21	79	CRISTINA RAMALHO	F	8		00:01:37.60	00:01:37.60	
22	234	SARA BARROS	F	8		00:01:39.16	00:01:39.16	ALHANDRA SC
23	178	GONÇALO MOREIRA - F - BP	M	8		00:01:39.95	00:01:39.95	ESC BAIRRO PARAISO
24	95	AFONSO SOUSA - 1 A	M	6		00:01:39.95	00:01:39.95	ESC ALVARO GUERRA
25	162	SANTIAGO ESPINHEIRA - 1	M	7		00:01:40.04	00:01:40.04	ESCOLA A DOS BISPOS
26	110	DUARTE GREGORIO - 2 B	M	7		00:01:40.17	00:01:40.17	ESC ALVARO GUERRA
27	135	JOAO P C SILVA	M	7		00:01:40.28	00:01:40.28	EB1 DR SOUSA MARTINS
28	176	MATILDE NUNES - 2 F	F	7		00:01:40.29	00:01:40.29	ESC BAIRRO PARAISO
29	177	MARIANA BRAS - 2 F	F	9		00:01:40.36	00:01:40.36	ESC BAIRRO PARAISO
30	114	LEONOR C COSTA - 3 A	F	8		00:01:41.05	00:01:41.05	ESC ALVARO GUERRA
31	117	EDUARDO GRANADA - 3 B	M	8		00:01:41.23	00:01:41.23	ESC ALVARO GUERRA
32	116	BEATRIZ GOMES - 3 B	F	8		00:01:41.64	00:01:41.64	ESC ALVARO GUERRA
33	115	JOANA MACHADO - 3 B	F	9		00:01:42.25	00:01:42.25	ESC ALVARO GUERRA

CORRIDA DAS LEZIRIAS

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34	182	DUARTE BRUXELA - 2	M	7	00:01:42.69	00:01:42.69	ESC BAIRRO PARAISO
35	134	JOAO D MATOS - 2 B	M	8	00:01:43.05	00:01:43.05	EB1 DR SOUSA MARTINS
36	6	HENRIQUE VALENTE	M	7	00:01:43.35	00:01:43.35	
37	221	BEATRIZ PEREIRA	F	8	00:01:43.41	00:01:43.41	ALHANDRA SC
38	227	MARTIM NOBRE	M	6	00:01:43.61	00:01:43.61	ALHANDRA SC
39	18	MARIA PREZA	F	7	00:01:43.66	00:01:43.66	
40	85	ANA M PATO - 3 A	F	8	00:01:45.12	00:01:45.12	ESC ALVARO GUERRA
41	219	ANA FUNG	F	7	00:01:45.39	00:01:45.39	ALHANDRA SC
42	124	SORAIA A F LEITAO - 2 A	F	7	00:01:45.97	00:01:45.97	EB1 DR SOUSA MARTINS
43	90	SANTIAGO MEDRONHEIRA - 3 A	M	8	00:01:47.95	00:01:47.95	ESC ALVARO GUERRA
44	93	JOAO M ALFAIATE - 3 A	M	8	00:01:48.49	00:01:48.49	ESC ALVARO GUERRA
45	28	TOMAS OLIVEIRA	M	6	00:01:48.61	00:01:48.61	FC ESTRELAS LISBOA
46	108	TIAGO PATA - 2 B	M	6	00:01:48.76	00:01:48.76	ESC ALVARO GUERRA
47	138	ALBERT REIS - 1 A	M	6	00:01:48.80	00:01:48.80	EB1 DR SOUSA MARTINS
48	130	FRANCISCO BRANCO - 2 A	M	8	00:01:49.09	00:01:49.09	EB1 DR SOUSA MARTINS
49	129	EBATERINA LAKTIONOVA - 2 A	F	8	00:01:49.63	00:01:49.63	EB1 DR SOUSA MARTINS
50	105	MARTIM HORTA - 1 B	M	6	00:01:50.00	00:01:50.00	ESC ALVARO GUERRA
51	64	GUSTAVO DIAS	M	7	00:01:50.09	00:01:50.09	
52	151	GONÇALO LUIS - 3 B	M	8	00:01:50.20	00:01:50.20	EB1 DR SOUSA MARTINS
53	102	VASCO MENDES - 1 B	M	6	00:01:51.46	00:01:51.46	ESC ALVARO GUERRA
54	83	HENRIQUE COSTA	M	8	00:01:51.64	00:01:51.64	DIVISAO DESPORTO
55	70	TIAGO LOPES	M	7	00:01:52.04	00:01:52.04	HERE FOR BEER
56	131	RITA CLEMENTE - 2 A	F	7	00:01:52.14	00:01:52.14	EB1 DR SOUSA MARTINS
57	68	MARGARIDA RAMOS	F	8	00:01:52.23	00:01:52.23	
58	145	DAVID SANTOS - 1 A	M	6	00:01:52.91	00:01:52.91	EB1 DR SOUSA MARTINS
59	63	LEONOR GUEIFÃO	F	8	00:01:52.98	00:01:52.98	
60	11	TIAGO RIBEIRO	M	6	00:01:53.08	00:01:53.08	PIN & PUK
61	10	MIGUEL RIBEIRO	M	8	00:01:54.05	00:01:54.05	PIN & PUK
62	84	MARGARIDA GOMES - 3 A	F	8	00:01:54.53	00:01:54.53	ESC ALVARO GUERRA
63	109	PEDRO M FREITAS - 2 B	M	7	00:01:55.49	00:01:55.49	ESC ALVARO GUERRA
64	252	MARTIM VICENTE	M	6	00:01:55.92	00:01:55.92	EB 1 DR SOUSA MARTINS
65	179	MARIA FONSECA - 3 F	F	9	00:01:55.94	00:01:55.94	ESC BAIRRO PARAISO
66	86	SOFIA DIOGO - 3 A	F	8	00:01:56.08	00:01:56.08	ESC ALVARO GUERRA
67	89	FILIPA COSTEIRA - 3 A	F	9	00:01:56.15	00:01:56.15	ESC ALVARO GUERRA
68	228	MIGUEL NUNES	M	6	00:01:56.24	00:01:56.24	ALHANDRA SC
69	126	MARIANA SARMENTO - 2 A	F	7	00:01:56.43	00:01:56.43	EB1 DR SOUSA MARTINS

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70	23	TOMÁS ALEGRIA	M	9	00:01:56.85	00:01:56.85	
71	22	MARGARIDA ALEGRIA	F	7	00:01:57.22	00:01:57.22	
72	235	TIAGO BARROS	M	6	00:01:57.39	00:01:57.39	ALHANDRA SC
73	185	BEATRIZ DIAS - 3 F	F	8	00:01:57.68	00:01:57.68	ESC BAIRRO PARAISO
74	7	TIAGO DINIS	M	8	00:01:58.14	00:01:58.14	
75	229	PEDRO MARTINS	M	8	00:01:58.54	00:01:58.54	ALHANDRA SC
76	111	CAROLINA MESQUITELA - 2 B	F	7	00:01:59.06	00:01:59.06	ESC ALVARO GUERRA
77	184	SALVADOR PEREIRA	M	7	00:01:59.17	00:01:59.17	ESC BAIRRO PARAISO
78	254	IRIS S LOPES	F	8	00:01:59.42	00:01:59.42	
79	133	ANA B SARDO - 1-2 B	F	7	00:02:00.09	00:02:00.09	EB1 DR SOUSA MARTINS
80	248	SOFIA CAETANO	F	7	00:02:00.24	00:02:00.24	CUA BENAVENTENSE
81	141	CATARINA AVELAR - 3 A	F	9	00:02:00.39	00:02:00.39	EB1 DR SOUSA MARTINS
82	148	MADALENA CASEIRO - 3 A	F	9	00:02:01.25	00:02:01.25	EB1 DR SOUSA MARTINS
83	107	MARIANA RODRIGUES - 2 B	F	7	00:02:02.12	00:02:02.12	ESC ALVARO GUERRA
84	119	HENRIQUE CARVALHO - 3 B	M	8	00:02:02.69	00:02:02.69	ESC ALVARO GUERRA
85	103	GUILHERME TORRAO	M	6	00:02:02.84	00:02:02.84	ESC ALVARO GUERRA
86	77	DIOGO SIMÕES	M	7	00:02:03.69	00:02:03.69	
87	132	DIOGO OLIVEIRA - 1 A	M	6	00:02:06.14	00:02:06.14	EB1 DR SOUSA MARTINS
88	74	RODRIGO TAVARES	M	7	00:02:06.30	00:02:06.30	
89	233	RODRIGO GÓIS	M	8	00:02:06.93	00:02:06.93	ALHANDRA SC
90	37	GABRIELA FRANCISCO	F	8	00:02:09.21	00:02:09.21	
91	75	RUBEN PEREIRA	M	8	00:02:10.57	00:02:10.57	
92	156	ISAAC HENRIQUE	M	6	00:02:11.43	00:02:11.43	EB 2 3 DR VASCO MONIZ
93	137	MATILDE AZEVEDO - 1 A	F	6	00:02:13.22	00:02:13.22	EB1 DR SOUSA MARTINS
94	8	MADALENA REIS	F	6	00:02:13.74	00:02:13.74	
95	251	MARTIM F C RODRIGUES	M	7	00:02:13.95	00:02:13.95	EB 1 ΔΡ ΣΟΥΣΑ ΜΑΡΤΙΝΣ
96	15	ΤΟΜΑΣ Ν ΡΟΜ ΦΟ	M	6	00:02:19.73	00:02:19.73	ΠΕΝΙΧΗ Α ΧΟΡΡΕΡ
97	73	ΑΦΟΝΣΟ ΤΑΨΑΡΕΣ	M	7	00:02:20.17	00:02:20.17	
98	40	ΜΑΡΙΑΝΑ Ρ ΡΙΒΕΙΡΟ	Φ	8	00:02:20.29	00:02:20.29	
99	147	ΜΑΡΙΑ ΧΑΣΕΙΡΟ - 3 Α	Φ	9	00:02:20.98	00:02:20.98	EB1 ΔΡ ΣΟΥΣΑ ΜΑΡΤΙΝΣ
100	223	ΧΑΡΟΛΙΝΑ ΜΑΤΟΣ	Φ	6	00:02:21.51	00:02:21.51	ΑΛΗΑΝΔΡΑ ΣΧ
101	60	ΣΟΦΙΑ Χ ΓΑΜΕΙΡΟ	Φ	6	00:02:21.69	00:02:21.69	
102	76	ΧΑΜΙΛΙΑ ΒΑΡΡΟΣ	Φ	6	00:02:23.07	00:02:23.07	
103	144	ΡΑΦΑΕΛ ΒΡΙΤΟ	M	8	00:02:24.77	00:02:24.77	EB1 ΔΡ ΣΟΥΣΑ ΜΑΡΤΙΝΣ
104	97	ΙΝΕΣ ΣΙΛΨΑ - 1 Β	Φ	6	00:02:27.37	00:02:27.37	ΕΞΧ ΑΛΨΑΡΟ ΓΥΕΡΡΑ
105	94	Μ♠ ΧΛΑΡΑ Χ ΨΙΛΛΕΓΓΑΣ - 1 Α	Φ	7	00:02:28.89	00:02:28.89	ΕΞΧ ΑΛΨΑΡΟ ΓΥΕΡΡΑ

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106	92	ΡΟΔΡΙΓΟ Α Ρ ΜΕΔΕΙΡΟΣ – 3 Α	M	8	00:08:28.69	00:08:28.69	ΕΣΧ ΑΛΣΑΡΟ ΓΥΕΡΡΑ
107	187	ΓΟΝΗΛΑΟ ΤΑΣΑΡΕΣ – 4 ΑΒΠ	M	5	00:08:39.05	00:08:39.05	ΕΣΧ ΒΑΙΡΡΟ ΠΑΡΑΙΣΟ
108	146	ΤΙΑΓΟ Π ΡΟΜΕΡΟ – 3 Α	M	9	00:08:41.28	00:08:41.28	ΕΒ1 ΔΡ ΣΟΥΣΑ ΜΑΡΤΙΝΣ

Τοταλ δε ρεγιστροσ: 108

Βενφαμινσ Β (2006–2007)

Χλασσ	Νυμ	Νομε	Σξ	Ιδδ	Χατ	Τ. Βρυτο	Τ. Αίθυδο	Εθυιπε
1	32	ΠΕΔΡΟ ΣΙΤΟΡΙΝΟ	M	11		00:02:43.29	00:02:43.29	ΒΡΕΜΑ
2	34	ΡΕΝΑΤΟ ΜΕΝΔΕΣ	M	11		00:02:44.30	00:02:44.30	ΒΡΕΜΑ
3	58	ΣΤΡΓΙΟ ΓΟΜΕΣ	M	10		00:02:48.58	00:02:48.58	
4	202	ΤΙΑΓΟ ΟΡΦΟ	M	9		00:02:53.61	00:02:53.61	ΑΛΗΑΝΔΡΑ ΣΧ
5	42	ΑΦΟΝΣΟ ΦΕΡΡΕΙΡΑ	M	9		00:02:55.08	00:02:55.08	ΝΑΤΑΛΟ ΧΜ ΣΦΞ
6	2	ΜΑΡΤΑ ΒΑΡΡΙΓΥΙΝΗΑ	Φ	10		00:02:56.08	00:02:56.08	
7	44	ΘΟΣΔ Δ ΦΟΝΣΕΧΑ	M	10		00:02:56.75	00:02:56.75	ΝΑΤΑΛΟ ΧΜ ΣΦΞ
8	198	ΤΑΤΙΑΝΑ ΜΑΡΘΥΕΣ	Φ	10		00:02:56.83	00:02:56.83	ΑΛΗΑΝΔΡΑ ΣΧ
9	78	ΑΦΟΝΣΟ ΣΑΡΓΕΣ	M	10		00:02:59.43	00:02:59.43	
10	238	ΜΙΓΥΕΛ ΓΑΜΑΔΟ	M	10		00:03:00.99	00:03:00.99	ΑΛΗΑΝΔΡΑ ΣΧ
11	100	ΛΑΡΑ Μ Μ ΣΙΧΟΣΟ – Β	Φ	9		00:03:01.78	00:03:01.78	ΕΣΧ ΑΛΣΑΡΟ ΓΥΕΡΡΑ
12	52	ΤΙΑΓΟ ΦΕΡΡΕΙΡΑ	M	11		00:03:02.89	00:03:02.89	
13	17	ΤΟΜΣΣ ΠΡΕΖΑ	M	10		00:03:04.46	00:03:04.46	
14	59	ΜΙΓΥΕΛ ΓΟΜΕΣ	M	10		00:03:06.06	00:03:06.06	
15	71	ΡΟΔΡΙΓΟ ΑΝΤΥΝΕΣ	M	10		00:03:07.48	00:03:07.48	
16	43	ΡΙΤΑ ΝΥΝΕΣ	Φ	10		00:03:08.03	00:03:08.03	ΝΑΤΑΛΟ ΧΜ ΣΦΞ
17	3	ΓΥΙΛΗΡΜΕ ΛΕΤΡΑ	M	9		00:03:10.17	00:03:10.17	
18	56	ΔΑΝΙΕΛ ΡΑΜΟΣ	M	10		00:03:11.75	00:03:11.75	ΚΑΝΙΝΟΣ
19	196	ΦΡΑΝΧΙΣΧΟ ΧΑΡΔΕΙΡΑ	M	11		00:03:12.34	00:03:12.34	ΑΛΗΑΝΔΡΑ ΣΧ
20	35	ΡΑΦΑΕΛ ΣΙΑΣΑ	M	9		00:03:13.17	00:03:13.17	
21	188	ΔΙΟΓΟ ΧΟΡΔΕΙΡΟ – Α ΒΠ	M	9		00:03:14.94	00:03:14.94	ΕΣΧ ΒΑΙΡΡΟ ΠΑΡΑΙΣΟ
22	239	ΤΟΜΣΣ ΜΑΣΧΟΤΕ	M	10		00:03:15.87	00:03:15.87	ΑΛΗΑΝΔΡΑ ΣΧ
23	45	ΔΙΟΓΟ Γ ΣΟΥΣΑ	M	10		00:03:15.99	00:03:15.99	ΝΑΤΑΛΟ ΧΜ ΣΦΞ
24	200	ΜΑΡΙΑΝΑ ΜΑΤΟΣ	Φ	10		00:03:16.55	00:03:16.55	ΑΛΗΑΝΔΡΑ ΣΧ
25	201	ΙΝΣ ΣΑΛΕΝΤΕ	Φ	9		00:03:16.56	00:03:16.56	ΑΛΗΑΝΔΡΑ ΣΧ
26	199	ΜΑΤΙΑΔΕ ΤΟΜΣΣ	Φ	10		00:03:18.36	00:03:18.36	ΑΛΗΑΝΔΡΑ ΣΧ
27	167	ΜΑΤΙΑΔΕ ΓΟΜΕΣ	Φ	10		00:03:25.12	00:03:25.12	ΕΣΧΟΛΑ Α ΔΟΣ ΒΙΣΠΙΟΣ
28	170	ΤΟΜΑΣ Μ Γ ΡΑΜΟΣ – 5 Χ	M	10		00:03:26.21	00:03:26.21	ΕΣΧ ΠΡΟΦ ΡΕΙΝΑΛΛΟ ΣΑΝΤΟΣ
29	243	ΠΕΔΡΟ ΦΙΝΟ	M	10		00:03:28.45	00:03:28.45	ΕΘΥΛΙΑΒΡΙΟ

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30	13	ΦΙΛΙΠΑ ΝΥΝΕΣ	Φ	9	00:03:31.34	00:03:31.34	ΟΣ ΠΕΡΙΓΟΣΟΣ
31	245	ΠΕΔΡΟ ΠΙΡΕΣ	Μ	10	00:03:32.46	00:03:32.46	ΧΥΑ ΒΕΝΑÇΕΝΤΕΝΣΕ
32	168	ΜΑΔΑΛΕΝΑ Ν ΠΑΙΣ	Φ	10	00:03:32.84	00:03:32.84	ΕΣΧ ΠΡΟΦ ΡΕΙΝΑΛΛΟ ΣΑΝΤΟΣ
33	157	ΔΑΝΙΕΛ Χ ΑΝΔΡΑΔΕ – 4	Μ	9	00:03:32.97	00:03:32.97	ΕΣΧΟΛΑ Α ΔΟΣ ΒΙΣΠΟΣ
34	55	ΜΑΤΙΛΔΕ ΠΟΝΤΕ	Φ	10	00:03:34.04	00:03:34.04	
35	122	ΜΑΔΑΛΕΝΑ ΠΑΣΣΑΡΙΝΗΟ – 4 Α	Φ	9	00:03:34.94	00:03:34.94	ΕΣΧ ΑΛÇΑΡΟ ΓΥΕΡΡΑ
36	197	ΠΕΔΡΟ ΜΑΧΗΑΔΟ	Μ	11	00:03:37.80	00:03:37.80	ΑΛΗΑΝΔΡΑ ΣΧ
37	171	ΠΑΛΟΜΑ ΤΕΙΞΕΙΡΑ – 5 Α	Φ	10	00:03:37.80	00:03:37.80	ΕΣΧ ΠΡΟΦ ΡΕΙΝΑΛΛΟ ΣΑΝΤΟΣ
38	20	ΜΑΡΙΑΝΑ ΡΟΜΑΝΟ	Φ	9	00:03:40.35	00:03:40.35	
39	98	ΑΝΑ Φ ΡΕΝΕ – 4 Β	Φ	9	00:03:43.74	00:03:43.74	ΕΣΧ ΑΛÇΑΡΟ ΓΥΕΡΡΑ
40	191	ΑΝΑ Ρ ΧΟΣΤΑ – 4	Φ	9	00:03:52.52	00:03:52.52	ΕΣΧ ΒΑΙΡΡΟ ΠΑΡΑΙΣΟ
41	253	ΛΕΟΝΟΡ ΧΑΙΤΥΧΗΑ	Φ	9	00:03:59.00	00:03:59.00	ΑΒΕΙ
42	61	ΜΑΡΙΑ ΓΡΟΣΣΙΝΗΟ	Φ	10	00:04:02.29	00:04:02.29	
43	272	ΠΑΥΛΟ ΣΑΝΤΟΣ	Μ	11	00:04:04.12	00:04:04.12	
44	193	ΜΑΤΙΛΔΕ ΦΟΝΣΕΧΑ	Φ	10	00:04:06.17	00:04:06.17	
45	65	ΙΝÇΣ ΑΝΔΡΑΔΕ	Φ	10	00:04:11.28	00:04:11.28	ΟΣ ΠΕΡΙΓΟΣΟΣ
46	57	ΜΑΡΓΑΡΙΔΑ ΧΑΡÇΑΛΗΟ	Φ	10	00:04:17.70	00:04:17.70	
47	150	ΙΝΕΣ ΦΙΓΥΕΙΡΑ – 2 Β	Φ	10	00:04:20.48	00:04:20.48	ΕΒ1 ΔΡ ΣΟΥΣΑ ΜΑΡΤΙΝΣ
48	21	ΒΡΥΝΑ ΒΡΙΤΟ	Φ	9	00:04:23.51	00:04:23.51	
49	120	ΧΑΤΑΡΙΝΑ ΧΑΡΛΟΣΟ – 4 Α	Φ	10	00:04:27.62	00:04:27.62	ΕΣΧ ΑΛÇΑΡΟ ΓΥΕΡΡΑ
50	121	ΔΙΑΝΑ ΓΥΙΔΗΕΡΜΕ – 4 Α	Φ	9	00:04:38.28	00:04:38.28	ΕΣΧ ΑΛÇΑΡΟ ΓΥΕΡΡΑ
51	99	ΔΙΟΓΟ ΑΝΑΧΛΕΤΟ – 4 Β	Μ	9	00:04:45.50	00:04:45.50	ΕΣΧ ΑΛÇΑΡΟ ΓΥΕΡΡΑ
52	189	ΧΑΤΑΡΙΝΑ ΝΥΝΕΣ – Α ΒΠ	Φ	9	00:04:48.66	00:04:48.66	ΕΣΧ ΒΑΙΡΡΟ ΠΑΡΑΙΣΟ
53	190	ΧΑΡΟΛΙΝΑ ΒΡΟΧΗΑΔΟ – Α ΒΠ	Φ	9	00:04:52.34	00:04:52.34	ΕΣΧ ΒΑΙΡΡΟ ΠΑΡΑΙΣΟ
54	186	ΜΑΡΙΑ ΜΑΧΗΑΔΟ – 4 ΑΒΠ	Φ	9	00:04:56.77	00:04:56.77	ΕΣΧ ΒΑΙΡΡΟ ΠΑΡΑΙΣΟ

Τοταλ δε ρεγιστροσ: 54

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Ινφαντις (2004-2005)

Χλασς	Νυμ	Νομε	Σξ	Ιδδ	Χατ	Τ. Βρυτο	Τ. Αίθυδο	Εθυπε
1	250	ΡΙΧΑΡΔΟ ΧΟΣΤΑ	Μ	12		00:02:32.05	00:02:32.05	Ρ ΦΡΕΝΤΕ ΡΙΒΕΙΡΙΝΗ ΠΙΣΟΑ ΣΤΑ ΙΡΙΑ
2	205	ΓΥΙΛΗΡΜΕ ΧΡΥΖ	Μ	11		00:02:32.88	00:02:32.88	ΑΛΗΑΝΔΡΑ ΣΧ
3	49	ΡΑΦΑΕΛ ΑΝΙΧΕΤΟ	Μ	12		00:02:34.01	00:02:34.01	ΝΑΤΑΛΙΟ ΧΜ ςΦΞ
4	211	ΘΟΡΟ ΧΑΝΙΔΗΟ	Μ	12		00:02:37.11	00:02:37.11	ΑΛΗΑΝΔΡΑ ΣΧ
5	210	ΛΥΑΝΑ ΘΥΑΡΕΣΜΑ	Φ	12		00:02:38.96	00:02:38.96	ΑΛΗΑΝΔΡΑ ΣΧ
6	1	ΤΙΑΓΟ ΒΑΡΡΙΓΥΙΝΗΑ	Μ	13		00:02:43.14	00:02:43.14	
7	173	ΑΝΑ Χ ΝΥΝΕΣ	Φ	14		00:02:46.84	00:02:46.84	ΕΣΧ ΠΡΟΦ ΡΕΙΝΑΛΛΟ ΣΑΝΤΟΣ
8	206	ΘΟΡΟ ςΙΤΟΡΙΝΟ	Μ	11		00:02:47.43	00:02:47.43	ΑΛΗΑΝΔΡΑ ΣΧ
9	24	ΤΙΑΓΟ ΑΛΕΓΡΙΑ	Μ	14		00:02:51.32	00:02:51.32	
10	212	ΣΟΦΙΑ ΜΟΡΕΙΡΑ	Φ	12		00:02:52.10	00:02:52.10	ΑΛΗΑΝΔΡΑ ΣΧ
11	203	ΔΙΝΙΣ ΒΑΡΡΟΧΑΣ	Μ	11		00:02:52.70	00:02:52.70	ΑΛΗΑΝΔΡΑ ΣΧ
12	66	ΦΡΑΝΧΙΣΧΟ ΛΙΜΑ	Μ	11		00:02:55.40	00:02:55.40	ΡΥΝ ΤΕΑΜ ΒΟΜΒΑΡΡΑΛ
13	47	ΓΟΝΗΑΛΟ ΧΑΛΗΑΔΑ	Μ	11		00:02:55.54	00:02:55.54	ΝΑΤΑΛΙΟ ΧΜ ςΦΞ
14	67	ΔΙΟΓΟ ΡΑΜΟΣ	Μ	11		00:02:57.08	00:02:57.08	
15	209	ΙΝΣ ΑΝΑΣΤΞΧΙΟ	Φ	12		00:02:58.53	00:02:58.53	ΑΛΗΑΝΔΡΑ ΣΧ
16	249	ΑΦΟΝΣΟ ΧΑΕΤΑΝΟ	Μ	10		00:03:03.03	00:03:03.03	ΧΥΑ ΒΕΝΑςΕΝΤΕΝΣΕ
17	36	ΜΙΓΥΕΛ ΧΑΡςΑΛΗΟ	Μ	12		00:03:04.01	00:03:04.01	ΦΧ ΕΣΤΡΕΛΑΣ ΛΙΣΒΟΑ
18	208	ΜΑΡΙΑ ΧΑΛΗΑΔΑ	Φ	11		00:03:09.05	00:03:09.05	ΑΛΗΑΝΔΡΑ ΣΧ
19	46	ΑΦΟΝΣΟ ΜΑΤΙΑΣ	Μ	11		00:03:10.96	00:03:10.96	ΝΑΤΑΛΙΟ ΧΜ ςΦΞ
20	72	ΤΕΡΕΣΑ ΡΑΜΑΛΗΟ	Φ	11		00:03:11.57	00:03:11.57	
21	155	ΝΥΡΙΑ ΗΕΝΡΙΘΥΕ - 6 Χ	Φ	11		00:03:12.45	00:03:12.45	ΕΒ 2 3 ΔΡ ςΑΣΧΟ ΜΟΝΙΖ
22	12	ΔΑΝΙΕΛΑ ΝΥΝΕΣ	Φ	12		00:03:14.67	00:03:14.67	ΟΣ ΠΕΡΙΓΟΣΟΣ
23	169	ΙΝΕΣ Σ Φ ΛΕΙΤΑΟ - 6 Ε	Φ	11		00:03:14.72	00:03:14.72	ΕΣΧ ΠΡΟΦ ΡΕΙΝΑΛΛΟ ΣΑΝΤΟΣ
24	48	ΜΑΔΑΛΕΝΑ ΜΑΜΕΔΕ	Μ	11		00:03:43.01	00:03:43.01	ΝΑΤΑΛΙΟ ΧΜ ςΦΞ
25	192	ΑΝΑ Φ ΦΟΝΣΕΧΑ	Φ	12		00:03:53.77	00:03:53.77	

Τοταλ δε ρεγιστρος: 25